

This file contains:

- 1. Patrick Lake - Aquatic Plant Report (2005 - 2011)**
- 2. Patrick Lake - Lake Classification Report (2008)**
- 3. Patrick Lake - Watershed Management Plan (Date Unknown)**
- 4. Patrick Lake Management Plan Table (2012-2015)**



THE AQUATIC PLANT COMMUNITY OF PATRICK LAKE, ADAMS COUNTY, WI 2005 to 2011

**Presented by Reesa Evans
Certified Lake Manager, Lake Specialist
Adams County Land & Water Conservation Department
P.O. Box 287, Friendship, WI 53934
608-339-4268**

Executive Summary

Patrick Lake is a 50-acre seepage lake in southeast Adams County, Wisconsin. Patrick Lake has a maximum depth of twenty-one (21) feet and a mean depth of ten (10) feet. As in the case in all seepage lakes, the water level on Patrick Lake fluctuates naturally with the underground water table. Patrick Lake also has the disadvantage of being located at the top of the Niagara Escarpment, so it receives less groundwater flow than the lakes lower down the slope. In addition, recent studies suggest that its water level may be negatively affected by the number of high-capacity wells nearby.

The trophic state of a lake is a classification of its water quality. Phosphorus concentration, chlorophyll concentration and water clarity data are collected and combined to determine the trophic state. The overall average growing season total phosphorus level for Patrick Lake was 27.4 micrograms/liter. The 1991-2010 Mean summer chlorophyll-a concentration in Patrick Lake was 9.1 micrograms/liter. The average growing season depths for Patrick Lake ranged from a low of 7.0 feet in 2004 to a high of 11.9 feet in the late 1980s and in 2006. The overall average from 1986 through 2011 was 10.5 feet. When the Patrick Lake averages are compared to the trophic scale, it scores as an oligotrophic lake with very good water clarity, but a mesotrophic lake with good water quality using total phosphorus and chlorophyll-a levels. This trophic state should favor moderate plant growth and occasional localized summer algal blooms.

Thirty-eight (3) aquatic species were found in the 2011 transect survey. Of these, thirty-five (35) were native. Forty-six (46) aquatic species were found in the 2011 PI survey. Three invasive species were found: *Myriophyllum spicatum* (Eurasian

watermilfoil); *Phalaris arundinacea* (Reed canarygrass); and *Potamogeton crispus* (Curly-leaf pondweed). Combining the relative frequency and relative density of a species into a Dominance Value illustrates how dominant that species is within the aquatic plant community. Based on the Dominance Value, Southern Naiad (*Najas guadelupensis*) was the dominant aquatic plant species in Patrick Lake in both 2011 surveys. No other species were close enough in presence to be called sub-dominant in either 2011 survey.

The Simpson's Diversity Index (SI) for the transect 2011 survey was .94 and .90 for the 2011 PI survey. Both these scores are considerably above the 2006 PI score of .88. These scores are in the very good to excellent range for diversity. The Aquatic Macrophyte Community Index (AMCI) for Patrick Lake varies from 56 to 59, depending on the particular survey results used. These values are at the top of the median or just above for lakes in the North Central Hardwoods Region (48 to 57) and in all of Wisconsin (45 to 57) and indicate that the aquatic plant community in Patrick Lake is of high average quality.

MANAGEMENT RECOMMENDATIONS

- 1) All lake residents should practice best management on their lake properties. Patrick Lake is borderline between oligotrophic and mesotrophic. A small increase in nutrients could push the lake into another trophic state, resulting in noticeably worse water quality. Conversely, reducing nutrients could have a noticeable favorable impact on water quality.
 - Keep septic systems cleaned and in proper condition;
 - Use no lawn fertilizers;

- Clean up pet wastes;
 - No composting should be done near the water nor should yard wastes & clippings be allowed to enter the lake (Do not compost near the water or allow yard wastes and clippings to enter the lake).
- 2) Residents should become reinvolved in the Citizen Lake Monitoring Program, monitoring water quality to track seasonal and year-to-year changes.
 - 3) Residents also need to start regularly monitoring the lake for the spread of the current invasives and the introduction of any new ones.
 - 4) The Patrick Lake District should work with the WDNR and the Adams County LWCD to develop a management plan, including spring and fall surveys and handpulling, for EWM and any other invasives.
 - 5) Now that much of the lake is designated as critical habitat areas, a map of these areas should be posted at the public boat ramp with a sign encouraging avoidance of motorboat disturbance to these areas. Landowners on the lake should watch for disturbance of these areas and report any violations. These areas are very important for habitat, the high value aquatic plant community, maintaining the positive water quality and for preserving endangered and rare species.
 - 6) Lake residents should protect natural shoreline around Patrick Lake. Where there is cultivated lawn or buffers less than 35 feet landward, the buffers should be installed/increased.

- 7) Steps should be taken to regulate boat speed in the shallow water areas to reduce disturbance to plants. The standing-water emergent community, floating-leaf community and submergent plant community are all unique plant communities. Each of these plant communities provides their own benefits for fish and wildlife habitat and water quality protection.

- 8) An aquatic plant survey should be repeated in 3 to 5 years in order to continue to track any changes in the community and the lake's overall health.

- 9) The Patrick Lake District could consider approaching the landowners at the west end of the lake, which is undeveloped, and explore the option of conservation easements. Grants are available to assist in the purchase of such easements.

I. INTRODUCTION

Two studies of the aquatic macrophytes (plants) in Patrick Lake were conducted during the summer of 2011 by Adams County Land and Water Conservation Department. These were a follow-up to the first full quantitative vegetation study of Patrick Lake completed in 2005. Two aquatic surveys were done during the summer of 2011: one by the transect method, in order to determine changes from the 2005 results, and one by the point intercept method to establish a new baseline for further aquatic plant surveys.

A generalized assessment of the lake was conducted in 1978 by DNR staff due to complaints concerning plant growth. *Najas* spp, was the most abundant species. *Myriophyllum* spp. (milfoil), *Potamogeton nodosus* (long-leaf pondweed) and *P. richardsonii* (clasping pondweed) were common; *Chara* (muskgrass) was present; *Brasenia schreberi* (watershield) and *Nymphaea odorata* (white water lily) occurred in one area of the lake.

A study of the diversity, density, and distribution of aquatic plants is an essential component of understanding a lake ecosystem due to the important ecological role of aquatic vegetation in the lake and the ability of the vegetation to characterize the water quality (Dennison et al. 1993).

Ecological Role: All other life in the lake depends on the plant life - the beginning of the food chain. Aquatic plants and algae provide food and oxygen for fish, wildlife, and the invertebrates that in turn provide food for other organisms. Plants provide habitat, improve water quality, protect shorelines and lake bottoms, add to the aesthetic quality of the lake and impact recreation.

Characterize Water Quality: Aquatic plants serve as indicators of water quality because of their sensitivity to water quality parameters, such as water clarity and nutrient levels (Dennison et. al. 1993).

The present studies will provide further information important for effective management of the lake, including fish habitat improvement, protection of sensitive habitat, aquatic plant management and water quality protection. They will also allow tracking of any significant changes in the aquatic plant community that may indicate changes in the lake's overall health.

Background and History: Patrick Lake is a 50-acre seepage lake in southeast Adams County, Wisconsin. Patrick Lake has a maximum depth of twenty-one (21) feet and a mean depth of 10 feet. As in the case in all seepage lakes, the water level on Patrick Lake fluctuates naturally with the water table. Patrick Lake also has the disadvantage of being located at the top of the Niagara Escarpment, so it receives less groundwater flow than the lakes lower down the slope. In addition, recent studies suggest that its water level may be negatively affected by the number of high-capacity wells nearby.

Complaints about aquatic plant growth started in 1957. The first chemical treatments started in 1958, using arsenic, a very toxic substance that does not degrade, but remains in the sediments. Since 2005, no chemical treatments have occurred on Patrick Lake. The Patrick Lake District has done no mechanical harvesting on the lake for aquatic plant management.

Figure 1. Herbicide Treatments 1958-2005

	Acres	Sodium Arsenite (lbs)	Hydrothol * (lbs)	Diquat (gal)	Cutrine (gal)	2, 4-D lbs.
1958	11.4	1100				
1959	11.5	1200				
1979	2.3		450			
1980	2			2	1	
1981	2.5			5	3	
1983	0.06					10
2005	17					1865
Totals		2300	450	7	4	1875

* Hydrothol is an endotahall product more damaging to young fish than Aquathol.

At some point Eurasian watermilfoil was introduced into Patrick Lake; its introduction and spread may have been facilitated by broad spectrum treatments in the past that opened up areas for colonization of the exotic species. By 2004, Eurasian watermilfoil had colonized about 17-acres of the lake (Cason and Roost 2004). Herbicide treatments for controlling the Eurasian watermilfoil were conducted in spring 2005. The July 2005 survey did not find any Eurasian watermilfoil, but new colonies could resprout. A 0.5-acre area was found and treated in September 2005. Residents need to be watchful of new Eurasian watermilfoil colonies for several years.

Most of the shore development is found on the east lobe of the lake, where there is also a county park with a public boat launch and public beach. Development in the middle and west lobes of the lake is less frequent, and much of the shore there is relatively undisturbed.

Some of Patrick Lake was designated as critical habitat area by the Wisconsin Department of Natural Resources. Wisconsin Rule 107.05(3)(i)(I) defines “critical habitat areas” as: “areas of aquatic vegetation identified by the department as offering critical or unique fish & wildlife habitat or offering water quality or erosion control benefits to the body of water.” Thus, these sites are essential to support the wildlife and fish communities. They also provide mechanisms for protecting water quality within the lake, often containing high-quality plant beds. Finally, sensitive areas often can provide the peace, serenity and beauty that draw many people to lakes in the first place. The areas so designated on Patrick Lake are shown in Figure 2 and are briefly described below.

Critical Habitat Area CHD1

This area extends along approximately 800 feet of the shoreline. Sediment includes muck and silt. 70% of the shore is native herbaceous vegetation; 23.3% of the shore is cultivated lawn; the remaining shore is hard structure. There are downed logs in the water that provide fish and wildlife cover. Filamentous algae were found in this area. There is a moderate level of human disturbance at this area.

This area provides spawning and nursery areas for many types of fish: northern pike, largemouth bass, bluegill, pumpkinseed, yellow perch, crappie, bullhead, and other panfish. All of these fish also feed and take cover in these areas. No exotic fish or wildlife were noted in this area, i.e, no carp, smelt or rusty crayfish were seen. Geese and songbirds are known in this area of Patrick Lake, as well as reptiles and amphibians.

FIGURE 2: PATRICK LAKE CRITICAL HABITAT AREAS

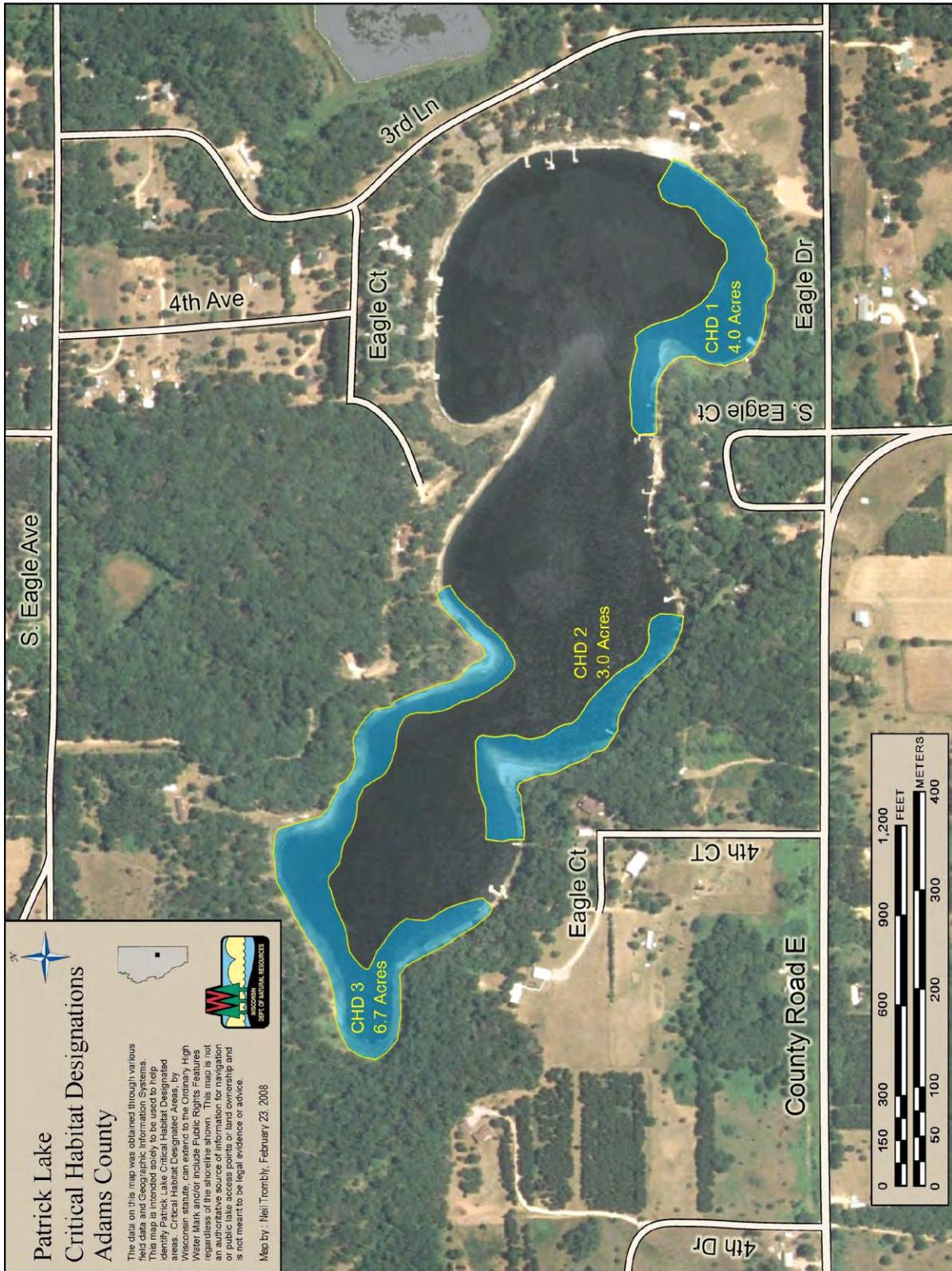


Figure 2. Critical Habitat Designated Areas

Maximum rooting depth of aquatic vegetation in CHD1 was 5.5 feet. An emergent plant, bulrush is found in this area. Emergents provide important fish habitat and spawning areas, as well as food and cover for wildlife.

Two species of rooted floating-leaf plants found. Floating-leaf vegetation provides cover and dampens waves, protecting the shore. Seven species of submergent plants were found in this area as well. A diverse submergent community provides many benefits.

Figure 3: Photo of Part of CHD1



Curly-Leaf Pondweed (*Potamogeton crispus*), an exotic invasive plant, was found in this area. Most of the aquatic vegetation in this area has multiple uses for fish and wildlife. Because this site provides all three structural types of vegetation, the community has a diversity of structure and species that supports even more diversity of fish and wildlife.

Critical Habitat Area CHD2

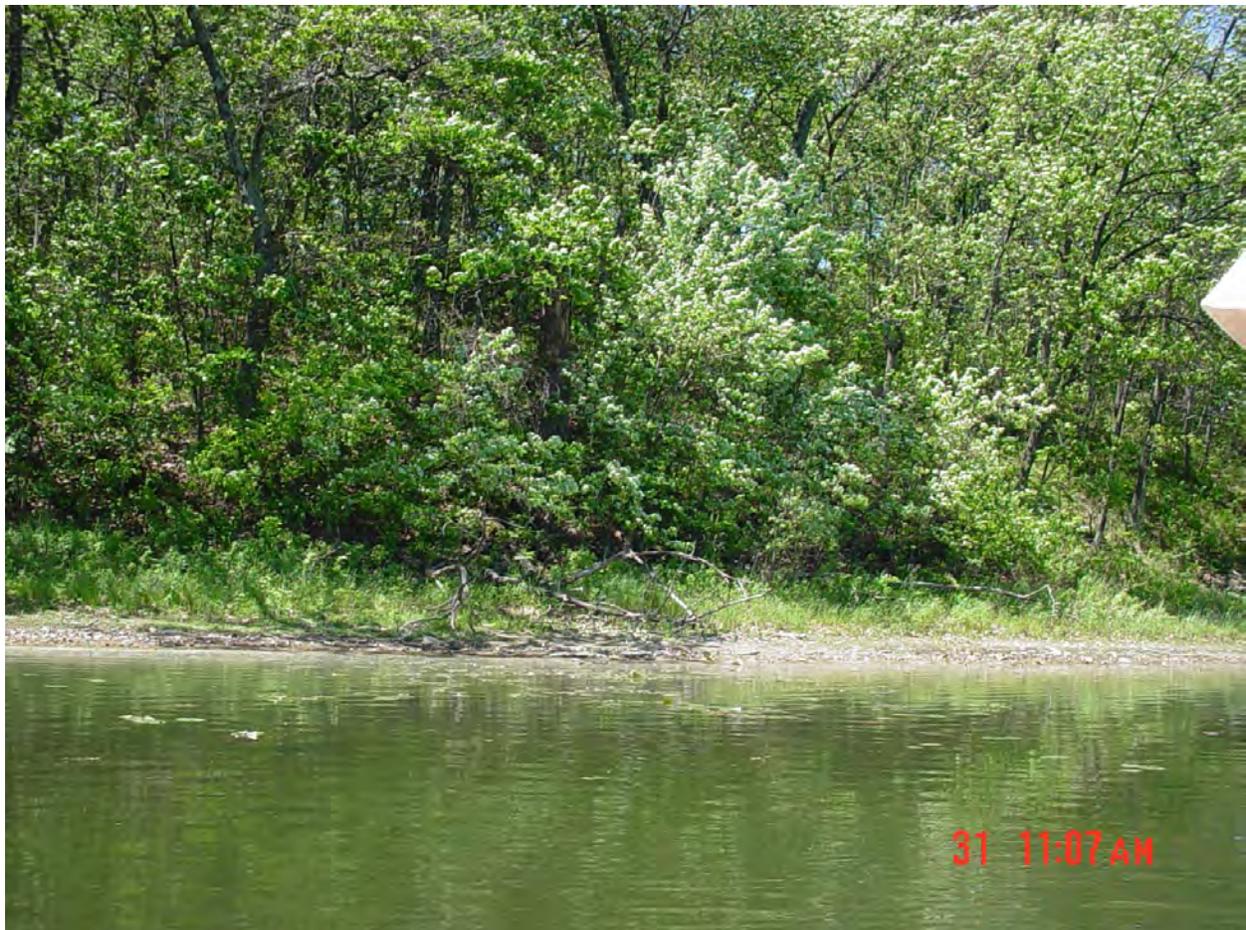
This area extends along approximately 1000 feet of the shoreline. Sediment includes peat, sand, silt and mixtures thereof. 25% of the shore is wooded; 10% has shrubs; 45% is native herbaceous cover. The remaining shore is cultivated lawn and hard structure. Large woody cover is common in the shallow water for habitat.

This area of large woody cover, emergent aquatic vegetation, submergent and floating vegetation provides spawning and nursery areas for many types of fish: northern pike, largemouth bass, bluegill, pumpkinseed, yellow perch, crappie, bullhead, and other panfish. All of these fish also feed and take cover in these areas. No exotic fish or wildlife were noted in this area, i.e, no carp, smelt or rusty crayfish were seen.

Seen during the field survey were geese and songbirds. Upland wildlife is also known in this area. Downed logs serving as habitat were also seen. Frogs and salamanders are known to use this area for shelter/cover, nesting and feeding. Turtles and snakes also use this area for cover or shelter, as well as nesting and feeding. Although human disturbance is present in CHD2, the area still provides quality habitat for many types of wildlife.

Maximum rooting depth in PA2 was 13 feet. No threatened or endangered species were found in this area. One exotic invasive, curly-leaf pondweed, was found in this area. Eurasian watermilfoil had been found previously here. Most of the area had filamentous algae, especially near the shores. The plant-like algae, *Chara* spp was abundant in this area. There is a shortage of emergent plants in this area, which is unfortunate, since emergents provide important fish habitat and spawning areas, as well as food and cover for wildlife. One floating-leaf rooted plant was found in this area. The remaining five species were submergent species.

Figure 4: Photo of Part of CHD2



CRITICAL HABITAT AREA CHD3

This area extends along approximately 1650 feet of the shoreline. Sediment includes marl, muck, peat, sand, silt and mixtures thereof. 6.7% of the shore is wooded; 5% has shrubs; 85% is native herbaceous cover—the remaining is cultivated lawn. Large woody cover is present in shallow water for fish and wildlife cover. Scenic beauty in part of the area is lessened due to the human development.

This area does provide spawning and nursery areas for many types of fish: northern pike, largemouth bass, bluegill, pumpkinseed, yellow perch, crappie, bullhead, and other panfish. All of these fish also feed and take cover in these areas. No exotic fish or wildlife were noted in this area, i.e, no carp, smelt or rusty crayfish were seen.

Seen during the field survey were geese, ducks, and songbirds. Frogs and salamanders are known to use this area for shelter/cover, nesting, and feeding. Turtles and snakes also use this area for cover or shelter, as well as nesting and feeding . Muskrats and and mink are known to use this area. Upland wildlife feed and nest here as well.

Maximum rooting depth in CHD3 was 7 feet. No threatened or endangered species were found in this area. *Chara* spp and filamentous algae were present in area PA3. The only emergent species found in this area is *Scirpus* (bulrush). One rooted floating-leaf plant was present here. Floating-leaf plants provide cover for fish and invertebrates. Curly-leaf pondweed was common here. Another exotic invasive, Eurasian watermilfoil, was previously found in this area. Five species of submergent plants were also found here.

Figure 5: Photo of Part of CHD3



II.METHODS

Field Methods

The transect study design was based on the rake-sampling method developed by Jessen and Lound (1962), using stratified random placement of the transect lines. The shoreline was divided into 16 equal segments, and a transect line, perpendicular to the shoreline, was randomly placed within each segment, using a random numbers table.

One sampling site was randomly located in each depth zone (0-1.5 feet, 1.5-5feet, 5-10 feet and 10-20 feet) along each transect. Using a long-handled steel thatching rake or a thatching rake on a rope, four rake samples were taken at each sampling

site, one from each quarter of a 6-foot diameter quadrat. The aquatic plant species that were present on each rake sample were recorded. Each species was given a density rating (0-5), the number of rake samples on which it was present at each sampling site.

- A rating of 1 = the species was present on one rake sample at that site;
- A rating of 2 = the species was present on two rake samples at that site;
- A rating of 3 = it was present on three rake samples;
- A rating of 4 = it was present on all four rake samples;
- A rating of 5 = it was abundant on all four rake samples.

Visual inspection and periodic samples were taken between transect lines to record the presence of any species that did not occur at the sampling sites. Specimens of all plant species present were collected and saved in a cooler for later preparation of voucher specimens. Nomenclature was according to Gleason and Cronquist (1991).

The type of shoreline cover was recorded at each transect. A section of shoreline, 50 feet on each side of the transect intercept with the shore and 30 feet landward, was evaluated. The percent cover of each land use category within this 100' x 30' rectangle was visually estimated and recorded on a data sheet.

The second method used was the Point Intercept Method. This method involves calculating the surface area of a lake and dividing it (using a formula developed by the WDNR) into a grid of several points, always placed at the same interval from the next one(s). These points are related to a particular latitude and longitude reading. At each geographic point, the depth is noted and one rake is taken, with a score given between 1 and 3 to each species on the rake.

A rating of 1 = a small amount present on the rake;

A rating of 2 = moderate amount present on the rake;

A rating of 3 = large amount present on the rake.

A visual inspection was done between points to record the presence of any species that didn't occur at the raking sites. Gleason and Cronquist (1991) nomenclature was used in recording plants found.

Data Analysis

The percent frequency of each species was calculated (number of sampling sites at which it occurred/total number of sampling sites). Relative frequency was calculated (number of occurrences of a species/sum of all species occurrences). The mean density was calculated for each species (sum of a species' density ratings/number of sampling sites). Relative density was calculated (sum of a species density/sum of all plant densities). "Mean density where present" was calculated for each species (sum of a species' density ratings/number of sampling sites at which the species occurred). The relative frequency and relative density of each species were summed to obtain a dominance value for each species. Species diversity was measured by Simpson's Diversity Index.

The Aquatic Macrophyte Community Index (AMCI) developed by Nichols (Nichols, et al., 2000) was applied to Patrick Lake. Measures for each of seven categories that characterize a plant community are converted to values between 0 and 10 and summed to measure the quality of the plant community.

The Average Coefficient of Conservatism and Floristic Quality Index were calculated, as outlined by Nichols (1998), to measure disturbance in the plant

community. A coefficient of conservatism is an assigned value, 0-10, the probability that a species will occur in an undisturbed habitat. The Average Coefficient of Conservatism is the mean of the coefficients for all species found in the lake. The Floristic Quality Index is calculated from the Coefficient of Conservatism (Nichols 1998) and is a measure of a plant community's closeness to an undisturbed condition.

III. RESULTS

PHYSICAL DATA

Many physical parameters impact the aquatic plant community. Water quality (nutrients, algae, water clarity and water hardness) influence the plant community as the plant community can in turn modify these parameters. Lake morphology, sediment composition and shoreline use also impact the aquatic plant community.

WATER QUALITY - The trophic state of a lake is a classification of its water quality. Phosphorus concentration, chlorophyll concentration and water clarity data are collected and combined to determine the trophic state.

