

Consulting
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Scientists

Health and Safety Plan

DG Mobile GW Assessment Coleman
125 County Highway CP
Coleman, Wisconsin

Prepared For:

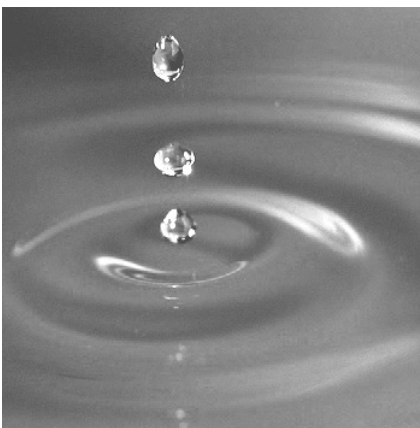
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June 10, 2019

Project No. 1902744



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Table of Contents

1.	Emergency Contact Information	1
2.	Background	2
2.1	Scope of Field Work	2
2.2	Site Description	2
3.	Statement of Safety and Health Policy	4
4.	Hazard/Risk Analysis	5
4.1	Special Site Conditions or Concerns	5
4.2	Activity Hazard Analysis	5
4.3	Personal Safety	10
4.3.1	Handling Drums and Containers	11
4.3.2	Electrical Hazards	12
4.3.2.1	Utilities	12
4.3.2.2	Underground Utilities	12
4.3.2.3	Overhead Utilities	13
4.3.3	Heat Stress	13
4.3.4	Cold Stress	13
4.3.5	Noise	13
4.3.6	Hand and Power Tools	14
4.3.7	Slips, Trips, and Falls	14
4.3.8	Manual Lifting	14
4.3.9	Projectile Objects and Overhead Dangers	14
4.3.10	Cuts and Lacerations	14
4.4	Chemical Hazards	15
4.4.1	Evaluation of Organic Vapor Exposure	15
4.4.2	Evaluation of Skin Contact and Absorption	16
4.5	Biological Hazards	18
4.5.1	Poisonous Plants	18
4.5.2	Ticks	19
4.5.2.1	Lyme Disease	19
4.5.2.2	Rocky Mountain Spotted Fever	19
4.5.2.3	Prevention	20
4.5.3	Mosquito- Borne Disease – West Nile Virus	21
4.5.4	Wasps and Bees	21
4.5.5	Sun Exposure	22
5.	Personal Protective Equipment	23
5.1	OSHA Requirements for PPE	24

6.	Key Project Personnel/Responsibilities and Lines of Authority	25
6.1	GEI Personnel	25
6.1.1	GEI Project Manager	25
6.1.2	GEI Corporate Health and Safety Officer	26
6.1.3	GEI Site Safety Officer	26
6.1.4	GEI Field Personnel	27
6.1.5	Lines of Authority will be as follows:	28
6.2	Subcontractors	28
7.	Training Program	29
7.1	HAZWOPER Training	29
7.2	Annual 8-Hour Refresher Training	29
7.3	Supervisor Training	29
7.4	Site-Specific Training	29
7.5	On-Site Safety Briefings	30
7.6	First Aid and CPR	30
8.	Medical Surveillance Program	31
9.	Atmospheric Monitoring	32
9.1	Equipment Use	32
9.1.1	Calibration	32
9.1.2	Photoionization Detector	32
9.2	Action Levels	32
10.	Site Control Measures	34
10.1	Buddy System	34
10.2	Sanitation for Temporary Work Sites	34
10.3	Illumination	34
10.4	Smoking	34
10.5	Alcohol and Drug Abuse Prevention	34
11.	Incident Reporting	35
11.1	Injury Triage Service	35
12.	Decontamination Procedures	36
12.1	Heavy Equipment Decontamination	36
12.2	Decontamination Equipment Requirements	36
13.	Supplemental Contingency Plan Procedures	37
13.1	Hazard Communication Plan	37
13.2	Fire	37
13.3	Medical Support	37
13.4	Severe Weather	37

13.5	Spills or Material Release	38
14.	Health and Safety Plan Sign-Off	39

Tables

1. Emergency Contact Information
2. Activity Hazard Analysis
3. Chemical Data
4. Summary of PPE by Level
5. OSHA Standards for PPE
6. Real-Time Work Zone Air Monitoring Action Levels

Appendices

- A. Map to Hospital and Occupational Health Clinic
- B. Safety Data Sheets
- C. Heat and Cold Stress Guidelines
- D. Forms
- E. GEI Health and Safety SOPs

1. Emergency Contact Information

Table 1. Emergency Contact Information

Important Phone Numbers	
Local Police:	911
Fire Department:	911
Ambulance:	911
Hospital and Occupational Clinic Information (See Attached Maps and Directions in Appendix A)	
Bay Area Medical Center 3003 University Drive Marinette, WI 54143	(715) 735-4200
Prevea Occupational Health 853 South Main Street Oconto Fall, WI 54154	(920) 846-4680
Contacts	
Project Manager: Roger Miller	(920) 455-8657 office (920) 737-6373 cell
Corporate Health and Safety Officer: Steve Hawkins	(860) 368-5348 office (860) 916-4167 cell
Regional Health and Safety Officer: Sam Shuck	(906) 214-4159 office (920) 309-3090 cell
GEI People Team:	(781) 721-4117 Boston (916) 631-4596 Sacramento
Medcor Triage	1-800-775-5866
Client Contact: Sarah Krueger, Wisconsin DNR	(920) 662-5443 office
Other Information	
Contractor Requesting/Performing Utility Clearance: Subsurface Exploration Services, LLC (SES)	(920) 826-6851 office (920) 680-0680 cell
Nearest Telephone Location (or alternate means of communication)	On-site Cellular

2. Background

Project Name: DG Mobile GW Assessment Coleman
Project Location: 125 County Highway CP, Coleman, WI
GEI Project No: 1902744

This Health and Safety Plan (HASP) establishes policies and procedures to protect GEI personnel from the potential hazards posed by the activities at the DG Mobile GW Assessment Coleman, 125 County Highway CP, Coleman, Wisconsin. Reading of the HASP is required of on-site GEI personnel and will be reviewed by GEI subcontractors. Subcontractors will prepare their own Site-specific HASP and may use this as a guide. The plan identifies measures to minimize accidents and injuries, which may result from project activities or during adverse weather conditions. A copy of this HASP will be maintained on site for the duration of the work.

Included in Section 1 and Appendix A is a route to the nearest medical facility from the Site with directions and contact information. Safety data sheets (formerly known as Material Safety Data Sheets [MSDS]), specific to chemicals that may be encountered while working at the Site, are in Appendix B. Appendix C details the signs, symptoms, care and procedures to both heat and cold stress. Appendix D includes the Tailgate Safety Briefing form, the Project Safety Briefing form, the Accident/Incident Report Form and the Near Miss Reporting Form. Appendix E contains the GEI Health and Safety (H&S) Standard Operating Procedures (SOPs) that apply to this project.

2.1 Scope of Field Work

A subcontractor drilling firm (SES) will use a truck-mounted drill rig to advance four soil borings and six groundwater monitoring wells (two piezometers to a depth of approximately 40 feet below ground surface [bgs], three monitoring wells to a depth of approximately 25 feet bgs, and one monitoring well at the bedrock interface approximately 15 feet bgs). GEI will collect soil and groundwater samples and transport samples to PACE Analytical Laboratories in Green Bay, Wisconsin for analysis. Soil and groundwater samples will be analyzed for VOCs.

2.2 Site Description

The site was originally identified through petroleum soil contamination associated with an underground storage tank (UST) system in 1998. Subsequent soil and groundwater sampling documented significant petroleum-related volatile organic compound (VOC) contamination

above applicable residual contaminant levels (RCLs) and NR 140, Wisconsin Administrative Code (WAC), groundwater quality standards. The site is underlain by approximately 15 feet of sandy and silty glacial soil overlying fractured dolomitic limestone bedrock. The water table was previously encountered at depths of approximately 9 to 11 feet below grade and groundwater was estimated to flow west-northwest across the site at an average linear velocity of approximately 0.014 feet/day.

3. Statement of Safety and Health Policy

GEI is committed to providing a safe and healthy work environment for its employees. To maintain a safe work environment, GEI has established an organizational structure and a Corporate Health and Safety Program to promote the following objectives:

- Reduce the risk of injury, illness, and loss of life to GEI employees.
- Maintain compliance with federal, state, and other applicable safety regulations; and minimize GEI employees' work exposure to potential physical, chemical, biological, and radiological hazards.

Safety policy and procedure on any one project cannot be administered, implemented, monitored, and enforced by any one individual. The total objective of a safe, accident free work environment can only be accomplished by a dedicated, concerted effort by every individual involved with the project from management down to all employees.

Each GEI employee must understand their value to the company; the costs of accidents, both monetary, physical, and emotional; the objective of the safety policy and procedures; the safety rules that apply to the safety policy and procedures; and what their individual role is in administering, implementing, monitoring, and compliance of their safety policy and procedures. This allows for a more personal approach to compliance through planning, training, understanding, and cooperative effort, rather than by strict enforcement. If for any reason an unsafe act persists, strict enforcement will be implemented.

4. Hazard/Risk Analysis

The potential hazards associated with site conditions and activity hazards related to GEI on-site activities have been identified in this section.

4.1 Special Site Conditions or Concerns

- Traffic – The majority of traffic on the project site will be construction traffic and logging traffic.
- Drill Rig/Equipment – Drilling contractor will use truck-mounted rotary drill rigs. Specific attention given to rotating equipment, pinch points, and overhead equipment.
- Bio hazards (insect bites, poison ivy, etc.) – Poison ivy is present along with black flies.
- Sunburn – Wear proper clothing to minimize exposure and use sunscreen as appropriate.
- Severe Weather – Be familiar with local weather reports. Bring proper clothing including functioning rain gear. Stop work until conditions are suitable. Take cover in vehicles or shelters.
- Hard hat, safety glasses, high visibility reflective safety vest, safety toe-shank boots or EH rated composite toe and shank boots required. Hearing protection required when working near drill rig or any other noise hazard. Gloves, cold weather, and rain gear also recommended.

Safety equipment will include: First aid kit, fire extinguisher, eye wash bottles, adequate supply of drinking water and electrolyte fluids, hand cleaner, insect repellent, sunscreen, and cell phone.

4.2 Activity Hazard Analysis

The potential hazards for this project associated with site conditions and activity hazards associated with GEI on-site activities have been identified in Table 2. General hazards and control measures that are applicable to all site activities are identified in the General Hazards section. The site-specific tasks, potential hazards, and control measures established to reduce the risk of injury or illness are identified in the Activity Hazard section of Table 2. Health and Safety SOPs for routine hazards and common site conditions are referenced in the table below and included in Appendix E.

Table 2. Activity Hazard Analysis

General Hazards These Hazards Apply to All Site Activities	Control Measure
Chemical / Contaminant Exposure – Skin and eye injury/irritation	<ul style="list-style-type: none"> • Wear protective coveralls (e.g. Tyvek ®) with shoe covers, safety glasses, face shield, Nitrile gloves. • Dispose of gloves after use and wash hands. • Avoid contact with pooled liquids and limit contact with contaminated soils/groundwater. • See SOP HS-009
Cold Stress – Hypothermia, Frostbite	<ul style="list-style-type: none"> • Take breaks in heated shelters when working in extremely cold temperatures. • Drink warm liquids to reduce the susceptibility to cold stress. • Wear protective clothing (recommended three layers: an outside layer to break the wind, a middle layer to provide insulation, and an inner layer of cotton or synthetic weave to allow ventilation). • Wear a hat and insulated boots. • Keep a change of dry clothing available in case clothes become wet. • Do heavy work during the warmer parts of the day and take breaks from the cold. • If possible shield work areas from drafts of wind and use insulating material on equipment handles when temperatures are below 30°F • Watch for symptoms of cold stress. (see Appendix C in HASP)
Driving	<ul style="list-style-type: none"> • Employees must wear their safety belt while in a moving vehicle. • Vehicle accidents will be reported in accordance with GEI's accident reporting procedures. • Vehicles will be properly maintained and safely operated (refer to GEI's Fleet Maintenance Program). • Employees will follow safe driving behaviors, which include limiting distractions such as manipulating radios or other equipment that may cause a distraction. Employees will not exceed the posted speed limit and will maintain a safe distance between other vehicles. • Use defensive driving techniques. • Driving distance and time after a 12-hour shift will not exceed 30 miles or 30 minutes (whichever is greater). • See SOP HS-004

General Hazards These Hazards Apply to All Site Activities	Control Measure
Heat stress – Fainting, Fatigue, Heat Stroke	<ul style="list-style-type: none"> • Increase water intake while working. • Increase number of rest breaks and/or rotate workers in shorter work shifts. Rest in cool, dry areas. • Watch for signs and symptoms of heat exhaustion and fatigue. • Plan work for early morning or evening during hot months. • Use ice vests when necessary. • In the event of heat stroke, bring the victim to a cool environment and initiate first aid procedures. • See Appendix C of the HASP
Inclement Weather	<ul style="list-style-type: none"> • Listen to local forecasts for warnings about specific weather hazards such as tornados, thunder storms, and flash floods. • If the storms produce thunder and/or lightning, leave the work area immediately and move to a safe area. • Discuss an action plan prior to the severe weather. • Wear appropriate PPE for the type of weather that could be encountered. • Stop work until conditions are suitable. Take cover in vehicles or shelter as appropriate. • See SOP HS-010
Insects – Bites, Stings, Allergic Reactions	<ul style="list-style-type: none"> • Apply insect repellent prior to performing field work and as often as needed throughout the work shift • Wear proper protective clothing (work boots, socks and light colored clothing) • Wear shoes, long pants with bottoms tucked into boots or socks, and a long-sleeved shirt when outdoors for long periods of time, or when many insects are most active (between dawn and dusk). • When walking in wooded areas, avoid contact with bushes, tall grass, or brush as much as possible • Field personnel who may have insect allergies will have bee sting allergy medication on site and will provide this information to the SSO and the CHSO prior to commencing work. • Field personnel will perform a self-check at the end of the day for ticks. • See SOP HS-001

General Hazards These Hazards Apply to All Site Activities	Control Measure
<p>Physical Injury – Slips, Trips and Falls</p>	<ul style="list-style-type: none"> • Wear PPE that properly fits, is in good condition and appropriate for the activities and hazards. • Maintain good visibility of the work area. • Avoid walking on uneven, steeply sloped or debris ridden ground surfaces. • Plan tasks prior to performing them including an activity hazard analysis. • Keep trafficked areas free from slip/trip/fall hazards. • Maintain weed growth in sampling areas, especially on slopes. • Wear shoes with traction. • Avoid traversing steep areas in slippery conditions. • Do not carry heavy objects to sampling areas, on steeply sloped areas, or where steep areas must be traversed to arrive at sample points.
<p>Repetitive Motion Injury - Standing, Squatting, and Bending Over</p>	<ul style="list-style-type: none"> • Take regular breaks and do not work in unusual positions for long periods of time. • Walk and stretch between tasks. • See SOP HS-025
<p>Utilities – Shock, Electrocutation, Fire, Explosion</p>	<ul style="list-style-type: none"> • An underground utility survey must be conducted prior to intrusive activities. Coordination with utility locating services, property owner(s) or utility companies must be conducted. • Utilities are to be considered live or active until documented otherwise. • For overhead utilities within 50 feet, determine with the utility company the appropriate distance. Minimum distance for clearance is based on voltage of the line. • If exposing a utility, proper support and protection must be provided so that the utility will not be damaged. • If a gas line is contacted, the contractor must notify police, fire, and emergency personnel, and evacuate employees according to the site evacuation procedures. No attempt will be made to tamper with or correct the damaged utility. • See SOP HS-014

General Hazards These Hazards Apply to All Site Activities	Control Measure
<p>Vehicular Traffic – Struck by injury, crushing</p>	<ul style="list-style-type: none"> • Increase visibility of the work area to others by using cones, flags, barricades, proper lighting and caution tape to define work area. • Use a "spotter" to locate oncoming vehicles. • Use vehicle to block work area. • Engage police detail for all work conducted in appropriate areas. • Wear high-visibility, reflective vest at all times. • Maintain minimum DOT defined distances to other traffic lanes. • See SOP HS-016.

Activity	Potential Hazard	Control Measures
<p>Drilling Oversight/Sampling</p>	<p>Contaminant Exposure, Noise, Contact with Utilities, Cuts/Scrapes, Heavy Lifting, Repetition, Slips/Trips/Falls</p>	<ul style="list-style-type: none"> • Wear hardhat; high visibility reflective safety vest; steel-toed, steel-shank boots or composite toe and shank; safety glasses; Nitrile/neoprene gloves; and earplugs. • Confirm utility locate has been completed. • Confirm adequate clearance from overhead utilities. • Dispose of gloves after use and wash hands. • Take regular breaks and do not work in unusual positions for long periods of time. • Keep trafficked areas free from slip/trip/fall hazards. • If cutting through concrete, follow the work practices and respiratory protection recommended in Table 1 of the GEI Silica Program based on the type of equipment being used to cut through the concrete.
<p>Drum Handling</p>	<p>Contaminant Contact • Wear proper PPE during sampling including nitrile gloves and safety glasses. Cuts or Abrasions Heavy Lifting , Slips/Trips/Falls</p>	<ul style="list-style-type: none"> • Wear proper PPE during sampling including nitrile gloves and safety glasses and face shield as appropriate. • Use proper dollies or drum moving tools. • Use applicable tools to open/close drum lids. • Do not handle drums with bulging sides. • Dispose of gloves after use and wash hands. • Wear work gloves over nitrile gloves. • Use proper lifting techniques. • Ask fellow worker for help. • Keep trafficked areas free from slip/trip/fall hazards. • See SOP HS-003
<p>Groundwater Sampling</p>	<p>Contaminant Exposure, Heavy Lifting, Repetition, Slips/Trips/Falls</p>	<ul style="list-style-type: none"> • Wear hardhat; high visibility reflective safety vest; steel-toed, steel-shank boots or composite toe and shank; safety glasses and Nitrile/neoprene gloves. • Dispose of gloves after use and wash hands. • User proper lifting techniques. • Take regular breaks and do not work in unusual positions for long periods of time. • Keep trafficked areas free from slip/trip/fall hazards.

Activity	Potential Hazard	Control Measures
Heavy Lifting	Back injury, knee injury	<ul style="list-style-type: none"> • Use proper lifting techniques. • Ask fellow worker for help. • Use a mechanical lifting device or a lifting aid where appropriate. • If you must lift, plan the lift before doing it. • Check your route for clearance. • Bend at the knees and use leg muscles when lifting. • Use the buddy system when lifting heavy or awkward objects. • Do not twist your body while lifting. • See SOP HS-025
Soil Sampling/Soil Vapor Sampling	Contaminant Exposure, Cuts/Scrapes, Heavy Lifting, Repetition, Slips/Trips/Falls	<ul style="list-style-type: none"> • Wear hardhat; high visibility reflective safety vest; steel-toed, steel-shank boots or composite toe and shank; safety glasses; Nitrile/neoprene gloves; and earplugs as necessary. • Dispose of gloves after use and wash hands. • Wear work gloves over nitrile gloves. • Excavation entry will be allowed only with proper sloping or shoring. • Take regular breaks and do not work in unusual positions for long periods of time. • Keep trafficked areas free from slip/trip/fall hazards.

Personal Protective Equipment (PPE) is the initial level of protection based on the activity hazards and Site conditions which have been identified. Upgrades to respiratory protection may be required based on the designated Action Levels found in Section 9. General on-site provisions will include: extra nitrile, leather, and/or Kevlar gloves, extra protective coveralls (e.g. Tyvek®) with boot covers, drinking water and electrolyte fluids, reflective vest, first aid kit, fire extinguisher, hearing protection, and washing facilities.

If Site conditions suggest the existence of a situation more hazardous than anticipated, the Site personnel will evacuate the immediate area. The hazard, the level of precautions, and the PPE will then be reevaluated with the assistance and approval of the CHSO and the Project Manager (PM).

4.3 Personal Safety

Field activities have the potential to take employees into areas which may pose a risk to personal safety. The following websites (sources) have been researched to identify potential crime activity in the area of the project:

- www.crimereports.com: No crimes identified in the past 30 days within a mile of the Site.
- www.cityrating.com/crimestatistics.asp: The Village of Coleman is not listed on this website.

- www.crimemapping.com: No crimes identified in the past 30 days within a mile of the Site.

The Village of Coleman has a population of approximately 700 and is located in Marinette County, WI. There were no police report records available on the Village website.

To protect yourself, take the following precautions:

- If deemed necessary by the PM, use the buddy system (teams of a minimum of two persons present);
- Let the Site Safety Officer (SSO) know when you begin work in these areas and when you leave;
- Call in regularly;
- Pay attention to what is going on around you; and
- If you arrive in an area and it does not look safe to get out of your vehicle, lock the doors and drive off quickly but safely.

Employees must not knowingly enter into a situation where there is the potential for physical and violent behaviors to occur. If employees encounter hostile individuals or a confrontation develops in the work area, suspend work activities, immediately leave the area of concern, and contact local 911 for assistance. Notify the SSO and Safety Team (Corporate Health and Safety Officer and Regional Health and Safety Officers – SafetyTeam@geiconsultants.com) of any incidents once you are out of potential danger.

In the event of an emergency, prompt communications with local emergency responders is essential. At least one charged and otherwise functioning cell phone to facilitate emergency communications will be on-site. Confirmation of cellular phone operation will be confirmed at the start of each working day.

4.3.1 Handling Drums and Containers

Regulations for handling drums and containers are specified by Occupational Safety and Health Administration (OSHA) 29 Code of Federal Regulations (CFR) 1910.120(j). Potential hazards associated with handling drums include vapor generation, fire, explosions, and possible physical injury. Handling of drums/containers during the Site investigation and remediation activities may be necessary. If drum/container handling is necessary, it will be performed in accordance with applicable regulations.

4.3.2 Electrical Hazards

4.3.2.1 Utilities

The Site may have shallow, buried utilities and also overhead utilities in certain areas. It will be necessary for parties disturbing the existing ground surface and conducting operations with heavy equipment having high clearances to exercise caution in performing project-related work with respect to the presence of utilities. Utility companies with active, buried lines in the Site area will be asked by the Contractor performing intrusive activities to mark their facilities. Employees will use these data to choose work locations.

4.3.2.2 Underground Utilities

No excavating, drilling, boring, or other intrusive activities will be performed until an underground utility survey, conducted by knowledgeable persons or agencies, has been made. This survey will identify underground and in-workplace utilities such as the following:

- Electrical lines and appliances;
- Telephone lines;
- Cable television lines;
- Gas lines;
- Pipelines;
- Steam lines;
- Water lines;
- Sewer lines; and/or
- Pressurized air lines.

The location of utilities will be discussed with GEI employees and subcontractors during a Site Safety Briefing. Identified utilities should be marked or access otherwise restricted to avoid chance of accidental contact.

Even when a utility search has been completed, drilling, boring, and excavation should commence with caution until advanced beyond the depth at which such utilities are usually located. Utilities will be considered “live” or active until reliable sources demonstrate otherwise.

4.3.2.3 Overhead Utilities

Overhead transmission and distribution lines will be carried on towers and poles which provide adequate safety clearance over roadways and structures. Clearances will be adequate for the safe movement of vehicles and for the operation of construction equipment.

Overhead or above-ground electric lines should be considered active until a reliable source has documented them to be otherwise. Elevated work platforms, ladders, scaffolding, man-lifts, and drill or vehicle superstructures will be erected a minimum of 20 feet (the actual distance is dependent upon the voltage of the line) from overhead electrical lines until the line is de-energized, grounded, or shielded so arcing cannot occur between the work location or superstructure.

4.3.3 Heat Stress

Employees may be exposed to the hazards associated with heat stress when ambient temperatures exceed 70°F. Employees should increase water intake while working in conditions of high heat. Enough water should be available so that each employee can consume 1 quart of water per hour. In addition, they should increase number of rest breaks and/or rotate employees in shorter work shifts. Employees should rest in cool, dry, shaded areas for at least 5 minutes. Employees should not wait until they feel sick to cool down. Watch for signs and symptoms of heat exhaustion and fatigue. In the event of heat stroke, bring the victim to a cool environment, call for help, and initiate first aid procedures

The procedures to be followed regarding avoiding heat stress are provided in Appendix C – Heat Stress Guidelines and in GEI’s Heat Stress program.

4.3.4 Cold Stress

Employees may be exposed to the hazards of working in cold environments. Potential hazards in cold environments include frostbite, trench foot or immersion foot, hypothermia, as well as slippery surfaces, brittle equipment, and poor judgment. The procedures to be followed regarding avoiding cold stress are provided in Appendix C – Cold Stress Guidelines and in GEI’s Cold Stress program.

4.3.5 Noise

Noise is a potential hazard associated with the operation of heavy equipment, power tools, pumps, and generators. Employees who will perform suspected or established high noise tasks and operations will wear hearing protection. If deemed necessary by the SSO, the CHSO will be consulted on the need for additional hearing protection and the need to monitor sound levels for Site activities. Other employees who do not need to be in proximity of the noise should distance themselves from the equipment generating the noise.

4.3.6 Hand and Power Tools

In order to complete the various tasks for the project, personnel may use hand and power tools. The use of hand and power tools can present a variety of hazards, including physical harm from being struck by flying objects, being cut or struck by the tool, fire, and electrocution. Work gloves, safety glasses, and hard hats will be worn by the operating personnel when using hand and power tools and Ground Fault Circuit Interrupter (GFCI)-equipped circuits will be used for power tools.

4.3.7 Slips, Trips, and Falls

Working in and around the Site may pose slip, trip, and fall hazards due to slippery and uneven surfaces. Excavation at the Site may cause uneven footing in trenches and around the soil piles. Steep slope and uneven terrain conditions at the Site are also a primary concern. GEI employees will wear proper foot gear and will employ good work practice and housekeeping procedures to minimize the potential for slips, trips, and falls.

4.3.8 Manual Lifting

Manual lifting of objects and equipment may be required. Failure to follow proper lifting technique can result in back injuries and strains. Employees should use a buddy system and/or power equipment to lift heavy loads whenever possible and should evaluate loads before trying to lift them (i.e., they should be able to easily tip the load and then return it to its original position). Carrying heavy loads with a buddy and proper lifting techniques include: 1) make sure footing is solid; 2) make back straight with no curving or slouching; 3) center body over feet; 4) grasp the object firmly and as close to your body as possible; 5) lift with legs; and 6) turn with your feet, don't twist.

4.3.9 Projectile Objects and Overhead Dangers

Overhead dangers, including but not limited to falling debris and equipment, can occur while operating drill rigs. GEI employees will maintain a minimum distance from large overhead operations and to maintain proper communication with heavy equipment operators and their handlers, should work necessitate their presence beyond the minimum safety distance. Proper PPE will be worn during these types of activities including steel-toed/shank boots, safety vests, and hard hats.

4.3.10 Cuts and Lacerations

The core sampling program may require employees to use powered cutting tools (circular saw or shears) or a hooked knife to cut open the sample liner. Safety box cutters will be

utilized for routine operations such as opening boxes of supplies or cutting rope or string. When using cutting tools, follow the safety precautions listed below:

- Keep free hand out of the way.
- Secure work if cutting through thick material.
- Use only sharp blades; dull blades require more force that results in less knife control.
- Pull the knife through the object and away from your body; pulling motions are easier to manage.
- Do not put the knife in your pocket.
- Wear leather or Kevlar® gloves when using knives or blades, or when removing sharp objects caught or dangling in sampling gear.

4.4 Chemical Hazards

The characteristics of compounds at the Site are discussed below for information purposes. Adherence to the safety and health guidelines in this HASP should reduce the potential for exposure to the compounds discussed below.

Volatile Organic Compounds

Volatile organic chemicals (VOCs), such as benzene, toluene, ethyl benzene, and xylene (BTEX) are present as soil and groundwater contaminants, and in some cases chemical components in non-aqueous phase liquids (NAPL) such as oil or tar within soils and abandoned pipelines. These compounds are at environmental concentrations and are not expected to be at concentrations that exposure symptoms would occur. These compounds generally have a depressant effect on the Central Nervous System (CNS), may cause chronic liver and kidney damage, and some are suspected human carcinogens. Benzene is a known human carcinogen. Acute exposure may include headache, dizziness, nausea, and skin and eye irritation. The primary route of exposure to VOCs is through inhalation and therefore respiratory protection is the primary control against exposure to VOCs.

4.4.1 Evaluation of Organic Vapor Exposure

Air monitoring reduces the risk of overexposure by indicating when action levels have been exceeded and when PPE must be upgraded or changed. Action Levels for VOCs and associated contingency plans for the work zone are discussed within Section 9 of this HASP.

Exposure to organic vapors will be evaluated and/or controlled by:

- Monitoring air concentrations for organic vapors in the breathing zone with a photoionization detector (PID) or a flame ionization detector (FID).

- When possible, engineering control measures will be utilized to suppress the volatile organic vapors. Engineering methods can include utilizing a fan to promote air circulation, utilizing volatile suppressant foam, providing artificial ground cover, or covering up the impacted material with a tarp to mitigate volatile odors.
- When volatile suppression engineering controls are not effective and organic vapor meters indicate concentrations above the action levels, then appropriate respiratory protection (i.e., air purifying respirator with organic vapor cartridge) will be employed.

4.4.2 Evaluation of Skin Contact and Absorption

Skin contact by contaminants may be controlled by use of proper hygiene practices, PPE, and good housekeeping procedures. The proper PPE (e.g., Tyvek[®], gloves, safety glasses) as described in Section 5 will be worn for activities where contact with potential contaminated media or materials are expected.

SDSs for decontamination chemicals and laboratory reagents that may be used on Site are included in Appendix B. Specific chemical hazards information from the occupational health sources are summarized in Table 3.

Table 3. Chemical Data

Compound	CAS #	ACGIH TLV	OSHA PEL	Route of Exposure	Symptoms of Exposure	Target Organs	Physical Data
VOCs1	NA	0.5 ppm (Skin)	0.5 ppm TWA 2.5 ppm STEL	Inhalation, Skin Absorption, Ingestion, Skin Contact	Irritate eyes and skin; headaches; dizziness; nausea; kidney; liver damage; depress CNS	Skin, eyes, liver, kidney, CNS	Colorless volatile liquid, sometimes with a sweet or solvent odor

Abbreviations:

°F = degrees Fahrenheit

ACGIH = American Conference of Industrial Hygienists

A.L. = Action Level

atm = atmosphere

C = ceiling limit, not to be exceeded

CAS # = chemical abstract services number

CNS = Central Nervous System

CTPV = Coal Tar Pitch Volatiles

CVS = Cardiovascular System

eV = electron volt

f/cc = fibers per cubic centimeter

FP = Flash point

GI = Gastro-intestinal

H2S = Hydrogen Sulfide

HCN = Hydrogen Cyanide

hr = hour

IP = Ionization Potential

LEL = Lower explosive limit

mg/m³ = micrograms per cubic meter

min = minute

mm = millimeter

mmHg = millimeters of mercury

N/A = not applicable

OSHA = Occupational Safety and Health Administration

PAH = Polycyclic Aromatic Hydrocarbons

PCB = Polychlorinated Biphenyls

PEL = Permissible exposure limit

ppm = parts per million

Skin = significant route of exposure

STEL = Short-term exposure limit (15 minutes)

TWA = Time-weighted average (8 hours)

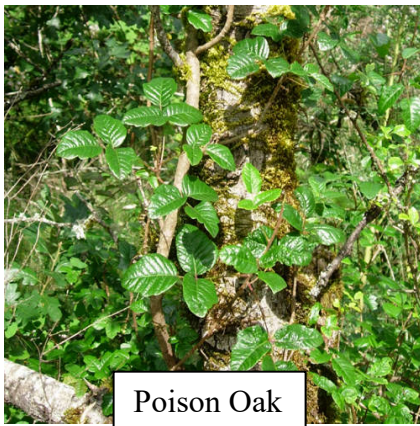
VP = vapor pressure approximately 68°F in mm Hg

4.5 Biological Hazards

Areas of the Site may be wooded, surrounded with brush, or landscaped. Therefore, employees working on this project should be aware of the potential biological hazards at this Site. Each is discussed in detail below:

4.5.1 *Poisonous Plants*

Persons working on the Site should be aware of the possible presence of poisonous plants and insects. Poison ivy is a climbing plant with leaves that consist of three glossy, greenish leaflets. Poison ivy has conspicuous red foliage in the fall. Small yellowish-white flowers appear in May through July at the lower leaf axils of the plant. White berries appear from August through November. Poison ivy is typically found east of the Rockies. Poison oak is similar to poison ivy but its leaves are oak-like in form. Poison oak occurs mainly in the south and southwest. Poison sumac typically occurs as a small tree or shrub and may be 6 to 20 feet in height. The bark is smooth, dark and speckled with darker spots. Poison sumac is typically found in swampy areas and east of the Mississippi. The leaves have 7 to 13 smooth-edged leaflets and drooping clusters of ivory-white berries that appear in August and last through spring.



The leaves, roots, stems and fruit of these poisonous plants contain urushiol. Contact with the irritating oil causes an intensely itching skin rash and characteristic, blister-like lesions.

The oil can be transmitted on soot particles when burned and may be carried on the fur of animals, equipment, and apparel.

Proper identification of these plants is the key to preventing contact and subsequent dermatitis. Wear long sleeves and pants when working in wooded areas. In areas of known infestation, wear Tyvek® coveralls and gloves. Oils are easily transferred from one surface to another. If you come in contact with these poisonous plants, wash exposed areas immediately with cool water to remove the oils. Some commercial products such as Tecnu's Poison Oak-n-Ivy Cleanser claim to further help with the removal of oils.

4.5.2 Ticks

4.5.2.1 Lyme Disease

Ticks are bloodsuckers, attaching themselves to warm-blooded vertebrates to feed. Deer ticks are associated with the transmission the bacteria that causes Lyme disease. Female deer ticks are about ¼-inch in length and are black and brick red in color. Males are smaller and all black. If a tick is not removed, or if the tick is allowed to remain for days feeding on human blood, a condition known as tick paralysis can develop. This is due to a neurotoxin, which the tick apparently injects while engorging. This neurotoxin acts upon the spinal cord causing incoordination, weakness, and paralysis.

The early stages of Lyme disease, which can develop within a week to a few weeks of the tick bite, are usually marked by one or more of these signs and symptoms:

- Tiredness
- Chills and fever
- Headache
- Muscle and/or joint pain
- Swollen lymph glands
- Characteristic skin rash (i.e. bullseye rash)

4.5.2.2 Rocky Mountain Spotted Fever

Rocky Mountain spotted fever is spread by the American dog tick, the lone-star tick, and the wood tick, all of which like to live in wooded areas and tall, grassy fields. The disease is most common in the spring and summer when these ticks are active, but it can occur anytime during the year when the weather is warm.

Initial signs and symptoms of the disease include sudden onset of fever, headache, and muscle pain, followed by development of a rash. Initial symptoms may include fever, nausea, vomiting, severe headache, muscle pain, and/or lack of appetite.

The rash first appears 2 to 5 days after the onset of fever and is often not present or may be very subtle. Most often it begins as small, flat, pink, non-itchy spots on the wrists, forearms, and ankles. These spots turn pale when pressure is applied and eventually become raised on the skin. Later signs and symptoms include rash, abdominal pain, joint pain, and/or diarrhea.

The characteristic red, spotted rash of Rocky Mountain spotted fever is usually not seen until the 6th day or later after onset of symptoms, and this type of rash occurs in only 35% to 60% of patients with Rocky Mountain spotted fever. The rash involves the palms or soles in as many as 50% to 80% of patients; however, this distribution may not occur until later in the course of the disease.

4.5.2.3 Prevention

Tick season lasts from April through October; peak season is May through July. You can reduce your risk by taking these precautions:

- During outside activities, wear long sleeves and long pants tucked into socks. Wear a hat, and tie hair back.
- Use insecticides to repel or kill ticks. Repellents containing the compound n,n-diethyl-meta-toluamide (DEET) can be used on exposed skin except for the face, but they do not kill ticks and are not 100% effective in discouraging ticks from biting. Products containing permethrin kill ticks, but they cannot be used on the skin -- only on clothing. When using any of these chemicals, follow label directions carefully.
- After outdoor activities, perform a tick check. Check body areas where ticks are commonly found: behind the knees, between the fingers and toes, under the arms, in and behind the ears, and on the neck, hairline, and top of the head. Check places where clothing presses on the skin.
- Remove attached ticks promptly. Removing a tick before it has been attached for more than 24 hours greatly reduces the risk of infection. Use tweezers, and grab as closely to the skin as possible. Do not try to remove ticks by squeezing them, coating them with petroleum jelly, or burning them with a match. Keep ticks in a zip-lock baggie in case testing needs to be performed.
- Report any of the above symptoms and all tick bites to the PM and Safety Team for evaluation.

4.5.3 Mosquito- Borne Disease – West Nile Virus

West Nile encephalitis is an infection of the brain caused by the West Nile virus, which is transmitted by infected mosquitoes. Following transmission from an infected mosquito, West Nile virus multiplies in the person's blood system and crosses the blood-brain barrier to reach the brain. The virus interferes with normal CNS functioning and causes inflammation of the brain tissue. However, most infections are mild and symptoms include fever, headache, and body aches. More severe infections may be marked by headache, high fever, neck stiffness, stupor, disorientation, coma, tremors, convulsions, muscle weakness, paralysis, and rarely, death. Persons over the age of 50 have the highest risk of severe disease.

Prevention centers on public health action to control mosquitoes and on individual action to avoid mosquito bites. To avoid being bitten by the mosquitoes that cause the disease, use the following control measures:

If possible, stay inside between dusk and dark. This is when mosquitoes are most active. When outside (between dusk and dark), wear long pants and long-sleeved shirts. Spray exposed skin with an insect repellent, preferably containing DEET.

4.5.4 Wasps and Bees

Wasps (hornets and yellow-jackets) and bees (honeybees and bumblebees) are common insects that may pose a potential hazard to the field team if work is performed during spring, summer, or fall. Bees normally build their nests in the soil. However, they use other natural holes such as abandoned rodent nests or tree hollows. Wasps make a football-shaped, paper-like nest either below or above the ground. Yellow-jackets tend to build their nests in the ground but hornets tend to build their nests in trees and shrubbery. Bees are generally more mild-mannered than wasps and are less likely to sting. Bees can only sting once while wasps sting multiple times because their stinger is barbed. Wasps sting when they feel threatened. By remaining calm and not annoying wasps by swatting, you lessen the chance of being stung.

Wasps and bees inject a venomous fluid under the skin when they sting. The venom causes a painful swelling that may last for several days. If the stinger is still present, carefully remove it with tweezers. Some people may develop an allergic reaction (i.e. anaphylactic shock) to a wasp or bee sting. If such a reaction develops, seek medical attention at once. If a GEI employee is allergic to bees or wasps notify the SSO and if, needed, the location of the epi pen.

4.5.5 Sun Exposure

Employees are encouraged to liberally apply sunscreen, with a minimum sun protection factor (SPF) of 15, when working outdoors to avoid sunburn and potential skin cancer, which is associated with excessive sun exposure to unprotected skin. Additionally, employees should wear safety glasses that offer protection from ultraviolet A and B (UVA/UVB) rays.

5. Personal Protective Equipment

The PPE specified in Table 4 represents PPE selection required by 29 CFR 1910.132, and is based on the Activity Hazard Analysis of Section 4 (Table 2). Specific information on the selection rationale activity can be found in the GEI Health and Safety Manual.

The PPE program addresses elements, such as PPE selection based on Site hazards, use and limitations, donning and doffing procedures, maintenance and storage, decontamination and disposal, training and proper fitting, inspection procedures prior to / during / and after use, evaluation of the effectiveness of the PPE program, and limitations during temperature extremes, heat stress, and other appropriate medical considerations. A summary of PPE for each level of protection is in Table 4.

Table 4. Site-Specific PPE

Task	PPE Level	Site-Specific Requirements	Respirator
Mobilization/Demobilization			
Reconnaissance	D	Hard hat, safety glasses, steel toe/shank safety boot, reflective vest, leather work gloves, hearing protection as needed	D - None
Mobilization/Demobilization of Equipment and Supplies	D	Hard hat, safety glasses, steel toe/shank safety boot, reflective vest, leather work gloves, hearing protection as needed	D - None
Establishment of Site Security, Work Zones, and Staging Area	D	Hard hat, safety glasses, steel toe/shank safety boot, reflective vest, leather work gloves, hearing protection as needed	D - None
Construction			
Drilling, Groundwater Well Installation, Excavation, Digging Test Pits, Backfilling, Grading Observation, Sampling	D	Hard hat, safety glasses, steel toe/shank safety boot with overboot as needed, reflective vest, leather work gloves as needed, nitrile gloves, hearing protection as needed, Tyvek as needed	Level D initially, Level C-If action levels exceeded (see Section 9 of HASP)
Hazardous Materials Assessment			
Sampling: Soil and Water	D	Hard hat, safety glasses, steel toe/shank safety boot with overboot as needed, reflective vest, leather work gloves as needed, nitrile gloves, hearing protection as needed, Tyvek as needed	D - None

Use of Level A or Level B PPE is not anticipated. If conditions indicating the need for Level A or Level B PPE are encountered, personnel will leave the Site and this HASP will be revised with oversight of the CHSO or GEI personnel will not re-enter the Site until conditions allow.

For most work conducted at the site, Level D PPE will include long pants, hard hats, safety glasses with side shields, and steel toe/shank or EH-rated safety boots. When work is conducted in areas where non-aqueous phase liquid (NAPL) or tar-saturated soil is anticipated, employees will wear, at a minimum, modified Level D PPE, which can include Tyvek® coveralls and safety boots with overboots.

5.1 OSHA Requirements for PPE

Personal protective equipment used during the course of this field investigation must meet the following OSHA standards:

Table 5. OSHA Standards for PPE

Type of Protection	Regulation	Source
Eye and Face	29 CFR 1910.133	ANSI Z87.1 1968
Respiratory	29 CFR 1910.134	ANSI Z88.1 1980
Head	29 CFR 1910.135	ANSI Z89.1 1969
Foot	29 CFR 1910.136	ANSI Z41.1 1999 or ASTM F-2412-2005, and ASTM F-2413-2005

CRF = Code of Federal Regulations

ANSI = American National Standards Institute

ASTM = American Society For Testing and Materials

On-site GEI personnel who have the potential to don a respirator must have a valid fit test certification and documentation of medical clearance. The CHSO will maintain such information on file for on-site personnel. The PM will obtain such information from the subcontractor's site supervisor prior to the initiation of such work. Both the respirator and cartridges specified for use in Level C protection must be fit-tested prior to use in accordance with OSHA regulations (29 CFR 1910.134). Air purifying respirators cannot be worn under the following conditions:

- Oxygen deficiency (less than 20.7%).
- Imminent Danger to Life and Health (IDLH) concentrations.
- If contaminant levels exceed designated use concentrations.

6. Key Project Personnel/Responsibilities and Lines of Authority

6.1 GEI Personnel

- | | |
|-----------------|-------------------------------------|
| • Roger Miller | Project Manager |
| • Paul Garvey | Project Engineer |
| • Paul Garvey | Site Safety Officer |
| • Kyle Sandmire | Field Personnel |
| • Steve Hawkins | Corporate Health and Safety Officer |
| • Sam Shuck | Regional Health and Safety Officer |

The implementation of health and safety at this project location will be the shared responsibility of the PM, the CHSO, Regional Health and Safety Officer (RHSO), the SSO, other GEI personnel implementing the proposed scope of work.

6.1.1 *GEI Project Manager*

The PM, Roger Miller, is responsible for confirming that the requirements of this HASP are implemented. Some of the PM's specific responsibilities include:

- Conducting and documenting the Project Safety Briefing for GEI project employees and forwarding the signed form (Appendix D) to the Safety Team;
- Verifying that the GEI staff selected to work on this program are sufficiently trained for Site activities;
- Assuring that personnel to whom this HASP applies, including subcontractor personnel, have received a copy of it;
- Providing the CHSO with updated information regarding conditions at the Site and the scope of Site work;
- Providing adequate authority and resources to the on-site SSO to allow for the successful implementation of necessary safety procedures;
- Supporting the decisions made by the SSO and CHSO;
- Maintaining regular communications with the SSO and, if necessary, the CHSO;
- Verifying that the subcontractors selected by GEI to work on this program have completed GEI environmental, health and safety requirements and has been deemed acceptable for the proposed scope of work; and

- Coordinating the activities of GEI subcontractors and confirming that they are aware of the pertinent health and safety requirements for this project.

6.1.2 GEI Corporate Health and Safety Officer

The CHSO is the individual responsible for the review, interpretation, and modification of this HASP. Modifications to this HASP which may result in less stringent precautions cannot be undertaken by the PM or the SSO without the approval of the CHSO. Specific duties of the CHSO include:

- Writing, approving, and amending the HASP for this project;
- Advising the PM and SSO on matters relating to health and safety on this Site;
- Recommending appropriate PPE and safety equipment to protect personnel from potential Site hazards;
- Conducting accident investigations; and
- Maintaining regular contact with the PM and SSO to evaluate Site conditions and new information which might require modifications to the HASP.