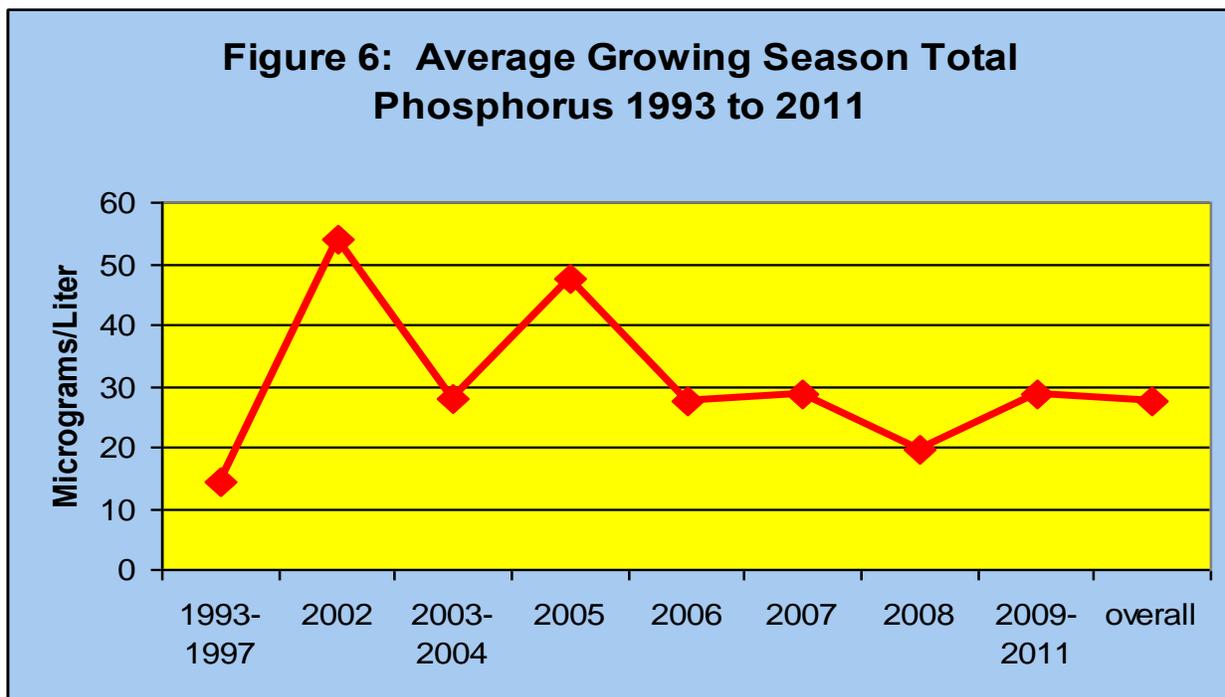
- Eutrophic lakes are high in nutrients and support a large biomass.
- Oligotrophic lakes are low in nutrients and support limited plant growth and smaller populations of fish.
- Mesotrophic lakes have intermediate levels of nutrients and biomass.

Nutrients

Phosphorus is a limiting nutrient in many Wisconsin lakes, including Patrick Lake, and is measured as an indication of nutrient enrichment in a lake. Increases in phosphorus in a lake can feed algae blooms and, occasionally, excess plant growth.

Water quality records for Patrick Lake are sporadic. There are water clarity records going back to 1986, but Total Phosphorus records and Chlorophyll-a information go back only to 1993.

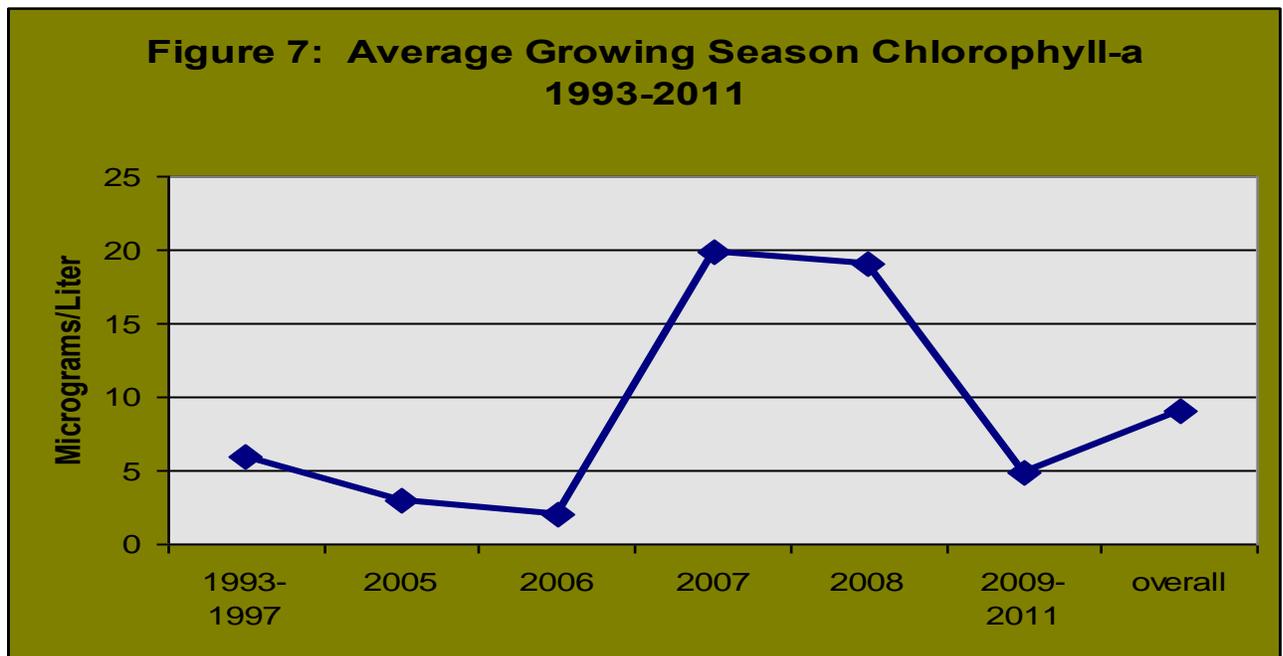
The overall average growing season total phosphorus level for Patrick Lake was 27.4 micrograms/liter. As Figure 6 shows, there has been a range of average levels, depending on the sampling years. The highest average was in 2002, with a growing season score of 54.0 micrograms/liter; the lowest average was found when sampling first started in 1993 to 1997, when the average was 14.5 micrograms/liter.



Algae

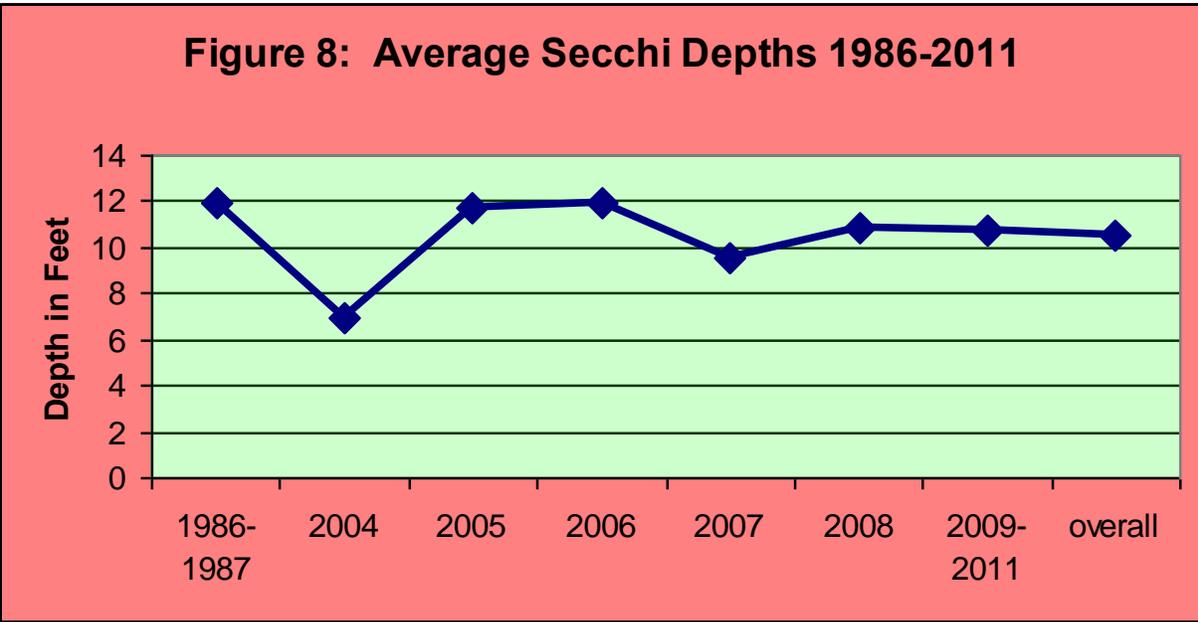
Chlorophyll-a concentrations provide a measure of the amount of algae in lake water. Algae are natural and essential in lakes, but high algae populations can increase turbidity and reduce the light available for plant growth. The 1991-2010 Mean

summer chlorophyll-a concentration in Patrick Lake was 9.1 micrograms/liter. Chlorophyll-a levels varied considerably, ranging from a low average of 2.0 micrograms/liter in 2005 to a high average of 19.8 micrograms/liter in 2007. The overall average for 1993 through 2011 was 9.1 micrograms/liter.



Water Clarity

Water clarity is a critical factor for aquatic plants, because if they don't get more than 2% of surface illumination, they won't survive (Chambers and Kalff 1985, Duarte et. al. 1986, Kampa 1994). Water clarity is reduced by turbidity (suspended materials such as algae and silt) and dissolved organic chemicals that color the water. Water clarity is measured with a Secchi disc that shows the combined effect of turbidity and color. The average growing season depths for Patrick Lake ranged from a low of 7.0 feet in 2004 to a high of 11.9 feet in the late 1980s and in 2006. The overall average from 1986 through 2011 was 10.5 feet.



Overall Water Quality

When the Patrick Lake averages are compared to the trophic scale, it scores as an oligotrophic lake with very good water clarity, but a mesotrophic lake with good water quality using total phosphorus and chlorophyll-a levels. This trophic state should favor moderate plant growth and occasional localized summer algal blooms.

Figure 9. Trophic Status of Patrick Lake

	Quality Index	Phosphorus ug/l	Chlorophyll ug/l	Secchi Disc ft.
Oligotrophic	Excellent	<1	<1	> 19
	Very Good	1-10	1-5	8-19
Mesotrophic	Good	10-30	5-10	6-8
	Fair	30-50	10-15	5-6
Eutrophic	Poor	50-150	15-30	3-4
Patrick Lake		27.4	9.1	10.7

Hardness

The hardness or mineral content of lake water also influences aquatic plant growth. The hardness values in Patrick Lake have ranged from of 93 to 123 milligrams/liter CaCO₃. The average was 109 milligrams/liter CaCO₃, establishing Patrick Lake as having moderately hard water. Hard water lakes tend to support more plant growth than soft water lakes (B.Shaw, et al, p.13). While marl (calcium carbonate) in a lake precipitates and falls to the lake bottom, some of the marl in hard water lakes often coats the external surfaces of submersed plants (C.E.Boyd, p. 112). Marl formations absorb phosphorus, reducing its overall concentration and decreasing algal growth (B. Shaw et al, p. 7). It is not uncommon for aquatic plants from Patrick Lake to have calcium carbonate coating.

LAKE MORPHOMETRY - The morphometry of a lake is an important factor in determining the distribution of aquatic plants. Duarte and Kalff (1986) found that the slope of the littoral zone could explain 72% of the observed variability in the growth of submerged plants. Gentle slopes support more plant growth than steep slopes (Engel 1985).

Patrick Lake has an irregularly-shaped basin with a gradually-sloped littoral zone and shallow depths in most of the lake. Gradual slopes provide a more stable rooting base and broader area of shallow water that would favor plant growth.

SEDIMENT COMPOSITION – The dominant sediment in Patrick Lake was peat, especially at depths greater than 5 feet (Figure 10). Mixtures of silt with peat were common overall and dominant in the 1.5-5ft depth zone. Sand, a hard, high-density

sediment, was common in the shallow zone, as was silt.

Figure 10: Sediment Composition: Patrick Lake

Sediment Type		0-1.5' Depth	1.5-5' Depth	5-10' Depth	10-20' Depth	Percent of all Sample Sites
Soft Sediments	Peat		33%	47%	100%	30%
	Silt/Peat	7%	40%	27%		23%
	Silt	13%	7%	27%		15%
	Silt/Muck	7%				2%
Mixed Sediments	Sand/Silt	33%				11%
	Peat/Sand		13%			4%
	Sand/Muck	7%				2%
Hard Sediments	Sand	33%	7%			13%

INFLUENCE OF SEDIMENT

Some plants depend on the sediment in which they are rooted for their nutrients. The richness or sterility and texture of the sediment will determine the type and abundance of plant species that can survive in a location. The availability of mineral nutrients for growth is highest in sediments of intermediate density, such as silt, so these sediments are considered most favorable for plant growth (Barko and Smart 1986). Mineral availability in sediments such as sand is often considerably reduced.

Peat was the overall dominant sediment found in Patrick Lake and could be limiting for plant growth due its flocculent nature. In the transect surveys all sites were vegetated in Patrick Lake, regardless of the sediment type. 99.5% of the sites were vegetated in the PI survey. It appears that sediment is not a major factor determining plant distribution in Patrick Lake.

Figure 11: Sediment in Patrick Lake



SHORELINE LAND USE

Land use can strongly impact the aquatic plant community and therefore the entire aquatic community. Land use can directly impact the plant community through increased erosion and sedimentation and increased run-off of nutrients, fertilizers and toxics applied to the land. These impacts occur in both rural and residential settings.

In both 2005 and 2011, native herbaceous plant cover was the most frequently encountered shoreline cover at the transects and had the highest mean coverage. Shrub cover and wooded cover were also commonly occurring. In 2011, some type of native vegetation was found at 100% of the transect sites (as it was in 2005). Native vegetation covered 79.7 % of the shore in 2011.

However, cultivated lawn had a high occurrence and hard structures were also common. In 2011, cultivated lawn occurred with 23% frequency and hard structure occurred with 31% frequency. Together, they covered 16.5% of the shore. Bare soil covered nearly 4% of the shore.

Figure 12: Comparison of 2005 Shore Results to 2011 Shore Results

Shore Cover Type	2005	2011	2005	2011
	Occ Freq	Occ Freq	Coverage	Coverage
Herbaceous Vegetation	100.0%	100.0%	65.0%	64.6%
Shrub Vegetation	33.3.0%	31.0%	6.3%	3.9%
Wooded Vegetation	26.7%	45.0%	8.7%	11.2%
Bare Soil		15.0%		3.9%
Cultivated Lawn	40.0%	23.0%	17.3%	11.9%
Hard Structure	26.7%	31.0%	2.7%	4.6%

Herbaceous occurrence frequency and shore coverage has remained fairly steady at Patrick Lake. Shrub frequency of occurrence was similar between 2005 and 2011, but there was less shrub cover in 2011. Wooded coverage and occurrence frequency increased from 2005, partly due to fewer people mowing around trees near the shore. Cultivated lawn is less common, but hard structure (piers, patios, etc.) has increased.

Overall, human-disturbed shore coverage remained much the same: it was 20% in 2005 and 20.4% in 2011.

MACROPHYTE DATA

SPECIES PRESENT

Thirty-eight (38) aquatic species were found in the 2011 transect survey. Of these, thirty-five (35) were native, including nineteen (19) emergent species, one free-floating specie, four rooted floating-leaf species and thirteen (13) submergent species. Three invasive species were found: *Myriophyllum spicatum* (Eurasian watermilfoil); *Phalaris arundinacea* (Reed canarygrass); and *Potamogeton crispus* (Curly-leaf pondweed). Forty-six (46) aquatic species were found in the 2011 PI survey. Two of these—reed canarygrass and curly-leaf pondweed—were exotic invasives. Of the remaining forty-four (44), twenty-seven (27) were emergent species, two were free-floating species, four were rooted floating-leaf species, and thirteen (13) were submergent species.

Figure 13: Patrick Lake Aquatic Plant Species, 2005-2011

Scientific Name	Common Name	2005 (T)	2011 (T)	2011 (PI)
<i>Asclepias incarnata</i>	Swamp Milkweed		x	x
<i>Brasenia schreberi</i>	Water Shield	x	x	x
<i>Carex spp.</i>	Sedge	x	x	x
<i>Carex aquatilis</i>	Common Tussock Sedge		x	
<i>Carex comosa</i>	Bristly Sedge		x	x
<i>Ceratophyllum demersum</i>	Coontail			x
<i>Chara sp</i>	Muskgrass	x	x	x

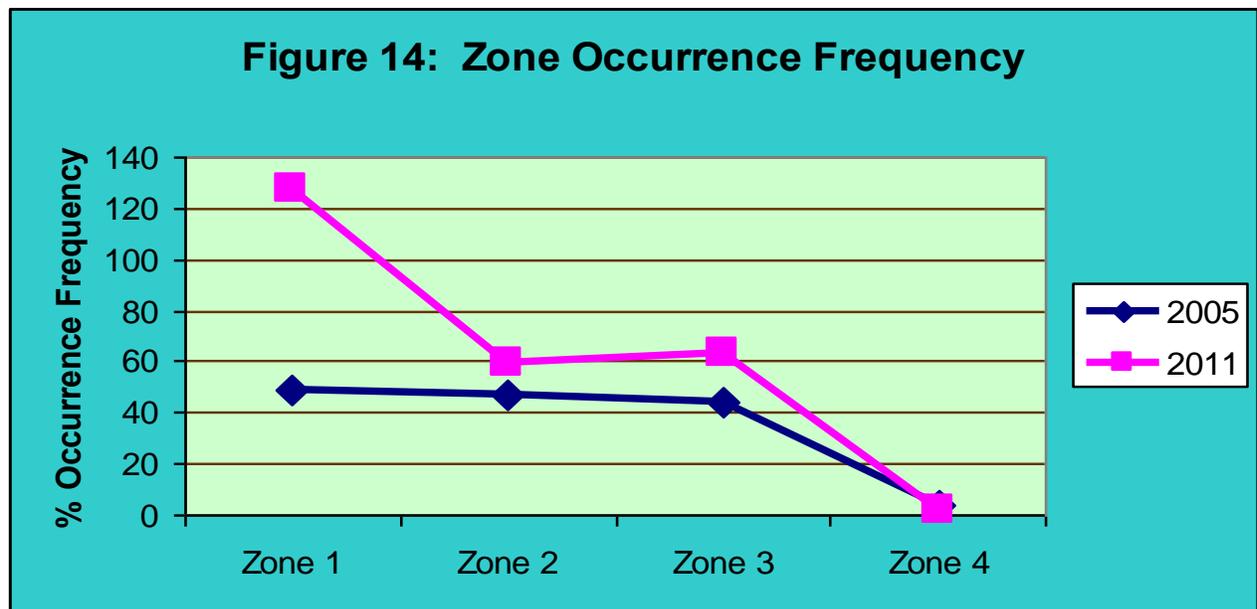
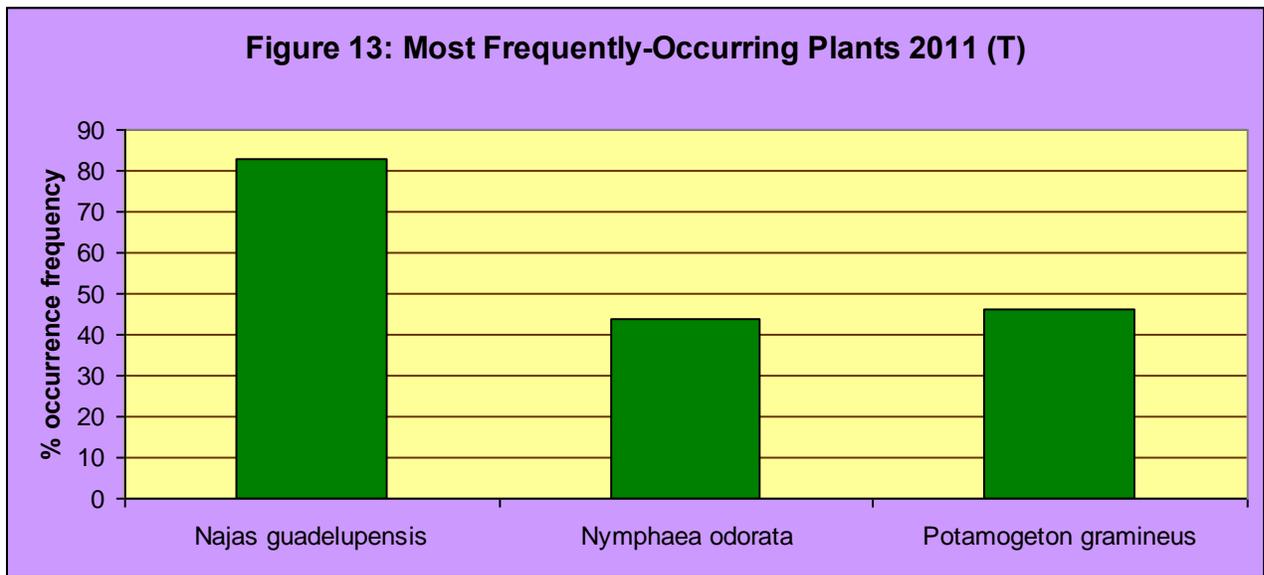
<i>Cyperus odoratus</i>	Flat Sedge			x
<i>Cyperus strigosus</i>	False Nut Sedge			x
<i>Dulichium arundiacum</i>	Swamp Loosestrife			x
<i>Eleocharis erthyropoda</i>	Blunt-Tipped Spike Rush			x
<i>Eleocharis palustris</i>	Common Spike Rush		x	x
<i>Eupatorium perfoliatum</i>	Boneset		x	x
<i>Impatiens capensis</i>	Jewelweed		x	x
<i>Iris versicolor</i>	Blue-Flag Iris		x	x
<i>Juncus spp</i>	Rush			x
<i>Juncus brevicaudatus</i>	Narrow Panicle Rush		x	x
<i>Juncus canadensis</i>	Canadian Rush		x	x
<i>Juncus effusus</i>	Common Rush		x	x
<i>Juncus pelecarpus</i>	Brown-Fruited Rush		x	x
<i>Leersia oryzoides</i>	Rice Cut-Grass			x
<i>Lemna minor</i>	Lesser Duckweed		x	x
<i>Lycopus americanus</i>	American Bugleweed		x	x
<i>Lycopus uniflorus</i>	Northern Bugleweed		x	x
<i>Myriophyllum sibiricum</i>	Northern Milfoil		x	x
<i>Myriophyllum spicatum/hybrid</i>	Eurasian Watermilfoil		x	x
<i>Najas flexilis</i>	Bushy Pondweed	x	x	x
<i>Najas guadelupensis</i>	Southern Naiad	x	x	x
<i>Nuphar variegata</i>	Yellow Pond Lily	x	x	x
<i>Nymphaea odorata</i>	White Water Lily	x	x	x
<i>Phalaris arundinacea</i>	Reed Canarygrass		x	x
<i>Polygonum amphibium</i>	Water Smartweed		x	x
<i>Polygonum punctatum</i>	Dotted Smartweed			x

<i>Potamogeton amplifolius</i>	Large-Leaf Pondweed	x	x	x
<i>Potamogeton crispus</i>	Curly-Leaf Pondweed		x	x
<i>Potamogeton gramineus</i>	Variable-Leaf Pondweed	x	x	x
<i>Potamogeton illinoensis</i>	Illinois Pondweed	x	x	x
<i>Potamogeton natans</i>	Floating-Leaf Pondweed	x		
<i>Potamogeton praelongus</i>	White-Stemmed Pondweed	x	x	x
<i>Potamogeton richardsonii</i>	Clasping-Leaf Pondweed	x	x	x
<i>Potamogeton zosteriformis</i>	Flat-Stemmed Pondweed		x	x
<i>Salix spp</i>	Willow		x	x
<i>Schoenoplectus tabernamontani</i>	Soft-Stemmed Bulrush	x	x	x
<i>Scirpus cyperinus</i>	Woolgrass		x	x
<i>Spiraea tomentosa</i>	Meadowsweet			x
<i>Stuckenia pectinata</i>	Sago Pondweed	x	x	x
<i>Typha spp</i>	Cattail		x	
<i>Verbena hastata</i>	Blue Vervain		x	
<i>Wolffia columbiana</i>	Watermeal			x

FREQUENCY OF OCCURRENCE

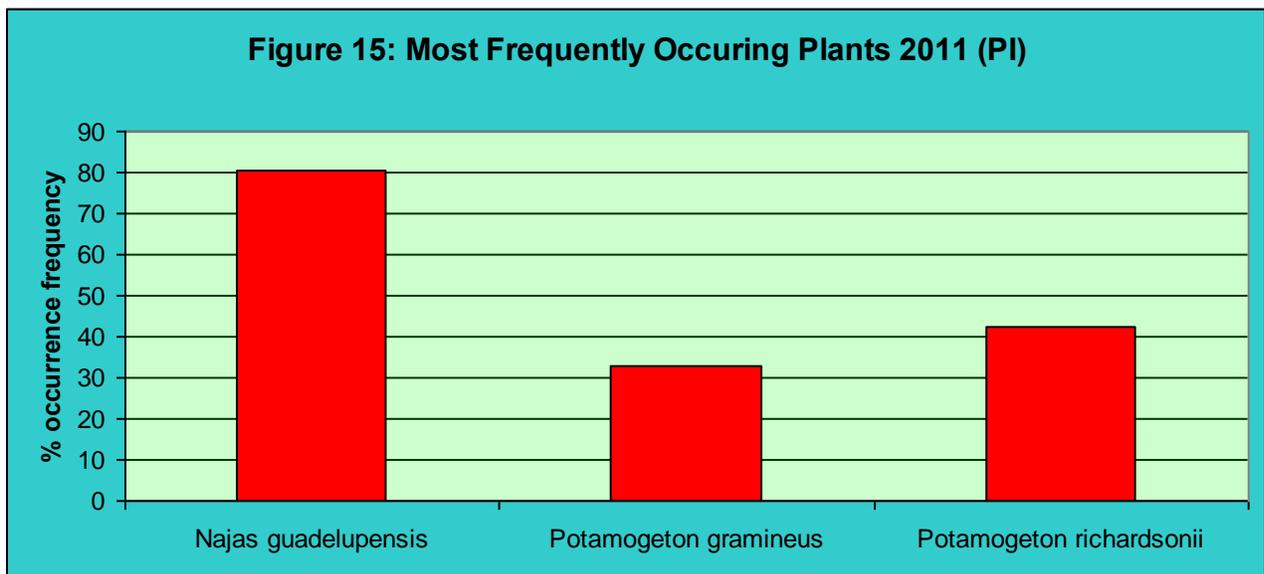
In the 2011 transect survey, the most frequently-occurring aquatic species were Southern Naiad (*Najas guadelupensis*), white water lily (*Nymphaea odorata*) and variable-leaf pondweed (*Potamogeton gramineus*). Other common species in 2011 were large-leaf pondweed (*Potamogeton amplifolius*), water smartweed (*Polygonum amphibium*), Common Rush (*Juncus effuses*), and muskgrass.