6.1.3 GEI Site Safety Officer

GEI field staff are responsible for implementing the safety requirements specified in this HASP. However, one person will serve as the SSO. For this program, Paul Garvey, will serve as the SSO. The SSO will be on-site during all activities covered by this HASP. The SSO is responsible for enforcing the requirements of this HASP once work begins. The SSO has the authority to immediately correct situations where noncompliance with this HASP is noted and to immediately stop work in cases where an immediate danger is perceived. Some of the SSO's specific responsibilities include:

- Conducting/attending the Project Safety Briefing prior to beginning work, and subsequent safety meetings as necessary;
- Conduct daily Safety Tailgate meeting in accordance with Wisconsin Department of Natural Resources requirements (can be combined with "pre-entry") briefing for Site-related work;
- Verifying that personnel to whom this HASP applies have attended and participated in the Project Safety Briefing and subsequent safety meetings that are conducted during the implementation of the program;
- Maintaining a high level of health and safety consciousness among employees implementing the proposed activities;

- Procuring the air monitoring instrumentation required and performing air monitoring for investigative activities;
- Procuring and distributing the PPE and safety equipment needed for this project for GEI employees;
- Verifying that PPE and health and safety equipment used by GEI is in good working order;
- Verifying that the selected contractors are prepared with the correct PPE and safety equipment and supplies;
- Notifying the PM of noncompliance situations and stopping work in the event that an immediate danger situation is perceived;
- Monitoring and controlling the safety performance of personnel within the established restricted areas to confirm that required safety and health procedures are being followed;
- Stopping work in the event that an immediate danger situation is perceived; and
- Reporting accident/incident and preparing accident/incident reports, if necessary.

6.1.4 GEI Field Personnel

GEI field personnel covered by this HASP are responsible for following the health and safety procedures specified in this HASP and for performing their work in a safe and responsible manner. Some of the specific responsibilities of the field personnel are as follows:

- Reading and signing the HASP in its entirety prior to the start of on-site work;
- Attending and actively participating in the required Project Safety Briefing prior to beginning on-site work and any subsequent safety meetings that are conducted during the implementation of the program;
- Stopping work in the event that an immediate danger situation is perceived;
- Bringing forth any questions or concerns regarding the content of the HASP to the PM or the SSO, prior to the start of work;
- Reporting accidents, injuries, and illnesses, regardless of their severity, to the SSO, CHSO, and HR; and
- Complying with the requirements of this HASP and the requests of the SSO.

6.1.5 Lines of Authority will be as follows:

On Site – GEI will have responsibility for safety of its employees during the work performed at the Site 125 CTH CP. GEI’s field representative will have a cell phone available to contact the appropriate local authorities, in the event of an emergency. GEI’s field representative will be available for communication with the GEI PM and with the Wisconsin Department of Natural Resources representative.

GEI employees have the authority to stop work activities if an unanticipated hazard is encountered or a potential unsafe condition is observed. The GEI employee should contact the Corporate Health and Safety Officer and the Project Manager to discuss the stop work conditions and potential control methods that can be implemented.

6.2 Subcontractors

GEI has subcontracted the following firms to assist in performing work on this project:

Subcontractor Name	Contact Name
SES	John Link
	Office: (920) 826-6851
	Cell: (920) 680-0680

GEI requires its subcontractors to work in a responsible and safe manner. Subcontractors hired by GEI are required to submit documentation of their safety practices as part of GEI’s Subcontractor Management Program for evaluation and approval before the start of work. Subcontractors for this project will be required to develop their own HASP for protection of their employees, but, at a minimum, must adhere to applicable requirements set forth in this HASP.

7. Training Program

7.1 HAZWOPER Training

In accordance with OSHA Standard 29 CFR 1910.120 “Hazardous Waste Operations and Emergency Response” (HAZWOPER) responders will, at the time of job assignment, have received a minimum of 40 hours of initial health and safety training for hazardous waste site operations. At a minimum, the training will have consisted of instruction in the topics outlined in the standard. Personnel who have not met the requirements for initial training will not be allowed to work in any Site activities in which they may be exposed to hazards (chemical or physical). Proof of training will be submitted to the PM or his/her representative prior to the start of field activities.

7.2 Annual 8-Hour Refresher Training

Annual 8-hour refresher training will be required of hazardous waste site field personnel in order to maintain their qualifications for fieldwork. The training will cover a review of 29 CFR 1910.120 requirements and related company programs and procedures. Proof of current 8-hour refresher training will be submitted to the PM or his/her representative prior to the start of field activities.

7.3 Supervisor Training

Personnel acting in a supervisory capacity will have received 8 hours of instruction in addition to the initial 40-hour training. In addition supervisors will have 1 year of field experience and training specific to work activities (i.e., sampling, construction observation, etc.)

7.4 Site-Specific Training

Prior to commencement of field activities, the PM or the SSO will verify GEI field personnel assigned to the project will have completed training that will specifically address the activities, procedures, monitoring, and equipment used in the Site operations. It will include Site and facility layout, hazards, and emergency services at the Site, and will highlight the provisions contained within this HASP and applicable GEI H&S SOPs (Appendix E). This training will be documented on the Project Safety Briefing Form Appendix D). The signed form will be forwarded to the Safety Team at SafetyTeam@geiconsultants.com. In addition, GEI personnel will sign the plan to document that they understand the hazards and control measures presented and agree to comply with the procedures established in the HASP. Personnel that have not received project-specific training will not be allowed on-site.

7.5 On-Site Safety Briefings

Other GEI personnel will be given health and safety briefings daily by the SSO or field representative to assist GEI personnel in safely conducting work activities. The briefing will include GEI subcontractors. The briefings can include information on new operations to be conducted, changes in work practices, or changes in the Site's environmental conditions, as well as periodic reinforcement of previously discussed topics. The briefings will also provide a forum to facilitate conformance with safety requirements and to identify performance deficiencies related to safety during daily activities or as a result of safety inspections. Documentation of these briefings will be recorded in the GEI field book, if the project duration is less than 5 days. If the project is longer than 5 days, the Tailgate Safety Briefing Form (Appendix D) will be used to document briefings. The meetings will also be an opportunity to periodically update the employees on monitoring results.

7.6 First Aid and CPR

The PM will verify that GEI field staff has current certifications in first aid and Cardiopulmonary Resuscitation (CPR), so that emergency medical treatment is available during field activities. The training will be consistent with the requirements of the American Red Cross Association. GEI employees also attend annual Bloodborne Pathogens training in compliance with OSHA regulations.

8. Medical Surveillance Program

GEI maintains a continuous, corporate, medical surveillance program that includes a plan designed specifically for field personnel engaged in work at sites where hazardous or toxic materials may be present. GEI's CHSO and is responsible for the administration and coordination of medical evaluations conducted for GEI's employees at branch office locations. Comprehensive examinations are given to GEI field personnel on an annual or biennial basis (as determined to be appropriate by the CHSO) participating in hazardous waste operations. The medical results of the examinations aid in determining the overall fitness of employees participating in field activities.

Under the CHSO's supervision, field personnel undergo a complete initial physical examination, including a detailed medical and occupational history, before they participate in hazardous waste site investigations. Extensive annual/biennial reexaminations are also performed. Upon completion of these tests, personnel are certified by an occupational health physician as to whether they are fit for field work in general, and fit to use respiratory protection.

If a GEI employee or other project worker shows symptoms of exposure to a hazardous substance and wishes to be rechecked, he/she will be directed to the nearest area hospital or medical facility.

GEI subcontractor personnel that will enter any active waste handling or other active non-"clean" area must certify that they are participating in a medical surveillance program that complies with OSHA regulations for hazardous waste operations (i.e., 29 CFR 1910.120 and 29 CFR 1926.65). Proof of medical clearance will be submitted to the GEI PM or SSO prior to the start of field activities.

9. Atmospheric Monitoring

Air monitoring will be performed to identify and quantify airborne levels of hazardous substances and safety and health hazards in order to determine the appropriate level of worker protection needed on-site in the event that intrusive work is conducted. Work requiring air monitoring includes the installation and/or abandonment of monitoring wells, DNAPL recovery wells, oxygen injection wells, and soil vapor points. Additionally, PID screening of the well head space will be conducted during groundwater sampling activities.

GEI will conduct work zone monitoring for on-site GEI employees during intrusive activities only. GEI will monitor and document daily Site conditions and operations and inform field representatives of results. ***If Action Levels are exceeded, the SSO will immediately implement Site action(s) according to Table 6 below and notify the PM and Safety Team.***

The following air monitoring equipment will be on site:

- PID with 10.6 eV lamp or equivalent

9.1 Equipment Use

9.1.1 Calibration

Air monitoring equipment will be calibrated and maintained in accordance with manufacturer's requirements. Calibrations will be recorded in the project notes daily or on a daily calibration form.

9.1.2 Photoionization Detector

Organic vapor concentrations will be measured using a PID during intrusive activities. During intrusive operations, organic vapor concentrations will be measured continuously. Organic vapor concentrations will be measured upwind of the work site(s) to determine background concentrations at least twice a day, (once in the morning and once in the afternoon). The SSO will interpret monitoring results using professional judgment and according to the alert and Action Limits set forth in the associated Site Work Plan.

9.2 Action Levels

Table 6 provides a summary of real time air monitoring Action Levels and contingency plans for work zone activities. The below Action Levels are determined by halving the Permissible Exposure Limits (PELs) or Threshold Limit Values (TLVs) as set forth by OSHA and the American Conference of Government Industrial Hygienists (ACGIH). O₂ values are based

on the maximum use limits of a full face respirator if oxygen were being displaced by a chemical.

Table 6. Real-Time Work Zone Air Monitoring Action Levels

Air Monitoring Instrument	Action Level (above background)	Site Action
PID	1.0 ppm	Use detector tube for benzene or zNose® to verify if concentration is benzene. No respiratory protection is required if benzene is not present.
PID	1.0 - 10 ppm	Use Sensidyne detector tube for naphthalene or zNose® to verify if concentration is naphthalene. No respiratory protection is required if naphthalene is not present.
	10 – 50 ppm	No respiratory protection is required if benzene or naphthalene is not present.
	50 – 100 ppm	Stop work, withdrawal from work area, institute engineering controls, if levels persist, upgrade to Level C.
	> 100 ppm	Stop work, withdraw from work area, notify PM and Safety Team.

10. Site Control Measures

10.1 Buddy System

GEI personnel should be in line-of-site or communication contact with another on-site person. The other on-site person should be aware of his or her role as a “buddy” and be able to provide assistance in the event of an emergency. A copy of this plan will be given to any person acting as a GEI “buddy” for informational purposes.

10.2 Sanitation for Temporary Work Sites

Sanitation requirements identified in the OSHA Standard 29 CFR 1926.51 “Sanitation” specifies that employees working at temporary project sites have at least one sanitary facility available to them. Temporary sanitary facilities including toilets will be available at the Clark gas station approximately 150 feet southwest of the project site.

10.3 Illumination

Illumination requirements identified by OSHA are directed to work efforts inside buildings and/or during non-daylight hours. Activities planned for the Site are anticipated to occur outside during daylight hours. However, if work areas do not meet illumination requirements, they will be equipped with appropriate illumination that meets or exceeds requirements specified in OSHA Standard 29 CFR 1926.56 “Illumination.” Employees will not work on sites that are not properly lighted.

10.4 Smoking

Smoking is prohibited at or in the vicinity of hazardous operations or materials. Where smoking is permitted, safe receptacles will be provided for smoking materials.

10.5 Alcohol and Drug Abuse Prevention

Alcohol and drugs will not be allowed on the Site. Project personnel under the influence of alcohol or drugs will not be allowed to enter the Site.

11. Incident Reporting

GEI will report incidents involving GEI personnel or subcontractor personnel, such as: lost time injuries, injuries requiring medical attention, near miss incidents, fires, fatalities, accidents involving the public, chemical spills, vehicle accidents, and property damage. The following steps must be followed when an incident occurs:

1. In life-threatening situations, immediately call 9-1-1.
2. Stop work activity to address any injury, illness, property damage, spill or other emergency.
3. **Immediately** report any incidents to your Supervisor/Project Manager and Regional Health & Safety Officer.
4. If your injury or illness is not life-threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional.
5. Complete an Incident Report Form **immediately** after addressing the incident.

For vehicle accidents involving another vehicle or damage to property, the employee will take pictures of each vehicle or property involved in the incident and obtain a police report. In some municipalities police will not be dispatched to a non-injury accident, but every effort needs to be made to try and obtain the report.

The Incident Report Form and the Near Miss Reporting Form can be found in Appendix D, on the GEI Health and Safety smartphone app, or on the Safety page of the GEI Intranet. To report subcontractor injuries or incidents, follow the same verbal reporting procedures and submit an email describing the event to the PM and the Safety Team.

11.1 Injury Triage Service

If a GEI employee experiences a work related injury that is not life-threatening, the employee will initiate a call to Medcor Triage at 1-800-775-5866. The injured employee will detail any medical symptoms or complaints which will be evaluated by a Registered Nurse (RN) specially trained to perform telephonic triage. The RN will recommend first aid self-treatment or refer the injured employee for an off-site medical evaluation by a health professional at a clinic within GEI's workers compensation provider network. GEI employees are still required to follow our Accident Reporting procedures as listed above.

12. Decontamination Procedures

12.1 Heavy Equipment Decontamination

Heavy equipment decontamination will be performed by the Contractor within the limits of the on-site decontamination pad in accordance with the contract specifications. A steam generator and brushes will be used to clean demolition equipment and other tools. No heavy equipment will be permitted to leave the Site unless it has been thoroughly decontaminated.

Wastewater from the heavy equipment and personnel decontamination areas will be collected and disposed of in accordance with applicable state and federal regulations. The Contractor will be responsible for ultimate disposal of investigation-derived wastes.

12.2 Decontamination Equipment Requirements

The following equipment, if required, should be in sufficient supply to implement decontamination procedures for GEI's equipment.

- Buckets
- Alconox™ detergent concentrate
- Hand pump sprayers
- Long handled soft bristle brushes
- Large sponges
- Cleaning wipes for respirators
- Bench or stool(s)
- Methanol and/or Nitric Acid
- Liquid detergent and paper towels
- Plastic trash bags

The Contractor performing decontamination procedures is responsible for verifying that the above materials, as required for their operation, are in sufficient supply.

13. Supplemental Contingency Plan Procedures

13.1 Hazard Communication Plan

GEI personnel have received hazard communication training as part of their annual health and safety training and new employee health and safety orientation training. Hazardous materials used on the Site will be properly labeled, stored, and handled. SDS will be available to potentially exposed employees.

13.2 Fire

In the event of a fire personnel will evacuate the area. GEI's field representative will contact the local fire department with jurisdiction and report the fire. Notification of evacuation will be made to the PM and the Safety Team. The field representative will account for GEI personnel and subcontractor personnel and report their status to the PM.

13.3 Medical Support

In case of minor injuries, on-site care will be administered with the Site first aid kit. For serious injuries, call 911 and request emergency medical assistance. Seriously injured persons should not be moved, unless they are in immediate danger. Notify the PM and the Safety Team of the emergency.

Section 1 and Table 1 of this HASP contain detailed emergency information, including directions to the nearest hospital, and a list of emergency services and their telephone numbers. In addition, Appendix A includes maps to the hospital and/or occupational health clinic. GEI field personnel will carry a cellular telephone.

13.4 Severe Weather

The contingency plan for severe weather includes reviewing the expected weather to determine if severe weather is in the forecast. Severe weather includes high winds over 30 miles per hour (mph), heavy rains or snow squalls, thunderstorms, tornados, and lightning storms. If severe weather is approaching, the decision to evacuate GEI personnel and subcontractor personnel from the Site will be the responsibility of GEI's field representative. Notification of evacuation will be made to the PM and the Safety Team. The field representative will account for GEI personnel and subcontractor personnel and report their status to the PM. If safe, work can resume 30 minutes after the last clap of thunder or flash of lightning.

13.5 Spills or Material Release

If a hazardous waste spill or material release occurs, if safe, the SSO or their representative will immediately assess the magnitude and potential seriousness of the spill or release based on the following:

- SDS for the material spilled or released;
- Source of the release or spillage of hazardous material;
- An estimate of the quantity released and the rate at which it is being released;
- The direction in which the spill or air release is moving;
- Personnel who may be or may have been in contact with the material, or air release, and possible injury or sickness as a result;
- Potential for fire and/or explosion resulting from the situation; and
- Estimates of area under influence of release.

If the spill or release is determined to be within the on-site emergency response capabilities, the SSO will verify implementation of the necessary remedial action. If the release is beyond the capabilities of the Site personnel, personnel will be evacuated from the immediate area and the local fire department will be contacted. The SSO will notify the PM and the Safety Team.

Health and Safety Plan
DG Mobile GW Assessment Coleman
125 County Highway CP
Coleman, Wisconsin
June 10, 2019

Appendix A

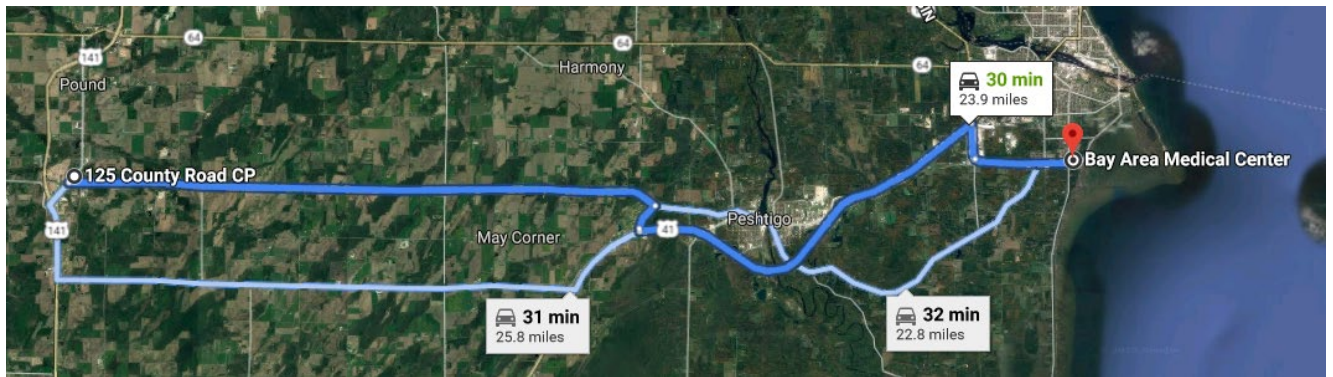
Map to Hospital and Occupational Health Clinic

Health and Safety Plan
DG Mobile GW Assessment Coleman
125 County Highway CP
Coleman, Wisconsin
June 10, 2019

Directions to Bay Area Medical Center

3003 University Drive
Marinette, WI

(715) 735-4200
30 minutes; 23.9 miles



125 County Road CP

Coleman, WI 54112

- > Drive from Co Rd B and US-41 N to Marinette

29 min (23.9 mi)

- > Drive to your destination

23 s (308 ft)

Bay Area Medical Center

3003 University Dr, Marinette, WI 54143

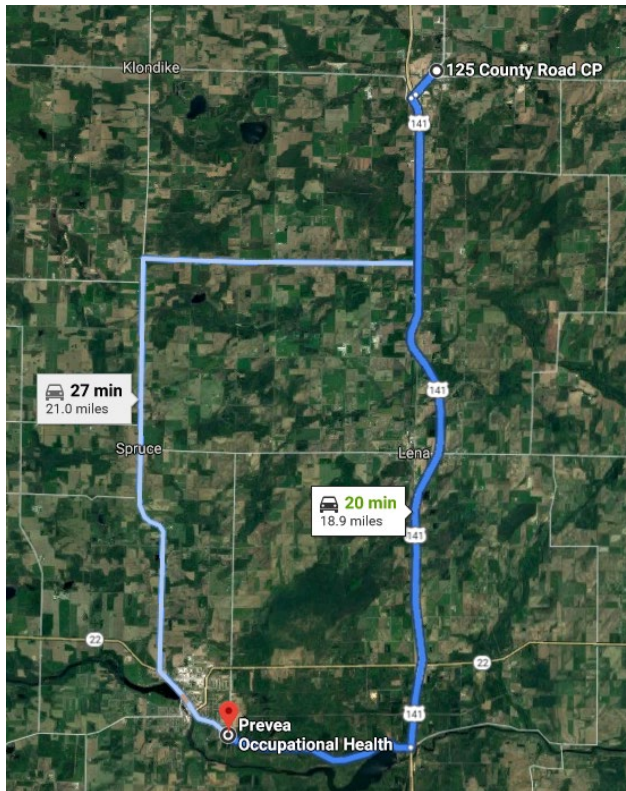
Health and Safety Plan
DG Mobile GW Assessment Coleman
125 County Highway CP
Coleman, Wisconsin
June 10, 2019

Directions to Prevea Occupational Health

853 South Main Street
Oconto Fall, WI 54154

(920) 846-4680

20 minutes; 18.9 miles



125 County Road CP

Coleman, WI 54112

↑ Head southwest on US-141 BUS S/Business 141 N toward N Park Ave

i Continue to follow US-141 BUS S

0.7 mi

↑ Continue onto Co Rd B

0.1 mi

↙ Turn left to merge onto US-141 S

14.0 mi

↘ Turn right onto Co Hwy I/County Rd I

4.0 mi

↙ Turn left onto S Main St

167 ft

↙ Turn left

3 ft

Prevea Occupational Health

853 S Main St, Oconto Falls, WI 54154

Health and Safety Plan
DG Mobile GW Assessment Coleman
125 County Highway CP
Coleman, Wisconsin
June 10, 2019

Appendix B

Safety Data Sheets

Appendix C

Heat Stress and Cold Stress Guidelines

Heat Stress Guidelines

Form	Signs & Symptoms	Care	Prevention ³
Heat Rash	Tiny red vesicles in affected skin area. If the area is extensive, sweating can be impaired.	Apply mild lotions and cleanse the affected area.	Cool resting and sleeping areas to permit skin to dry between heat exposures.
Heat Cramps	Spasm, muscular pain (cramps) in stomach area and extremities (arms and legs).	Provide replacement fluids with minerals (salt) such as Gatorade.	Adequate salt intake with meals ¹ . ACCLIMATIZATION ²
Heat Exhaustion	Profuse sweating, cool (clammy) moist skin, dizziness, confusion, pale skin color, faint, rapid shallow breathing, headache, weakness, and/or muscle cramps.	Remove from heat, sit or lie down, rest, replace lost water with electrolyte replacement fluids (water, Gatorade) take frequent sips of liquids in amounts greater than required to satisfy thirst.	ACCLIMATIZATION ² Adequate salt intake with meals ¹ , only during early part of heat season. Ample water intake, frequently during the day.
Heat Stroke	HOT Dry Skin. Sweating has stopped. Mental confusion, dizziness, nausea, chills, severe headache, collapse, delirium, and/or coma.	HEAT STROKE IS A MEDICAL EMERGENCY <ul style="list-style-type: none"> • Remove from heat. • COOL THE BODY AS RAPIDLY AS POSSIBLE by immersing in cold (or cool) water, or splash with water and fan. • Call for Emergency Assistance. • Observe for signs of shock. 	ACCLIMATIZATION ² Initially moderate workload in heat (8 to 14 days). Monitor worker's activities.