Southern Naiad was also the most frequently-occurring species in 2005, but the second most frequently-occurring species in 2005 was muskgrass (*Chara* spp). White water lily and claspingleaf pondweed (*Potamogeton richardsonii*) were also frequently-occurring species in 2005. However, there was a difference in depth zone frequency between 2005 and 2011. Aquatic species occurred more frequently in three of the four depth zones in 2011 than they did in 2005.



Since the PI survey uses GPS points, rather than depth zones, data is not divided between depth zones. However, it is still possible to determine what species occur most frequently in the lake overall. In the 2011 PI survey, the most frequently-occurring aquatic species was Southern naiad, as it was in the 2011 transect survey. The second most-frequently occurring species was variable-leaf pondweed, followed by clasping-leaf pondweed.

Other common species in the 2011 PI survey were bushy pondweed (*Najas flexilis*), white water lily, large-leaf pondweed and white-stemmed pondweed (*Potamogeton praelongus*).



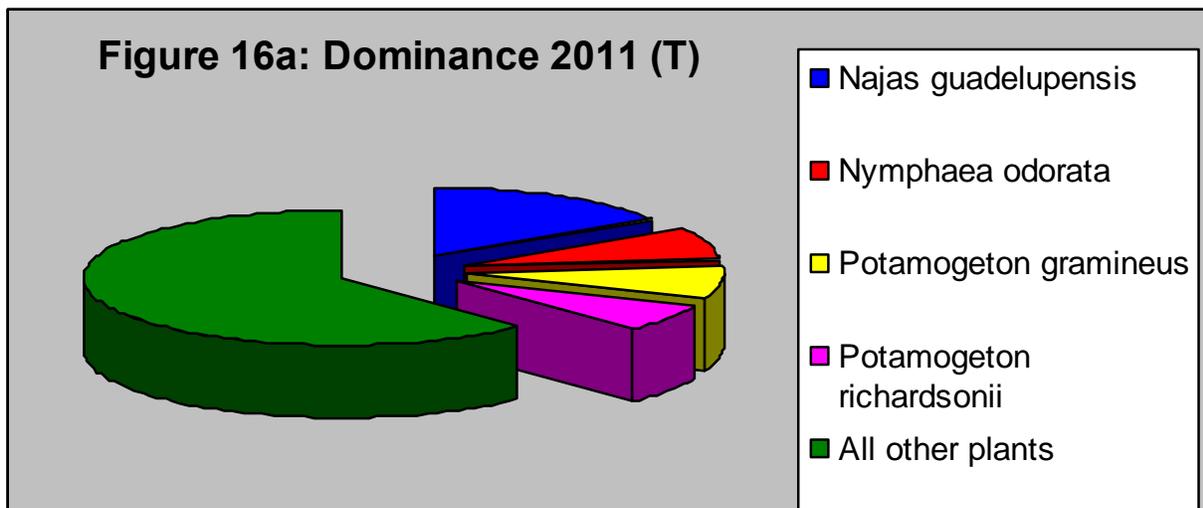
DENSITY

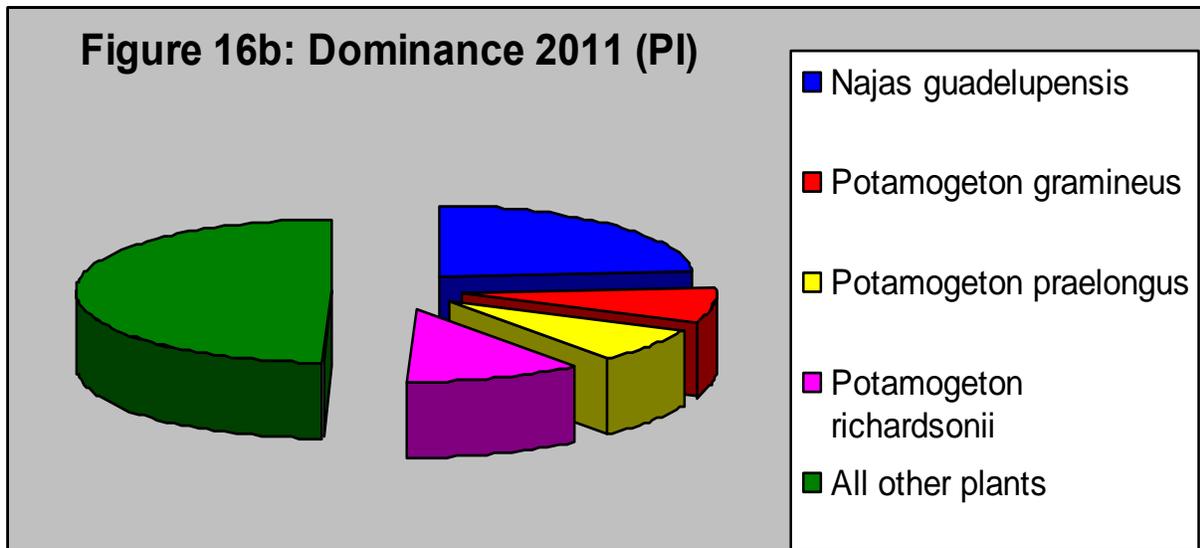
The overall most densely-growing aquatic species in both the 2011 transect and 2011 PI surveys was Southern Naiad. Some other species found in the transect survey

exhibited dense growth where they were found, including general sedges and common rush.

DOMINANCE

Combining the relative frequency and relative density of a species into a Dominance Value illustrates how dominant that species is within the aquatic plant community. Based on the Dominance Value, Southern naiad (*Najas guadelupensis*) was the dominant aquatic plant species in Patrick Lake in both the transect and PI surveys. No other species were close enough in presence to be called sub-dominant in either 2011 survey.





In the 2011 transect survey, the top four species comprised 38% of the aquatic plant community. In the PI survey, the top four were 50.5% of the aquatic plant community.

DISTRIBUTION

Aquatic plants occurred throughout the entire littoral zone of Patrick Lake in the transect survey and at all but one of the sampling sites in the PI survey. Figures 17a, 17b and 17c show the distribution of the various types of aquatic species found.

Figure 17a: EMERGENT PLANTS IN PATRICK LAKE 2011 (yellow)



Figure 17b: FREE-FLOATING & FLOATING-LEAF AQUATIC PLANTS IN PATRICK LAKE 2011

-  Rooted Floating-Leaf Plants
-  Free-Floating Plants



Figure 17c: SUBMERGENT AQUATIC PLANTS IN PATRICK LAKE (blue)



Myriophyllum spicatum, Eurasian Watermilfoil (EWM), was found in Patrick Lake in 2004. The Patrick Lake District chemically treated the EWM in 2005. When the 2005 aquatic plant survey was done, it was after the chemical treatment. No EWM was found then. Some sporadic monitoring has been done since then when water quality sampling was occurring. No significant amount of EWM was found then.

However, the 2011 surveys suggest that EWM is rebounding in Patrick Lake. It is also possible that it has hybridized with the native northern milfoil (*Myriophyllum sibiricum*) (testing has not yet been done). Curly-leaf pondweed (*Potamogeton crispus*) was also found in the 2011 surveys. It did not have a high occurrence frequency or density, but since the surveys were done in late July and early August, its presence may be underrated. Figure 18 shows the distribution of these two in in

Patrick Lake in 2011.

Figure 18: EURASIAN WATERMILFOIL & CURLY-LEAF PONDWEED



● EWM found ● CLP found

Secchi disc water clarity data can be used to calculate a predicted maximum rooting depth for plants in a lake (Dunst, 1982).

$$\text{Predicted Rooting Depth (ft.)} = (\text{Secchi Disc (ft.)} * 1.22) + 2.73$$

Based on the average growing season Secchi disc clarity, the predicted maximum rooting depth in Patrick Lake would be 15.5 feet. The actual maximum rooting

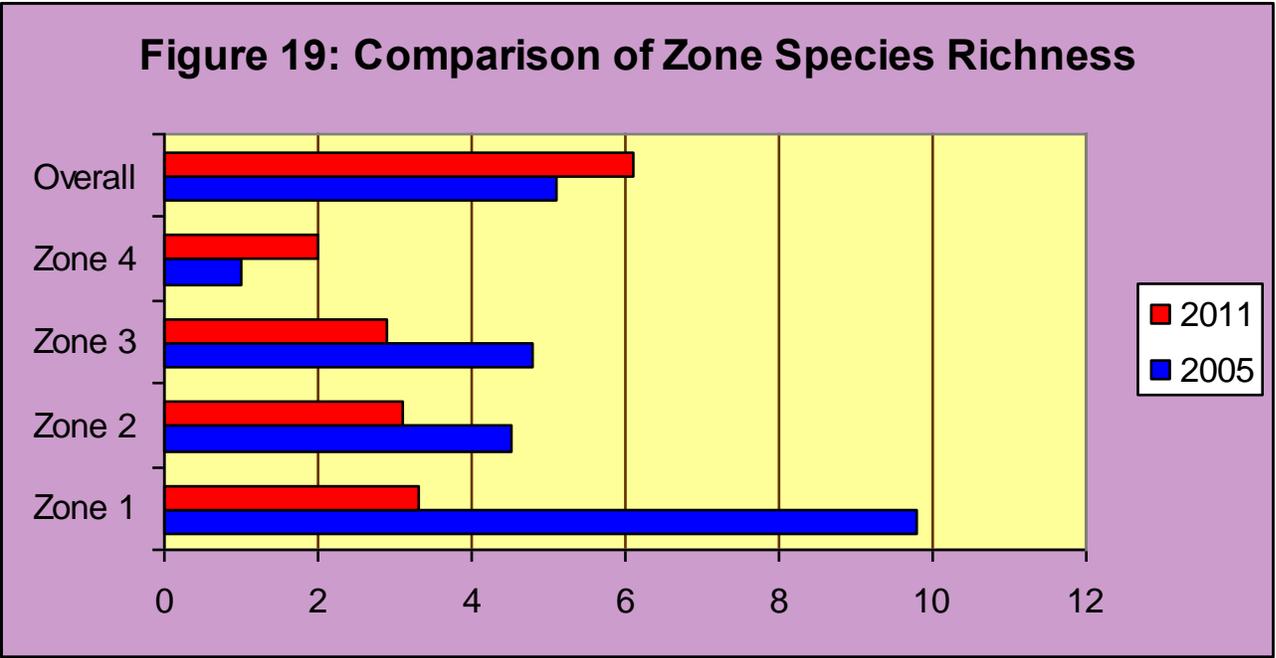
depths of 16.3 (T) and 16 (PI) feet are roughly equal to the predicted maximum rooting depth based on water clarity.

THE COMMUNITY

The Simpson's Diversity Index (SI) for the transect 2011 survey was .94 and .90 for the 2011 PI survey. Both these scores are considerably above the 2006 PI score of .88. A rating of 1.0 would mean that each plant in the lake was a different species (the most diversity achievable). The score of .94 would place Patrick Lake in the upper quartile for diversity for all the lakes in Wisconsin and for the North Central Hardwoods Region. The .90 score is on the top edge of the median range for both areas. These scores are in the very good to excellent range for diversity.

Species richness is the number of species in a given area. When looking at aquatic survey results, high species richness indicates a higher quality aquatic plant community. The overall 2011 transect species richness was 6.1. Zone 1 (0-1.5 feet deep) had the highest species richness with 9.8. Zone 2 (1.5-5 feet deep) and Zone 3 (5 to 10 feet deep) were similar in species richness with scores of 4.4 and 4.8 respectively. Species richness dropped to 1.0 in Zone 4 (over 10 feet deep).

Since the PI method doesn't use depth zones for surveying, species richness calculations were done for the 2011 survey looking at overall species richness. The richness score was 3.8.



The Average Coefficient of Conservatism and Floristic Quality Index were calculated as outlined by Nichols (1998) to measure plant community disturbance. A coefficient of conservation is an assigned value between 0 and 10 that measures the probability that the species will occur in an undisturbed habitat. The Average Coefficient of Conservatism is the mean of the coefficients for the aquatic species found in the lake.

The coefficient of conservatism is used to calculate the Floristic Quality Index (FQI), a measure of a plant community's closeness to an undisturbed condition. The Floristic Quality Index is also a tool that can be used to identify areas of high conservation value, monitor sites over time, assess the anthropogenic (human-caused) impacts affecting an area and measure the ecological condition of an area (M. Bourdaghs, 2006).

The Average Coefficient of Conservatism for Patrick Lake was 4.9 for both 2011 surveys. This Average Coefficient of Conservatism places Patrick Lake in the lowest quartile of lakes for Average Coefficient of Conservatism for lakes in Wisconsin overall (see Figure 20) and for the North Central Hardwoods Region.

Figure 20: Floristic Quality and Coefficient of Conservatism of Patrick Lake, Compared to Wisconsin Lakes and Northern Wisconsin Lakes.

	Average Coefficient of Conservatism †	Floristic Quality ‡
Wisconsin Lakes	5.5, 6.0, 6.9 *	16.9, 22.2, 27.5
NCHR	5.2, 5.6, 5.8 *	17.0, 20.9, 24.4
Patrick Lake 2011	4.9	29.5, 32.0

* - Values indicate the highest value of the lowest quartile, the mean and the lowest value of the upper quartile.

† - Average Coefficient of Conservatism for all Wisconsin lakes ranged from a low of 2.0 (the most disturbance tolerant) to a high of 9.5 (least disturbance tolerant).

‡ - lowest Floristic Quality was 3.0 (farthest from an undisturbed condition) and the high was 44.6 (closest to an undisturbed condition).

The 2011 Floristic Quality Index scores for Patrick Lake were 29.5 for the transect survey and 32.0 for the PI survey. These place the aquatic plant community in Patrick Lake in the highest quartile of all Wisconsin Lakes and of the North Central Hardwood Region lakes. This suggests that the plant community in Patrick Lake is closer to an undisturbed condition than the average lake in Wisconsin and within the group of lakes in the region closest to an undisturbed condition.

Disturbances can be of many types:

- 1) Physical disturbances to the plant beds result from activities such as boat traffic, plant harvesting, chemical treatments, the placement of docks and

other structures, and fluctuating water levels.

- 2) Indirect disturbances are the result of factors that impact water clarity and thus stress species that are more sensitive: resuspension of sediments, sedimentation from erosion and increased algae growth due to nutrient inputs.
- 3) Biological disturbances include competition from the introduction of a non-native or invasive plant species, grazing from an increased population of aquatic herbivores and destruction of plant beds by a fish or wildlife population.

The major disturbances in Patrick Lake are likely:

- 1) the introduction of non-native aquatic plant species;
- 2) damage by motor boats in the shallow water areas.

Figure 21. Aquatic Macrophyte Community Index, Patrick Lake, 2011*

	2011 (T)	2011 (T)	2011 (PI)	2011 (PI)
root depth	16.3	9	16	9
% litt	100	10	99.5	10
% sub	51	4	66	7
% exot	6	5	26	9
% sens	20	8	2	6
# taxa	38	10	0.9	8
SI	0.94	10	46	10
Total		56		59

* The highest value for this index is 70.

The Aquatic Macrophyte Community Index (AMCI) for Patrick Lake (Figure 21) varies from 56 to 59, depending on the particular survey results used. These values are at the top of the median or just above for lakes in the North Central Hardwoods

Region (48 to 57) and in all of Wisconsin (45 to 57).

COMPARISON TO PRIOR SURVEYS

In 2005, fifteen (15) aquatic species were found in Patrick Lake. This is substantially fewer than the thirty-eight (38) species found in the 2011 transect survey and the forty-six (46) species found in the 2011 PI survey. There were many more emergent species found during the 2011 surveys, as well as several more submersed species. It is too early to tell whether some of these are transitional species or will stay. Since it's a natural lake, the water levels of Patrick Lake vary, so that in some years, the areas currently holding emergent plants are "high and dry", rather than covered with a few inches of water.

For several years, during the drought times, the Patrick Lake water level was quite low, to the point that getting a boat in and out of the water was very difficult and sometimes not feasible. However, in the past couple of years, with the heavy snowfall and spring rains, the water level has come back up several inches, leading to increased boat traffic on the lake. Increased boat traffic can increase the likelihood of the introduction of more invasive species, as well as help spread those already there.

The plant communities found in the 2005 and 2011 transect surveys were compared by calculating coefficients of similarity, using both actual frequency of occurrence and relative frequency of occurrence. The coefficient of similarity is an index, first developed by Jaccard in 1901, which compares the similarity and diversity of sample sets. In this instance, the figure considers the frequency of occurrence and relative frequency of all species found, then determines how similar the overall aquatic plant

communities are. Similarity percentages of 75% or more are considered statistically similar (Dennison et al, 1993). Based on actual frequency of occurrence for the two transect methods, the 2005 and 2011 aquatic plant communities were 98.9% similar. Based on relative frequency, they were 97.3% similar. These numbers suggest that the 2005 and 2011 plant transect communities are substantially the same, despite the difference in numbers of species and that Patrick Lake was low due to the drought in 2005.

New plants found in 2011 that were not found in 2005 are: *Asclepias incarnata*; *Carex aquatilis*; *Carex comosa*; *Eleocharis palustris*; *Eupatorium perfoliatum*; *Impatiens capensis*; *Iris versicolor*; *Juncus brevicaudatus*; *Juncus Canadensis*; *Juncus pelecarpus*; *Lemna minor*; *Lycopus americanus*; *Lycopus uniflorus*; *Myriophyllum sibiricum*; *Myriophyllum spicatum*; *Phalaris arundinacea*; *Polygonum amphibium*; *Potamogeton crispus*; *Potamogeton zosteriformis*; *Salix* spp.; *Scirpus cyperinus*; and *Typha* spp. Twenty of these 24 species are emergent plants, several of which were found in areas that were not in the water in 2005 due to the drought. The only plant found in 2005 that wasn't found in the 2011 transect survey was *Potamogeton natans*.

Figure 22: Changes in Aquatic Plant Community (transect)

Patrick	2005	2011	Change	%Change
Number of Species	18	38	20.0	111.1%
Maximum Rooting Depth	13.0	16.3	16.3	125.4%
% of Littoral Zone Unvegetated	0	0	0.0	0.0%
%Sites/Emergents	12.8%	31.7%	0.2	147.7%
%Sites/Free-floating	0.0%	7.3%	0.1	100.0%
%Sites/Submergents	95.7%	97.6%	0.0	2.0%
%Sites/Floating-leaf	38.3%	70.0%	0.3	82.8%
Simpson's Diversity Index	0.96	0.94	-0.02	-2.1%
Species Richness	5.10	6.10	1.00	19.6%
Floristic Quality	22.18	29.50	7.32	33.0%
Average Coefficient of Conservatism	5.93	4.92	-1.01	-17.0%
AMCI Index	55	56	1.00	1.8%

Since there were no prior PI surveys done on Patrick Lake, no comparison is possible. However, the 2011 PI survey will provide a baseline for future PI survey comparisons.

V. DISCUSSION

Based on water clarity, chlorophyll and phosphorus data, Patrick Lake is a borderline oligotrophic/mesotrophic lake with very good water clarity and good water quality. Adequate nutrients (including sediments), good water clarity, hard water, the large shallow areas in the lake and the gradually sloped littoral zone in Patrick Lake would favor plant growth.

Aquatic plants occurred throughout almost the entire lake. White-stemmed pondweed and clasping-leaf pondweeds and were the deepest-occurring rooted aquatic plants, found at just over 16 feet in depth. The highest total occurrence of plants, highest total density of plants and the greatest species richness occurred in the 0-1.5 foot depth zone.

Thirty-eight (38) aquatic species were found in the 2011 transect surveyed. Of these, thirty-five (35) were native, including nineteen (19) emergent species, one free-floating species, four rooted floating-leaf species and thirteen (13) submergent species. Three invasive species were found: *Myriophyllum spicatum* (Eurasian watermilfoil); *Phalaris arundinacea* (Reed canarygrass); and *Potamogeton crispus* (Curly-leaf pondweed). Forty-six (46) aquatic species were found in the 2011 PI survey. Two of these—reed canarygrass and curly-leaf pondweed—were exotic invasives. Of the remaining forty-four (44), twenty-seven (27) were emergent species, two were free-floating species, four were rooted floating-leaf species, and thirteen (13) were submergent species.

After an absence of a few years, Eurasian watermilfoil was found at several places in Patrick Lake in 2011, and a new invasive, curly-leaf pondweed, was also found. In the past three years, several lakes near Patrick Lake have had a hybrid of the native Northern milfoil and Eurasian watermilfoil confirmed by DNA. The re-emerging milfoil in Patrick Lake should also be checked to determine if the growth is EWM or the hybrid. At this point in time, the milfoil is only 1% of the aquatic plant community, so it may be possible to manage it by hand-pulling. This should be done in 2012 to keep it from increasing in Patrick Lake and requiring some chemical treatment (or other treatment). Once it has been pulled, the Patrick Lake District needs to monitor it regularly, with help from the Adams County Land & Water Conservation Department.

The Patrick Lake District should also start monitoring the Curly-Leaf Pondweed, which is currently confined to one area of the lake. This area is the same area as the location of most of the current EWM growth and where boat traffic comes into the lake from the launch.

The Aquatic Macrophyte Community Index (AMCI) for Patrick Lake was 56 (transect method) or 59 (PI method), indicating that the quality of the plant community in Patrick Lake is in the high average for lakes in Wisconsin and the region. The Simpson's Diversity Indices indicate that the aquatic plant community has a good to excellent diversity of plant species.

The Average Coefficient of Conservatism and the Floristic Quality Index indicate that Patrick Lake has an above average sensitivity to disturbance and is in the upper quartile of lakes (top 25%), those closest to an undisturbed state, in the North Central Hardwood Region. When compared to lakes over the whole state, Patrick Lake remains closer to an undisturbed condition than the average lake. Damage by motor boats in the shallow areas and the introduction of Eurasian Watermilfoil and Curly-Leaf Pondweed are likely the biggest disturbances in Patrick Lake.

Shoreline Impacts

Shorelines with cultivated lawn can impact the plant community through increased run-off of lawn fertilizers, pesticides and pet wastes into the lake and also speed run-off to the lake without filtering these pollutants. Protecting the buffer of natural vegetation around Patrick Lake will help prevent shoreline erosion and reduce additional nutrient/chemical run-off that can add to algae growth and sedimentation of the lake bottom.

V. CONCLUSIONS

Patrick Lake is a mesotrophic/oligotrophic lake with very good water clarity and good water quality. The aquatic plant community colonized almost the entire lake. The 0 to 1.5 feet depth zone supported the most frequently-occurring aquatic plant growth in 2011. This was different than in 2005, when the first three depths zones had similar occurrence frequency. The 0 to 1.5 feet depth zone also had the most densely-growing aquatic plants in 2011. Rooted aquatic plants were found at depths just over 16 feet.

The dominant species in both 2011 surveys was Southern Naiad (*Najas guadelupensis*), as it had been in 2005. In 2005, the next most dominant species were muskgrass and white water lily. However, in the 2011 transect survey, the next most dominant specie was clasping-leaf pondweed, followed closely by both variable-leaf pondweed and white-stemmed pondweed. In the 2011 PI survey, white water lily and variable-leaf pondweed were tied for the second most dominant species, with clasping-leaf pondweed following close behind. There were no endangered or threatened aquatic species found in Patrick Lake in 2011.

Three invasive aquatic plant species were found in the 2011 surveys. Although Eurasian watermilfoil was found in the lake in 2004, it had been chemically treated in 2005 and none was found then. However, it appears to be starting in the lake again.

Reed canarygrass and curly-leaf pondweed are new to Patrick Lake since 2005. These plants occurred at fairly low density and low frequency in 2011, but

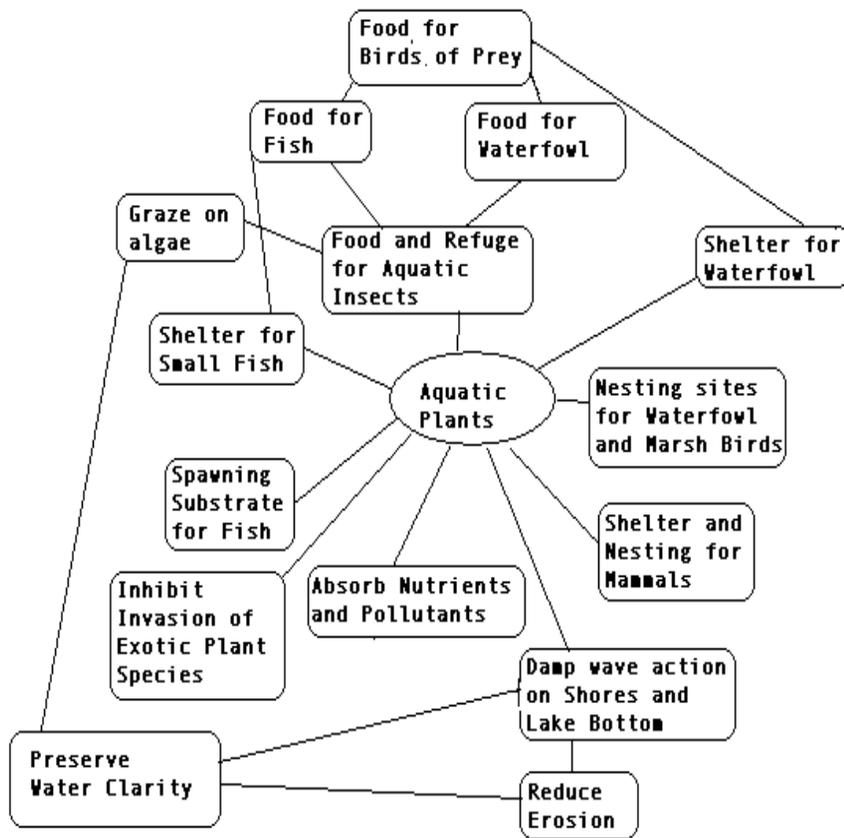
considering the aggressiveness with which they usually spread once they've entered a lake, their presence is an issue of concern. It is interesting that curly-leaf pondweed was not found by the public boat ramp, where new invasives are often found, but instead occurred at the opposite end of the lake.

The Patrick Lake aquatic plant community is characterized by high average quality and good species diversity. However, the presence of two highly-aggressive invasive species suggests that the lake continues to be vulnerable to such incursions.

A healthy aquatic plant community plays a vital role within the lake community. This is due to the role plants play in: 1) improving water quality; 2) providing valuable habitat resources for fish and wildlife; 3) resisting invasions of non-native species; and 4) checking excessive growth of tolerant species that could crowd out the more sensitive species, thus reducing diversity. Aquatic plant communities improve water quality in many ways (Engel 1985):

- they trap nutrients, debris, and pollutants entering a water body;
- they absorb and break down some pollutants;
- they reduce erosion by damping wave action and stabilizing shorelines and lake bottoms;
- they remove nutrients that would otherwise be available for algae blooms.

Aquatic plant communities provide important fishery and wildlife resources. Plants and algae start the food chain that supports many levels of wildlife, and at the same time produce oxygen needed by animals. Plants are used as food, cover and nesting/spawning sites by a variety of wildlife and fish and are an essential part of the ecological web of a lake (Figure 23).



**Figure 23
Aquatic
Ecological
Web**

Lakes with diverse aquatic plant beds support larger, more diverse invertebrate populations that in turn support larger and more diverse fish and wildlife populations (Engel 1985). Additionally, mixed stands of aquatic plants support 3-8 times as many invertebrates and fish as monocultural stands (Engel 1990). Diversity in the plant community creates more microhabitats for the preferences of more species. Aquatic plant beds of moderate density support adequate numbers of small fish without restricting the movement of predatory fish (Engel 1990).

MANAGEMENT RECOMMENDATIONS

- 1) All lake residents should practice best management on their lake properties.
Patrick Lake is borderline between oligotrophic and mesotrophic. A small increase in nutrients could push the lake into another trophic state, resulting in noticeably worse water quality. Conversely, reducing nutrients could have a noticeable favorable impact on water quality.
 - Keep septic systems cleaned and in proper condition;
 - Use no lawn fertilizers;
 - Clean up pet wastes;
 - No composting should be done near the water nor should yard wastes & clippings be allowed to enter the lake (Do not compost near the water or allow yard wastes and clippings to enter the lake).

- 2) Residents should become reinvolved in the Citizen Lake Monitoring Program, monitoring water quality to track seasonal and year-to-year changes.

- 3) Residents also need to start regularly monitoring the lake for the spread of the current invasives and the introduction of any new ones.

- 4) The Patrick Lake District should work with the WDNR and the Adams County LWCD to develop a management plan, including spring and fall surveys and handpulling, for EWM and any other invasives.

- 5) Now that much of the lake is designated as critical habitat areas, a map of these areas should be posted at the public boat ramp with a sign encouraging

avoidance of motorboat disturbance to these areas. Landowners on the lake should watch for disturbance of these areas and report any violations. These areas are very important for habitat, the high value aquatic plant community, maintaining the positive water quality and for preserving endangered and rare species.

- 6) Lake residents should protect natural shoreline around Patrick Lake. Where there is cultivated lawn or buffers less than 35 feet landward, the buffers should be installed/increased.
- 7) Steps should be taken to regulate boat speed in the shallow water areas to reduce disturbance to plants. The standing-water emergent community, floating-leaf community and submergent plant community are all unique plant communities. Each of these plant communities provides their own benefits for fish and wildlife habitat and water quality protection.
- 8) An aquatic plant survey should be repeated in 3 to 5 years in order to continue to track any changes in the community and the lake's overall health.
- 9) The Patrick Lake District could consider approaching the landowners at the west end of the lake, which is undeveloped, and explore the option of conservation easements. Grants are available to assist in the purchase of such easements.

LITERATURE CITED

Barko, J and R. Smart. 1986. Sediment-related mechanisms of growth limitation in submersed macrophytes. *Ecology* 61:1328-1340.

Boyd, C. E. 1974. Utilization of aquatic plants In *Aquatic vegetation and its uses and control*, D.S. Mitchell ed. Paris, Unesco, pp. 107-114).

Dennison, W., R. Orth, K. Moore, J. Stevenson, V. Carter, S. Kollar, P. Bergstrom and R. Batuik. 1993. Assessing water quality with submersed vegetation. *BioScience* 43(2):86-94.

Duarte, Carlos M. and J. Kalff. 1096. Littoral slope as a predictor of the maximum biomass of submerged macrophyte communities. *Limnol. Oceanogr.* 31(5):1072-1080.

Fassett, N.C. 1957. *A Manual of Aquatic Plants*. University of Wisconsin Press. Madison, WI.

Gleason H. and A. Cronquist. 1991. *Manual of Vascular Plants of Northeastern United States and Adjacent Canada* (2nd edition). New York Botanical Gardens. NY.

Jessen, R and R. Lound. 1962. An evaluation of a survey technique for submerged aquatic plants. Minnesota Department of Conservation. Game Investigational Report No. 6.

Jester, L.L., M.A. Bozek, D.R. Helsel & S.P. Sheldon. 2000. *Euhrychiopsis lecontei* distribution, abundant and experimental augmentation for Eurasian watermilfoil control in Wisconsin lakes. *Journal of Aquatic Plant Management* 38:88-97.

Konkel, D.J. 2005. *The Aquatic Plant Community of Patrick Lake, Adams County*. Wisconsin Department of Natural Resources. Eau Claire, WI.

Lillie, R. and J. Mason. 1983. *Limnological Characteristics of Wisconsin Lakes*. Wisconsin Department of Natural Resources Tech Bull #138. Madison, WI.

Newman, R.M., D.W. Ragsdale, A. Milles & C. Oien. 2001. Habitat and the relationship of overwinter to in-lake densities of the milfoil weevil, *Euhrychiopsis lecontei*, Eurasian watermilfoil biological control agent. *Journal of Aquatic Plant Management* 39:63-67.

Nichols, S., S. Weber, B. Shaw. 2000. A proposed aquatic plant community biotic index for Wisconsin lakes. *Environmental Management* 26:491-502.

Nichols, S. 1999. Distribution & Habitat Descriptions of Wisconsin Lake Plants. Wisconsin Geological and Natural History Survey, Bulletin 96. Madison, WI.

Nichols, S. 1998. Floristic quality assessment of Wisconsin lake plant communities with example applications. *Journal of Lake and Reservoir Management* 15(2):133-141.

Nichols, S. and J.G. Vennie. 1991. Attributes of Wisconsin Lake Plants. Wisconsin Geological and Natural history Survey. Information Circular 73.

Shaw, B., C. Mechnich and L. Klessig. 1993. Understanding Lake Data. University of Wisconsin-Extension. Madison, WI.

LAKE CLASSIFICATION REPORT FOR PATRICK LAKE, ADAMS COUNTY



**Presented by Reesa Evans, CLM, Lake Specialist
Adams County Land & Water Conservation Department
P.O. Box 287, Friendship, WI 53934**

NOVEMBER 2008

**PATRICK LAKE
LAKE CLASSIFICATION REPORT
TABLE OF CONTENTS**

Executive Summary	1
Recommendations	8
Introduction	12
Methods of Data Collection	13
Water Quality Computer Modeling	14
Dissemination of Project Deliverables	14
Adams County Information	15
Figure 1: Location Map of Adams County	15
Patrick Lake Information	16
Figure 2: Location Map of Patrick Lake	16
Figure 3: Patrick Watershed Soils	18
Prior Studies of Patrick Lake area	19
Figure 4: Erosion “ditches” at Patrick Lake	23
Current Land Use	25
Figure 5: Table of Land Use	25
Figure 6a: Surface Watershed Land Use Map	26
Figure 6b: Ground Watershed Land Use Map	27
Figure 7a: Surface Land Use Graph	28
Figure 7b: Ground Land Use Graph	28

Shorelands	29
Figure 7: Graph of Patrick Shores	29
Figure 9: Shoreline Map of Patrick Lake	30
Figure 10: none	
Figure 11: Graph of Patrick Lake Buffers	31
Figure 12: Buffer map of Patrick Lake	32
Figure 13: Example of Inadequate Buffer	33
Figure 14: Example of Adequate Buffer	33
Figure 15: Vegetated Buffer on Patrick Lake	34
Water Quality	35
Phosphorus	35
Figure 16: Graph of Eplimnetic Phosphorus	36
Figure 17: Table of Prior P Loading	37
Figure 18: Graph of Increase/Decrease	38
Figure 19: Graph of In-Lake Impact	39
Figure 20: Sediment Map of Patrick Lake	39
Water Clarity	40
Figure 21a: Secchi Readings 1983-1993	40
Figure 21b: Secchi Readings 2003-2006	40
Figure 22: Average Growing Season Secchi	41
Figure 23: Photo of Secchi Testing	41
Chlorophyll-a	42
Figure 24: Graph of Chlorophyll-a Readings	42
Figure 25: Photo of Lake in algal bloom	42
Dissolved Oxygen	43
Figure 26: Stratification Layers	43
Figure 27a: DO Graph for 1995-2004	44
Figure 27b: DO Graph for 2005	45
Figure 27c: DO Graph for 2006	46
Hardness, Alkalinity & pH	47
Figure 28: Table of Hardness Levels	47
Figure 29: Graph of Natural Lake Hardness	48
Figure 30: Table of Acid Rain Sensitivity	48

Figure 31: Graph of County Alkalinity	49
Figure 32: Table of Effects of pH on Fish	50
Figure 33: Graph of pH by Depth	51
Figure 34a: Bluegill	51
Figure 34b: Pumpkinseed	51
Other Water Quality Testing Results	52
Chloride	52
Nitrogen	52
Calcium & Magnesium	52
Sodium & Potassium	53
Sulfate	53
Turbidity	53
Figure 35: Examples of Turbid Water	53
Hydrologic Budget	54
Figure 36: Bathymetric Map of Patrick Lake	54
Figure 37: Example of Hydrologic Budget	55
Trophic State	56
Figure 38: Trophic Status Table	56
Figure 39: Patrick Lake TSI Overview	57
Figure 40: Trophic State Index Graph	57
In-Lake Habitat	58
Aquatic Plants	58
Figure 41: Table of Plants Found in 2005	60
Figure 42: Comparison Table of Shore Types	62
Figure 43: Comparison Table of Plant Comm.	63
Figure 44: Table of Community Changes	64
Figure 45a: Map of Emergent Distribution	65
Figure 45b: Map of Floating-Leaf Distribution	65
Figure 45c: Map of Submergent Distribution	66
Figure 46: Table of Herbicide Applications	66
Figure 47: Photos of Common Aquatic Plants	67

Aquatic Invasives	68
Figure 48: Photos of EWM & CLP	68
Critical Habitat	69
Figure 49: Patrick Lake Critical Habitat map	71
Figure 50: Photo of Area PA1	72
Figure 51: Photo of Area PA2	74
Figure 52: Photo of Area PA3	75
Fishery, Wildlife & Endangered Resources	77
Figure 53: Photo of Patrick Lake wetlands	77
Resources	78

EXECUTIVE SUMMARY

Background Information about Patrick Lake

Patrick Lake is located in the Town of New Chester, Adams County, WI, in the south central part of Wisconsin. It is reached off of County E as it turns south. Patrick Lake is a mesotrophic seepage lake with good to very good water quality and clarity. It has 50 surface acres, with a maximum depth of 21 feet and a mean depth of 10 feet. In the past few years, the water level in Patrick Lake has been declining substantially. As in the case in all seepage lakes, the water level on Patrick Lake fluctuates naturally with the underground water table, but studies are underway to determine if some other factors may be contributing to the lowering water levels. There is a county park and boat launch at the southeast “corner” of the lake. The lake is managed by the Patrick Lake District, formed in 1981, which has a proposed lake management plan pending before the WDNR at this time.

In both the surface and ground watersheds, the soils are fairly evenly divided between loamy sand and sand. There are small pockets of muck, sandy loam, and silty clay loam.

Loamy sands tend to be well-drained, with water, air and nutrients moving through them at a rapid rate. Runoff, when it occurs, tends to be slow. Loamy sands have little water-holding capacity and low natural fertility, although they usually have more organic matter present than do sandy soils. Both wind and water erosion are potential hazards with loamy sands, as is drought. There are difficulties with waste disposal and vegetation establishment because of slope and seepage.

Sandy soil tends to be excessively drained, no matter what the slope. Water, air and nutrients move through sandy soils at a rapid rate, so that little runoff occurs unless the soil becomes saturated. Although water erosion can be a problem, wind erosion may be more of a hazard with sandy soils, especially since these soils dry out so quickly. There are also draught hazards with sandy soils. Getting vegetation started in sandy soils is often difficult due to the low available water capacity, as well as low natural fertility and organic material. Onsite waste disposal in sandy soils is also a problem because of slope and seepage; mound systems are usually required.

Land Use in Patrick Lake Watersheds

While the surface watershed of Patrick Lake is fairly small, the ground watershed goes east and north of the lake about three miles. Woodlands are the largest land use category in both Patrick Lake watersheds. Since forest floors are often full of leaves, needles and other duff, runoff from forested lands may be more filtered than that from agricultural or residential lands. Residential land use is the second most common land use category in both the Patrick Lake watersheds, especially around the lake itself, where residential land use is most concentrated. This land use category may contribute a significant amount of nutrients to the water from stormwater runoff, mowed lawns, and impervious surfaces. Septic systems may also add to nutrient loading from residential land use. Agricultural land use may contribute significantly to the amount of nutrient loading in a watershed. While only a small part of the surface watershed of Patrick Lake is in agricultural use, the groundwatershed has a much larger portion of its land use in agriculture.

Patrick Lake has a total shoreline of 1.68 miles (8870.4 feet). Much of the shore in the northwest lobe and in the west part of the center lobe of the lake has been left mostly undisturbed. Buildings in these areas tend to be uphill and more than 70' from the shore. The eastern lobe of the lake is in residential use and park use. Most of the areas in this lobe are flatter than the northwest end. Buildings in this lobe are generally located closer to the shoreline than those on the west part of the lake. 80% of Patrick Lake's shoreline is vegetated.

A 2004 shore survey showed that most of the shore had an "adequate buffer." An "adequate buffer" is a native vegetation strip at least 35 feet landward from the shore. However, there were still areas of "inadequate" buffers, mostly those with mowed lawns and insufficient native vegetation at the shoreline to cover 35 feet landward from the water line. There are also several areas of sand bars and some active erosion.

Adequate buffers on Patrick Lake in some places could be easily installed on the inadequate areas by either letting the first 35 feet landward from the water just grow without mowing it, except for a path to the water, or by planting native seedlings sufficient to fill in the first 35 feet or using biologists to protect the shore that are vegetated. Where areas are deeply eroded, shaping, revegetating and protecting the shores will be necessary to prevent further erosion.

Water Testing Results

Between 2004 and 2006, Adams County Land & Water Conservation Department gathered water chemistry and other water quality information on Patrick Lake.

Overall, Patrick Lake was determined to be a mesotrophic lake with good water quality and very good water clarity.

Measuring the phosphorus in a lake system provides an indication of the nutrient level in a lake. Increased phosphorus in a lake will feed algal blooms and also may cause excess plant growth. The 2004-2006 summer average phosphorus concentration in Patrick Lake was 17.3 micrograms/liter. This average is under the 30 micrograms/liter level recommended to avoid nuisance algal blooms. This concentration suggests that Patrick Lake is unlikely to have frequent nuisance algal blooms from excessive phosphorus.

Water clarity is a critical factor for plants. If plants don't get more than 2% of the surface illumination, they won't survive. Water clarity is measured with a Secchi disk. Average summer Secchi disk clarity in Patrick Lake in 2004-2006 was 10.2 feet. This is very good water clarity.

Chlorophyll-a concentration provides a measurement of the amount of algae in a lake's water. Algae are natural and essential in lakes, but high algal populations can increase water turbidity and reduce light available for plant growth, as well as result in unpleasing odor and appearance. The 2004-2006 growing season (June-September) average chlorophyll-a concentration in Patrick Lake was 2.8 micrograms/liter, a low algal concentration.

Patrick Lake's surface water hardness of 109 milligrams/liter was considerably below the overall hardness average for natural lakes in Adams County of 135.3 milligrams/liter of Calcium Carbonate, although slightly higher than the 1983 figure of 102.4 milligrams/liter. Hard water lakes tend to produce more fish and aquatic plants than soft water lakes because they are often located in watersheds with soils that load phosphorus into the lake water.

A lake with a neutral or slightly alkaline pH like Patrick Lake is a good lake for fish and plant survival. Natural rainfall in Wisconsin averages a pH of 5.6. This means that if the rain falls on a lake without sufficient alkalinity to buffer that acid water coming in by rainfall, the lake's fish cannot reproduce. That is not a problem at Patrick Lake, since its surface water alkalinity averages 95 milliequivalents/liter. The pH levels from the bottom of the lake to the surface hovered between nearly 7 and 8, alkaline enough to buffer acid rain.

Most of the other water quality testing at Patrick Lake showed no areas of concern. The average calcium level in Patrick Lake's water during the testing period was 24.04 milligrams/liter. The average Magnesium level was 13.74 milligrams/liter. Both of these are low-level readings. Both sodium and potassium levels in Patrick Lake are

very low: the average sodium level was 0.85 milligrams/liter; the average potassium reading was .18 milligrams/liter.

To prevent the formation of hydrogen sulfate gas, levels of 10 milligrams/liter are best. A health advisory kicks in at 30 milligrams/liter. Sulfate levels in Patrick Lake are 12.41 milligrams/liter, below the health advisory level, although above the level for formation of hydrogen sulfate. Turbidity reflects water clarity. The term refers to suspended solids in the water column—solids that may include clay, silt, sand, plankton, waste, sewage and other pollutants. Very turbid waters may not only smell and mask bacteria & other pollutants, but also tend to be aesthetically displeasing, thus curtailing recreational uses of the water. Turbidity levels for Patrick Lake were at low levels between 2004-2006.

The presence of a significant amount of chloride over a period of time may indicate that there are negative human impacts on the water quality present from septic system failure, the presence of fertilizer and/or waste, deposition of road-salt, and other nutrients. Chloride levels found in Patrick Lake during the testing period averaged 6.67 milligrams/liter, far above the natural level of 3 milligrams/liter for this region of Wisconsin. This elevation should be investigated.

Nitrogen levels can affect other aspects of water quality. The sum of water testing results for nitrate, nitrite and ammonium levels of over .3 milligrams/liter in the spring can be used to project the likelihood of an algal bloom in the summer (assuming sufficient phosphorus is also present). Patrick Lake's combination spring levels from 2004 to 2006 averaged .09 milligrams/liter, below the .3 milligrams/liter predictive level for nitrogen-related algal blooms. However, the nitrogen level should still be monitored because the growth level of Eurasian watermilfoil, historically the main invasive aquatic plant species in Patrick Lake, has been correlated with fertilization of lake sediments by nitrogen-rich runoff.

Phosphorus

Like most lakes in Wisconsin, Patrick Lake is a phosphorus-limited lake: of the pollutants that end up in the lake, the one that most affects the overall quality of the lake water is phosphorus. The amount of phosphorus especially affects the frequency and density of aquatic vegetation and the frequency and density of various kinds of algae, as well as water clarity and other water quality aspects.

The total phosphorus (TP) concentration in a lake is considered a good indicator of a lake's nutrient status, since the TP concentration tends to be more stable than other types of phosphorus concentration. For a natural lake like Patrick Lake, a total phosphorus concentration below 25 micrograms/liter tends to result in few nuisance

algal blooms. Patrick Lake's growing season (June-September) surface average total phosphorus level of 17.3 micrograms is slightly under that limit, suggesting that phosphorus-related nuisance algal blooms should be infrequent.

Land use plays a major role in phosphorus loading. Currently, the most phosphorus loading is coming from non-irrigated agriculture in the surface watershed and from the ground watershed. Residential inputs are third in phosphorus loading in the surface watershed. Some phosphorus deposition cannot be controlled by humans. However, some phosphorus (and other nutrient) input can be decreased or increased by changes in human land use patterns. Practices such as shoreland buffer restoration along waterways; infiltrating stormwater runoff from roof tops, driveways and other impervious surfaces; using no phosphorus lawn fertilizers; and reducing phosphorus input to and properly managing septic systems will minimize phosphorus inputs into the lake. Such practices need to be implemented in all of the Patrick Lake Watershed in order for a significant impact on phosphorus reduction to occur.

Reducing the amount of input from the surface and ground watersheds results in less nutrient loading into the lake itself. Under the modeling predictions, reducing phosphorus inputs from human-based activities even 10% would improve Patrick Lake water quality by .7 to 4.9 micrograms. A 25% reduction would save 1.75 to 12.25 micrograms/liter, substantially under the 30 micrograms/liter recommended to avoid nuisance algal blooms. These predictions make it clear that reducing current phosphorus inputs to the lake are essential to improve, maintain and protect Patrick Lake's health for future generations.

Aquatic Plant Community

In 2005, a qualitative aquatic plant survey was done on Patrick Lake by staff from WDNR and Adams County Land & Water Conservation Department. Abbreviated aquatic plant surveys, using different sampling methods, were conducted in 1983, 1993 and 2004.

The 2005 aquatic plant survey found that the Patrick Lake aquatic plant community colonized approximately three-quarters of the entire lake area to a maximum rooting depth of 13 feet. Within the important shallow water littoral zone, 100% of the sites were vegetated. The 0-1.5ft depth zone supported the most abundant aquatic plant growth. The aquatic plant community is characterized by high quality, good species diversity, an average sensitivity to disturbance and a condition closer than average to an undisturbed condition.

Of the 17 aquatic species found in Patrick Lake in 2005, 15 were native aquatic plants. 2 species were macrophytic-algae (*Chara* and *Nitella*). In the native plant category, 3 were emergent plants, 3 were floating-leaf rooted plants, and 9 were submergent species. The exotic invasive found in 2004, *Myriophyllum spicatum* (Eurasian Watermilfoil), wasn't found in 2005, most likely because chemical treatment in May 2005. The dominant and common plant species were found throughout the lake except one. *Potamogeton richardsonii* was found only in the south half of the lake. Filamentous algae were found at 34.04% of the sample sites.

Since Eurasian Watermilfoil has had a high frequency of occurrence in the past, the Patrick Lake District will need to closely monitor its possible recurrence. Its tenacity and ability to spread to large areas fairly quickly make it an ongoing danger to the diversity, habitat value and equality of Patrick Lake's aquatic plant community. Also, Curly-Leaf Pondweed, another aquatic invasive plant, has been found previously in Patrick Lake. Monitoring for its recurrence should also occur.

Critical Habitat Areas

Wisconsin Rule 107.05(3)(i)(I) defines a "critical habitat areas" as: "areas of aquatic vegetation identified by the department as offering critical or unique fish & wildlife habitat or offering water quality or erosion control benefits to the body of water. Thus, these sites are essential to support the wildlife and fish communities. They also provide mechanisms for protecting water quality within the lake, often containing high-quality plant beds. Finally, critical habitat areas often can provide the peace, serenity and beauty that draw many people to lakes. Three areas on Patrick Lake were determined by a team of lake professionals to be appropriate for critical habitat designation.