Footnotes:

- 1.) American diets are normally high in salt, sufficient to aid acclimatization. However, during the early part of the heat season, (May, June), one extra shake of salt during one to two meals per day may help, so long as this is permitted by your physician. Check with your personal physician.
- 2.) ACCLIMATIZATION - The process of adapting to heat is indicated by worker's ability to perform hot jobs less fluid loss, lower concentrations of salt loss in sweat, and a reduced core (body) temperature and heart rate.
- 3.) Method to Achieve Acclimatization - Moderate work or exercise in hot temperatures during early part of heat season. Adequate salt (mineral) and water intake. Gradually increasing work time in hot temperatures. Avoid alcohol. Normally takes 8 to 14 days to achieve acclimatization. Lost rapidly, if removed from strenuous work (or exercise) in hot temperature for more than approximately 5 days.

Cold Stress Guidelines

Stress	Symptoms	What to do
Mild Hypothermia	<ul style="list-style-type: none"> • Body Temp 98 to 90°F • Shivering • Lack of coordination, stumbling, fumbling hands • Slurred speech • Memory loss • Pale, cold skin 	<ul style="list-style-type: none"> • Move to warm area • Stay active • Remove wet clothes and replace with dry clothes or blankets • Cover the head • Drink warm (not hot) sugary drink
Moderate Hypothermia	<ul style="list-style-type: none"> • Body temp 90 to 86°F • Shivering stops • Unable to walk or stand • Confused and/or irrational 	<ul style="list-style-type: none"> • All of the above, plus: <ul style="list-style-type: none"> ○ Call 911 ○ Cover all extremities completely ○ Place very warm objects, such as hot packs on the victim's head, neck, chest, and groin
Severe Hypothermia	<ul style="list-style-type: none"> • Body temp 86 to 78°F • Severe muscle stiffness • Very sleepy or unconscious • Ice cold skin • Death 	<ul style="list-style-type: none"> • Call 911 • Treat victim very gently • Do not attempt to re-warm
Frostbite	<ul style="list-style-type: none"> • Cold, tingling, stinging, or aching feeling in the frostbitten area, followed by numbness • Skin color turns red, then purple, then white or very pale skin • Cold to the touch • Blisters in severe cases 	<ul style="list-style-type: none"> • Call 911 • Do not rub the area • Wrap in soft cloth • If help is delayed, immerse in warm (not hot) water
Trench Foot	<ul style="list-style-type: none"> • Tingling, itching, or burning sensation • Blisters 	<ul style="list-style-type: none"> • Soak feet in warm water, then wrap with dry cloth bandages • Drink a warm (not hot) sugary drink

Health and Safety Plan
DG Mobile GW Assessment Coleman
125 County Highway CP
Coleman, Wisconsin
June 10, 2019

Appendix D

Forms



Accident/Incident Report Form

Please complete this form and send it to your Branch Manager, HR and CHSO **within 24 hours** of the incident.

SECTION A ACCIDENT/INCIDENT DETAILS

EMPLOYEE INFORMATION:	OTHER INJURED (IF APPLICABLE):
Name: _____	Name: _____
Home Address: _____ Street Address City State Zip Code	Home Address: _____ Street Address City State Zip Code
Contact Information: () () Primary Secondary	Contact Information: () () Primary Secondary
Date of Birth: _____	Date of Birth: _____
Date of Hire: _____	Date of Hire: _____
Branch: _____	Branch: _____
Supervisor: _____	Supervisor: _____

Date and Time Accident/Incident	Date and Time Reported	LOCATION OF INCIDENT/ACCIDENT
____ / ____ / ____ Month Day Year ____ A.M. ____ P.M.	____ / ____ / ____ Month Day Year ____ A.M. ____ P.M.	Project Name: _____ Client and Location: _____ or _____ Office Location: _____

INCIDENT TYPE: (Check All That Applies)	WITNESS INFORMATION
<input type="checkbox"/> Personal Injury/Illness <input type="checkbox"/> Vehicle Accident <input type="checkbox"/> Property Damage <input type="checkbox"/> Environmental Spill <input type="checkbox"/> Other	Name: _____ Contact Number: _____ Company: _____

WHAT HAPPENED TO THE INJURED PARTY: First Aid Administered Refused Treatment/Transport Transported to Hospital
 Returned to Work Went Home Went to Physician Unknown

Clinic/Hospital or Treating Physician: _____ Phone: _____
 Name Street Address City State Zip Code

SECTION B PERSONAL INJURY

Cause of Injury: _____

Part of Body Injured: _____ Multiple Injuries: Y N

Was PPE worn when injured? : Y N What PPE was worn? _____

WAS INJURY A RESULT OF THE USE A MOTOR VEHICLE: YES NO (If yes, complete Section C)



Accident/Incident Report Form

Please complete this form and send it to your Branch Manager, HR and CHSO **within 24 hours** of the incident.

SECTION C AUTO ACCIDENT ONLY

DRIVER/VEHICLE INFORMATION

Name of Insured: _____	Name of Other Driver: _____
Department: _____	Driver's License Number: _____
Driver's License Number: _____	State: _____
DOB: ____/____/____ State: _____	Description of Vehicle: License Plate Number: _____
Description of Vehicle: License Plate Number: _____	Make: _____ Model: _____ Year: _____ Color: _____
Make: _____ Model: _____ Year: _____ Color: _____	Insurance Carrier: _____
Owner: _____	Policy Number: _____ Ph. Number: _____

SECTION D PROPERTY DAMAGE OR CHEMICAL RELEASE ONLY

Type of Damage(s): _____

Cause of Damage(s): _____

Type of Chemical Released (if known): _____

Quantity of Chemical Released: _____

Spill Measures Employed: _____

SECTION E NATURE OF ACCIDENT/INCIDENT AND EXTENT OF INJURIES/DAMAGES

(Please give a detailed description of what happened. Attach a sketch or picture if applicable)

I hereby certify that the above information is true and correct to my understanding of this accident/incident.

Employee/Preparer's Name

Date and Time



Near Miss Report Form

Please complete this form and send it to your Branch Manager, HR and the Safety Team **within 24 hours** of the near miss.

NEAR MISS DETAILS

Employee Name: _____

Phone Number: _____

Branch: _____

Supervisor: _____

Date and Time Accident/Incident	Date and Time Reported	LOCATION OF NEAR MISS
____/____/____ Month Day Year ____ A.M. ____ P.M.	____/____/____ Month Day Year ____ A.M. ____ P.M.	Project Name: _____ Client and Location: _____ or _____ Office Location: _____

WHAT HAPPENED?

(Please give a detailed description of what happened. Attach photos or a sketch, if applicable.)

Photos were Taken

WHAT WAS DONE?

(Please give a detailed description of what was done to prevent and incident from occurring.)

I have verbally contacted a member of the Safety Team and my Supervisor.

Employee/Preparer's Name Date and Time

Appendix E

GEI's Health and Safety SOPs

Applicable GEI H&S SOPs (check all that apply)		
<input checked="" type="checkbox"/> Biological Hazards – 001	<input type="checkbox"/> Ladders -011	<input type="checkbox"/> Mobile Equipment – 021
<input type="checkbox"/> Bloodborne Pathogens – 002	<input checked="" type="checkbox"/> Noise Exposure -012	<input type="checkbox"/> Aquatic Ecological Survey & Electrofishing -022
<input checked="" type="checkbox"/> Container Management – 003	<input type="checkbox"/> Nuclear Density Gauge Operation -013	<input type="checkbox"/> Scaffolding - 023
<input checked="" type="checkbox"/> Driver Safety -004	<input checked="" type="checkbox"/> Utility Markout-014	<input type="checkbox"/> Wilderness Safety - 024
<input type="checkbox"/> Electrical Safety Lock Out Tag Out -005	<input type="checkbox"/> Respirator Fit Test Procedure-015	<input checked="" type="checkbox"/> Manual Lifting – 025
<input type="checkbox"/> Excavation Trenching - 006	<input checked="" type="checkbox"/> Traffic Hazards -016	<input checked="" type="checkbox"/> Hazard Identification - 026
<input checked="" type="checkbox"/> Non-Powered Hand Tools -008a	<input type="checkbox"/> Water Safety – 017	<input type="checkbox"/> Confined Space Entry for Sanitary Sewers – 027
<input type="checkbox"/> Powered Hand Tools – 008b	<input checked="" type="checkbox"/> Working Around Heavy Equipment – 018	<input type="checkbox"/> Safe Trailer Use – 028
<input checked="" type="checkbox"/> Hazardous Substances Management -009	<input type="checkbox"/> Rail Safety -019	<input type="checkbox"/> Overtime and Fatigue Management - 029
<input checked="" type="checkbox"/> Inclement Weather – 010	<input type="checkbox"/> Aerial Lift – 020	

STANDARD OPERATING PROCEDURES

SOP No. HS-001 Biological Hazards

1.1 Objective

The objective of this Standard Operating Procedure (SOP) is to prevent or limit the potential for GEI personnel to encounter biological hazards during field activities.

1.2 General

This SOP is intended for use by employees engaged in work with the potential for contact with biological hazards such as animals, insects, plants, and sewage. The site-specific health and safety plan (HASP) should include a hazard assessment for the project that identifies the potential for encounters with biological hazards and the control methods to be implemented by GEI employees. These hazards must be reviewed in the project safety briefing and documented on the Project Safety Briefing form, found on the Safety page of the GEI intranet.

1.3 Mammals

During some site operations, animals such as stray or domesticated dogs or cats, raccoons, snakes, bears, rats, bats, etc. may be encountered. Employees should use discretion and attempt to avoid contact with animals. If these animals present a problem, efforts will be made to remove these animals from the site by contacting a licensed animal control technician.

1.3.1 Rabies

The rabies virus is transmitted through the bite of an infected animal or contact with saliva or brain/nervous system tissue of an infected animal. The rabies virus infects the central nervous system, causing disease in the brain. The early symptoms of rabies in people are fever, headache, and general weakness or discomfort. As the disease progresses, more specific symptoms appear and may include insomnia, anxiety, confusion, slight or partial paralysis, excitation, hallucinations, agitation, hypersalivation (increase in saliva), difficulty swallowing, and hydrophobia (fear of water). Death usually occurs within days of the onset of these symptoms.

If you are bitten or think you may be exposed, wash any wounds immediately and thoroughly with soap and water. Then go to the hospital emergency room and notify the Project Manager and the People Safety Team. The doctor, possibly in consultation with the state or local health department, will decide if you need a rabies vaccination.

Decisions to start series of vaccinations will be based on your type of exposure and the animal you were exposed to, as well as laboratory and surveillance information for the geographic area where the exposure occurred. If possible have someone document what type of animal it was, how it was behaving prior to the bite, what caused it to bite the

employee, and if it's not a domestic animal that would be easy to find again in the future, try to get animal control on site to capture it. An Incident Report Form must be completed and submitted, per GEI's Incident reporting procedures. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

1.4 Insects and Arachnids

Insects, including bees, wasps, hornets, mosquitoes, ticks, spiders, etc., may be present at a job site making the chance of a bite/sting possible. Some individuals may have a severe allergic reaction to an insect bite or sting that can result in a life-threatening condition. Some insect bites can transmit diseases such as Lyme disease or a virus such as West Nile. The following is a list of preventive measures:

- Apply insect repellent prior to performing field work and as often as needed throughout the work shift.
- Wear proper personal protective equipment (PPE), including protective clothing (work boots, socks, and light colored clothing).
- Wear shoes, long pants with bottoms tucked into boots or socks, and a long-sleeved shirt when outdoors for long periods of time, or when many insects are most active (between dawn and dusk).
- When walking in wooded areas, avoid contact with bushes, tall grass, or brush as much as possible.
- Field personnel who have or may have insect allergies must have insect allergy medication onsite and must inform the Site Safety Officer (SSO) and the People and Safety Team of their particular allergy prior to commencing work.
- Field personnel should perform a self-check at the end of the day for ticks.

1.4.1 Tick-borne Diseases

Lyme Disease

Lyme disease is caused by infection from a deer tick that carries a spirochete (a bacterium). During the painless tick bite, the spirochete may be transmitted into the bloodstream, often after feeding on the host for 12 to 24 hours. The ticks that cause the disease are often no bigger than a poppy seed or a comma in newsprint. The peak months for human infection are from May to September.

Symptoms appear in three stages. First symptoms usually appear from 2 days to a few weeks after a person is bitten by an infected tick. Symptoms usually consist of a ring-like red rash on the skin where the tick was attached. The rash is often bulls-eye like with red around the edges and clear in the center. The rash may be warm, itchy, tender, and/or "doughy." This rash appears in only 60 to 80 percent of infected persons. An infected

person also has flu-like symptoms of a stiff neck, chills, fever, sore throat, headache, fatigue, and joint pain. These symptoms often disappear after a few weeks.

The second stage symptoms, which occur weeks to months later include meningitis, severe headache, drooping of the muscles on the face, called Bell’s Palsy, encephalitis, numbness, withdrawal, and lethargy. These symptoms may last for several weeks to several months. Third stage symptoms, which occur months or years later include arthritis, heart problems, and loss of memory. The third stage symptoms may mimic multiple sclerosis and Alzheimer’s disease.

When in areas that could harbor deer ticks, employees should wear light color clothing, and visually check themselves and check and be checked by another employee when coming from wooded or vegetated areas. If a GEI employee has a tick bite, the People and Safety Team and Project Manager must be contacted immediately. The employee will be offered the option for medical treatment by a physician, which typically involves antibiotics. An Incident Report form must be completed in compliance with the Incident Reporting procedures. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

If personnel feel sick or have signs similar to those mentioned above, the SSO and the People and Safety Team must be notified immediately.



Figure 1: From left to right, the deer tick adult female, adult male, nymph, and larva on a centimeter scale.

How to Remove a Tick

A tick can be removed from the skin by pulling gently at the head with tweezers. If tweezers are not available, use tissue paper or cloth to grasp the tick. It is important to grasp the tick as close to the site of attachment and use a firm steady pull to remove it. Wash hands immediately after with soap and water. The affected area should also be washed with soap and water, then disinfected with an antiseptic wipe, if available. All mouth parts must be removed from the skin. If the tick was removed by breaking off the

mouth parts, an irritation or infection may occur because the organism that is causing the disease can still enter the body through the skin.

Treatment for Lyme Disease

Treatment with antibiotics is effective and recovery is usually complete. For first stage symptoms, antibiotics are usually given orally. However, treatment for second and third stage symptoms is prolonged and recovery may take longer. Antibiotic treatment is usually provided intravenously for second and third stage Lyme disease.

Babesiosis

The deer tick can also cause Babesiosis, an infection of the parasite *Babesia Microti*. Symptoms of Babesiosis may not be evident, but may also include fever, fatigue and hemolytic anemia lasting from several days to several months. Babesiosis is most commonly diagnosed in the elderly or in individuals whose immune systems are compromised. If there are no signs or symptoms of Babesiosis, usually no treatment is needed. If an employee believes they might have Babesiosis they'll see a physician to be tested. Treatment usually consists of taking prescription medications for 7 to 10 days.

Ehrlichiosis

Ehrlichiosis is a tick-borne disease which can be caused by either of two different organisms. Human monocytic ehrlichiosis (HME) is caused by *Ehrlichia chaffeensis*, which is transmitted by the lone star tick (*Amblyomma americanum*). Human granulocytic anaplasmosis (HGA), previously known as human granulocytic ehrlichiosis (HGE), is caused by *Anaplasma phagocytophilia*, which is transmitted by the deer tick (*Ixodes scapularis*).

Ehrlichiosis is transmitted by the bite of infected ticks, including the deer tick and the lone star tick. The symptoms of HME and HGE are the same and usually include fever, muscle aches, weakness and headache. Patients may also experience confusion, nausea, vomiting and joint pain. Unlike Lyme disease or Rocky Mountain spotted fever, a rash is not common. Infection usually produces mild to moderately severe illness, with high fever and headache, but may occasionally be life-threatening or even fatal. Symptoms appear 1 to 3 weeks after the bite of an infected tick. However, not every exposure results in infection. For those that become infected a drug called Doxycycline will be prescribed.

Rocky Mountain Spotted Fever

Rocky Mountain spotted fever is a tick-borne disease caused by a rickettsia (a microbe that differs somewhat from bacteria and virus). In the eastern United States, children are infected most frequently, while in the western United States, disease incidence is highest among adult males. Disease incidence is directly related to exposure to tick-infested habitats or to infested pets. Rocky Mountain spotted fever is characterized by a sudden onset of moderate to high fever (which can last for 2-3 weeks), severe headache, fatigue, deep muscle pain, chills and rash. The rash begins on the legs or arms, may include the

soles of the feet or palms of the hands and may spread rapidly to the trunk or rest of the body. Symptoms usually appear within 2 weeks of the bite of an infected tick. Like Ehrlichiosis the prescription drug Doxycycline is the first line treatment option.

1.4.2 Mosquito-Borne Disease

West Nile Virus

West Nile Virus is a mosquito-borne infection transmitted through the bite of an infected mosquito. The symptoms of West Nile Virus can be asymptomatic (no symptoms) or in more serious cases can lead to West Nile Fever. West Nile Fever can include fever, headache, tiredness, body ache, an occasional rash on the trunk of the body, and swollen lymph glands. In severe cases, people have developed West Nile Encephalitis or Meningitis which symptoms include fever, headache, neck stiffness, tremors, coma, and in some cases death. The incubation period for the disease is usually 2 to 15 days. The symptoms can range from a few days to several weeks. Most mosquitoes are not infected and the chance of infection from a mosquito bite of an on-site employee is very small.

1.5 Repellants

The following precautions will be used to help reduce the risk of mosquito bites:

Reduce mosquito-breeding areas by making sure wheelbarrows, buckets, and other containers are turned upside down when not used so that they do not collect standing water. According to the Environmental Protection Agency (EPA), many mosquitoes can breed in pooled water that's minimal enough to fill a bottle cap.

Wear shoes, long pants with bottoms tucked into boots or socks, and a long-sleeved shirt when outdoors for long periods of time, or when many mosquitoes are most active (between dawn and dusk).

Use mosquito repellent according to the manufacturer's directions when outdoors for long periods of time and when mosquitoes are most active.

Centers for Disease Control and Prevention (CDC) evaluation of information contained in peer-reviewed scientific literature and data available from the EPA has identified several EPA-registered products that provide repellent activity sufficient to help people avoid the bites of disease carrying mosquitoes. Products containing these active ingredients typically provide reasonably long-lasting protection:

- **DEET** (Chemical Name: N,N-diethyl-m-toluamide or N,N-diethyl-3-methylbenzamide)
- **Picaridin** (KBR 3023, Chemical Name: 2-(2-hydroxyethyl)-1-piperidinecarboxylic acid 1-methylpropyl ester)

- **Oil of Lemon Eucalyptus** or **PMD** (Chemical Name: para-Menthane-3,8-diol) the synthesized version of oil of lemon eucalyptus
- **IR3535** (Chemical Name: 3-[N-Butyl-N-acetyl]-aminopropionic acid, ethyl ester)
- **Permethrin** (3-Phenoxybenzyl (1RS)-cis,trans-3-(2,2-dichlorovinyl) -2,2-dimethylcyclopropanecarboxylate) – Permethrin kills ticks and can be used on clothing (but not skin)

The EPA characterizes the active ingredients DEET and Picaridin as “conventional repellents” and Oil of Lemon Eucalyptus, PMD, and IR3535 as “biopesticide repellents”, which are derived from natural materials.

In general, higher concentrations of active ingredient provide longer duration of protection, regardless of the active ingredient, although concentrations above approximately 50 percent do not offer a marked increase in protection time. Products with less than 10 percent active ingredient may offer only limited protection, often from 1 to 2 hours. Products that offer sustained release or controlled release (micro-encapsulated) formulations, even with lower active ingredient concentrations, may provide longer protection times. Regardless of what product you use, if you start to get mosquito bites reapply the repellent according to the label instructions or remove yourself from the area with biting insects if possible.

Clothing and other products can be purchased pre-treated, or products can be treated using EPA-registered products. Permethrin is the only pesticide approved by the EPA for these uses. Permethrin binds tightly to the fabrics, resulting in little loss during washing and minimal transfer to the skin. Permethrin is poorly absorbed through the skin, although sunscreens and other products may increase the rate of skin absorption.

If you decide to use permethrin-treated clothing, consider these tips:

- Read the application instructions carefully and apply the product according to the label directions. Do not over-treat products.
- Permethrin treatments are only intended for use on fabrics; do not apply them directly to the skin or other items.
- Do not apply permethrin to clothing while it is being worn.
- Apply the product to clothing outdoors in well ventilated areas that are protected from wind.
- Hang treated fabrics outdoors and allow them to dry completely before wearing them.
- Wash permethrin treated clothing separately from other clothing items.

1.6 Poisonous Plants

The potential for contact with poisonous plants, such as poison ivy, oak, and sumac exists when performing fieldwork in wooded or boggy areas. Urushiol, an oily organic allergen found in plants, can cause an allergic reaction when in contact with the leaves or vines.

Poison ivy can be found as vines on tree trunks or as upright bushes. Poison ivy consists of three leaflets with notched edges. Two leaflets form a pair on opposite sides of the stalk, and the third leaflet stands by itself at the tip. Poison ivy is red in the early spring and turns shiny green later in the spring. Poison ivy grows throughout much of North America, including all states east of the Rocky Mountains. It is normally found in wooded areas, especially along edge areas where the tree line breaks and allows sunshine to filter through. It also grows in exposed rocky areas, open fields, and disturbed areas.

Poison oak can be present as a sparsely-branched shrub. Poison oak can grow anywhere in the United States with the exception of Hawaii, Alaska, and some southwest areas that have desert climates. Poison oak is similar to poison ivy in that it has the same leaflet configuration; however, the leaves have slightly deeper notches.

Poison sumac can be present in the form of a flat-topped shrub or tree. It has fern-like leaves, which are velvety dark green on top and pale underneath. The branches of immature trees have a velvety “down.” Poison sumac has white, “hairy” berry clusters. Poison sumac grows exclusively in very wet or flooded soils, usually in swamps and peat bogs, in the eastern United States.



Poison Ivy



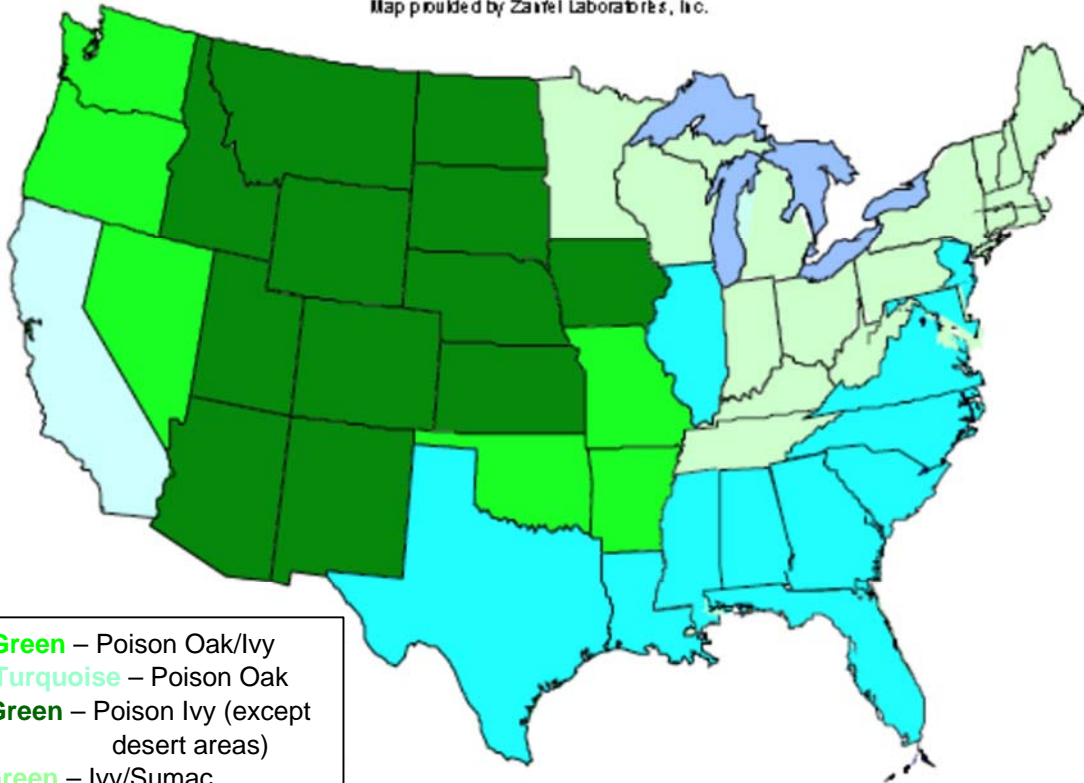
Poison Oak



Poison Sumac

U.S. Prevalence of Poison Ivy, Oak & Sumac

Map provided by Zante Laboratories, Inc.



Lime Green – Poison Oak/Ivy
Light Turquoise – Poison Oak
Dark Green – Poison Ivy (except desert areas)
Pale Green – Ivy/Sumac
Turquoise – Ivy/Oak/Sumac

Source: United States Department of Agriculture Plant Database, <http://plants.usda.gov/>

To prevent exposure to these poisonous plants:

- Wear proper PPE, including long sleeves, long pants, boots, and gloves.
- Barrier skin creams, such as lotion containing bentoquatam (Tecnu®), may offer some protection prevent the occurrence of exposure symptoms.
- Contact with poison ivy, sumac, or oak may lead to a skin rash, characterized by reddened, itchy, blistering skin which needs first aid treatment. Employees with known allergies should identify themselves to the SSO or Project Manager prior to starting field work as a precautionary measure. If you believe you have contacted one of these plants:
 - Immediately wash skin thoroughly with soap and water, taking care not to touch your face or other body parts.
 - Contact the People and Safety Team and Project Manager immediately after caring for affected skin.

- Wash exposed clothing separately in hot water with detergent.
- After use, clean tools, and soles of boots with rubbing alcohol or soap and lots of water. Urushiol can remain active on the surface of objects for up to 5 years.
- If a rash occurs, contact the People and Safety Team and complete and submit an Incident Report Form. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

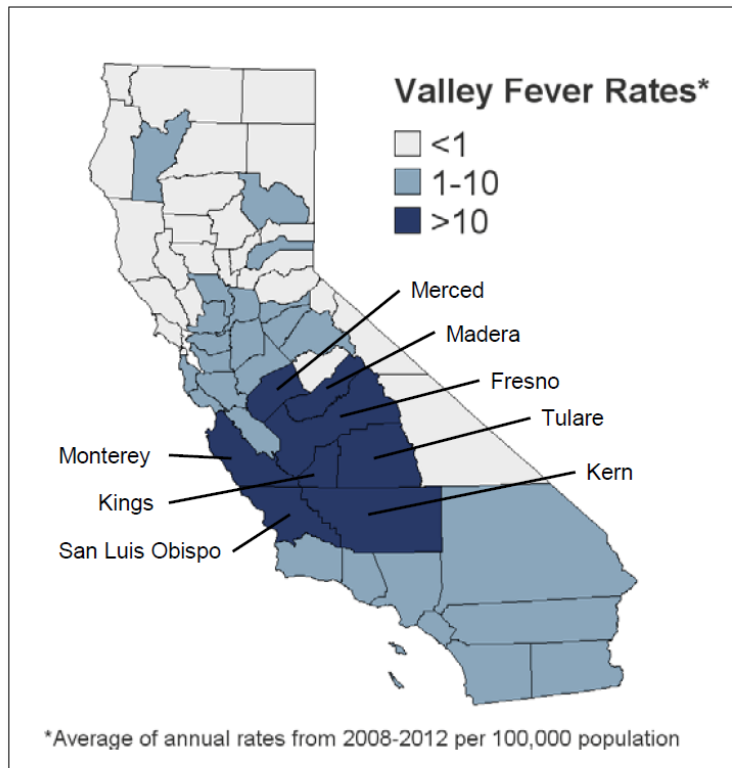
1.7 Sewage and Bacterial Impacted Sediments

Some project work may be conducted at sites that serve or have served as a combined sewer overflow and consequently may have received untreated sanitary sewage from numerous sources. Decomposed sewage can potentially be encountered within sites and their sediments. Sediments could contain soil and marine microorganisms, and bacterium associated with sewage. Many of these bacterium can cause illness through ingestion, direct contact, or the inhalation of a bio-aerosol possibly in the form of dust. Potential respiratory exposure to biological agents can also occur through the inhalation of aerosols produced during sediment handling activities. PPE as identified in the site-specific HASP will be worn to minimize potential exposures. Employees will follow the decontamination or disposal procedures identified in the HASP.

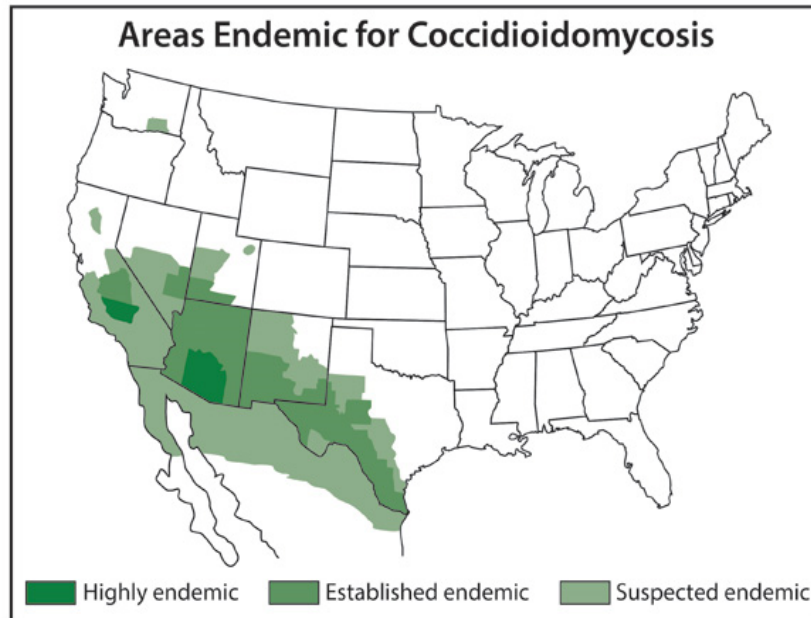
1.7.1 Fungal Spores in Soil – Valley Fever

Valley Fever is an illness that usually affects the lungs. It is caused by the fungus *Coccidioides immitis* that lives in the top 2 to 12 inches of soil in many parts of California. When fungal spores are present, any work activity that disturbs the soil, such as digging, grading, or other earth moving operations, or vehicle operation on dirt roads, can cause the spores to become airborne, therefore increasing the risk of Valley Fever. All employees on sites where the fungus is present, and who are exposed to dusty conditions and wind-blown dusts are at increased risk of becoming infected.

Valley Fever fungal spores are too small to be seen, and there is no reliable way to test the soil for spores before working in a particular place. Valley Fever can be found throughout the southwestern United States, parts of Mexico, and South America. Some California counties consistently have Valley Fever fungus present in the soil. In these regions Valley Fever is considered endemic. Health departments track the number of cases of Valley Fever illness that occur. This information is used to map illness rates as seen on the figures below from the Center of Disease Control Valley Fever Awareness website.



Rates of reported Valley Fever cases in California counties from 2008–2012. Darkest colored counties had the highest rates of Valley Fever.



When present, symptoms usually occur between 7 to 21 days after breathing in spores, and can include:

- Cough
- Fever
- Chest pain
- Headache
- Muscle aches
- Rash on upper trunk or extremities
- Joint pain in the knees or ankles
- Fatigue

Symptoms of Valley Fever can be mistaken for other diseases such as the flu (influenza) and TB (tuberculosis), so it is important for employees to obtain medical care for an accurate diagnosis and possible treatment.

While there is no vaccine to prevent Valley Fever, the following important steps must be taken in order to limit risk:

- Determine if the worksite is in an endemic area. Contact the local health department for more information about the risk in the county GEI is performing work that may disturb soils.
- Prepare work plans and work practices that reduce employee’s exposure, which may include:
 - Provide air conditioned cabs with properly maintained dust filters for vehicles that generate heavy dust and make sure employees keep windows and vents closed.
 - Suspend work during heavy winds.
- When exposure to dust is unavoidable, National Institute for Occupational Safety and Health (NIOSH)-approved respiratory protection with particulate filters rated as N95, N99, N100, P100, or High Efficiency Particulate Air (HEPA) must be provided. The Project Manager must work with the Safety Team to develop and implement a respiratory protection program in accordance with California’s Occupational Safety and Health Administration (Cal/OSHA’s) Respiratory Protection standard (8 CCR 5144) for the project.
- Take measures to reduce transporting spores offsite, such as:
 - Clean tools, equipment, PPE, and vehicles before transporting offsite.
 - If employee’s clothing is likely to be heavily contaminated with dust, provide coveralls and change rooms, and showers where possible.

1.8 Injury Reporting

If a GEI employee suffers an injury, bite, or sting on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Safety Officer.

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or Supervisor/Project Manager and submitted to the People & Safety Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification from a Branch or Office Manager, Human Resources, and/or the receipt of the Incident Report Form, the Regional Health & Safety Officer (RHSO) will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health and Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the potential for future injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.9 Limitations

Follow safety procedures as defined in the site-specific HASP. Appropriate PPE must be worn correctly to provide the intended level of protection.

1.10 References

<http://www.cdc.gov/ncidod/dvbid/westnile/index.htm>

http://www.cdc.gov/ncidod/dvbid/westnile/qa/insect_repellent.htm

<http://www.epa.gov/pesticides/health/mosquitoes/insectrp.htm>

<http://www.cdc.gov/niosh/topics/lyme/>

Protecting Yourself from Ticks and Mosquitoes, NIOSH Fast Facts, Publication No. 2010-119

<http://npic.orst.edu/pest/mosquito/ptc.html>

<http://www.cdc.gov/features/valley-fever-10-things/>

<https://www.cdph.ca.gov/HealthInfo/discond/Documents/VFGeneral.pdf>

<https://blog.epa.gov/blog/tag/mosquitoes/>

1.11 Attachments

None

1.12 Contact

Health&SafetyTeam@geiconsultants.com

1.13 Review History

- June 2016
- June 2014
- November 2013
- October 2010

STANDARD OPERATING PROCEDURES

SOP NO. HS-003 Container Management

1.1 Objective

This Standard Operating Procedure (SOP) has been developed to minimize the potential for injuries to GEI employees performing container and drum handling and sampling, through proper use of engineering and administrative controls, personal protective equipment (PPE), and education.

1.2 General

This SOP is intended for use by employees engaged in work with the management of containers that may contain hazardous substances or contaminated media. The site-specific health and safety plan (HASP) should include a hazard assessment and control methods to be implemented by GEI employees. These hazards should be reviewed in the project safety briefing and documented on the Project Safety Briefing form, found on the Safety page of the GEI intranet.

Hazardous substances and contaminated media will be handled, transported, labeled, and disposed of in accordance with this paragraph. Drums and containers will meet the appropriate United States Department of Transportation (DOT), Occupational Safety and Health Administration (OSHA), and Environmental Protection Agency (EPA) regulations for the wastes that they contain.

Site operations will be organized to minimize the amount of drum or container movement. Prior to movement of drums or containers, employees exposed to the transfer operation will be notified of the potential hazards associated with the contents of the drums or containers. Unlabeled drums and containers will be considered to contain hazardous substances and handled accordingly until the contents are positively identified and labeled.

Fire extinguishing equipment meeting the requirements of 29 CFR Part 1910, Subpart L, shall be on hand and ready for use to control incipient fires.

DOT specified salvage drums or containers and suitable quantities of proper absorbent will be kept available and used in areas where spills, leaks, or ruptures may occur. Where spills may occur, a spill containment program, which may be part of the HASP, will be implemented to contain and isolate the entire volume of the hazardous substance being transferred.

1.3 Opening Drums and Containers

The following procedures will be followed in areas where drums or containers are being opened:

- Employees not actually involved in opening drums or containers will be kept a safe distance from the drums or containers being opened.
- If employees must work near or adjacent to drums or containers being opened, a suitable shield that does not interfere with the work operation will be placed between the employee and the drums or containers being opened to protect the employee in case of accidental release.
- GEI employees will not handle or attempt to open bulging containers. Employees will not stand upon or work from drums or containers. GEI will contract with a hazardous waste company to handle, manage, and dispose of a bulging drum.

1.4 Material Handling Equipment

Several types of equipment can be used to move drums: (1) a drum grappler attached to a hydraulic excavator; (2) a small front-end loader, which can be either loaded manually or equipped with a bucket sling; (3) a rough terrain forklift; (4) a roller conveyor equipped with solid rollers; and (5) drum carts designed specifically for drum handling. GEI employees will not operate heavy equipment to move drums. This will be handled by an authorized subcontractor.

The following procedures can be used to maximize worker safety during drum handling and movement:

- Train personnel in proper lifting and moving techniques to prevent back injuries.
- Make sure the vehicle selected has sufficient rated load capacity to handle the anticipated loads, and make sure the vehicle can operate smoothly on the available road surface.
- Air condition the cabs of vehicles to increase operator efficiency; protect the operator with heavy splash shields.
- Supply operators with appropriate respiratory PPE when needed. Normally either a combination SCBA/SAR with the air tank fastened to the vehicle, or an airline respirator, and an escape SCBA are used because of the high potential hazards of drum handling. This improves operator efficiency and provides protection in case the operator must abandon the equipment.
- Have overpacks ready before any attempt is made to move drums.
- Before moving anything, determine the most appropriate sequence in which the various drums and other containers should be moved. For example, small

containers may have to be removed first to permit heavy equipment to enter and move the drums.

- Exercise extreme caution in handling drums that are not intact and tightly sealed.
- Ensure that operators have a clear view of the roadway when carrying drums. Where necessary, have ground workers available to guide the operator's motion.

1.5 Leaking, Open, and Deteriorated Drums

If a drum containing a liquid cannot be moved without rupture, immediately transfer its contents to a sound drum using a pump designed for transferring that liquid. Contract an approved vendor to immediately use an over pack container if the:

- Leaking drum contains sludge or semi-solids;
- Open drum contains liquid or solid waste;
- Deteriorated drum can be moved without rupture.

1.6 Radioactive Wastes

GEI does not routinely handle or manage radioactive waste. If required to do so for a project, procedures will be approved by the Corporate Health and Safety Officer (CHSO) and Regional Health and Safety Officer (RHSO).

1.7 Shock-Sensitive Wastes

GEI employees will not handle shock-sensitive waste. Shock-sensitive waste or chemicals may explode with friction, movement or heat. Some chemicals are shock-sensitive by nature-, others become shock-sensitive through drying, decomposition, or slow reactions with oxygen, nitrogen, or the container. Some chemicals that are, or can, become shock-sensitive will have that hazard noted in the safety data sheet (SDS).

- Drums and containers containing packaged laboratory wastes will be considered to contain shock-sensitive or explosive materials until they have been characterized. *Caution: Shipping of shock-sensitive wastes may be prohibited under U.S. Department of Transportation regulations. Shippers will refer to 49 CFR 173.21 and 173.50.*

1.8 Laboratory Waste Packs

It is unlikely that GEI employees work in an environment where laboratory waste packs are used. However if one is found, do not handle or open it. Complete the incident reporting form to identify finding the pack and then work with the Project Manager to find the appropriate means of disposal.

1.9 Sampling of Drum and Container Contents

Sampling of containers and drums will be done in accordance with a site-specific sampling plan that will be developed in conjunction with a site-specific HASP.

1.10 Staging Areas

Drums and containers will be identified and classified prior to packaging for shipment. Drum or container staging areas will be kept to a minimum number as approved by the client to safely identify and classify materials and prepare them for transport. Staging areas will be provided with adequate access and egress routes. Bulking of hazardous wastes will be permitted only after a thorough characterization of the materials has been completed and approved by the Client. GEI employees will not sign manifests unless a written authorization agreement is in place with the Client.

1.11 Shipment and Training

Shipment of materials to off-site treatment, storage, or disposal facilities involves the entry of waste hauling vehicles into the site. U.S. Department of Transportation (DOT) regulations (49 CFR Parts 171-178) and EPA regulations (40 CFR Part 263) for shipment of wastes must be complied with. Employees managing hazardous waste on behalf of a client must complete annual RCRA training and triannual DOT hazardous materials training. Training must be current and a manifest agreement with the client must be in place before employees can sign hazardous waste manifests on behalf of a client.

1.12 Tank and Vault Procedures

GEI employees do not routinely sample vaults and tanks. Entry procedures will be coordinated and approved by the CHSO and RHSO.

1.13 Injury Reporting

If a GEI employee suffers an injury on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Health & Safety Officer (RHSO).

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or Supervisor/Project Manager and submitted to the People & Safety Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification from a Branch or Office Manager, Human Resources, and/or the receipt of the Incident Report Form, the RHSO will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health & Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the

potential for future injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.14 Limitations

Follow safety procedures as defined in the site-specific HASP. Appropriate PPE must be worn correctly to provide the intended level of protection and appropriate training must be current

1.15 References

OSHA 1910.120 Hazardous Waste Operations and Emergency Response (j) Handling of Drums and Containers

1.16 Attachment

None.

1.17 Contact

Health&SafetyTeam@geiconsultants.com

1.18 Review History

- June 2016
- May 2014
- November 2013
- October 2011
- Initial Version Date Unknown

STANDARD OPERATING PROCEDURE

HS-004 Driver Safety

1.1 Objective

GEI has implemented a Safe Driving Program to encourage safe driving habits and promote the ongoing safety of our staff and the communities where we work. For more information, refer to the Operation of Vehicles section of GEI's Employee Handbook.

This Standard Operating Procedure (SOP) provides requirements and recommendations to minimize the potential risks while operating or riding in a motor vehicle.

1.2 General

GEI employees will adhere to the following requirements when operating a vehicle while conducting business on behalf of GEI. These requirements apply to GEI-owned, rental, and personal vehicles used to conduct GEI business:

- Employees must maintain a valid and current driver's license.
- Employees using a personal vehicle for work-related travel must have proper insurance coverage that meets the requirements in the state in which they reside.
- Employees must wear their safety belt while in a moving vehicle.
- Vehicle incidents will be reported in accordance with GEI's Incident Reporting procedures (*refer to* GEI's Safety App for smart phones or the Safety page on the GEI intranet.).
- Vehicles will be properly maintained and safely operated (*refer to* GEI's Fleet Maintenance Program).
- Employees will follow safe driving behaviors, which include limiting distractions such as manipulating radios or other equipment that may cause a distraction. Employees should not exceed the posted speed limit and should maintain a safe distance between other vehicles.
- When parking a vehicle at a job site, the employee should position the vehicle in a manner which reduces or eliminates the need to operate the vehicle in reverse. It is recommended, a safety cone should be placed at the rear of the vehicle after parking the vehicle and be removed prior to moving the vehicle. This precautionary measure makes the employee aware of other vehicles, equipment, and structures within the backup radius of the vehicle.

When driving an unfamiliar vehicle (rental or GEI-owned), it is the driver's responsibility to orient themselves to the vehicle by:

- Walking around the vehicle to observe the condition of the vehicle and hazards that could be within the travel path.
- Becoming familiar with the size of the vehicle.
- Note if the vehicle has anti-lock braking system (ABS¹).
- Adjusting mirrors (rear and side).
- Adjust seats to be situated as far back as safely practical, away from the air bag, located in the steering wheel.
- Becoming familiar with dashboard, center console, and steering controls.
- Locating the turn signals, windshield wipers, lights, emergency flashers, and the heating, air conditioning, and defrost controls.