Area PA1 extends along approximately 800 feet of the shoreline. 70% of the shore is native herbaceous vegetation; 23.3% of the shore is cultivated lawn; the remaining shore is hard structure. There are downed logs in the water that provide fish and wildlife cover. Filamentous algae were found in this area. There is a moderate level of human disturbance at this area. No threatened or endangered species were found here. Aquatic vegetation at this site included 1 emergent species, 2 species of floating-leaf rooted plants and 7 species of submergent aquatic plants. Curly-Leaf Pondweed, an exotic invasive plant, was found in this area. Most of the aquatic vegetation in this area has multiple uses for fish and wildlife. Because this site provides all three structural types of vegetation, the community has a diversity of structure and species that supports even more diversity of fish and wildlife.

Area PA2 extends along approximately 1000 feet of the shoreline. 25% of the shore is wooded; 10% has shrubs; 45% is native herbaceous cover. The remaining shore is cultivated lawn and hard structure. Large woody cover is common in the shallow water for habitat. Maximum rooting depth in CR2 was 13 feet. No threatened or endangered species were found in this area. One exotic invasive, *Potamogeton crispus* (Curly-Leaf Pondweed), was found in this area. *Myriophyllum spicatum* had been found previously here. Most of the area had filamentous algae, especially near the shores. The plant-like algae, *Chara* spp was abundant in this area. There is a shortage of emergent plants in this area. One floating-leaf rooted plant species was found. The remaining 6 aquatic plant species were all submergents.

Area PA3 extends along approximately 1650 feet of the shoreline. Sediment includes marl, muck, peat, sand, silt and mixtures thereof. 6.7% of the shore is wooded; 5% has shrubs; 85% is native herbaceous cover—the remaining is cultivated lawn. Large woody cover is present in shallow water for fish and wildlife cover. Scenic beauty in part of the area is lessened due to the human development. Maximum rooting depth in PA3 was 7 feet. No threatened or endangered species were found in this area. *Chara* spp and filamentous algae were present in area PA3. Only one emergent species found in this area. One floating-leaf rooted plant was present here. 5 species of submergent aquatic species were found here. *Potamogeton crispus* was common here. Another exotic invasive, *Myriophyllum spicatum* (Eurasian watermilfoil), was previously found in this area.

Fish/Wildlife/Endangered Resources

WDNR records show that Patrick Lake had a long history of fish winterkills, back to 1936, until an aeration system was installed in 1974. A chemical eradication of fish in the lake in 1962 revealed only yellow perch, black bullheads and bluegills. For reason unknown, largemouth bass & northern pike that had been stocked previously had apparently not survived. After the 1962 kill, stocking started again in 1963, and later inventories show that the lake included northern pike, largemouth bass, crappie and bluegills. Whatever the previously problem was for non-survival, apparently it didn't continue after the 1962 chemical eradication. Since 1963, fish inventories have found that largemouth bass continued to survive in the lake, as well as pumpkinseed, black bullhead, perch and bluegills. Pike continue to survive, but are scarce. There are no reported endangered resources in either of the Patrick Lake Watersheds.

Conclusion

Patrick Lake is a natural lake impacted substantially by significant dense plant growth and possible phosphorus loading from the lake bed. The lake has also been suffering from lowering lake levels the past few years, which have further disturbed the aquatic community in the lake. The Patrick Lake District will need to monitor the lake for water quality, aquatic plant growth and invasive species, as well as regularly review and update its lake management plan in order to address the management issues in a logical, cohesive manner.

RECOMMENDATIONS

Lake Management Plan

The Patrick Lake District has submitted a proposed lake management plan to the Wisconsin Department of Natural Resources for approval. Once the plan is approved, the Patrick Lake District will need to regularly review and update its lake management plan in order to address the management issues needed. The plan needs to always address the following: aquatic plant management; control/management of invasive species; wildlife and fishery management; watershed management; shoreland protection; critical habitat protection; water quality protection; inventory & management of the larger watershed.

The District should consider keeping its Citizen Lake Advisory Group active to assist it. This group could be used to gather information for the district and report to the District Board.

Watershed Recommendations

Results of the modeling certainly suggest that input of nutrients, including phosphorus, and the presence of high-phosphorus lake sediments are factors that need to be explored for Patrick Lake. Therefore, it is recommended that both the surface and ground watersheds be inventoried, documenting any of the following: runoff from any livestock operations that may be entering the surface water; soil erosion sites; agricultural producers not complying with nutrient management plans and/or irrigation water management plans. If such sites are documented, steps for dealing with these issues can be incorporated into the lake management plan as needed.

It would also be helpful to conduct sediment core sampling in areas that might be considered for dredging. This will assist in determining the parameters of the cost of

any proposed dredging, since any sediment that has elevated levels of materials such as arsenic may need to be disposed of as hazardous waste, thus increasing costs.

The Patrick Lake District should consider approaching the WDNR or conservancy organizations to explore putting the undeveloped areas of the lake into a permanent easement or non-development area to assure that those areas won't be changed in a way that would degrade water quality of the lake.

Shoreland Recommendation

All lake residents should practice best management on their lake properties, including keeping septic systems cleaned and in proper condition, eliminating the use of lawn fertilizers, cleaning up pet wastes and not composting near the water.

Aquatic Plant Management Recommendations

- 1) There should be renewed and expanded involvement of lake citizens in water quality monitoring and invasive species monitoring through the Citizen Volunteer Lake Monitoring Program. The Lake District should also have volunteers actively involved in the Clean Boats, Clean Waters program to assist in preventing the introduction of other invasives into the lake and in boater education.
- (2) Although chemical treatments have long been used on Patrick Lake, consideration should be given to reduce the chemical uses and consider adding other methods to its aquatic plant management plan, especially if the two invasives previously known to have occurred in the lake return. This could include increases the amount of mechanical harvesting done, using targeted harvesting for Eurasian watermilfoil management. Mid-summer harvesting could focus on the other goals of the harvesting plan. The early-season cutting should be conducted when milfoil is almost to the surface and cut near the sediment level without disturbing the sediments to stress the milfoil and open up the top canopy to allow light penetration into the water for the native species. The late-season harvesting would be conducted in September when native plants are going dormant and focus on cutting the milfoil before it autofragments in the fall.
- (3) Continued larger scale use of chemicals is contraindicated because it is believed that the decaying plant material adds to the internal loading in the lake, further increasing the amount of aquatic plant growth and filamentous algae presence.
- (4) If harvesting occurs, harvested plant tissue should be tested annually to determine how much phosphorus is being removed through the harvesting program. Keep track of amount of aquatic vegetation removed through harvesting.

- (5) Since Patrick Lake has denser aquatic plant growth than is optimum for a balance fishery (no more than 85% aquatic plant coverage), the District should implement a harvesting plan to reduce cover and open areas for fish. Dense vegetation removal by hand in shallow water can be removed to a maximum 30 feet channel out of 100 feet of shoreline at each property.
- (6) Natural shoreline restoration and erosion control in some areas are needed. Biological shoreline restoration is preferred. If trees fall due to continued erosion, large portions of the banks will fall with them. The areas where there is undisturbed vegetated shore should be maintained and left undisturbed for water quality & habitat protection.
- (7) To protect water quality, a buffer area of native plants should be restored on those sites that now have traditional lawns mowed to the water's edge. This is especially important because about one-fifth of the shoreline is currently impacted by disturbed shores.
- (8) Buffers already installed around the lake should be maintained in their current condition.
- (9) Stormwater management on the impervious surfaces around the lake is essential to maintain the high quality of the lake water
- (10) No lawn chemicals should be used on properties around the lake. If they must be used, they should be used no closer than 50 feet to the shore.
- (11) Septic systems around the lake should be regularly inspected and maintained properly. This can be handled through the county, through the town or through the lake district itself.
- (12) The Patrick Lake District should continue to apply for grants from the Wisconsin Department of Natural Resources to help defray the cost of aquatic plant management and other management plan activities.
- (13) Patrick Lake residents should identify, cooperate with and participate in watershed programs that will reduce nutrient and sediment inputs.
- (14) Critical habitat areas were formally determined in 2006 and a report released in 2007. The lake management plan should include recommendations for preserving these areas in its update.

- (15) The Patrick Lake District should make sure that its lake management plan takes into account all inputs from both the surface and ground watersheds and addresses the concerns of this lake community.

Critical Habitat Recommendations

- (1) Maintain current habitat for fish and wildlife.
- (2) Do not remove fallen trees along the shoreline nor logs in the water.
- (3) No alteration of littoral zone unless to improve spawning habitat.
- (4) Seasonal protection of spawning habitat.
- (5) Maintain snag/cavity trees for nesting.
- (6) Maintain wildlife corridor in some areas and increase corridor in more developed areas.
- (7) Establish shore buffers of native vegetation in areas now in cultivated lawn.
- (8) Maintain no-wake zone.
- (9) Protect emergent vegetation.
- (10) Removal of submergent vegetation only and only for navigation in narrow channels.
- (11) Seasonal control of Curly-Leaf Pondweed and Eurasian Watermilfoil if they reoccur.
- (12) No use of chemicals for control of native vegetation.
- (13) Minimize aquatic plant and shore plant removal by limiting removal to 30' wide access/viewing corridor. Leave as much vegetation as possible to protect water quality and habitat.
- (14) Use best management practices in undeveloped areas on shoreline properties.
- (15) No use of lawn products on shoreline properties.
- (16) No bank grading or grading of adjacent land.
- (17) No additional pier construction or other activity except by permit using a case-by-case evaluation.
- (18) No installation of pea gravel or sand blankets.
- (19) No bank restoration unless the erosion index scores moderate or high. Enforce 30' per 100' of shorefront for access corridor regulations.
- (20) If the erosion index does score moderate or high, bank restoration only using biologs or similar bioengineering, with no use of riprap or retaining walls.
- (21) Placement of swimming rafts or other recreational floating devices only by permit.
- (22) Maintain buffer of shoreline vegetation where there is currently a buffer.
- (23) Maintain aquatic vegetation buffer in undisturbed condition for wildlife habitat, fish use and water quality protection.
- (24) Post "exotics alert" sign at boat ramp.

LAKE CLASSIFICATION REPORT FOR PATRICK LAKE, ADAMS COUNTY

INTRODUCTION

In 2003, The Adams County Land & Water Conservation Department (Adams County LWCD) determined that a significant amount of natural resource data needed to be collected on the lakes with public access in order to provide it and the public with information necessary to manage the lakes in a manner that would preserve or improve water quality and keep it appropriate for public use. In some instances, there was significant historical data about a particular lake; in that instance, the study activities concentrated on combining and updating information. In other instances, there was no information on a lake, so study activities concentrating on gathering data about that lake. Further, it was discovered that information was scattered among various citizens, so often what information was actually available regarding a particular lake was unknown. To assist in updating some information and gathering baseline information, plus centralize the data collected, so the public may access it. The Adams County LWCD received a series of grants from the Wisconsin Department of Natural Resources (WDNR) from the Lake Classification Grant Program.

Objectives of the study were:

- collect physical data on the named lakes to assist in assessing the health of Adams County lake ecosystems and in classifying the water quality of the lakes.
- collect chemical and biological data on the named lakes to assist in assessing the health of Adams County lake ecosystems and in classifying the water quality of the lakes.
- develop a library of lake information that is centrally located and accessible to the public and to City, County, State and Federal agencies.
- make specific recommendations for actions and strategies for the protection, preservation and management of the lakes and their watersheds.
- create a baseline for future lake water quality monitoring.
- Provide technical information for the development of comprehensive lake management plans for each lake
- provide a basis for the water quality component of the Adams County Land and Water Resource Management Plan. Components of the plan will be incorporated into Adams County's "Smart Growth Plan".
- develop and implement educational programs and materials to inform and education lake area property owners and lake users in Adams County.

METHODS OF DATA COLLECTION

To collect the physical data, the following methods were used:

- delineation & mapping of ground & surface watersheds using topographic maps, ground truthing and computer modeling;
- identification of flow patterns for both the surface & ground watersheds using known flow maps and topographic maps;
- inventory & mapping of current land use with orthographic photos and collected county information;
- inventory & mapping of shoreline erosion and buffers using county parcel maps and visual observation;
- inventory & mapping for historical and cultural sites using information from the local historical society and the Wisconsin Historical Society;
- identification & mapping of critical habitat areas with WDNR and Adams County LWCD staff;
- identification & mapping of endangered or threatened natural resources (including natural communities, plant & animal species) using information from the Natural Heritage Inventory of Wisconsin;
- identification & mapping of wetland areas using WDNR and Natural Resource Conservation Service wetland maps;
- preparation of soil maps for each of the lake watersheds using soil survey data from the Natural Resource Conservation Service.

To collect water quality information, different methods were used:

- for three years, lakes were sampled during late winter, at spring and fall turnover, and several times during the summer for various parameters of water quality, including dissolved oxygen, relevant to fish survival and total phosphorus, related to aquatic plant and algae growth;
- random samples from wells in each lake watershed were taken in two years and tested for several factors;
- aquatic plant surveys were done on all 20 lakes and reports prepared, including identification of exotics, identifying existing aquatic plant community, evaluation of community measures, mapping of plant distribution, and recommendations;
- all lakes were evaluated for critical habitat areas, with reports and recommendations being made to the respective lakes and the WDNR;
- lake water quality modeling was done using data collected, as well as historical data where it was available.

WATER QUALITY COMPUTER MODELING

Wisconsin developed a computer modeling program called WiLMS (Wisconsin Lake Modeling Suite) to assist in determining the amount of phosphorus being loaded annually into a lake, as well as the probable source of that phosphorus. This suite has many models, including Lake Total Phosphorus Prediction, Lake Eutrophic Analysis Procedure, Expanded Trophic Response, Summary Trophic Response, Internal Load Estimator, Prediction & Uncertainty Analysis, and Water & Nutrient Outflow. The models that various types of data inputs: known water chemistry; surface area of lake; mean depth of lake; volume of lake; land use types & acreage. This information is then used in the various models to determine the hydrologic budget, estimated residence time, flushing rate, and other parameters.

Using the data collected over the course of the studies, various models were run under the WiLMS Suite. These water quality models are computer-based mathematical models that simulate lake water quality and watershed runoff conditions. They are meant to be a tool to assist in predicting changes in water quality when watershed management activities are simulated. For example, a model might estimate how much water quality improvement would occur if watershed sources of phosphorus inputs were reduced. However, it should be understood that these models predict only a relative response, not an exact response. Modeling results will be incorporated into topic discussions as appropriate.

DISSEMINATION OF PROJECT DELIVERABLES

The results of this study will be distributed various agencies, organizations and the public as previously described. Based on the classification information, the Adams County Land and Water Conservation Department will identify assistance requests and determine the appropriate future activities, based on the classification determinations. Goals, priorities and action items may include educational programs, further development of lake management plans and implementation of lake management plans.

ADAMS COUNTY INFORMATION

Adams County lies in south central Wisconsin, shaped roughly like the outline of Illinois. Adams County is a small rural county with a full-time population of about 20,000. Between 1980 and 2000, Adams County's population grew by more than 20%, with most of the population increase being located upon the lakes and streams. The population increase has resulted in a greater need for facilitation, technical assistance and education, including information on the lakes and streams.



**Figure 1:
Adams
County
Location in
Wisconsin**

PATRICK LAKE BACKGROUND INFORMATION

Patrick Lake is located in the Town of New Chester, Adams County, WI, in the south central part of Wisconsin. It is reached off of County E as it turns south. Patrick Lake is a mesotrophic seepage lake with good to very good water quality and clarity. It has 50 surface acres, with a maximum depth of 21 feet and a mean depth of 10 feet. In the past few years, the water level in Patrick Lake has been declining substantially. As in the case in all seepage lakes, the water level on Patrick Lake fluctuates naturally with the underground water table, but studies are underway to determine if some other factors may be contributing to the lowering water levels. There is a county park and boat launch at the southeast “corner” of the lake. The lake is management by the Patrick Lake District, formed in 1981, which has a proposed lake management plan pending before the WDNR at this time.

Figure 2: Patrick Lake location



The Central Sand Hills, which contain Patrick Lake, are found on the eastern edge of what once was Glacial Lake Wisconsin. The area is characterized by a series of glacial moraines that were later partially covered by glacial outwash. The area is a mixture of farmland, woodlots, wetlands, small kettle lakes and cold water stream, all on sandy soils. The combination of glacial moraines and pitted outwash has resulted in extensive wetlands in the outwash areas and the headwaters of cold water streams that originate in glacial moraines. Lakes in these areas tend to be fairly clean, but the groundwater tends to be vulnerable to contamination. Terrain tends to be undulating or rolling

Bedrock and Historical Vegetation

Bedrock in this area is mostly sandstone, both weak and resistant, formed in the Cambrian Period of Geology (542 to 488 millions years ago). Bedrock tends to be between 50 and 100 feet of the land surface, which is covered by lake, organic, till and glacial meltwater deposition.

Historic upland vegetation was oak-forest, oak savanna and tallgrass prairie. Current vegetation is about one-third agricultural crops and a number of grasslands with open wetland, open water, shrubs, barren and more urbanized areas. Woodland types are oak-hickory, with smaller areas of white-red-jack pine, maple basswood, lowland hardwoods and spruce-fir.

Soils in the Patrick Lake Watersheds

In both the surface and ground watersheds, the soils are fairly evenly divided between loamy sand and sand. There are small pockets of muck, sandy loam, and silty clay loam.

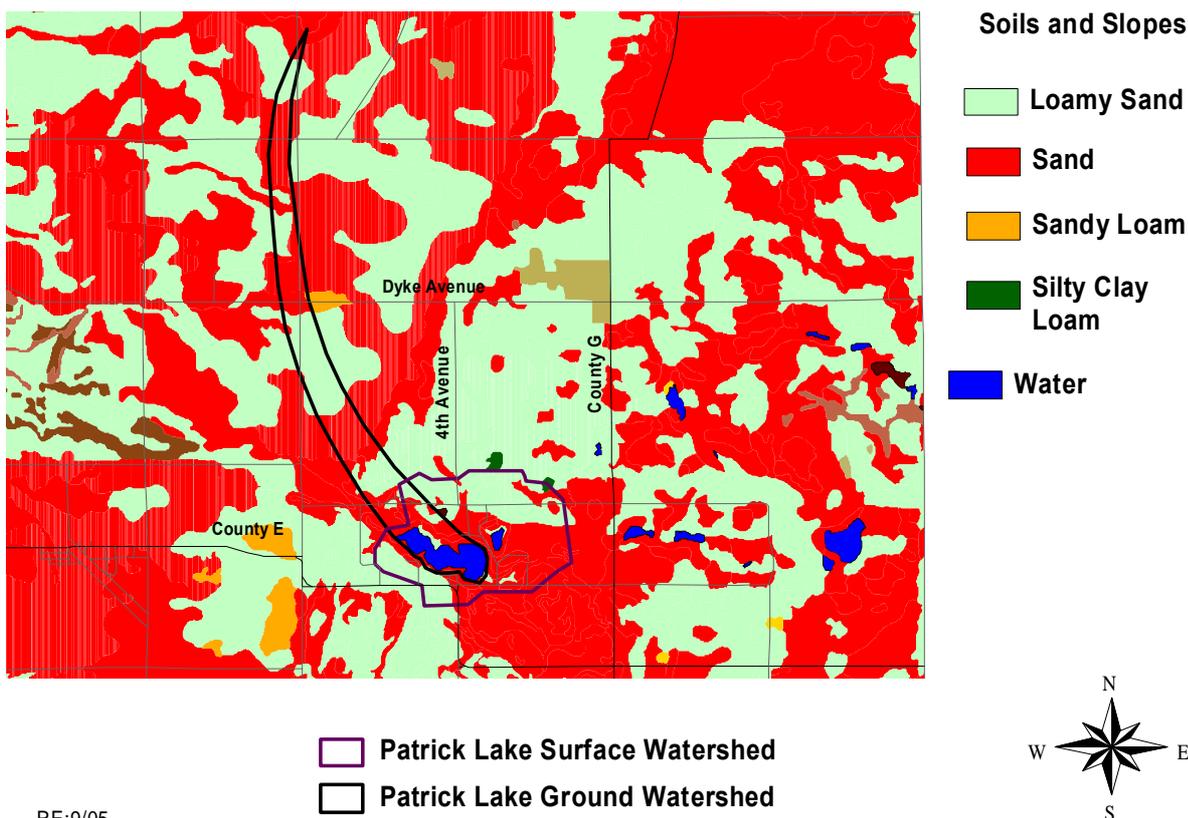
Loamy sands tend to be well-drained, with water, air and nutrients moving through them at a rapid rate. Runoff, when it occurs, tends to be slow. Loamy sands have little water-holding capacity and low natural fertility, although they usually have more organic matter present than do sandy soils. Both wind and water erosion are potential hazards with loamy sands, as is drought. There are difficulties with waste disposal and vegetation establishment because of slope and seepage.

Sandy soil tends to be excessively drained, no matter what the slope. Water, air and nutrients move through sandy soils at a rapid rate, so that little runoff occurs unless the soil becomes saturated. Although water erosion can be a problem, wind erosion may be more of a hazard with sandy soils, especially since these soils dry out so quickly. There are also draught hazards with sandy soils. Getting vegetation started in sandy

soils is often difficult due to the low available water capacity, as well as low natural fertility and organic material. Onsite waste disposal in sandy soils is also a problem because of slope and seepage; mound systems are usually required.

The soil and soil slopes around lakes and streams are very important to water quality. They affect amount of infiltration of surface precipitation into the ground and the amount of contaminants that may reach the groundwater, as well as the amount of surface stormwater runoff. In addition, these two factors affect the amount and content of pollutants and particles (including soil) that may wash into a water body, affecting its water quality, its aquatic plant community and its fishery. Further, soil types and soil slopes help determine the appropriate private sewage system and other engineering practices for a particular site, since they affect absorption, filtration and infiltration of contamination from engineering practices.

Figure 3: Patrick Lake Watersheds Soils



PRIOR STUDIES OF PATRICK LAKE AREA

Lake Data Collection Survey of Patrick Lake in Adams County, WI

In 1983, a private-consulting organization, Northern Lake Service Inc., published a "lake data collection survey" report, summarizing work performed between November 1982 and October 1983. As part of this study, groundwater test wells were installed around Patrick Lake and tested monthly. It was found that Patrick Lake had a strong west to east gradient for groundwater, with the only inflow of groundwater into the lake occurring at the west end of the lake. At all other well sites, groundwater flowed away from the lake. All the test sites had elevated phosphorus and several also had elevated nitrogen.

Surface water was also tested monthly during the growing season and in the spring and fall. Growing season chlorophyll-a levels ranged from 0.95 to 2.95 micrograms/liter, all of which are low. Total phosphorus growing season levels ranged from 10.5 to 26 micrograms/liter. Water clarity stayed high, with Secchi disk readings ranging from 8.9 feet to 19.7 feet. Dissolved oxygen levels remained sufficient for fish survival, even in the winter. Hardness was 102.4 milligrams/liter of CaCO₂; alkalinity was 92.3 milliequivalents/liter.

Sediment probes showed a lot of nutrient-rich organic materials that were estimated at nearly 1,000,000 cubic yards, filling in nearly 2/3 of the lake's original volume. A grid was set up over the lake and water and depth to hard bottom measurements taken in 1982. Deepest water was found in the middle lobe of the lake at 25 feet. The west and east lobes had a maximum depth of 10 feet. However, depth to hard bottom (through the sediment) was 35 feet in the west lobe, 45 feet in the middle lobe and 40 feet in the east lobe.

An aquatic plant survey was done in 1983 as part of this study. Reports indicated that dense aquatic plant growth was common in Patrick Lake, and the 1983 survey found dense macrophytic growth, in keeping with the historical reports. The most abundant submergent plant in 1983 was *Potamogeton praelongus* (flat-stemmed pondweed). The second most abundant plant in the two western basins was the floating-leaf plant, *Nymphaea odorata* (white water lily). The second most abundant plant in the eastern basin was also a floating-leaf plant, *Brassenia schreberi* (common watershield). Overall, 14 aquatic species were found in the lake in 1983, including 2 emergent plants, 4 floating-leaf plants, and 8 submergent plants. The report noted that emergent were especially scarce. Filamentous algae was found and reached nuisance proportions by August 1983.

The report concluded that all of Patrick Lake served as a littoral zone, with productivity, nutrient utilization and autochthonous sedimentation occurring at an accelerated rate. It noted that the size and shape of the lake, as well as the large amounts of sediments, were not suited for speed boats or water-skiing, both of which were likely to disturb lake sediments and fragment aquatic plants. The report indicated that the best method to turn back eutrophication, heavy weed growth, increased sedimentation and winterkill would be massive dredging, but it opined that the cost of such a project was likely to be outside the Lake District's taxing power. The report recommended dealing with eutrophication symptoms by aeration and chemical/mechanical aquatic plant control.

A Trophic State Index calculation was performed that result in an overall TSI for Patrick Lake of 44, which fell into the "mesotrophic" range for lakes.

Feasibility Study Results & Management Alternatives

The document, published in 1985 by the WDNR's Bureau of Water Resources Management, used the data gathered by the Northern Lake Service in the earlier study, as well as its own data, to make findings and recommendations regarding management of Patrick Lake. The objective of this study were: develop a water budget for Patrick Lake; develop a nutrient budget; characterize in-lake chemistries and biological processes for an index of lake "health", and to develop a set of lake management alternatives that would protect and improve the present water quality.

As part of this study, the land use in the surface watershed of Patrick Lake was evaluated. At that time, only 5% of the land was in agricultural use, with 48% woodlands, 11% low density residential, and 36% water making up the balance. The mean depth of the lake at that time was 7.9 feet. Estimates of sources of inflow to the lake water were: precipitation, 51.9%; runoff, 31.8%; and groundwater, 11.7%. Outflow from the lake was 50.7% to the groundwater and 49.3% into evaporation.

Authors of this report did estimate phosphorus loading from various sources. It indicated that 5.6 pounds/year of phosphors (23%) came from woodlands; 4.7 pounds/year (19%) came from agriculture; 3.9 pounds/year (17%) came from low density residential land use; and 9.9 pounds/year (41%) came from atmospheric deposition. Additional evaluation suggested that there was also a moderate risk of phosphorus deposition from aging septic systems.

This report concluded that most of the lake sediment accumulation was due to natural in-lake biological processes. Even without any further phosphorus or sediment input, the lake bottom was determined to be nutrient-rich enough to support abundant aquatic

plant growth for many years. At that time, most of the primary productivity of the lake went into aquatic plants, rather than into free-floating algae. Although the high density of plants was likely limiting the growth rate of planktonic algae, the report noted that filamentous algae reached nuisance levels by late summer.

A number of recommendations and considerations were outlined for management of Patrick Lake:

- The district should concentrate on lake protection and activities aimed at minimizing nutrient loading & sedimentation to lake from surface runoff, soil loss and groundwater.
- Due to the high fertility of the sediments, the district should look at alternatives for management, using watershed practices, weed harvesting, bottom screens and dredging to deepen the lake to reduce the sediment amount and fertility.
- Watershed practices recommended included:
 1. Install a strip of land parallel to the shore, all around the shore, at a minimum width of 20 feet landward, that was vegetated by native plants;
 2. Have landowners rake leaves & other yard waste far back from the shore to keep decomposing plant materials from adding to the lake nutrient load;
 3. Have landowners construct berms to encourage runoff ponding and infiltration of stormwater runoff before it can reach the lake;
 4. Have landowners direct runoff to areas where seepage can occur;
 5. Minimize the amount of impervious areas around the lake;
 6. Control construction site erosion;
 7. Discourage the use of lawn fertilizers and chemicals, especially those with phosphorus. Ask landowners to do a soil sample first to determine what, if any, nutrients are needed before any fertilizer is added.
 8. Since the soils around the lake have severe limitations for septic tank absorption fields that make groundwater contamination likely, reduce septic loading from all around the lake, either on a voluntary basis or as a Sanitary District;
 9. Implement a water quality monitoring program measuring at least water clarity, total phosphorus and dissolved oxygen. Have citizens participate in the WDNR self-help training and monitoring.
 10. Control recreational activities that cause wave action and pollution from increased boat traffic.
- Aquatic Plant Harvesting recommendations included:
 1. Harvest aquatic plants, but leave the emergent and floating-leaf plants for habitat;

2. Harvest recreational areas used for navigation, swimming, etc.;
 3. Consider sharing the use of a larger, more efficient mechanical harvesting with another lake(s);
 4. Consider using selective harvesting to address certain areas;
 5. Don't use chemicals to treat aquatic plants unless all other measures are shown to be ineffective, because the use of chemicals would cause plant decomposition to add to the already-high nutrient bed;
- Use of Bottom Screens considerations included:
 1. If screens are placed on the bottom to discourage plant growth and stabilize the sediments, be sure to remove and clean them annually;
 2. Such screens could be used to break up dense plant stands;
 3. Such screens require WDNR permit.
 - Dredging considerations included:
 1. Removal of all the soft sediments in the lake would cost over \$2 million, and it might be difficult to find suitable disposal sites for the removed soils. 240 acres would be needed just to spread 1 foot thick layer of sediments;
 2. Deepening of only the eastern half or other partial removals are not recommended because they wouldn't solve the problem of much of the lake having such fertile sediments;
 3. Soft sediments such as those in Patrick Lake might shift and refill any partially dredged areas fairly quickly.
 4. Dredging might have at least a temporary negative impact on the lake fishery.

Patrick Lake Management Plan: A Study of Present Watershed Conditions & an Investigation of Baseline Water Quality & Biological Conditions

This study was conducted by a private consulting firm, Mid-State Associates Inc, in 1993-1994 and published in 1995. It noted that Patrick Lake had a history of clear water and was generally less fertile & productive than most of the lakes in the area, with many reports of dense aquatic plant growth, but few of nuisance algal blooms. Due to its depth at the time, the lake went through an annual cycle of stratification and mixing. Overall, the water quality was determined to be good, with low to moderate levels of both nitrogen and phosphorus.

As part of this study, growing season water quality samples were taken. Secchi disk readings were in the 14 to 16 foot range. Total phosphorus levels ranged from a low of 12 to a high of 21 micrograms/liter. Chlorophyll-a levels were also generally low,

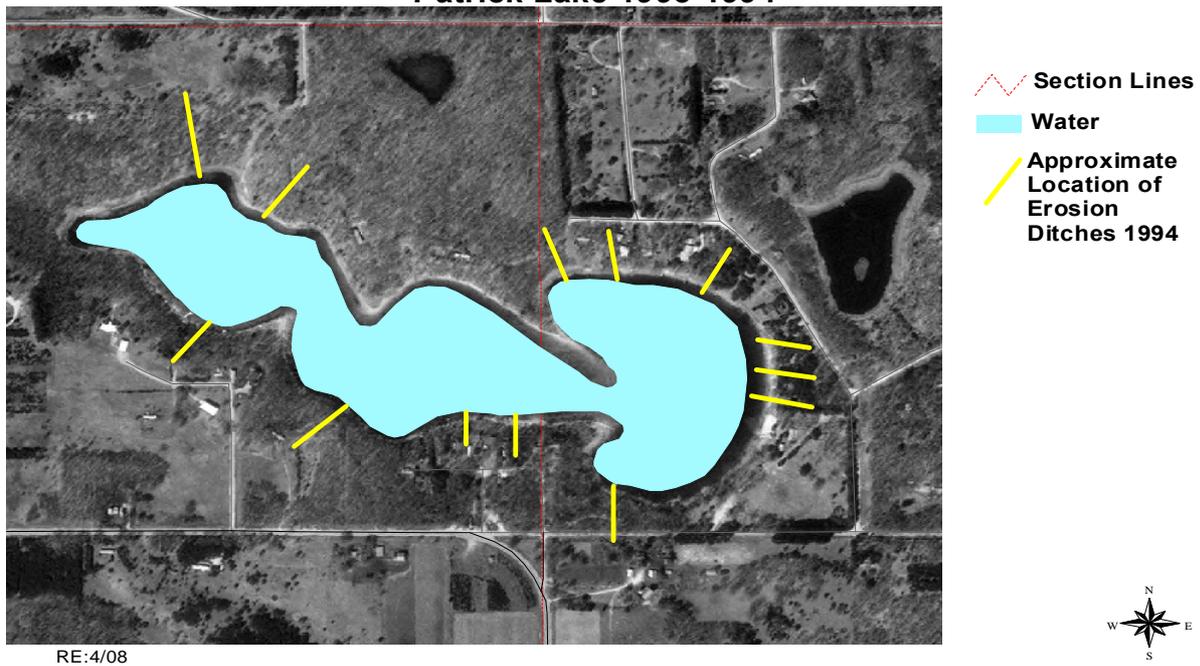
ranging from 2.45 to 6.83 micrograms/liter. An updated Trophic State Index calculation rated Patrick Lake’s overall TSI at 38, falling into the “oligotrophic” level.

An abbreviated aquatic plant survey was also conducted, finding nine species, including 3 floating-leaf plant species, 2 emergent plant species, and 4 submergent species, including one exotic invasive, *Potamogeton crispus* (curly-leaf pondweed).

The authors of this report reviewed the stocking and survey records for fish in Patrick Lake. The fishing was panfish-dominated, with very high populations of bluegill and pumpkinseed, often stunted.

A shoreline erosion survey identified 12 small “ditches” of erosion into the lake. It was estimated that erosion from these ditches had contributed 25 to 50 tons of sediment to the lake.

Figure 4: Erosion "Ditches" around Patrick Lake 1993-1994



As part of this study, a survey of the landowners in the district was conducted. The survey revealed that the three most common uses of the lake were fishing, scenery and swimming. People had chosen Patrick Lake for its distance from their home, the cost of property there, and the low number of public users. Highest use of the lake properties were in the summer and weekends, with very few permanent residents.

Both water clarity and water quality were seen as good. Over 66% of the respondents called the aquatic plant growth “heavy” or “dense”. The main issues for the Lake District to oversee, according to the respondents, were the algae/aquatic plant growth; fish stocking; and a long-term management plan.

This report also made a number of recommendations:

- Minimize any additional sediment or phosphorus input into the lake.
- Collect litter to keep it from ending up in the lake.
- Leave uncut buffers along the lake shores and roadsides.
- Use best management practices even in flower & vegetable gardens, including leaving residue, modified conservation tillage, integrated pest management and use of few chemicals.
- Inspect lake area septic systems to ensure proper functioning.
- Track land use in the watershed at least every 5 years, including changes in development and agricultural use.
- Regularly monitor the water during the spring and fall turnovers for total phosphorus, ammonium, nitrate-nitrite, TK-nitrogen, total hardness, and total alkalinity.
- During the growing season, monitor the water quality for Secchi disk readings, temperature, dissolved oxygen, and pH.
- If dredging is to be done to remove sediment, it has to deepen the lake to more than 20 feet deep or it won't be deep enough to keep water during groundwater fluctuations.
- Small scale dredging is unlikely to be effective.
- No use of chemicals to control aquatic plant growth is recommended unless nothing else has proved successful, because such treatment increases the nutrient load, is expensive due to the need for repeated applications, and may negatively affect non-target species.
- Harvest navigational channels in vegetative beds, including branching channels for navigation to docks, etc.
- Regularly monitor any treatment or harvest to evaluate success.
- Encourage catch/release for bass and northern pike, plus remove small fish such as bluegills and pumpkinseed, to bring panfish population into balance.
- Perform long-term fishing monitoring every 2 to 6 years.
- Measure water depth every quarter to correlate water table elevations and precipitation.
- Limit boating hours, establish no-wake zones on the lake and limit the motor size or type.

CURRENT LAND USE

Studies have shown that lakes are products of their watersheds, with land use having a great impact on the water quality of that lake, especially in the amount and content of stormwater runoff from the surface. Stormwater runoff volume is affected by the amount of impervious surface, the soil type and the slope of the area. Stormwater runoff from natural landscapes tends to be low. While the surface watershed of Patrick Lake is fairly small, the ground watershed goes east and north of the lake about three miles. Woodlands are the largest land use category in both Patrick Lake watersheds. Since forest floors are often full of leaves, needles and other duff, runoff from forested lands is may be more filtered than that from agricultural or residential lands. Residential land use is the second most common land use category in both the Patrick Lake watersheds, especially around the lake itself, where residential land use is most concentrated. This land use category may contribute a significant amount of nutrients to the water from stormwater runoff, mowed lawns, and impervious surfaces. Septic systems may also add to nutrient loading from residential land use. Agricultural land use may contribute significantly to the amount of nutrient loading in a watershed. While only a small part of the surface watershed of Patrick Lake is in agricultural use, the ground watershed has a much larger portion of its land use in agriculture.

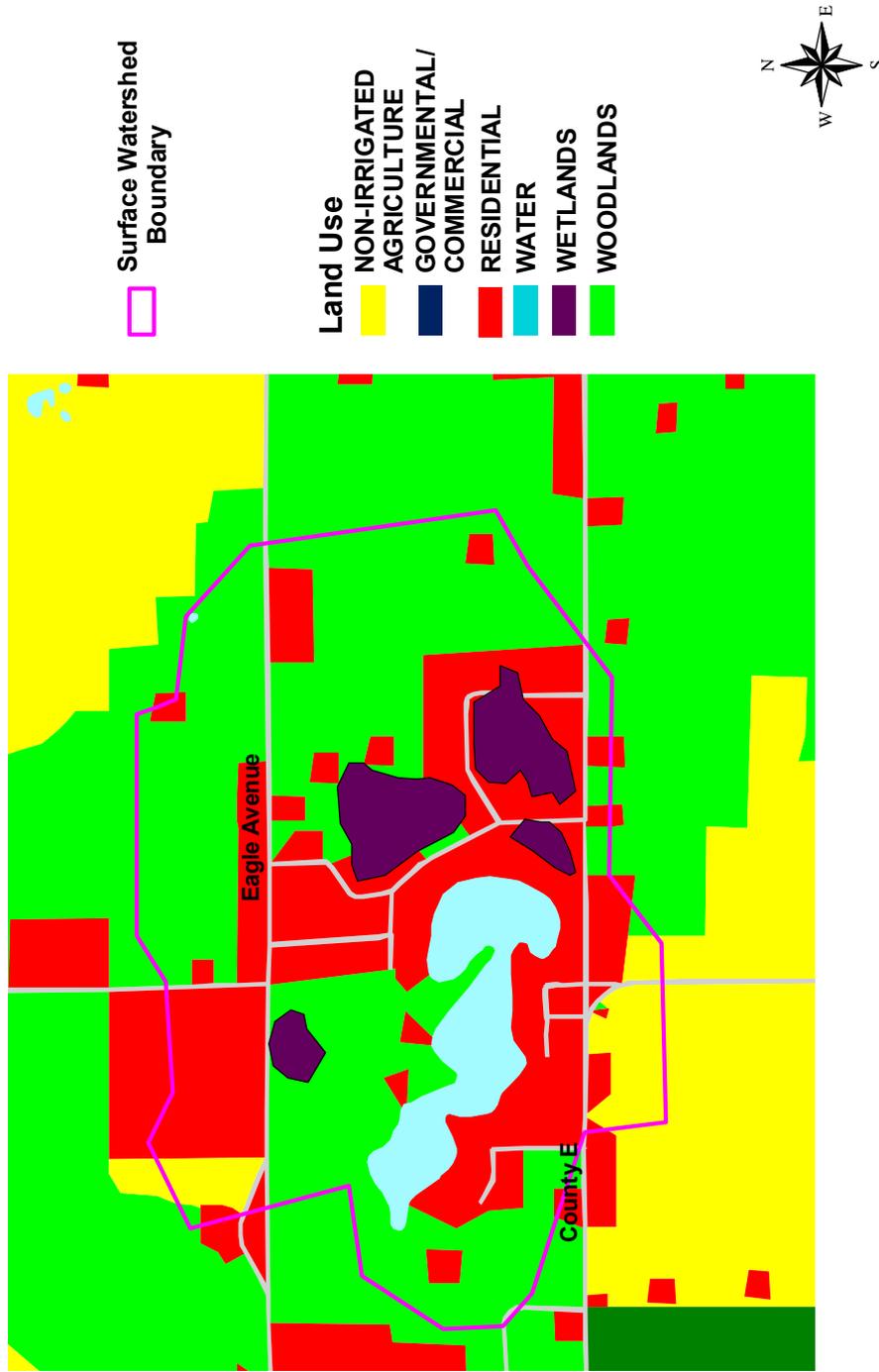
Figure 5: Patrick Lake Watersheds Land Use in Acres and Percent of Total

	Surface		Ground		Total	
Patrick Lake	Acres	% Total	Acres	% Total	Acres	% Total
Agriculture--Non Irrigated	87.8	8.51%	63.71	12.09%	151.51	9.72%
Agriculture--Irrigated	0	0.00%	239.22	45.41%	239.22	15.34%
Residential	437.16	42.35%	23.18	4.40%	460.34	29.53%
Water	50.1	4.85%	5.26	1.00%	55.36	3.55%
Woodland	457.2	44.29%	195.43	37.10%	652.63	41.86%
total	1032.26	100.00%	526.8	100.00%	1559.06	100.00%

Studies have shown that land use around a lake has a great impact on the water quality of that lake, especially in the amount and content of surface runoff. (James, T., 1992, I-10; Kibler, D.F., ed. 1982. 271) For example, while natural woodland may (on the average) absorb 3.5” out of a 4” rainfall, leaving only .5” as runoff, a residential area with quarter-acre lots may absorb only 2.3” of the 4”, leaving 1.7” to run off the land into the lake—the same amount as may be expected to run off from a corn or soybean field. 1.7” of runoff translates into 46,200 gallons per acre ending up in the lake! Percentage of impervious surface, the soil type, vegetation present and slope of the site can all affect runoff volume. (Frankenberger, J, ID-230). The changes in the Patrick Lake watersheds land uses are therefore likely to significantly increase the runoff in volume and content unless protection steps are taken.

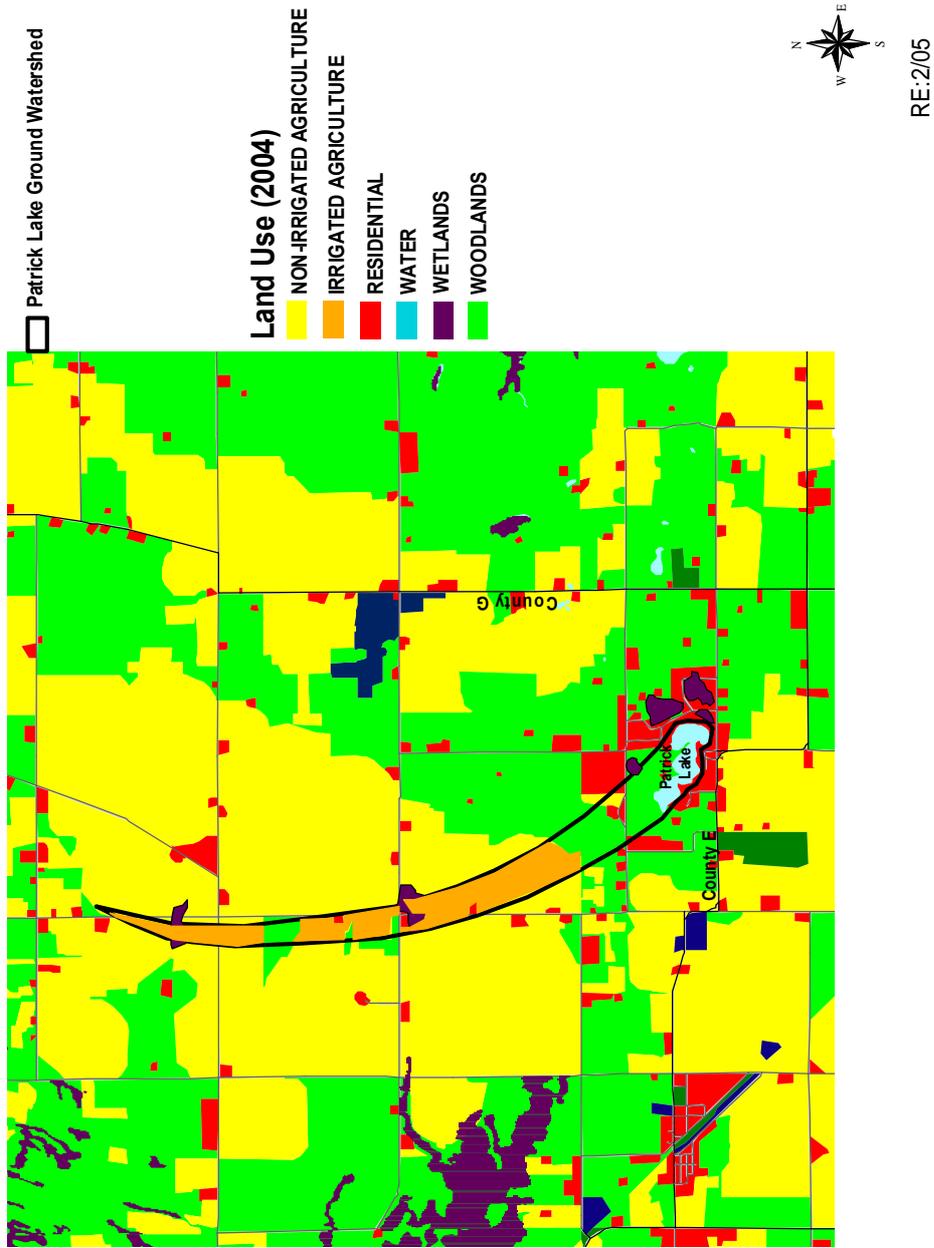
Figure 6a: Land Use in Patrick Lake Surface Watershed

Patrick Lake--Surface Watershed Land Use

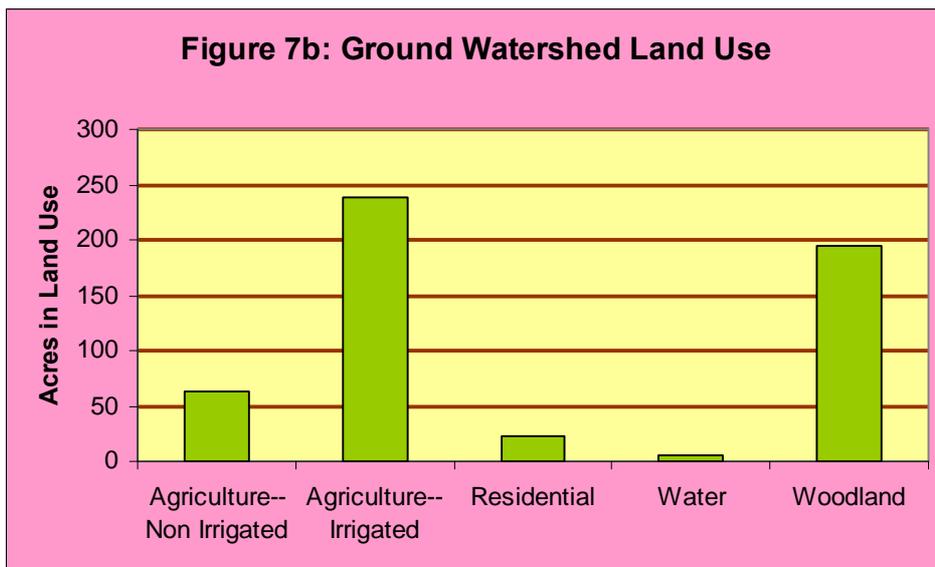
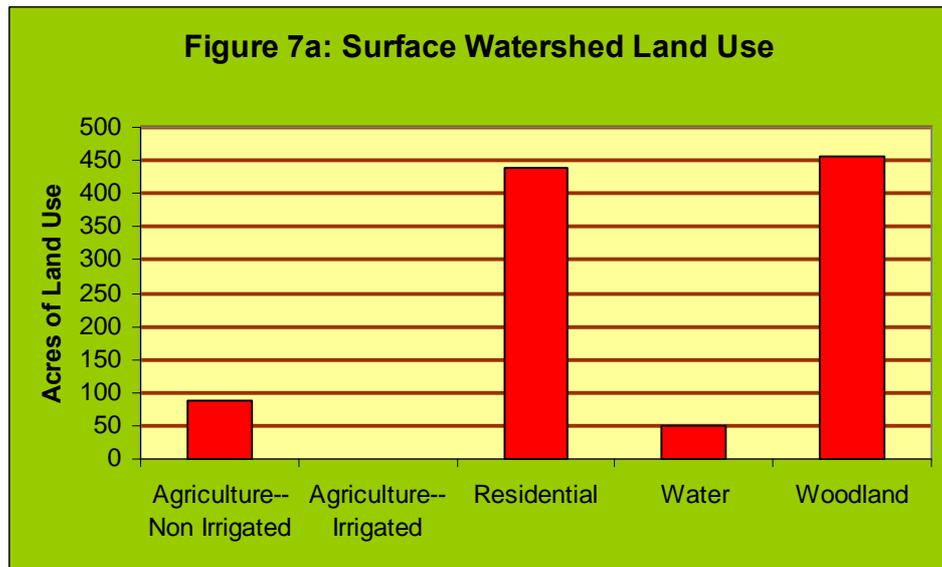


RE:2/05

Patrick Lake Ground Watershed Land Use



When water runs over a surface, it picks up whatever loose pollutants—sediment, chemicals, metals, exhaust gas, etc—are present on that surface and takes those items with it into the lake. Increased development around a lake tends to increase the amount of pollutants being carried into the lake, thus negatively affecting water quality. Residential development areas with lots of one-quarter acre or less may deliver as much as 2.5 pounds of phosphorus per year to the lake for each acre of development.



There is one specific kind of land use type—shoreland--that is so important to water quality it will be separately discussed.

SHORELANDS

Patrick Lake has a total shoreline of 1.68 miles (8870.4 feet). Much of the shore in the northwest lobe and in the west part of the center lobe of the lake has been left mostly undisturbed. Buildings in these areas tend to be uphill and more than 70' from the shore. The eastern lobe of the lake is in residential use and park use. Most of the areas in this lobe are flatter than the northwest end. Buildings in this lobe are generally located closer to the shoreline than those on the west part of the lake. 80% of Patrick Lake's shoreline is vegetated.