1.3 Driving Defensively

Driving defensively means not only taking responsibility for oneself and actions but also keeping an eye on “the other guy.” Good defensive drivers may be able to anticipate what the other driver will do next. GEI recommends the following guidelines to help reduce risks while driving:

- Do not start the vehicle until each passenger and any belongings are secured in the vehicle.
- Remember that driving above or below the speed limit can increase the likelihood of a collision.
- Be aware of impaired drivers; if a car is straddling the center line, weaving, making wide turns, stopping abruptly, or responding slowly to traffic signals, the driver may be impaired or using a cellular telephone. Avoid an impaired driver by turning right at the nearest corner or exiting at the nearest exit.
 - If it appears that an oncoming car is crossing into your lane, pull over to the roadside, sound the horn, and flash the headlights.
 - If an unsafe or suspicious driver is observed, notify the police.
- Follow the rules of the road. Do not contest the “right of way” or try to race another car during a merge. Always be respectful of other motorists.

¹ ABS is a mechanism that allows the wheels on a vehicle to maintain contact with the surface of the road, based on inputs from the driver (braking), to prevent the wheels from locking up (ceasing rotation) and to avoid an uncontrolled skid.

- Allow large vehicles, including tractor trailers, extra breaking distance, turning radius, and avoid traveling in the other driver's blind spots.
- Do not follow too closely. GEI employees should use a minimum of "3-second following distance."
- While driving, be cautious, aware, and responsible.
- Use extra caution, observe road signs, and reduce speed in construction areas and school zones.
- Always be aware of pedestrians, bicyclists, and motorcyclists.

1.4 Cellular Phone Use and Other Distractions

Refer to the *Portable Communication Device Use While Driving* section of the GEI Employee Handbook for GEI's policy on the use of cellular telephones while operating a vehicle.

1.5 Drugs and Alcohol

The use of illegal drugs or alcohol is prohibited when driving a vehicle on GEI business. Be aware of the side effects of prescription and over-the-counter medications which can impair an employee's ability to drive.

1.6 Adverse Driving Conditions

When operating a vehicle, its possible adverse driving conditions may be encountered. Below is a list of possible conditions and how they can be mitigated.

1.6.1 Driving at Night

Vision maybe limited at night due to impairment of the driver's depth perception, color recognition, and peripheral vision. Another factor adding danger to night or early morning driving is fatigue. Drowsiness makes driving more difficult by dulling concentration and slowing reaction time. Effective measures to minimize these hazards by preparing the car and following guidelines:

- Check the headlights to ensure they are properly aimed. If you notice the headlights are not properly aimed, report it to the Branch Manager, or if applicable the rental car agent. Misaimed headlights blind other drivers and reduce the driver's ability to see the road.
- In addition to the known hazards of consuming alcohol prior to driving, night driving can potentially be affected because the recovery rate of glare from headlights is prolonged. Thus reducing your ability to see.

- Smoking in GEI vehicles and rentals is not permitted. When driving a personal vehicle for business, avoid smoking while driving. Nicotine and carbon monoxide may hamper night vision.
- Observe driving safety as soon as the sun goes down. Twilight is one of the most difficult times to drive, because the eyes' pupils are constantly changing to adapt to the growing darkness. Always use headlights at dusk and at dawn; lights will not help the driver see better in early twilight, but they will make it easier for other drivers to see your car. Drive at a speed that allows you to see the road that is within the headlights span. Driving in a manner that prevents you from seeing hazards as they are illuminated is known as overdriving the headlights; it may be necessary for the driver to reduce speed to be prepared to brake within the illuminated area of the headlights.
- If an oncoming vehicle does not lower beams from high to low, avoid glare by watching the right edge of the road and using it as a steering guide.
- The driver should make frequent stops for light snacks and exercise. If the driver is too tired to drive, stop in a safe area and get some rest.

1.6.2 Snow/Freezing Conditions

When snow and ice are present, be prepared by following these winter driving safety tips.

1.6.2.1 Prepare the Vehicle Before a Snowstorm

- Check under the hood and take a look at the vehicles cooling system. Make sure the vehicle contains adequate antifreeze and the hoses are in good condition.
- Test heaters and defrosters ahead of time to make sure they are in good working condition.
- Test the windshield wipers and check the condition of the wiper blades. If wipers leave streaks on the windshields, replace the blades at the next possible opportunity. Keep the receipt to expense the cost with GEI or with the car rental company.
- It is recommended that a windshield washer/antifreeze solution is used during winter conditions.
- Check the lights on the vehicle and periodically clear them of snow and dirt.
- Vehicle batteries need extra power in cold conditions. Make sure the battery's terminals are clean and cables are secure.
- Determine if the vehicle has a anti-lock brake (ABS) system.
- Keep the gas tank at least half-full in the winter to help avoid gas line freeze up.

1.6.2.2 Driving During and After a Snowstorm

- Wear sunglasses to aid in limiting reflection from snow.
- Be aware of blind spots created by snow banks.
- Be extra cautious of pedestrians and other vehicles in intersections.
- Allow extra time for braking and increase the distance between your car and the car immediately in front of the car.
- Reduce speed and do not exceed the posted limit.
- If the tires starts to lose traction, remove the foot off the gas and gradually reduce speed. Accelerate slowly once traction is regained.
- If the vehicle starts to skid, and does not have anti-lock brakes, steer into the skid. This will bring the back end of the car in line with the front. Avoid using the brakes. If the vehicle does have anti-lock brakes, firmly brake as you steer into the skid.

1.6.3 Driving In the Rain

To prevent losing control of the car on wet pavement, take these preventive measures.

- Prevent skids by driving slowly and carefully, especially on curves.
- Steer and brake with a light touch.
- When necessary to stop or slow, do not brake hard or lock the wheels.
- Maintain mild pressure on the brake pedal.

Skidding

If the car begins to skid, ease the foot off the gas, and carefully steer the car in the direction you want the front of the car to go. For cars without anti-lock brakes, avoid using the brakes. This procedure, known as “steering into the skid,” will bring the back end of the car in line with the front. If the car has anti-lock brake systems (ABS), brake firmly as you steer into the skid.

Hydroplaning

Hydroplaning happens when the water in front of the tires builds up faster than the car’s weight can push it out of the way. The water pressure causes the car to lose contact with the road surface and slide on a thin layer of water between the tires and the road. At this point, the car can be completely out of contact with the road, making it possible for the driver to skid or drift out of the lane, or even off the road.

To avoid hydroplaning, keep the tires properly inflated and maintain good tread on the tires. If tires need to be replaced on a company vehicle, notify the branch manager or their designee. Slow down when roads are wet, and stay away from puddles. Try to drive in the tire tracks left by the cars in front of the vehicle. If the car begins to hydroplane, do not brake or turn suddenly. This could throw the car into a skid. Ease the foot off the gas until the car slows; accelerate slowly once traction is regained. If braking is needed, do so gently with light pumping actions. If the car has ABS, brake normally; the car's computer will mimic a pumping action, as necessary.

If weather conditions worsen to the point where the driver is not comfortable driving, pull the vehicle over to a safe location until conditions improve. Do not drive during severe weather conditions. Do not attempt to drive on roads with standing water or that have been flooded. Find an alternate route if these conditions exist.

1.6.4 Off Road

If operation of a vehicle is required off public or private roads or in situations where four-wheel-drive vehicles are required, the appropriate vehicle for the situation will be used.

Be sure any gear or equipment is secured inside the vehicle so it doesn't bounce around while the vehicle is off-road.

- Know the underside of the vehicle. Look under the vehicle and learn where the lowest-hanging parts are located so they are not damaged.
- Scout tricky terrain on foot. Don't hesitate to get out of the vehicle to examine, up close, the terrain and soil conditions. And be sure to scout out what's on the other side of a hill ahead of time so there are no surprises.
- Drive cautiously. Drive, "as slow as possible, as fast as necessary." Remember to use the gears to efficiently manage engine power, braking, and torque.
- Create a mental picture. Look ahead and visualize the paths to the vehicle will travel. Follow those paths.
- Drive straight up and down hills. Avoid diagonal lines that put the vehicle in a situation where it might roll.

1.7 Driver Training

GEI employees are required to complete driver safety training every 3 years. This training is managed by the People Team and will be assigned through GEI's e-learning provider.

1.8 Injury Reporting

GEI employees will report incidents involving GEI personnel or subcontractor personnel, such as: lost time injuries, injuries requiring medical attention, near miss incidents, fires, fatalities, accidents involving the public, chemical spills, vehicle accidents, and property damage. The following steps must be followed when an incident occurs:

1. In life-threatening situations, immediately call 9-1-1.
2. Stop work activity to address any injury, illness, property damage, spill or other emergency.
3. **Immediately** report any incidents to your Supervisor/Project Manager and Regional Health & Safety Officer.
4. If your injury or illness is not life-threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional.
5. Complete an Incident Report Form **immediately** after addressing the incident. Report forms are available on GEI's Safety App (for smart phones) and on the Safety page on the GEI intranet.

For vehicle accidents involving another vehicle or damage to property, the employee will take pictures of each vehicle or property involved in the incident and obtain a police report. In some municipalities police will not be dispatched to a non-injury accident, but every effort needs to be made to try and obtain the report.

1.8.1 Injury Triage Service

If a GEI employee experiences a work-related injury that is not life-threatening, the employee will initiate a call to Medcor Triage at 1-800-775-5866. The injured employee will detail any medical symptoms or complaints which will be evaluated by a Registered Nurse (RN) specially trained to perform telephonic triage. The RN will recommend first aid self-treatment or refer the injured employee for an off-site medical evaluation by a health professional at a clinic within GEI's workers compensation provider network. GEI employees are still required to follow our Accident Reporting procedures as listed above.

1.9 Limitations

Follow safety procedures as defined in the site-specific HASP.

1.10 References

National Safety Council
Oklahoma Safety Council
GEI Consultants, Inc. Employee Handbook

1.11 Attachments

None

1.12 Contact

SafetyTeam@geiconsultants.com

1.13 Review History

- December 2017
- November 2016
- May 2014
- November 2013
- January 2011

STANDARD OPERATING PROCEDURES

SOP No. HS-008a Non-Powered Hand Tools

1.1 Objective

This Standard Operating Procedure (SOP) is intended for use by employees working with non-powered hand tools. The site-specific health and safety plan (HASP) should include a hazard assessment for the project that identifies the hazards associated with the non-powered hand tools that will be used. These hazards should be reviewed during the project safety briefing and documented on the Project Safety Briefing form, found on the Safety page of the GEI intranet.

1.2 General

Misuse of hand tools accounts for the majority of accidents and injuries involving hand tools. Only use a tool for the task which it was designed for. If the right tool isn't available contact the Project Manager and discuss what is needed. Improper maintenance is another leading cause of injuries. Employees using hand tools may be exposed to a number of other potentially serious hazards: falling objects (i.e., objects can fall as a result of contact with tools or objects which are abrasive or splash), harmful dust, fumes mists, vapors, and gases, as well as contact with electrical power sources.

1.2.1 Condition of Tools

All hand tools, whether furnished by GEI or the employee, will be maintained in safe working condition. All hand tools must be inspected before use. Never use a tool if its handle has splinters, burrs, cracks, splits or if the head of the tool is loose. Never use impact tools such as hammers, chisels, punches or steel stakes having mushroomed (flattened) heads. Tag worn, damaged or defective tools "Out of Service" and do not use them; notify your Branch Manager or Project Manager so that the tool can be replaced or repaired. If the tools cannot be repaired they will be disposed of properly. GEI does not issue or permit the use of unsafe hand tools.

1.2.2 Personal Protective Equipment

Employees using hand tools will be provided with the personal protective equipment (PPE) necessary to protect them from the hazard of the tool as well as the associated hazards with using the tool. (i.e., projectile debris, dust, etc.). All employees will wear work gloves, steel toe or composite toe boots, and safety glasses at a minimum. In addition, face shields and hearing protection may be required. Most hand injuries can be avoided with the proper use of PPE. PPE must be maintained in good condition, kept clean and properly stored when not in use. More information regarding PPE is located in Section 6 of GEI's Corporate Health and Safety Program.

1.2.3 General Safe Practices

Never wear sandals, open-toed or canvas shoes when working with tools. Always tie back long hair. Avoid loose-fitting clothes which might become entangled in a tool. Always remove rings and other jewelry. Make sure your grip and footing are secure when using large tools. Never carry tools up ladders; use a tool belt, hoist, or a rope. Use extra caution when using tools at heights – a falling tool could kill a co-worker. Always pass a tool to another person by the handle – never toss it to them. Never use a tool with hands are wet, oily, or greasy. Select ergonomically-designed tools for work tasks when movements are repetitive and forceful. Always make sure observers are at a safe distance. Always secure work with a vice, clamp, or other support.

1.3 Non-Power Hand Tools

Non-powered hand tools include anything from axes to wrenches. Even though the tool is powered by human inertia, injuries from improper use of non-powered hand tools often involve severe disabilities.

1.3.1 Knives

Only use a knife with a sharpened blade. Pull the knife through the object and away from your body; pulling motions are easier to manage. Never use a knife if its handle has splinters, burrs, cracks, splits or if the blade is loose. Knives should never be used as screwdrivers, pry bars, or can openers. Never pick up knives by their blades. Always carry knives with their tips/points toward the floor. Never carry knives, scissors, or other sharp tools in pockets. Never attempt to catch a falling knife. When not in use, knives should be stored in sheaths. Box cutters will be self-retracting.

1.3.2 Wrenches

Never use wrenches that are bent, cracked, badly chipped, or having loose or broken handles. Discard any wrench with spread or battered jaws; if the handle is bent; or if a wrench has broken or battered points and notify your Branch Manager so that a replacement can be made. Never slip a pipe over a single head wrench handle to increase leverage. Never use a shim to make a wrench fit. Pull on a wrench using a slow, steady motion. Do not use push force on a wrench; you could lose your balance if the wrench slips.

1.3.3 Screwdrivers

Always match the size and type of screwdriver blade to fit the head of the screw. Do not hold the work piece against your body while using a screwdriver. Never put your fingers near the tip of a screwdriver when tightening a screw. Never use a screwdriver to make a starting hole for screws. Never use a screwdriver as a chisel, pry bar, or nail puller. When performing electrical work, always use an insulated screwdriver. Never use a screwdriver to test the charge of a battery.

1.3.4 Hammers

Never use a hammer if your hands are oily, greasy or wet. Always check behind you before swinging a hammer. Use a claw hammer for pulling nails. Never strike nails or other objects with the “cheek” of the hammer. Do not strike a hardened steel surface, such as a cold chisel, with a claw hammer. Never strike one hammer against another hammer. Never use a hammer as a wedge or a pry bar.

1.3.5 Pliers

Never use pliers which are cracked, broken, or sprung. Never use pliers as a wrench or a hammer. Do not attempt to force pliers by using a hammer on them. Never slip a pipe over the handles of pliers to increase leverage. When performing electrical work, always use insulated pliers. When using diagonal cutting pliers, shield loose pieces of cut material from flying into the air by using a cloth or your gloved hand.

1.3.6 Snips

Never use snips as a hammer, screwdriver, or pry bar. Always wear safety glasses or safety goggles when using snips to cut materials. Always wear work gloves when cutting materials with snips. Keep the blade aligned by tightening the nut and bolt of the snips. Never use straight cut snips to cut curves. Always use the locking clip on the snips when you have finished using them. Never leave or store snips in the open position.

1.3.7 Hand Saws

Always keep handsaws sharp and free of rust to prevent them from binding or jumping. Never carry a saw by the blade. Always hold the work piece firmly against a work table. Keep control of saws by releasing downward pressure at the end of the stroke. Never use an adjustable blade saw such as a hacksaw, coping saw, keyhole saw, or bow saw, if the blade is not taut. Oil saw blades after each use. Never force the saw through the cut as this may cause the saw to buckle or fly out of the groove and cause injury.

1.3.8 Chisels

Only use sharpened chisels. Never use chisels having mushroomed (flattened) striking heads. Whenever possible, hold a chisel by using a tool holder. Clamp small work pieces in a vise and chip towards the stationary jaw of the vise. Chip or cut away from yourself and keep both hands in back of the cutting edge. Always wear safety glasses or a face shield.

1.3.9 Vise and Clamps

Never use a vise having worn or broken jaw inserts, or having cracks or fractures in the body of the vise. Position the work piece in the vise so the entire face of the jaw supports the work piece. When clamping a long work piece in a vise, support the far end of the work piece by using an adjustable pipe stand or saw horse. Never slip a pipe over the handle of a vise to increase leverage. Never use a C-clamp for hoisting materials. Never use a C-clamp as a permanent fastening device.

1.3.10 Jacks

A manufacturer's rated capacity must be clearly marked on all jacks and all jacks must have a stop indicator. When using a jack, never exceed the capacity of the stop indicator. Jacks should be lubricated and inspected regularly. When setting up a jack, ensure the base is centered on a firm, level surface. The jack head should also be placed against a level surface. Lift force should be applied evenly. Put a block under the base of the jack when the foundation is not firm. If it seems likely the cap could slip, place a block between the jack cap and load. Immediately block the load after it is lifted.

1.4 Injury Reporting

If a GEI employee suffers an injury on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Safety Officer.

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or supervisor/project manager and submitted to the People & Safety Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification from a Branch or Office Manager, Human Resources, and/or the receipt of the Incident Report Form, the Regional Health & Safety Officer (RHSO) will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health & Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the potential for future injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.5 Limitations

Follow safety procedures as defined in the site-specific HASP or in the manufacturer's specifications. Appropriate PPE must be worn correctly to provide the intended level of protection. If a hand tool is being used that is not identified in this SOP consult the manufacturer's literature and contact the Safety Team so we can include the information in a future version of this SOP.

1.6 References

OSHA Standards for the Construction Industry, Subpart I
Risk Analytics, LLC Hand Tools Training, 2006

1.7 Attachments

None

1.8 Contact

Health&SafetyTeam@geiconsultants.com

1.9 Review History

- July 2016
- May 2014
- August 2011
- October 2010
- One revision date unable to be found

STANDARD OPERATING PROCEDURES

SOP NO. HS-009 Hazardous Substances Exposure Management

1.1 Objective

This Standard Operating Procedure (SOP) is intended to outline the steps GEI employees will take to identify potential hazards associated with exposure to hazardous substances, the risks associated with these hazards, and the proper controls to use to minimize exposure. The site-specific health and safety plan (HASP) should include a hazard assessment for the project that identifies the potential of encountering a hazardous substance and the control methods to be implemented by GEI employees. These hazards should be reviewed in the project safety briefing and documented on the Project Safety Briefing form, found on the Safety page of the GEI intranet.

1.2 General

A hazardous substance is any substance that has one or more of the following intrinsic properties:

- Explosiveness
- Flammability
- Ability to oxidize
- Human toxicity (acute or chronic)
- Corrosiveness (to human tissue or metal)
- Ecotoxicity (with or without bioaccumulation)
- Capacity, on contact with air or water, to develop one or more of the above properties

1.3 Hazard Identification

An initial identification of hazards should be done based on a review of available documents including lists of chemicals used on site, analytical data from soil, surface water, groundwater, air, spill history, site history, equipment on site, maps, photos, and a preliminary survey.

Once hazardous substances are identified the regulated exposure limits need to be identified. Each substance may have a state/federal exposure value for each of the following (if applicable):

Action Level – An airborne level, typically one-half of the permissible exposure limit (PEL) designated in Occupational Safety and Health Administration's (OSHA's) substance-specific standards, 29 CFR 1910, Subpart Z, calculated as an

8-hour time weighted average, which initiates certain required activities such as exposure monitoring and medical surveillance.

Ceiling Limit – The exposure limit a worker’s exposure may never exceed.

Sampling and Analytical Error – A statistical estimate of the uncertainty associated with a given exposure measurement.

Short-Term Exposure Limit (STEL) – The average exposure to a contaminant to which a worker may be exposed during a short time period (typically 15-30 minutes).

Time Weighted Average (TWA) – The average exposure to a contaminant over a given period of time, typically 8 hours.

1.4 Risk Identification

Once the presence and concentrations of specific hazardous substances and health hazards have been established, the risks associated with these substances will be identified. GEI employees and GEI subcontractors who will be working on the site will be informed of risks that have been identified.

Risks to consider include, but are not limited to:

- Potential exposures exceeding the permissible exposure limits and published exposure levels
- Potential Immediately Dangerous to Life and Health (IDLH) concentrations
- Potential skin absorption and irritation sources
- Potential eye irritation sources
- Potential hazardous atmospheres, including oxygen deficiency and fire and explosion hazards

1.5 Engineering Controls, Work Practices, and Personal Protective Equipment for Employee Protection

Engineering controls, work practices, and personnel protective equipment (PPE) for substances regulated in OSHA Subpart G (Occupational Health and Environmental Control) and Subpart Z (Toxic and Hazardous Substances) will be implemented in to protect employees from exposure to hazardous substances and safety and health hazards.

1.5.1 Elimination/Substitution

The first control method should be to try and eliminate or substitute the hazards with a safer alternative. This is the most effective solution as shown is Figure 1 below. If you can remove the hazard than you no longer need to find a way to protect the employee

from it. Or you can substitute a different piece of equipment or chemical to use that doesn't pose the same hazard and doesn't create a new one.

1.5.2 Engineering Controls

Engineering controls implement physical change to the workplace, which eliminates/reduces the hazard on the job/task. Examples include:

- Change the process to minimize contact with hazardous chemicals
- Isolate or enclose the process
- Use of wet methods to reduce generation of dusts or other particulates
- General dilution ventilation
- Use of fume hoods

1.5.3 Administrative Controls (Work Practices)

Administrative controls establish efficient processes or procedures to help protect the employee. Examples of these are:

- Rotate job assignments
- Adjust work schedules so that workers are not overexposed to a hazardous chemical

1.5.4 Personal Protective Equipment

The use of PPE to reduce exposure to risk factors is the last line of defense. All other options should be exhausted before use of PPE. Examples of PPE are:

- Chemical protective clothing
- Respiratory protection
- Gloves
- Eye or hearing protection
- Steel toe boots

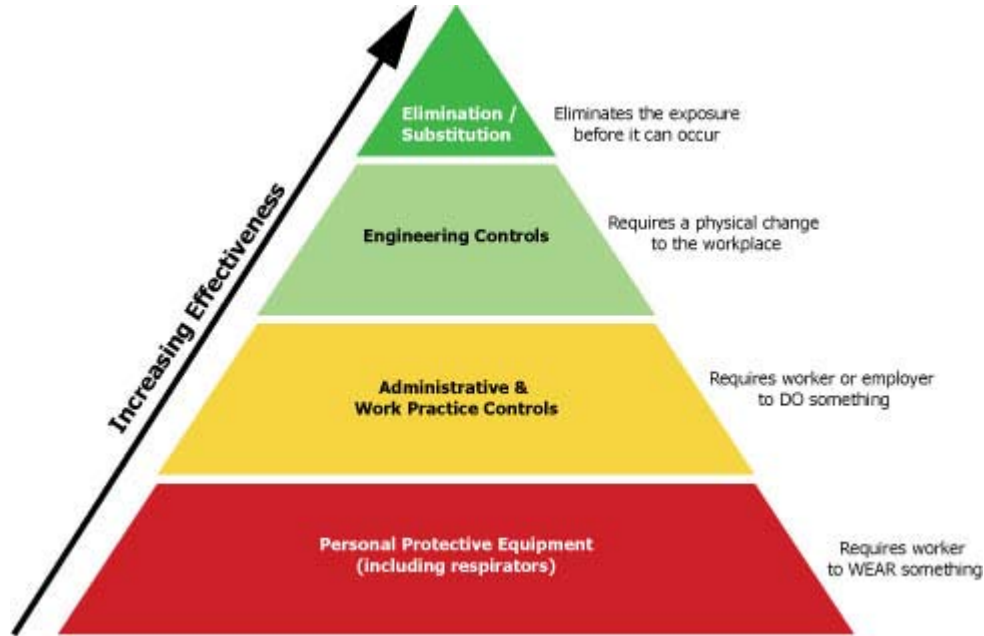


Figure 1: Hazard Mitigation Effectiveness Pyramid

1.5.5 Engineering Controls, Work Practices, and PPE for Substances Regulated in Subparts G and Subpart Z

Engineering controls and work practices will be instituted to reduce and maintain employee exposure at or below the PELs for substances regulated by 29 CFR Part 1910.