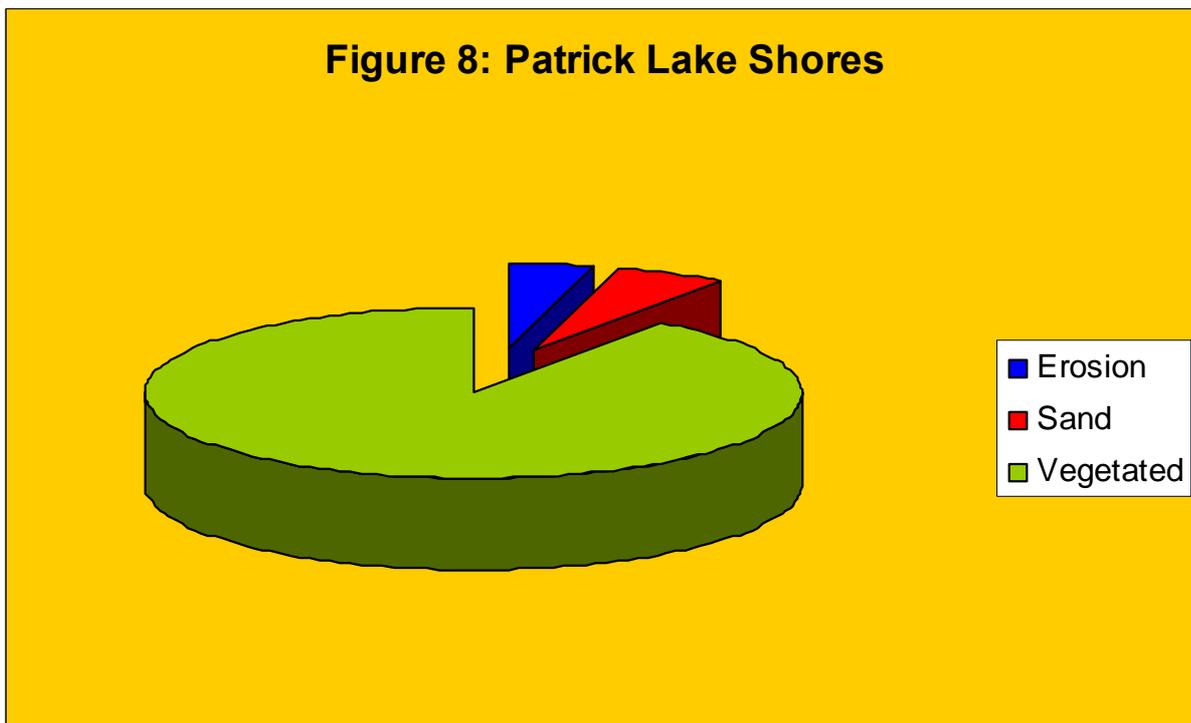
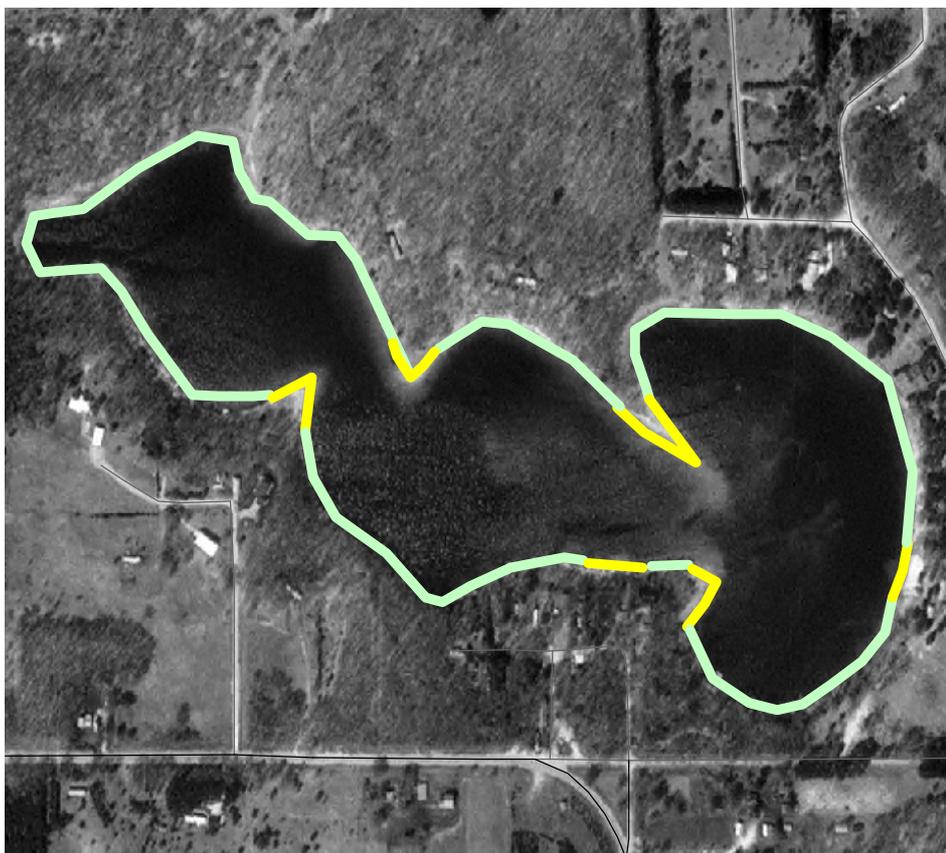


Figure 9: Shoreland Map of Patrick Lake (2004)



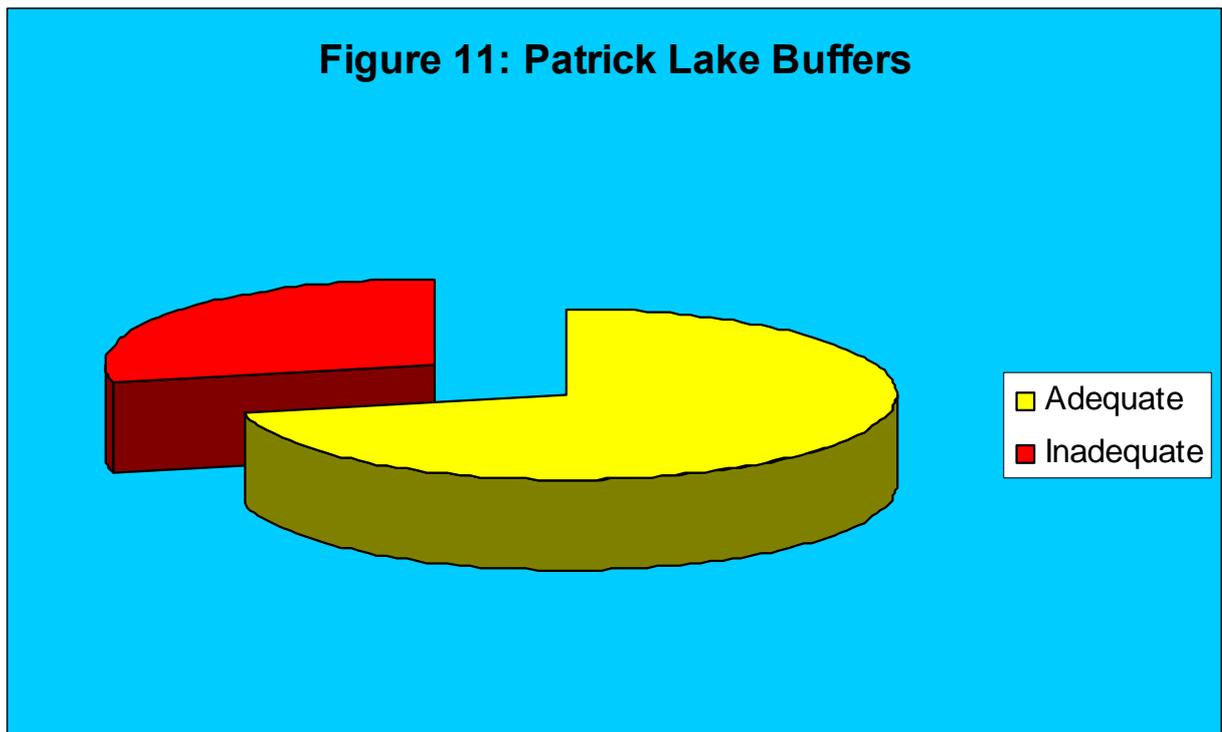
RE:9/05

 Sand/Beach
 Vegetated Shore



The Adams County Shoreline Ordinance defines 1000 feet landward from the ordinary high water mark as “shoreland”. Under the ordinance, the first 35 feet landward from the water is a “buffer.” Shoreland buffers are an important part of lake protection and restoration. These buffers are simply a wide border of native plants, grasses, shrubs and trees that filter and trap soil & similar sediments, fertilizer, grass clippings, stormwater runoff and other potential pollutants, keeping them out of the lake. A 1990 study of Wisconsin shorelines revealed that a buffer of native vegetation traps 5 to 18 times more volume of potential pollutants than does a developed, traditional lawn or hard-armored shore.

A 2004 shore survey showed that most of the shore had an “adequate buffer.” An “adequate buffer” is a native vegetation strip at least 35 feet landward from the shore. However, there were still areas of “inadequate” buffers, mostly those with mowed lawns and insufficient native vegetation at the shoreline to cover 35 feet landward from the water line. There are also several areas of sand bars and some active erosion.



Vegetated shoreland buffers help stabilize shoreline banks, thus reducing bank erosion. The plant roots give structure to the bank and also increase water infiltration and decrease runoff. A vegetated shore is especially important when shores are steep and soft, as are some of Patrick Lake shores. Figure 12 maps the adequate and inadequate buffers on Patrick Lake.

Figure 12: Patrick Lake Buffer Map (2004)



RE:9/05

 Adequate Buffer  Inadequate Buffer



Lakeside buffers also serve as important habitat. Lake edges usually contain aquatic and wetland plants, grading into drier groundcover, then shrubs and trees as one moves inland towards drier land. Buffers provide habitat for many species of water-dependent wildlife, including furbearers, reptiles, birds and insects. Many wildlife species, including birds, small mammals, fish & turtles breed, nest, forage and/or perch in shore buffer areas. Further, 80% of the endangered and threatened species listed spend part of their life in this near-lake buffer area. (Wagner et al, 2006)

When the natural shoreline is replaced by traditional mowed turf-grass lawns, rock, wooden walls or similar installments, bird and animal life, land-based insects, and aquatic insects that hatch or winter on natural shore are negatively impacted. For example, on many Adams County lakes, the non-native aquatic plant, Eurasian Watermilfoil has invaded. There is a weevil native to Wisconsin that weakens Eurasian Watermilfoil by burrowing into and developing within its stems, but that

weevil depends on a native-plant shore to overwinter. If the shore is instead covered by rock, seawall or traditional lawn, these weevils will be unavailable for the lake to use as Eurasian Watermilfoil control.

The filtering process and bank stabilization that buffers provide help improve a lake's water quality, including water clarity. Studies in Minnesota, Maine and Michigan have shown that waterfront property value increases for every foot the water clarity of a lake increases. (Krysel et al, 2003).



Figure 13: Example of Inadequate Vegetative Buffer

Figure 14: Example of Adequate Buffer



Natural shoreland buffers serve important cultural functions. They enhance the lake's aesthetics. Studies have shown that aesthetics rank high as one of the reasons people visit or live on lakes. Shore buffers can provide visual & audio privacy screens for homeowners from other neighbors and/or lake users.

Adequate buffers on Patrick Lake in some places could be easily installed on the inadequate areas by either letting the first 35 feet landward from the water just grow without mowing it, except for a path to the water, or by planting native seedlings sufficient to fill in the first 35 feet or using biologs to protect the shore that are vegetated. Where areas are deeply eroded, shaping, revegetating and protecting the shores will be necessary to prevent further erosion.



Figure 15: Vegetated Buffer on Patrick Lake

WATER QUALITY

Between 2004 and 2006, Adams County Land & Water Conservation Department gathered water chemistry and other water quality information Patrick Lake. Part of the information was gained from periodic water sampling done by Adams County LWCD. Historic information about water testing on Patrick Lake was also obtained from the WDNR in a series of tests in 1986-1987, 1993, 1996-1997, and from Self-Help Monitoring records of 2002.

Phosphorus

Patrick Lake is a phosphorus-limited lake: of the pollutants that end up in the lake, the one that most affects the overall quality of the lake water is phosphorus. The amount of phosphorus especially affects the frequency and density of aquatic vegetation and the frequency and density of various kinds of algae, as well as water clarity and other quality aspects. One pound of phosphorus can produce as much as 500 pounds of algae.

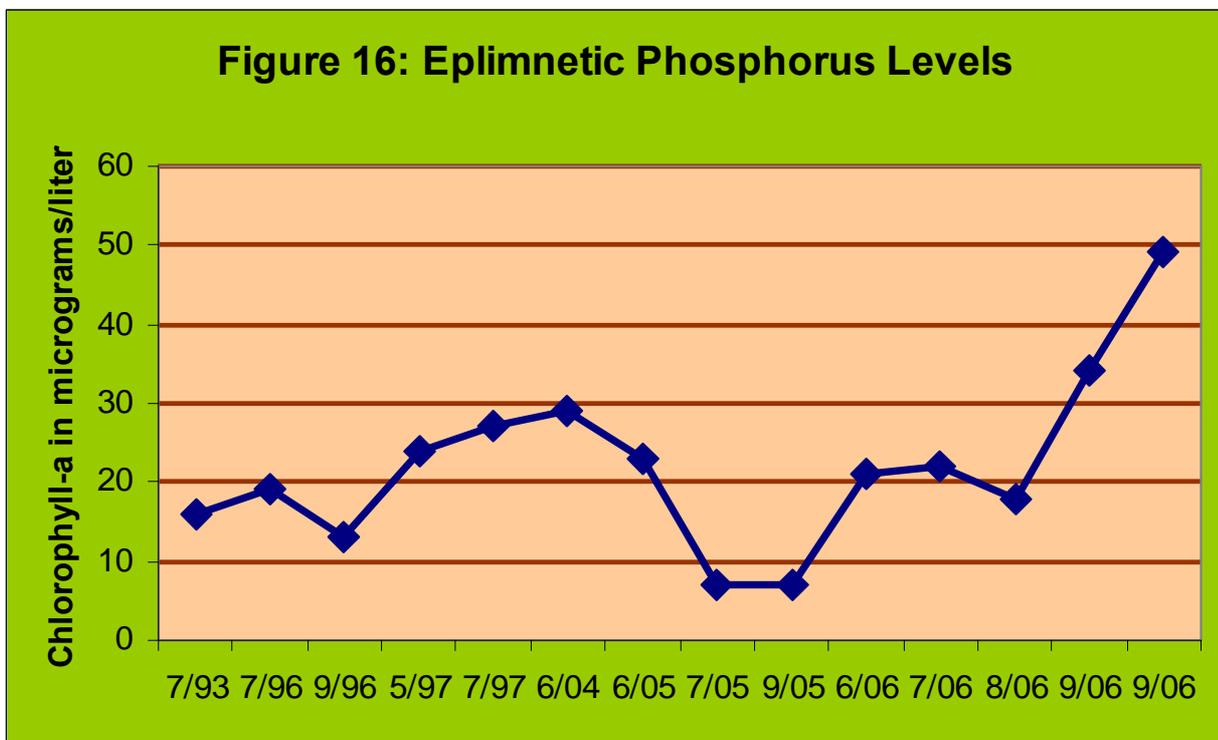
Phosphorus is not an element that occurs in high concentration naturally, so any lake that has significant phosphorus readings must have gotten that phosphorus from outside the lake or from internal loading. Some phosphorus is deposited onto the lake from atmospheric deposition, especially from soil or other particles in the air carrying phosphorus. A lake that includes a flooded wetland area may have a significant amount of phosphorus being released during the flushing of the wetland area. Phosphorus may accumulate in sediments from dying animals, dying aquatic plants and dying algae. If the bottom of the lake becomes anoxic (oxygen-depleted), chemical reactions may cause phosphorus to be released to the water column.

Although there are several forms of phosphorus in water, the total phosphorus (TP) concentration is considered a good indicator of a lake's nutrient status, since the TP concentration tends to be more stable than other types of phosphorus concentration. For an impoundment lake like Patrick Lake, a total phosphorus concentration below 30 micrograms/liter tends to prevent nuisance algal blooms. Patrick Lake's growing season (June-September) surface average total phosphorus level of 17.3 micrograms/liter is considerably under the level at which nuisance algal blooms can be expected in the lake overall. However, areas of Patrick Lake do have nuisance-level algal blooms.

Since phosphorus is usually the limited factor, measuring the phosphorus in a lake system thus provides an indication of the nutrient level in a lake. Increased phosphorus in a lake will feed algal blooms and also may cause excess plant growth.

The 2004-2006 summer average phosphorus concentration in Patrick Lake places the lake in the “good” water quality section for impoundments, and in the “mesotrophic” level for phosphorus. The total epilimnetic phosphorus levels have been varied in Patrick Lake, but there does seem to be an upward trend overall. In 1993, the earliest information available, epilimnetic total phosphorus was 16 micrograms/liter in July. By July of 1997, the epilimnetic total phosphorus was 27 micrograms/liter. By July 2006, it was 22 micrograms/liter, slightly less than 1997, but above 1993. These levels suggest that nutrients may be accumulating in the lake as time goes on.

However, the growing season total phosphorus levels have still generally registered below the level recommended to avoid nuisance algal blooms. The epilimnetic total phosphorus levels from 1993 to 2005 stayed below the natural lake recommendation of 30 micrograms/liter. There was a spike above that level in late summer 2006, but that year was unusually hot and dry, which may have elevated the levels temporarily. With such variation, phosphorus should continue to be monitored and steps should be taken to reduce the phosphorus levels in the lake.



Groundwater testing of various wells around Patrick Lake was done by Adams County LWCD and included a test one year for total phosphorus levels in the groundwater coming into the lake. The average TP level in the wells tested an average of 15.67 micrograms/liter, very close to the lake surface water results. With those levels, groundwater contribution of phosphorus to the lake may be limited.

Land use plays a major role in phosphorus loading. A key component of the computer models used is the phosphorus budget, that is, the estimated amount of phosphorus delivered to the lake from each land use type annually. Using the current land use data, as well as phosphorus readings from 2004 through 2006 water sampling, a phosphorus loading prediction model was run for Patrick Lake. The current results are shown in Figure 17.

Figure 17: Current Phosphorus Loading by Land Use

MOST LIKELY PHOSPHORUS LOADING		
BY LAND USE	% Loading	current
Non-Irrigated Agriculture	28.0%	30.80
Residential	17.5%	19.80
Woodlands	18.3%	19.80
Ground Watershed	21.1%	24.20
Lake Surface	6.0%	6.60
Septics	9.1%	10.38
total in pounds/acre	100.0%	111.58

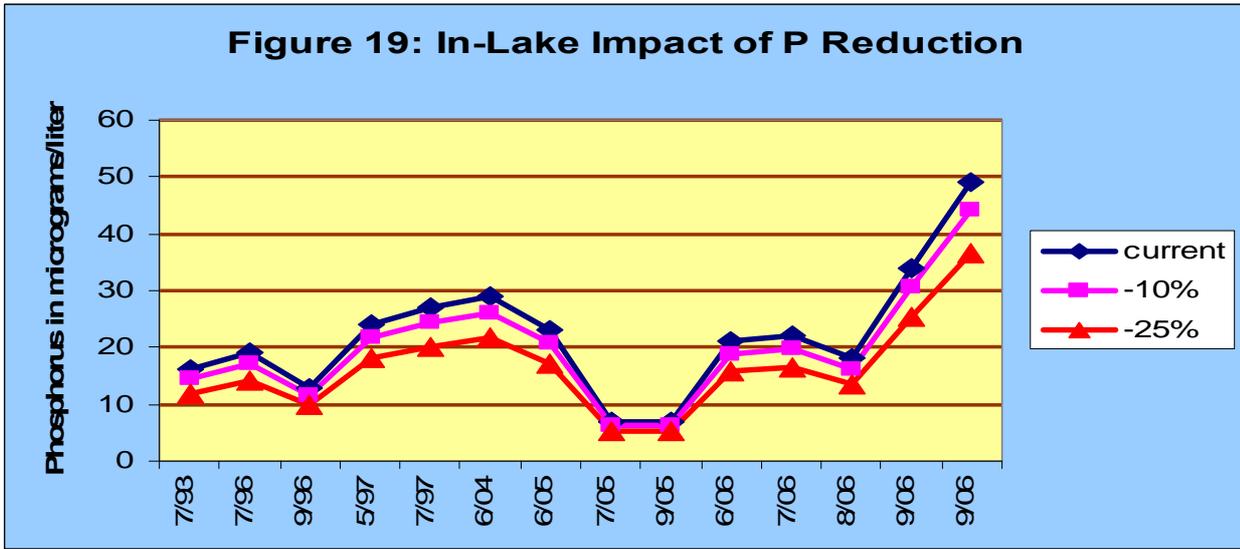
Currently, the most phosphorus loading in the surface watershed is coming from non-irrigated agriculture and from the ground watershed. Although phosphorus deposits such as that from flooded wetlands or from atmospheric deposition cannot be controlled by humans, phosphorus loads from human activities such as agriculture, residential development and septic systems can be partly controlled by changes in human land use patterns. Practices such as agricultural buffers, nutrient management, shoreland buffer restoration; infiltrating stormwater runoff from roof tops, driveways and other impervious surfaces; using no phosphorus lawn fertilizers; and reducing phosphorus input to and properly managing septic systems will minimize phosphorus inputs into the lake. Circumstances such as increased impervious surface, lawns mowed to water’s edge, disturbance of shore areas, improperly-functioning septic systems and removal of native vegetation can greatly increase the volume and content of runoff—and thus increase the volume of phosphorus entering the lake. Many of these practices can also increase the concentration of phosphorus entering the lake, by runoff or other methods of entry.

The models were run using not only the current known phosphorus readings in the lake, but also representing decreases or increases of human-controlled phosphorus input by 10%, 25%, and 50%. Just a 10% reduction of the human-impacted phosphorus would reduce the overall load by 6.64 pounds/acre/year. This figure may not seem like much---until you calculate that one pound of phosphorus can result in up to 500 pounds of algae. A 10% reduction in these three areas could result in up to 4255 pounds less of algae per year!

Figure 18: Impact of Phosphorus Reduction

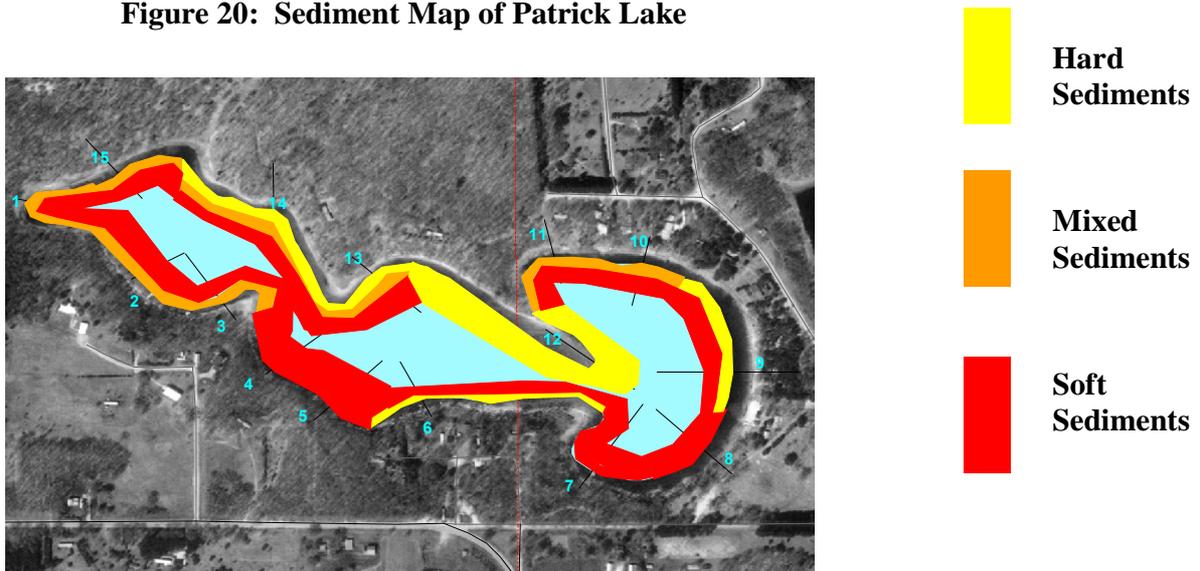
	current	-10%	-25%	-50%
Non-Irrigated Agriculture	30.80	27.72	23.10	15.40
Residential	19.80	17.82	14.85	9.90
Woodlands	19.80	19.80	19.80	19.80
Ground Watershed	24.20	21.78	18.15	12.10
Lake Surface	6.60	6.60	6.60	6.60
Septics	10.38	9.35	7.79	5.19
total in pounds/acre	111.58	103.07	90.29	68.99

Reducing the amount of input from the surface and ground watersheds results in less nutrient loading into the lake itself. Under the modeling predictions, reducing phosphorus inputs from human-based activities even 10% could improve Patrick Lake water quality by up to 4.9 micrograms. A 25% reduction could save up to 12.25 micrograms/liter, substantially under the 30 micrograms/liter recommended to avoid nuisance algal blooms. These predictions make it clear that reducing current phosphorus inputs to the lake are essential to improve, maintain and protect Patrick Lake’s health for future generations.