Engineering controls that may be feasible include the use of pressurized cabs or control booths on equipment, and/or the use of remotely operated material handling equipment. Work practices may include removing non-essential employees from potential exposure during opening of drums, wetting down dusty operations, and positioning employees upwind of potential hazards.

If engineering controls and work practices are not feasible, or not required, a reasonable combination of engineering controls, work practices, and PPE will be used to reduce and maintain at or below the PELs or dose limits for substances regulated by 29 CFR Part 1910, Subpart Z.

GEI will not implement a schedule of employee rotation as a means of compliance with PELs or dose limits except when there is no other feasible way of complying with the airborne or dermal dose limits for ionizing radiation.

The provisions of 29 CFR, subpart G, will be followed.

1.5.6 Engineering Controls, Work Practices, and Personal Protective Equipment for Substances Not Regulated in Subparts G and Subparts Z

An appropriate combination of engineering controls, work practices, and PPE will be used to reduce and maintain employee exposure to or below published exposure levels for hazardous substances and health hazards not regulated by 29 CFR Part 1910, Subparts G and Subparts Z. GEI will use published literature and Safety Data Sheets (SDS) as a guide in making the determination of what level of protection is appropriate for hazardous substances and health hazards for which there is no permissible exposure limit or published exposure limit.

1.5.7 Decontamination Procedures

Decontamination procedures will be developed, communicated to employees, and implemented before employees or equipment enter areas on site where potential for exposure to hazardous substances exists. Procedures will be developed to minimize employee contact with hazardous substances or with equipment that has contacted hazardous substances.

GEI employees leaving a contaminated area will be properly decontaminated; contaminated clothing and equipment leaving a contaminated area will be properly disposed of or decontaminated.

Decontamination procedures will be monitored by the site safety officer (SSO) to determine their effectiveness. When such procedures are found to be ineffective, the site safety officer will contact the Corporate Health and Safety Officer and appropriate steps will be taken to correct deficiencies.

Location

Decontamination will be performed in areas that will minimize the exposure to employees, equipment, and the environment.

Equipment and Solvents

Equipment and solvents used for decontamination will be decontaminated or disposed of properly.

Personal Protective Clothing and Equipment

Protective clothing and equipment will be decontaminated, cleaned, laundered, maintained, or replaced as needed to maintain their effectiveness.

Employees whose clothing comes in contact with hazardous substances will immediately remove that clothing and follow the directions on packaging or SDS sheet for how to properly clean the exposed area. The clothing will be disposed of or decontaminated before it is removed from the work zone.

Commercial Laundries or Cleaning Establishments

Commercial laundries or cleaning establishments that decontaminate protective clothing or equipment will be informed of the potentially harmful effects of exposures to hazardous substances.

Showers and Changing Rooms

Where the decontamination procedure indicates a need for regular showers and change rooms outside of a contaminated area, these will be provided and meet the requirements of 29 CFR 1910.141 (Sanitation). If temperature conditions prevent the effective use of water, then other effective means for cleansing will be provided and used.

1.6 Injury Reporting

If a GEI employee suffers an injury on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Health and Safety Officer.

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or Supervisor/Project Manager and submitted to the People & Safety Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification from a Branch or Office Manager, Human Resources, and/or the receipt of the Incident Report Form, the Regional Health & Safety Officer (RHSO) will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health and Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the potential for future injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.7 Limitations

None

1.8 References

OSHA 1910.120 Hazardous Waste Operations and Emergency Response

OSHA 1910 Subpart G Occupational Health and Environment Control

OSHA 1910 Subpart Z Toxic and Hazardous Substances

OSHA 1910.141 General Environmental Controls – Sanitation

<http://www.business.govt.nz/worksafe/information-guidance/legal-framework/hsno-act-1996/defining-hazardous-substances/> (Viewed 7/8/2016)

<https://www.osha.gov/SLTC/hazardoustoxicsubstances/> (Viewed 7/8/2016)

<https://www.osha.gov/SLTC/hazardoustoxicsubstances/control.html> (Viewed 7/11/2016)

1.9 Attachments

None

1.10 Contact

Health&SafetyTeam@geiconsultants.com

1.11 Review History

- July 2016
- May 2014
- November 2013
- August 2011 known as Hazard Identification and Management
- February 2011 known as HS-008 Contaminant Properties

STANDARD OPERATING PROCEDURES

SOP No. HS-010 Inclement Weather

1.1 Objective

This Standard Operating Procedure (SOP) is intended for use by employees engaged in work with the potential to be affected by inclement weather. The site-specific health and safety plan (HASP) should include a hazard assessment for the project that identifies the potential for working in inclement weather and the control methods to be implemented by GEI employees. These hazards should be reviewed in the project safety briefing and documented on the Project Safety Briefing form, found on the Safety page of the GEI intranet.

1.2 General

Employees should be aware of local weather conditions and monitor advisories issued by the National Weather Service and other local reporting services. Depending on location and season, storms are capable of producing heavy rain, floods, extreme temperatures, high wind conditions, lightning, tornados, and/or snowfall.

1.2.1 Heavy Rain

If working or driving in a rain storm, use extreme caution. When driving, turn your low beam lights on when the rainfall becomes heavy. Employees should be aware of the following:

- Heavy rain decreases visibility, especially when driving.
- Surfaces and tools become slippery.
- If you are working in the rain and your clothes become wet there is a risk of hypothermia when exposed to winds, even in warm temperatures.
- If the storms are going to produce thunder and/or lightning, leave the work area immediately and move to a safe area.
- Use your best judgment to determine if the rainfall becomes too heavy to continue working safely.

1.2.2 Lightning

Lightning can strike as far as 10 miles from the area where it is raining. That's approximately the distance you can hear thunder. **If you can hear thunder, you are within striking distance. Seek safe shelter immediately.** This can be within a building or vehicle. Wait 30 minutes after the last clap of thunder or flash of lightning before going outside again.

1.2.3 Flooding

Flooding may occur as a result of heavy rain in a short period of time. Flooding can be particularly acute in canyon areas where dry creek beds can turn into raging rivers from rainfall in distant or higher elevation areas. Be aware of this and your surroundings and move to a safe place if you begin to see signs that flooding may occur. Signs of potential flooding include sudden appearance of water in dry creek beds, increased water flow in rivers or streams, or quick rise in water levels.

Do not attempt to drive through areas or streets that are flooded. Seek alternate routes. Be particularly cautious at night when flooded areas are difficult to see. Urban flooding can stop traffic; increase the potential for traffic accidents; and can trap people in vehicles.

1.2.4 Extreme Temperatures

Work activities may take place in extreme heat or cold. Be prepared if these conditions are anticipated. Have the appropriate personal protective equipment (PPE) available; exercise proper fluid intake; and take breaks to prevent heat and cold stress. For more information about these conditions see the heat stress and cold stress programs found in GEI's Health and Safety Program.

1.2.5 High Winds, Tropical Storms, and Tornadoes

High Winds can be extremely dangerous. Appropriate measures will be taken to secure equipment and loose items when working in windy conditions. The project manager should be contacted about the weather conditions and, if necessary, work should be postponed.

Tropical storms are described as storms with sustained winds ranging from 39 to 73 miles per hour (mph) and hurricanes produce sustained winds that exceed 74 mph. When winds approach 40 mph (gale force winds) twigs begin to break off of trees and vehicles will veer off of the road. When winds approach 40 mph or the GEI employee feels unsafe based on the activities being performed, stop work and seek shelter as soon as possible. Blowing or falling debris and overhanging limbs/signs can be a significant hazard. If possible, avoid driving in these conditions; 70 percent of injuries during hurricanes are a result of vehicle accidents. Note that tall or elevated equipment will have manufacturer's safe operating wind speeds defined that could be less than 40 mph. The operator's manual should be consulted prior to operation of the equipment.

A tornado is a violent, dangerous, rotating column of air that is in contact with both the surface of the earth and a cumulonimbus cloud or, in rare cases, the base of a cumulus cloud. The Fujita Scale is used to rate the intensity of a tornado by examining the damage caused by the tornado after it has passed over a man-made structure. Based on the Fujita Scale, or F-Scale, numbers begin at F0: 40-72 mph and go to F6: 319-379 mph (F6 is

generally theoretical). Nearly three-fourths of tornados are on the weak F0-F1 scale with just over two-thirds of deaths resulting from the violent F4-F5 tornados.

If a tornado is seen, stop work and seek shelter immediately. If a tornado siren is sounded move immediately to safety indoors and then move to a windowless interior space, basement, stairwell, or designated fall-out shelter. Windows should not be opened before an oncoming tornado. If there is no shelter available, seat belt yourself into your stationary vehicle or seek a depression or low spot on the land surface.

1.2.6 Snowfall and Ice Conditions

Working in the winter months may result in activities taking place during periods of snowfall or icy conditions. If you are working during or after snow has fallen, dress appropriately for the conditions. Snow and ice can cause working surfaces to become slippery. Clear snow and ice from work areas to prevent slip hazards. Use caution when performing snow or ice removal activities to prevent injuries. Driving in snowy and icy conditions is also hazardous. Reduce speed and use caution if you must drive in these conditions.

If the weather conditions deteriorate and you do not feel safe working in these conditions, stop work, move to a safe indoor location, and contact your project manager to let them know the weather, work conditions, and your location.

1.3 Injury Reporting

If a GEI employee suffers an injury on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Safety Officer.

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or Supervisor/Project Manager and submitted to the People & Safety Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification from a Branch or Office Manager, Human Resources, and/or the receipt of the Incident Report Form, the Regional Health & Safety Officer (RHSO) will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health and Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the potential for future injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.4 Limitations

Follow safety procedures as defined in the site-specific HASP. Appropriate PPE must be worn correctly to provide the intended level of protection. Protection in extreme weather conditions can best be accomplished if the conditions are anticipated and actions are taken. Monitor local weather conditions prior to starting work.

1.5 References

Center for Disease Control and Prevention – Natural Disasters and Severe Weather
<http://www.bt.cdc.gov/disasters/>

National Lightning Safety Institute

NOAA, National Weather Service

Office of Climate, Water, and Weather Services

1.6 Attachment

None

1.7 Contact

Safety Team

Health&SafetyTeam@geiconsultants.com

1.8 Review History

- Previous revision dates were not documented
- May 2014
- July 2016

STANDARD OPERATING PROCEDURES

SOP No. HS-012 Noise Exposures

1.1 Objective

This Standard Operating Procedure (SOP) is intended for use by employees engaged in work with elevation noise levels. The site-specific health and safety plan (HASP) should include a hazard assessment for the project that identifies the potential for work in loud environments and the control methods to be implemented by GEI employees. These hazards should be reviewed in the project safety briefing and documented on the Project Safety Briefing form, found on the Safety page of the GEI intranet.

1.2 General

Working in loud environments can cause hearing damage and loss if the proper protection is not in place. The following procedures describe methods to mitigate unhealthy noise levels and protect hearing.

1.3 Hazard Identification

If projects involve noise levels above OSHA regulations, employees should take steps to remove the noise exposure. Common sources of elevated noise levels are heavy equipment, power tools, pumps, and generators. GEI has an established Hearing Conservation Program located in the GEI Health and Safety Program.

1.4 Risk Identification

Hearing protection is required if noise levels in a work area are known to be above 85 decibels (dB), which can be measured with a noise meter. When decibel levels are not known, hearing protection is required if you need to raise your voice to talk to someone standing within a normal speaking distance from you.

1.5 Mitigation

There are three options that can be used to help mitigate a noise hazard:

- 1.) Remove the hazard by taking away the source of the noise.
- 2.) Remove the employee from the source of the noise.
- 3.) Provide the employee with appropriate personal protective equipment (PPE).

The first option for employee protection is to remove the hazard by taking away the source of the noise or using engineering controls to reduce the level.

If this cannot be accomplished, the next control measure is to remove the employee from the source. This can be done by moving the work area to a quieter location or distancing the employee from the noise source. For example, GEI employees do not need to be standing next to an operating drill rig or other heavy equipment. By distancing themselves from heavy equipment or other noise sources the need for hearing protection can be eliminated/reduced.

The final option, if the above two options aren't feasible, disposable ear plugs that are made available to GEI employees are to be used. Additional means of hearing protection will be provided, such as ear muffs, if the disposable ear plugs are not adequate.

When using hearing protection, employees will need to make a greater effort to be aware of the surroundings which may include moving equipment, traffic, and other site hazards.

1.6 Proper Use of Hearing Protection

DISPOSABLE EAR PLUG FITTING INSTRUCTIONS

Before fitting any ear plugs, make sure your hands are clean.
Foam ear plugs are disposable and not intended for reuse.

Hold the ear plug between your thumb and forefinger. Roll and compress the entire ear plug to a small, crease-free cylinder. While still rolling, use your other hand to reach over your head and pull up and back on your outer ear. This straightens the ear canal, making way for a snug fit.



Insert the ear plug and hold for 20 to 30 seconds. This allows the ear plug to expand and fill your ear canal.



Test the fit. In a noisy environment, and with earplugs inserted, cup both hands over your ears and release. You should not notice a significant difference in the noise level. If the noise seems to lessen when your hands are cupped over your ears, your ear plugs are not fitted properly. Carefully remove the earplugs (see instructions below) and refit following instructions, above.



Always remove ear plugs slowly, twisting them to break the seal. If you remove them too quickly, you could damage your ear drum.



REUSABLE EAR PLUG FITTING INSTRUCTIONS

Before fitting any ear plugs, make sure your hands are clean.

Reusable ear plugs should be inspected and cleaned often in soapy water. If they become hard, torn, or deformed they should be discarded and replaced.

Reach around your head and pull up and back on your outer ear. This straightens out the ear canal, making way for a snug fit. Hold the stem end of the ear plug and insert it well inside your ear canal until you feel it sealing and the fit is comfortable.



Test the fit. In a noisy environment, and with ear plugs inserted, cup both hands over your ears and release. You should not notice a significant difference in the noise level. If the noise seems to lessen when your hands are cupped over your ears, your ear plugs are not fitted properly. Carefully remove the ear plugs (see instructions below) and refit following instructions, above.



Always remove ear plugs slowly, twisting them to break the seal. If you remove them too quickly, you could damage your ear drum.



1.7 Injury Reporting

If a GEI employee suffers an injury on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Safety Officer.

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or Supervisor/Project Manager and submitted to the People & Safety

Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification from a Branch or Office Manager, People Team, and/or the receipt of the Incident Report Form, the Regional Health & Safety Officer (RHSO) will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health and Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the potential for future injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.8 Limitations

Follow safety procedures as defined in the site-specific HASP. Appropriate PPE must be worn correctly to provide the intended level of protection.

1.9 References

OHSA 29 CFR 1910.95 – Occupational Noise Exposure

OHSA 29 CFR 1926.101 – Hearing Protection

Texas American Safety Company (TASCO)

1.10 Attachments

None

1.11 Contact

Health&SafetyTeam@geiconsultants.com

1.12 Review History

- June 2016
- May 2014
- November 2013
- February 2011
- November 2010

STANDARD OPERATING PROCEDURE

SOP HS-014 Utility Mark-out

1.1 Objective

This Standard Operating Procedure (SOP) provides guidance for utility mark-out procedures related to drilling, excavation, or other sub-surface or intrusive activities to avoid injury to GEI employees or property damage. This SOP is applicable when GEI is responsible for its operation or our subcontractor's operation for utility mark-out. A utility mark out is when paint, flags or other markers are put in place to identify the location of an underground utility.

Clients or local agencies may have additional requirements or procedures to mark out of utilities. If local utility mark-out procedures differ from those described within this SOP, applicable state or municipal regulations should be followed.

1.2 General

This SOP is intended for use by employees engaged in work with sub-surface or intrusive activities. The site-specific health and safety plan (HASP) should include a hazard assessment for the project that identifies the potential for subsurface hazards and the control methods to be implemented by GEI employees. These hazards should be reviewed in the project safety briefing and documented on the Project Safety Briefing form, found on the Safety page of the GEI intranet.

1.2.1 Contractor/GEI Responsibilities

- The contractor or GEI employee will pinpoint each exploration area with white paint, flags, or stakes. personal protection equipment (PPE), including eye protection when using spray paint will be worn.
- Exploration locations should be marked-out with sample identification number(s) and type of sample (e.g., boring, test-pit, or monitoring well).
- The contractor compiles information about the work areas on a request form specified by the state utility mark-out program and submits it. Work area location maps can be sent to the utility mark-out program to clarify locations.
- The mark-out program customer service representative will provide a mark-out ticket number and a list of utilities notified upon receipt of the request information. This information will be recorded on the GEI documentation form in Appendix B and/or in other project documents.
- If known, the contractor or GEI employee will also notify non-member utility operators (e.g., apartment complexes, commercial complexes, railroads with communication cables, etc.).

1.2.2 Utility Mark Outs

- Utility companies or their sub-contractors will only mark-out, or clear, utilities under their responsibility. Generally, this means that they will only mark-out utilities within the public right-of-way up to private property boundaries. Information needed to determine the location of utilities on private properties will be requested from the property owner. This may include available property drawings or as-built figures. If this information is not available, additional non-intrusive surveys of the property may be required by a private utility locator to find underground utilities by using techniques such as ground penetrating radar (GPR).
- American Public Works Association (APWA) Uniform Color Code For Marking Underground Utility Lines are:
 1. **White** – Proposed Excavation
 2. **Pink** – Temporary Survey Markings
 3. **Red** – Electric Power Lines, Cables, Conduit and Lighting Cables
 4. **Yellow** – Gas, Oil, Steam, Petroleum, and Gaseous Material
 5. **Orange** – Communications, Alarm, Signal Lines, Cables or Conduit
 6. **Blue** – Water
 7. **Purple** – Radioactive Materials
 8. **Green** – Sanitary and Storm Sewers and Drain Lines

1.2.3 Utility Mark Out Review

- Before the intrusive work activities begin, the contractor or GEI employee will verify that each utility company has completed a utility location for the work area or the location has been cleared by a private locator and record this on the mark-out request information sheet.
- A visual survey of the project area will be done prior to the start of intrusive activities. This visual inspection will be done to identify signs, manholes, utility boxes, or other evidence of an underground utility is present and has been considered.
- The contractor or GEI employee can begin work on the scheduled work date and time if the utility operators have responded, taking care to find and preserve markings that have been made.
- Completed clearance documentation will be located on the excavation site during excavation activities and kept in project files.

1.2.4 Excavations

- When excavating near a buried utility, observe the approximate location around that utility.
- If exposing a utility, proper support and protection must be provided so that the utility will not be damaged.
- If the excavation work requires significant spans of the utility to be exposed, it is the contractor's responsibility to support the infrastructure (to prevent sagging or collapse) as needed. Contact the utility operator for support, guidance, or assistance.
- When the excavation is complete, provide proper backfill for utilities that have been exposed.
- Take care not to damage the conduit or protective coating of a utility. If the damage occurs, leave the damaged utility exposed and immediately call the utility owner.
- If a gas line is encountered, everyone will be evacuated according to the site evacuation procedures and the contractor must notify police, fire, and emergency personnel. No attempt should be made to tamper with or correct the damaged utility. All site personnel are to evacuate to the site's predetermined meeting point or a location a minimum of 300 feet away from the incident location.
- If the contractor needs to dig within the approximate location of a combustible, hazardous fluid, or gas line (natural gas, propane or gasoline), soft digging is required (hand digging, vacuum extraction) to a maximum depth of 5 feet. The approximate location is defined as 24 inches on either side of the designated center line of the utility if the diameter is not provided or 24 inches from each outside edge if the diameter is provided.

1.3 Injury Reporting

If a GEI employee suffers an injury on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Health & Safety Officer (RHSO).

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or Supervisor/Project Manager and submitted to the People & Safety Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification and/or the receipt of the Incident Report Form, RHSO will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health and Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the potential for future injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.4 Limitations

- Follow safety procedures as defined in the site-specific HASP. Appropriate PPE must be worn correctly to provide the intended level of protection.
- Mark-out notification time usually does not include holidays. Make sure holidays are considered and mark-out time is scheduled accordingly. Under no circumstances are intrusive activities allowed to be performed prior to the required mark-out.
- Do not use white paint if precipitation is eminent. Consider using stakes if snow is predicted.

1.5 References

Reference the website for the “Call Before You Dig – 811” for the utility mark-out agency for the state you working in prior to site work. If you have issues locating the appropriate agency, contact the Safety Team for assistance.

1.6 Attachments

Attachment A – Standard Utility Color Codes

Attachment B – GEI Utility Clearance Documentation Form

1.7 Contact

Health&SafetyTeam@geiconsultants.com

1.8 Review History

- June 2016
- May 2014
- November 2013
- February 2011
- November 2010

ATTACHMENT A

COLOR CODE FOR UTILITY MARKING

(BASED ON 'THE AMERICAN PUBLIC WORKS ASSOCIATION' RECOMMENDATIONS AND THE ANSI STANDARD Z-53.1 FOR SAFETY COLORS)

UTILITY	COLOR
PROPOSED EXCAVATION	WHITE
ELECTRIC POWER LINES, CABLES, CONDUIT AND LIGHTING CABLES	RED
POTABLE WATER	BLUE
STEAM, CONDENSATE, GAS OR OIL COMPRESSED AIR	YELLOW
TELECOMMUNICATIONS, ALARM OR SIGNAL LINES, CABLES OR CONDUIT	ORANGE
TEMPORARY SURVEY MARKINGS	PINK
SEWER AND STORM DRAINS	GREEN
CHILLED WATER, RECLAIMED WATER, IRRIGATION AND SLURRY LINES	PURPLE
OTHER	LIGHT BLUE

ATTACHMENT B

Utility Clearance Documentation

Please print clearly.

For more room, use back of page.

Client: _____

GEI Project Name & Number: _____

Site: _____

Excavation/Drilling Location ID: _____

Excavator/Driller: _____

GEI PM: _____ GEI Field Team Leader: _____

Utility Drawings Reviewed: _____

Provided By: _____ Reviewed By: _____

Utility Clearance Call Date: _____ Name of Utility: _____

Utility Clearance Call Date: _____ Name of Utility: _____

Utility Clearance Received from (utility & rep name): _____ Date: _____

Utility Clearance Received from (utility & rep name): _____ Date: _____

Company that completed clearance: _____ Date: _____

GEI Staff Responsible for Oversight: _____

Metal Detector Survey (yes/no): _____ Drilling Location Cleared by: _____

Contractor Name: _____ Company Name: _____

Contractor Signature: _____ Date: _____

GEI Staff Responsible for Oversight: _____

Private Location Clearance Required (yes/no): _____ Date: _____

Contractor Name: _____ Company Name: _____

Contractor Signature: _____ Date: _____

Methods used for utility location (i.e. GPR, electronic pipe location) _____

GEI Staff Responsible for Oversight: _____

Hand clearing Performed (yes/no): _____ Methods: _____ Date: _____

Contractor Name: _____ Company Name: _____

Contractor Signature: _____ Date: _____

GEI Staff Responsible for Oversight: _____

GEI Consultants, Inc. Representative (name & title): _____

GEI Consultants, Inc. Representative Signature: _____ Date: _____

Based upon the best available information, appropriate utility clearance procedures were performed for the invasive work specified. If client ordered site specific deviations from existing GEI utility clearance procedures, they are approved by the client signature below:

Client Representative (name & title): _____

Client Representative Signature: _____ Date: _____



STANDARD OPERATING PROCEDURES

SOP No. HS-016 Traffic Hazard Management

1.1 Objective

The objective of this Standard Operating Procedure (SOP) is to prevent or limit the potential for GEI personnel to encounter traffic hazards during field activities.

1.2 General

This SOP is intended for use by employees engaged in work with the potential for traffic hazards. The site-specific health and safety plan (HASP) will include a hazard assessment for the project that identifies the potential for exposure to traffic hazards and the control methods to be implemented by GEI employees, including review or attainment of necessary permits, traffic control plans, and flagger/police detail requirements for the local jurisdiction. Routine checks of the work zone will be made to ensure there are adequate levels of protection. These hazards will be reviewed in the project safety briefing and documented on the Project Safety Briefing form, found on the Safety page of the GEI intranet.

1.3 Traffic Hazard Management

Traffic Hazard Management is the process of identifying and managing the potential risks associated with the movement of traffic through, around, or past a work area. This Traffic Hazard Management SOP is designed to assist employees in identifying and managing these hazards. Work areas should be as safe as possible. It is the responsibility of GEI employees to follow the Traffic Hazard Management SOP and adhere to these safety standards. Safety is not negotiable.

Under no circumstances are GEI employees permitted to commence work in a situation that the employee believes or knows their health and safety, or the health and safety of others, is at risk.

Major risk factors for work site Traffic Hazard Management include:

- The speed of traffic moving through a work site.
- The distance and clearance between moving traffic, workers, vehicles and equipment, and over-head power lines.
- Traffic volume and vehicle composition.
- Nature and conditions at the work site and approaches to the work site.

- Other factors such as the time of day, sight distance, weather, presence of pedestrians, or cyclists, and the type of work being carried out.
- Other hazards in proximity to the work site (e.g., power lines, open excavations) that may have conflicting safety management measures that need to be considered when developing the HASP.

1.4 Site Preparation

The following management measures will be considered whenever working in traffic areas. In addition, remain aware of the amount of traffic around the working area. The work space should be large enough for the job to be completed safely. Check permit, traffic control plans, and flagger/police detail requirements for the local jurisdiction. Perform routine checks of the work zone to make sure there are adequate levels of protection.

1.4.1 Traffic Barriers and Warning Signs

GEI employees will comply with the U.S. Department of Transportation's (DOT) Manual on Uniformed Traffic Control Devices (MUTCD) and/or state regulations for temporary traffic barriers (cones, barriers) and sign placement when required for working in traffic areas. Clearly define the work site by placing traffic barriers around the work space to indicate the space that is needed to safely perform the work. The traffic barrier will help make the work site more visible to other workers, pedestrians, cyclists, and moving vehicles. Place traffic barriers in such a way as to give yourself and equipment adequate space to work within the barriers. OSHA suggests placing the first warning sign at a distance calculated to be 4 to 8 times (in feet) the speed limit (in MPH).

1.4.2 Adequate Light

Requirements for night conditions and work areas with poor visibility are similar to day requirements. However there are a number of additional things to consider, such as visibility of the work site to advancing traffic and sufficient lighting. OSHA requires lighting for workers on foot and equipment operators to be at least 5-foot-candles or greater.

Visibility of the work area can be increased by employing the following measures:

- Using parked vehicles hazard and flashing lights.
- Wearing reflective personal protective equipment (PPE), such as a safety vest, in good condition.
- Providing adequate lighting to illuminate the work area with lights positioned so that there is no glare to approaching drivers.
- Placing reflective advance warning signs and traffic barriers so that they are visible to road users.

1.4.3 Distance from the Nearest Traffic Lane

Work areas located along roadsides will have a minimum clearance as defined by DOT's MUTCD and/or state or local DOT regulations for traffic barrier and sign placement.

1.4.4 PPE

The proper PPE, as outlined in the project HASP, will be worn when appropriate. The color/type of safety vest will comply with site regulations.

1.5 Equipment Operation

Vehicles and heavy equipment operators should use a spotter when possible if it is necessary to drive in reverse to reduce risk of collision with oncoming traffic. If it is necessary to drive against the flow of traffic make sure this area is within the work zone and properly blocked off from oncoming traffic.

1.6 Pedestrian Safety

When working near pedestrian traffic, a safe alternate pedestrian route will be established. Refer to local regulations when establishing pedestrian walkways.

1.7 Injury Reporting

If a GEI employee suffers an injury on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Health & Safety Officer (RHSO).

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or Supervisor/Project Manager and submitted to the People & Safety Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification from a Branch or Office Manager, Human Resources, and/or the receipt of the Incident Report Form, the RHSO will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health and Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the potential for future injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.8 Limitations

Follow safety procedures as defined in the site-specific HASP, federal DOT, and local jurisdictions. Appropriate PPE must be worn correctly to provide the intended level of protection.

1.9 References

DOT's Manual on Uniformed Traffic Control Devices (2009 Edition)

Hazard Exposure and Risk Assessment Matrix for Hurricane Response and Recovery

Work: <https://www.osha.gov/SLTC/etools/hurricane/work-zone.html>

1.10 Attachments

None

1.11 Contact

Health&SafetyTeam@geiconsultants.com

1.12 Review History

- November 2016
- May 2014
- November 2013
- August 2011
- October 2010 Initially HS-027 Traffic Hazards

STANDARD OPERATING PROCEDURES

SOP No. HS-018 Working Around Heavy Equipment

1.1 Objective

The objective of this Standard Operating Procedure (SOP) is to prevent or limit the physical hazards when working around heavy equipment.

1.2 General

This SOP is intended for use by employees engaged in work with the potential for working near heavy equipment. The project site-specific health and safety plan (HASp) should include a hazard assessment for working near heavy equipment to be implemented by GEI employees. These hazards should be reviewed in the project safety briefing and documented on the Project Safety Briefing form, found on the Safety page of the GEI intranet.

1.3 Heavy Equipment Precautions

Heavy equipment (e.g., excavators, backhoes, drill rigs, etc.), can present many physical hazards that can result in serious injury or death if the proper safety precautions are not followed. The following is a list of precautions to be aware of when working around heavy equipment:

- Wear appropriate personal protective equipment (PPE), including at a minimum reflective, high-visibility safety vest, hard hat, safety glasses, and steel/composite toe boots.
- Always keep your distance from moving equipment.
- Do not assume the operator knows where you are or where you are going.
- Make sure to make eye contact and receive acknowledgement of your presence with the operator.
- Avoid working near heavy equipment, but if unavoidable, communicate your location with the operators. If using hand signals, discuss the signals with the equipment operator prior to starting work.
- Watch for moving equipment. Construction sites can have a lot of activity and equipment may be moving in an unpredictable manner.
- Do not rely on back-up or other alarms. They may not be working or you may not hear them with the noise of other activities taking place in the area.
- Stay out of the swing radius of cranes, excavators, or other equipment that swings or rotates.
- Do not walk beside a moving vehicle, the vehicle may turn, slip, or the load may shift causing the vehicle to go off course.
- Do not ride on the outside of a moving equipment.

- Never walk under or stand too close to a load suspended by cranes or hoists.
- Do not walk behind a piece of equipment that is backing up without acknowledgment from the operator it is safe to proceed. If working next to heavy equipment is unavoidable, be aware of the hazards including pinch points and moving parts. Use a spotter to watch the work area for moving equipment.
- If necessary, ask the operator to stop equipment operation to perform your work tasks.
- Verify the location and operation of emergency shut-off devices on the equipment.
- Be aware of the fuels and chemicals associated with the equipment. Have a spill prevention and response plan in place that includes the appropriate containment materials (i.e., spill kit).
- Do not wear loose fitting clothing when working around moving equipment (i.e., drill rig augers).
- Do not operate heavy equipment.
- Do not use cellular telephones near operating equipment.

1.4 Injury Reporting

If a GEI employee suffers an injury on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Safety Officer.

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or Supervisor/Project Manager and submitted to the People & Safety Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification from a Branch or Office Manager, Human Resources, and/or the receipt of the Incident Report Form, the Regional Health & Safety Officer (RHSO) will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health and Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the potential for future injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.5 Limitations

Follow safety procedures as defined in the site-specific HASP. Appropriate PPE must be worn correctly to provide the intended level of protection.

1.6 References

OSHA 29 CFR 1926.600 – Subpart O; Motor Vehicles, Mechanized Equipment, and Marine Operations.

www.toolboxtopics.com/Construction/ (Viewed 10/16)

Caterpillar Safety – <http://safety.cat.com/> (Viewed 10/16)

1.7 Attachments

None

1.8 Contact

Health&SafetyTeam@geiconsultants.com

1.9 Review History

- October 2016
- May 2014
- November 2013
- August 2011
- October 2010

STANDARD OPERATING PROCEDURES

SOP No. HS-025 Manual Lifting

1.1 Objective

The purpose of this Standard Operating Procedure (SOP) is to identify and reduce potential work-related musculoskeletal disorder (WMSD) hazards. The SOP is intended to comply with state regulations and safe work practices developed by the Occupational Safety and Health Administration (OSHA). Modifications to meet these requirements will be made to this program as changing laws or regulations dictate.

1.2 General

Lifting heavy items is one of the leading causes of injury in the workplace. Overexertion and cumulative trauma when lifting are significant factors for injuries. When employees use smart lifting practices and work in their “power zone”, they are less likely to suffer from back sprains, muscle pulls, wrist/elbow/spinal and other injuries caused by lifting heavy objects. Common things to consider prior to lifting an object are: weight of the object, awkward postures, high-frequency and long duration lifting, inadequate handholds, and physical/environmental factors.

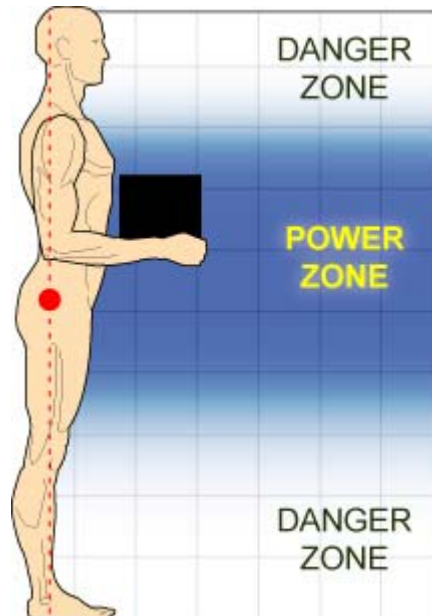


Figure 1: Lifting Power Zone

1.3 Safe Lifting Guidelines

The following safe lifting guidelines will be followed by employees involved in manual lifting activities:

- Before manual lifting is performed, a hazard assessment must be completed. The assessment must consider size, bulk, and weight of the object(s), if mechanical lifting equipment is required, if two-man lift is required, whether vision is obscured while carrying and the walking surface and path where the object is to be carried.
- Get a co-worker to help if equipment or other item is too heavy to lift.
- If possible, use powered equipment instead of manually lifting heavy materials. Lifting equipment such as dollies, hand trucks, lift-assist devices, jacks, or carts can be provided for employees.
- Reduce lifts from shoulder height and from floor height by repositioning the shelf or bin to closer to the power zone.
- Make sure walkways are clear of tripping hazards before moving materials.
- Use your legs and keep your back in a natural position while lifting. Keep the load close to your torso.



- Test the load to be lifted to estimate its weight, size, and bulk and to determine the proper lifting method.
- Do not twist while carrying a load. Instead, shift your feet and take small steps in the direction you want to turn.
- Make sure there are appropriately marked and sufficiently safe clearances for aisles and at loading docks or passageways where mechanical-handling equipment is used.
- Properly stack loose or unboxed materials which might fall from a pile by blocking, interlocking, or limiting the height of the pile to prevent falling hazards.
- Bags, containers, bundles, etc. should be stored in tiers that are stacked, blocked, interlocked, and limited in height so that they are stable and secure to prevent sliding or collapse.

- Storage areas should be kept free from accumulation of materials that could lead to tripping, fire, or explosion.
- Work methods and stations should be designed to minimize the distance between the person and the object being handled.

Supervisors should periodically evaluate work areas and employees' work techniques to assess the potential for and prevention of injuries. New operations should be evaluated to engineer out hazards before work processes are implemented.

1.4 Regulations

OSHA does not have a standard which sets limits on how much a person may lift or carry. They do however state that lifting loads heavier than about 50 pounds will increase the risk of injury.

The National Institute for Occupational Safety and Health (NIOSH) has developed a mathematical model that helps predict the risk of injury based on the weight being lifted and other criteria. The NIOSH model is based on previous medical research into the compressive forces needed to cause damage to bones and ligaments of the back. The mathematical model is incorporated in the *Applications Manual for the Revised NIOSH Lifting Equation*, which can be found on the NIOSH website (<http://www.cdc.gov/niosh/docs/94-110/>). It should be noted, however, that this NIOSH document provides only voluntary guidelines.

If there is a situation that arises where an employee is required to perform manual lifting on a reoccurring basis, the NIOSH Lifting Equation will be used to determine the appropriate weight that employee can safely lift. The lifting equation establishes a maximum load of 50 pounds for employees that are less likely to have to lift something, and don't have to do any long distance travel or maneuvering of the item. This 50 pounds is then adjusted to account for:

- how often the employee is lifting
- twisting the back during lifting
- the vertical distance the load is lifted
- the distance of the load from the body
- the distance the employee must move while lifting the load
- how easy it is to hold onto the load

GEI uses 50 pounds as a standard. However each individual should not attempt to carry loads heavier than they can safely manage.

1.5 Training

Training will include general principles of ergonomics, correct manual lifting techniques to avoid musculoskeletal injuries, recognition of hazards and injuries, procedures for reporting hazardous conditions, and methods and procedures for early reporting of injuries.

1.6 Lifting Assistance

If employees are assigned a task that involves repetitive lifting and carrying of equipment the Safety Team and Project Manager should be contacted to conduct an ergonomic evaluation. The task should be discussed to determine if there is an alternative method that can be used. The alternative method should institute an engineering or administrative control to reduce/limit the amount of lifting that is required of the employee. Some examples include providing smaller containers to reduce the weight of what needs to be lifted; providing a device that helps carry awkwardly-shaped objects easier; or using a winch, fork lift, or other device to lift the item(s) for the employee.

1.7 Injury Reporting

Injuries experienced during manual lifting activities should receive prompt medical attention. If a GEI employee suffers an injury on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Health and Safety Officer.

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or Supervisor/Project Manager and submitted to the People & Safety Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification from a Branch or Office Manager, Human Resources, and/or the receipt of the Incident Report Form, the Regional Health & Safety Officer (RHSO) will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health & Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the potential for future musculoskeletal injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.8 Limitations

Follow safety procedures for manual lifting.

1.9 References

OSHA Technical Manual (OTM), Section VII: Chapter 1 - Back Disorders and Injuries

https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=INTERPRETATIONS&p_id=29936 (Viewed 7/12/2016)

<https://www.osha.gov/SLTC/etools/electricalcontractors/materials/heavy.html> (Viewed 7/12/2016)

1.10 Attachments

None

1.11 Contact

Health&SafetyTeam@geiconsultants.com

1.12 Review History

- July 2016
- August 2014

STANDARD OPERATING PROCEDURES

SOP NO. HS-026 Hazard Identification and Management

1.1 Objective

This Standard Operating Procedure (SOP) is intended to outline the steps GEI employees will take to identify potential hazards on site, the risks associated with these hazards, and the proper engineering controls, work practices, and personal protective equipment (PPE) to use to minimize the associated risks.

1.2 Hazard Identification

Establishing proper work procedures by conducting a job hazard analysis will should be performed for all projects involving field work. An initial identification of hazards will be completed based on past and current property usage of the site, what tasks are required to perform the job, what equipment is needed to complete the assigned tasks, what hazards are in the working area etc.

The site-specific health and safety plan (HASP) will include a hazard assessment for the project that identifies the potential hazards and how to alleviate the hazard. These hazards will be reviewed in the project safety briefing and documented on the Project Safety Briefing form, found on the Safety page of the GEI intranet.

1.3 Risk Assessment

A risk assessment will be performed for all aspects of field work. This analysis is to determine the quantitative or qualitative value of risk related to a tangible situation and a recognized hazard. Identification, studies, and monitoring of any hazard to determine its potential, origin, characteristics, and behavior are examples of what could be included and performed during a risk assessment. The assessment will increase awareness of workplace hazards and provide an opportunity to identify and control workplace hazards.

1.3.1 Assessment Guidelines

It is necessary to consider certain general guidelines for assessing the foot, head, eye and face, and hand hazard situations that exist in an occupational operation or process, and to match the protective devices to the particular hazard.

Assessments should be conducted:

- Prior to starting any work at the site
- As conditions change
- Workplace layout changes
- Environmental changes
- Process changes

- Yearly or other pre-determined interval

1.3.2 Hazard Sources

Some examples of hazard sources include but are not limited to:

- Items, materials, or machinery in motion
- Extreme temperatures
- Chemical exposures
- Harmful dust
- Light radiation
- Falling objects or potential from dropping objects
- Sharp objects
- Rolling or pinching objects
- Layout of workplace and location of co-workers
- Electrical hazards
- Noise exposures
- Confined spaces
- Working near or on water
- Fall hazards
- Traffic or other activities taking place on the site
- Air quality issues

1.4 Prevention – Control Methods

Control methods should be considered in the following hierarchy:

- Elimination
- Substitution
- Engineering Controls
- Administrative Controls
- Personal Protective Equipment

1.4.1 Elimination and Substitution

Elimination and substitution, while most effective at reducing hazards, also tend to be the most difficult to implement in an existing process. If the process is still at the design or development stage, elimination and substitution of hazards may be inexpensive and

simple to implement. For an existing process, major changes in equipment and procedures may be required to eliminate or substitute for a hazard. Employees should work with the Safety Team to find solutions.

1.4.2 Engineering Controls

Engineering controls are used to remove a hazard or place a barrier between the work and the hazard. It's implemented to control the hazard at the source. Examples may include machine guards, sound deadening/dampening panels, traffic barriers, guardrails, and shields.

1.4.3 Administrative Controls

Administrative controls change the work procedures such as programs, schedules, and supervision to reduce employee exposure to hazards. The controls are frequently used with existing processes where hazards are not particularly well controlled. Examples of administrative controls are requiring frequent breaks or implementing a specific method to perform a task.

1.4.4 Personal Protective Equipment Selection

To select the proper PPE, the potential hazards must be known. The protective equipment selected must ensure a level of protection *greater than* the minimum required in order to help protect employees. The user must be supplied with a properly fitting protective device and given instructions on care and use. Users must be aware of all warning labels for and limitation of the PPE. Employees must be aware that the PPE does not eliminate the hazard.

1.4.5 Hazard Re-Assessment

As necessary, the workplace should be re-assessed for hazards by identifying and evaluating new equipment and processes, reviewing accident records, and re-evaluating the suitability of previously selected PPE. Re-assessment should occur at a defined regular schedule interval.

1.5 Job Safety Analysis

A job safety analysis (JSA) sometimes referred to as a job hazard analysis (JHA) or an activity hazard analysis (AHA) is the breaking down of any method or procedure into its component parts to determine the hazards connected with each key step and the requirements for performing it safely.

When a JSA is being created, make sure it isn't too general where the resulting information is not enough to assess the hazard and select proper controls, and be careful not to add unnecessary steps.

1.6 Injury Reporting

If a GEI employee suffers an injury on the job that is not life threatening, call Medcor Triage at 1-800-775-5866 to speak with a medical professional. Then, immediately report the injury to the Supervisor/Project Manager and Regional Health & Safety Officer (RHSO).

After verbal notification has been made, an Incident Report Form is to be completed by the employee and/or Supervisor/Project Manager and submitted to the People & Safety Team immediately following care of the incident. This form is available on the Safety App (smart phones) and on the Safety page on the GEI intranet.

Upon notification from a Branch or Office Manager, Human Resources, and/or the receipt of the Incident Report Form, the RHSO will conduct an investigation and evaluation on what happened and how and why it happened. The Corporate Health and Safety Officer (CHSO) will then recommend (as necessary) engineering controls, personal protection equipment, training or other appropriate measures to minimize the potential for future injuries. The CHSO/RHSO may develop educational information based on lessons learned for distribution to GEI employees.

1.7 Limitations

Limitations may arise on a project specific basis and will be addressed as they arise.

1.8 Attachments

None.

1.9 References

Risk Analytics, LLC Hazard Assessment Training Program, January 2011

1.10 Contact

Health&SafetyTeam@geiconsultants.com

1.11 Review History

- November 2016
- June 2015