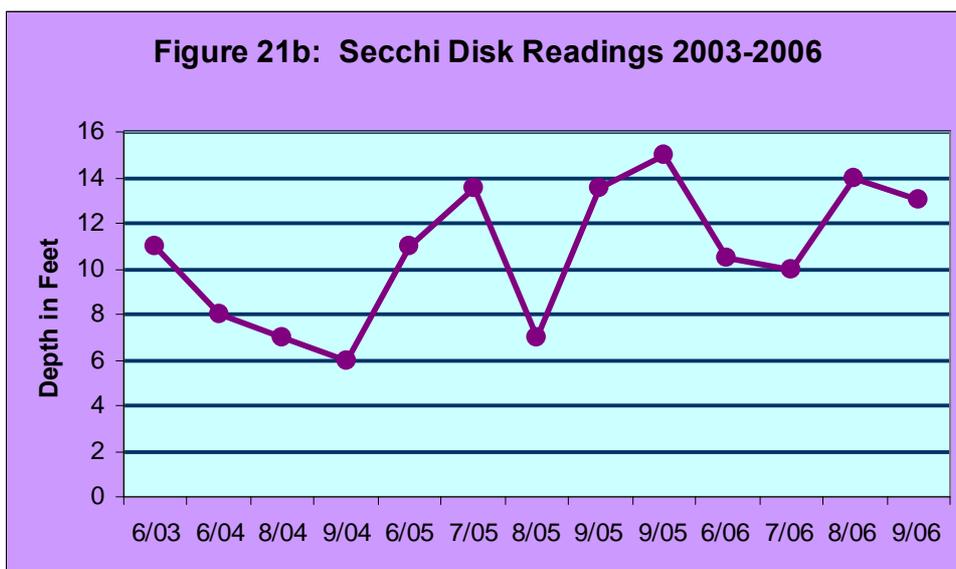
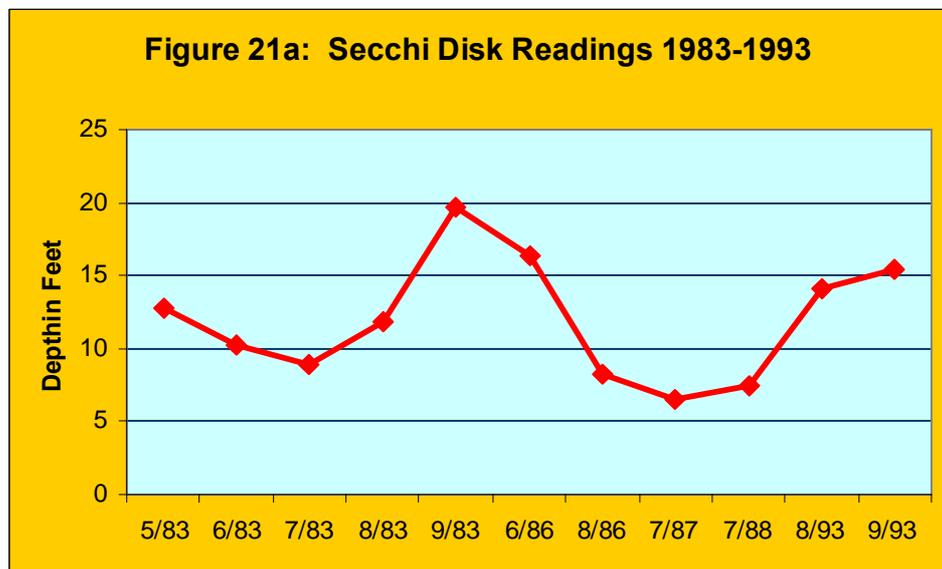
In most lakes in Wisconsin, phosphorus concentration in the bottom sediments of the lake is considerably higher than the concentration in the water column itself. Bottom sediments can “bind up” phosphorus, making it unavailable for aquatic plants or algae to use. Some sediment types hold phosphorus at a higher rate than others. As the sediment map (Figure 20) shows, most of the sediment in Patrick Lake is soft, generally able to support significant aquatic plant growth

Figure 20: Sediment Map of Patrick Lake



Water Clarity

Water clarity is a critical factor for plants. If plants don't get more than 2% of the surface illumination, they won't survive. Water clarity can be reduced by turbidity (suspended materials such as algae and silt) and dissolved organic chemicals that color or cloud the water. Water clarity is measured with a Secchi disk. Average summer Secchi disk clarity in Patrick Lake in 2004-2006 was 10.2 feet. This is very good water clarity.



Patrick Lake has a spotty history of Secchi disk readings in a number of years. A look at the average Secchi depth for the growing season in each year since 1992 reveals fairly steady water clarity (see figure 22). The overall average depth for the years for which there are records is 10.6 feet.

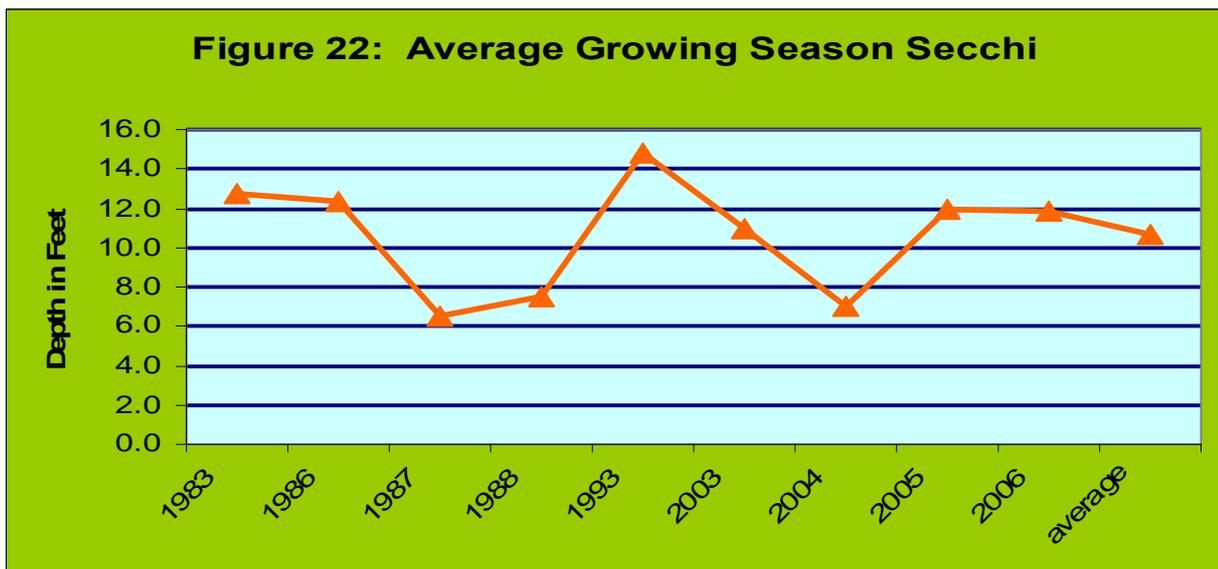


Figure 23: Photo of Testing Water Clarity with Secchi Disk

Chlorophyll a

Chlorophyll-a concentrations provide a measurement of the amount of algae in a lake's water. Algae are natural and essential in lakes, but high algal populations can increase water turbidity and reduce light available for plant growth, as well as result in unpleasing odor and appearance. Studies have shown that the amount of chlorophyll a in lake water depends greatly on the amount of algae present; therefore, chlorophyll-a levels are commonly used as a water quality indicator. The 2004-2006 growing season (June-September) average chlorophyll concentration in Patrick Lake was 2.8 micrograms/liter. Such an algae concentration places Patrick Lake at the "very good" level for chlorophyll a results. Chlorophyll-a averages remained fairly in all the years for which there are records, with an average level of 3.46 micrograms/liter covering from 1993 through 2006.

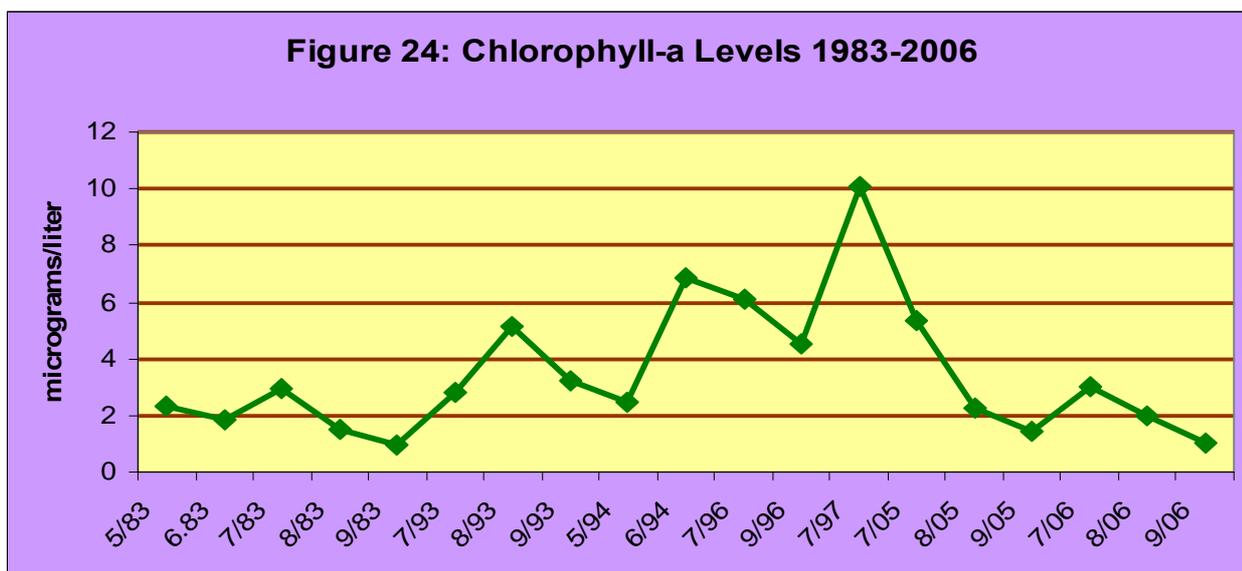


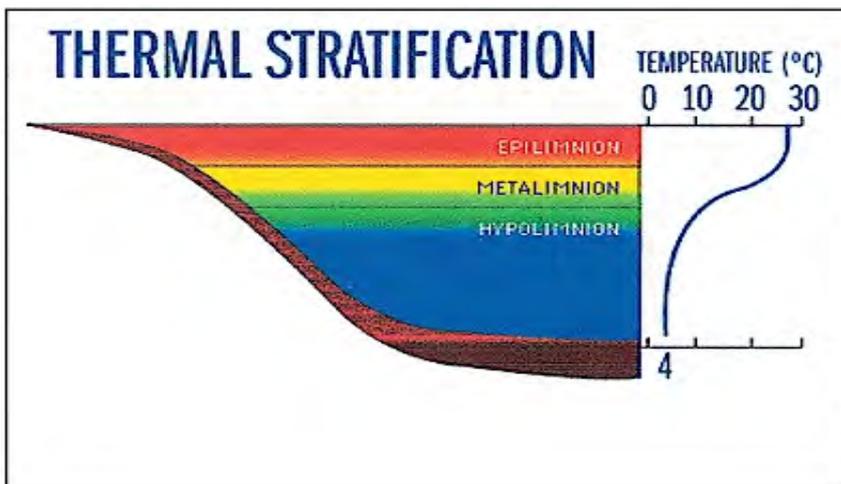
Figure 25: Photo of a Lake in Algal Bloom



Dissolved Oxygen

Oxygen dissolved in the water is essential to all aerobic aquatic organisms. The oxygen in a lake comes from the atmosphere and from the process of photosynthesis. Aquatic plants and algae consume carbon dioxide and respire oxygen back into the lake water. The distribution of oxygen within a lake is affected by many factors, including water circulation, water stratification, winds or storms, air temperature; water temperature, nutrient availability, and the density and location of algae and/or aquatic plants. Historically, Patrick Lake had problems with low oxygen in the winter and frequent winterkills of fish. These problems eased after the installation of two aerators for winter use in 1974.

Oxygen consumption in the sediment and the water just above it (hypolimnion) is more sensitive than those in the two upper layers of water (metalimnion and epilimnion) because the bottom consumption is less likely to be balanced by the circulation and photosynthesis output available to the upper layers.



**Figure 26:
Stratification
Layers found
in Patrick
Deep Holes**

Low oxygen during the summer in the bottom waters of a lake occurs naturally as oxygen in the bottom layer is consumed, but not replenished. It is common that as the summer progresses, the oxygen concentration of the bottom waters decreases. Even with the aerator, Patrick Lake had hypoxic periods in the lower depths during the summers of 2005 and 2006. In June 2005, oxygen concentration at 15 feet deep was only 4.1 milligrams/liter. In June 2006, dissolved oxygen levels were 3.43 milligrams/liter at 15 feet.

The charts (Figures 27a, 27b, 27c) below show the annual variations in dissolved oxygen levels in milligrams/liter, depth in feet and months of the year for 1995-2004, 20045, and 2006.

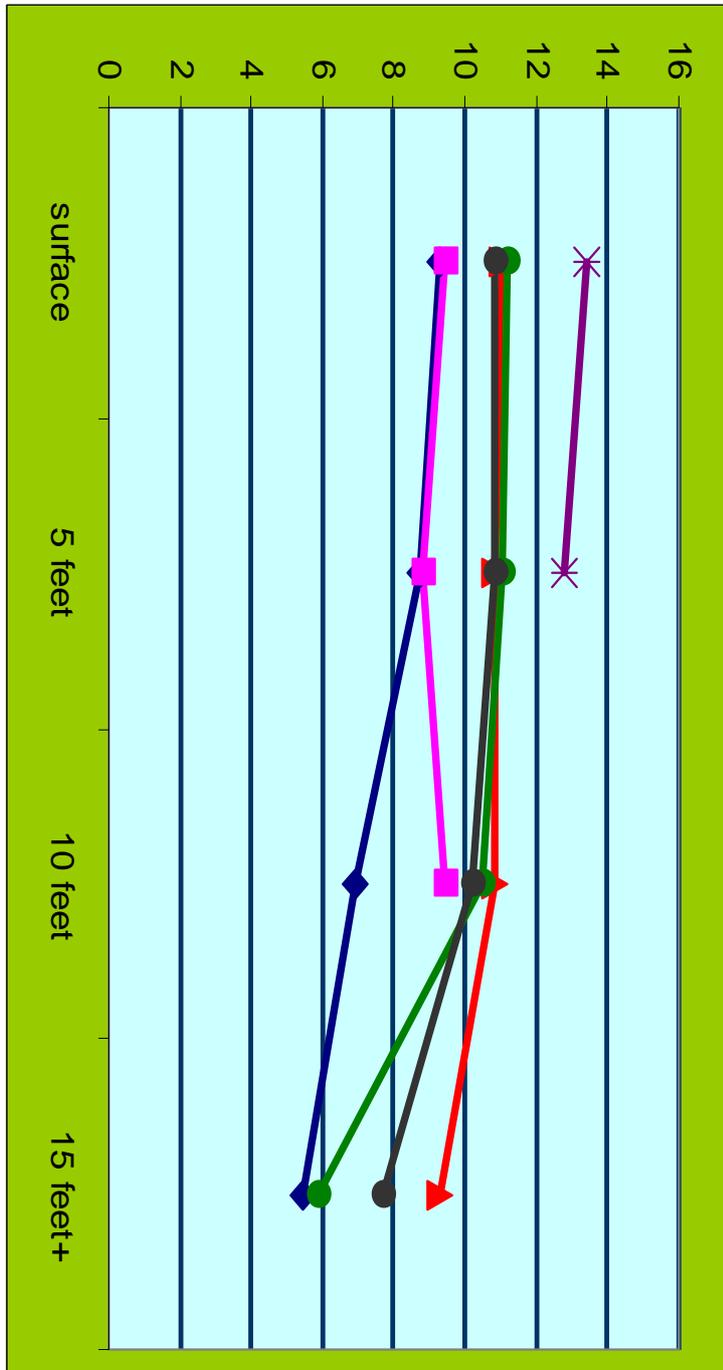
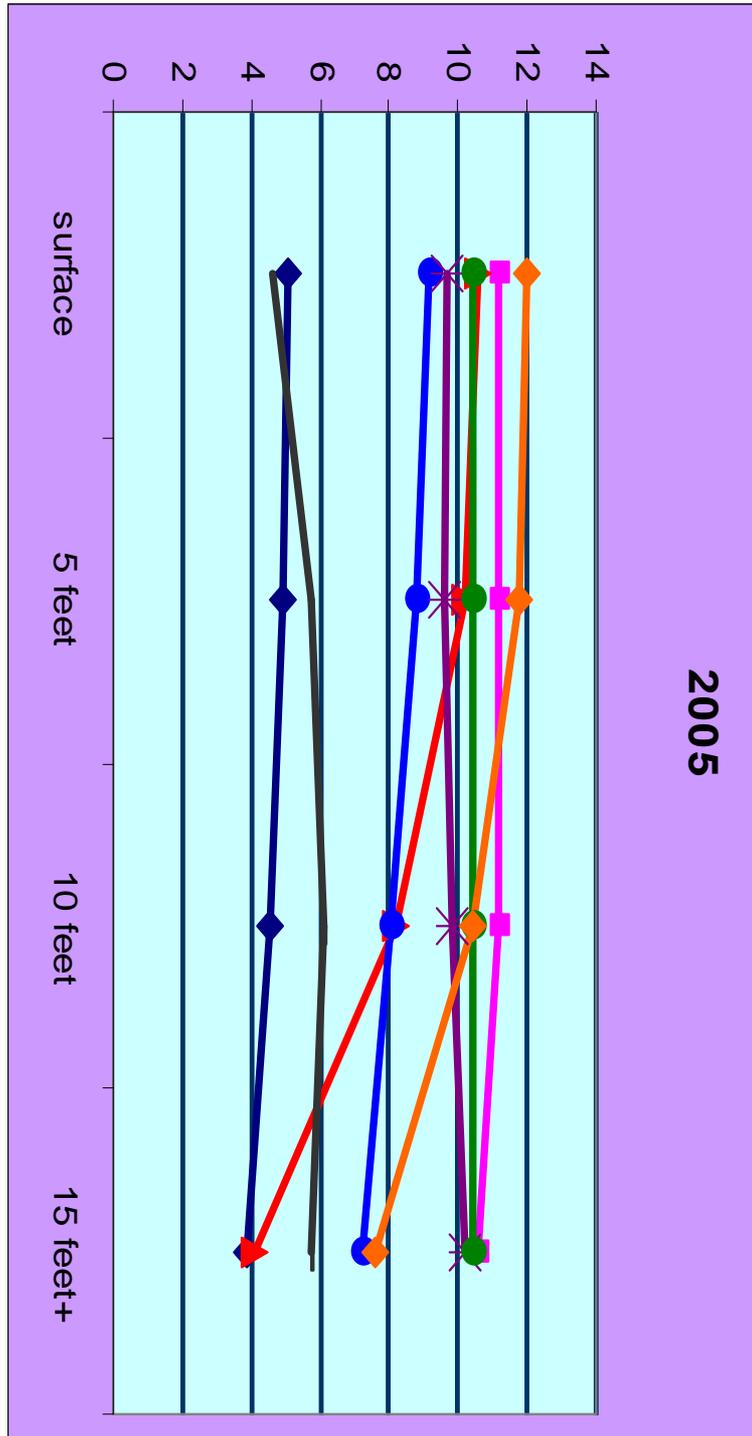


Figure 27a: Dissolved Oxygen Levels 1995-2004 in milligrams/liter

-  9/95
-  6/03
-  6.04
-  8/04
-  9/04
-  11/04

Figure 27b: Dissolved Oxygen Levels During 2005 Water Testing in milligrams/liter

-  2/05
-  4/05
-  6/05
-  7/05
-  8/05
-  9/05
-  9/05
-  11/05



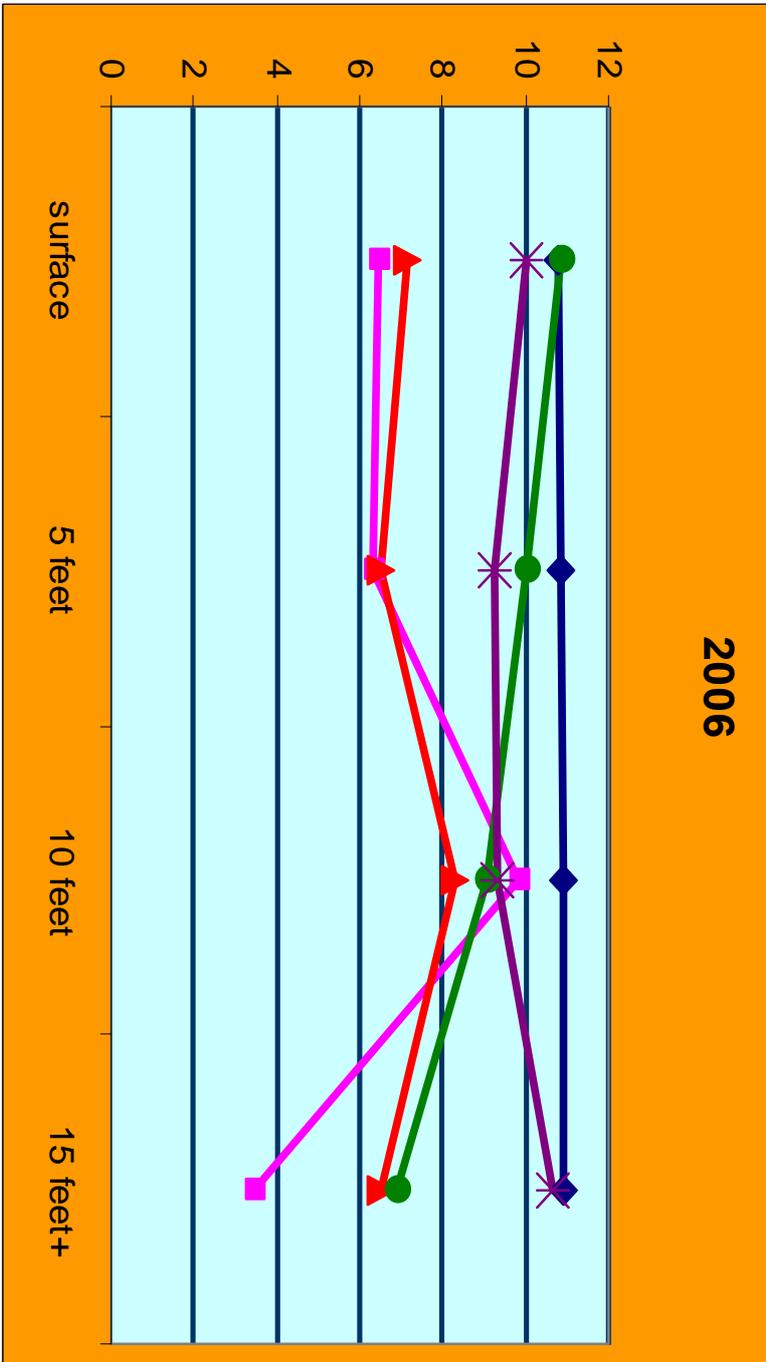
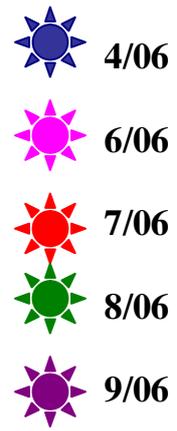


Figure 27c:
Dissolved Oxygen
Levels During
2006 Water Testing
in milligrams/liter



In deeper lakes, when the surface waters have cooled in autumn and water density throughout the water column is the same, the water column mixes vertically, a process known as “fall turnover.” Most of Patrick Lake is shallow and does not stratify. However, in the deeper areas of the center lobe, the lake does stratify and turns over in the spring and fall.

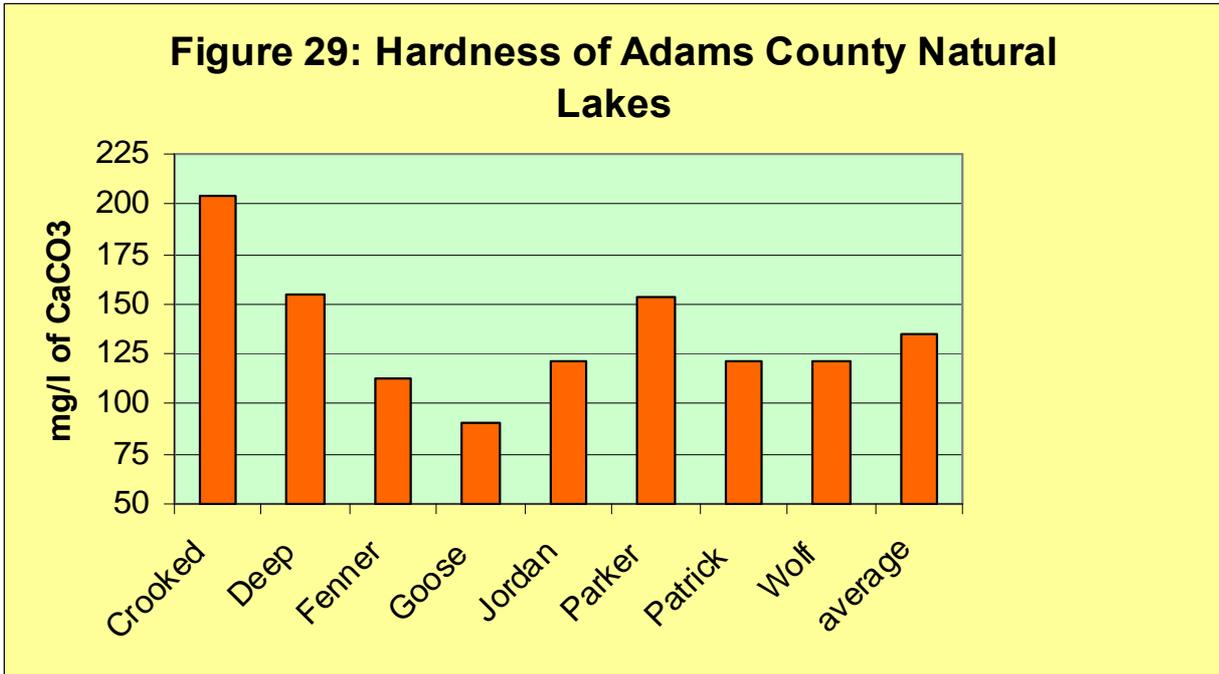
Water Hardness, Alkalinity and pH

Testing done by Adams County LWCD on Patrick Lake included annual testing for water alkalinity and water hardness. Hardness and alkalinity levels in a lake are affected by the soil minerals, bedrock type in the watershed, and frequency of contact between lake water & these materials.

Level of Hardness	Milligrams/liter CaCO3
SOFT	0-60
MODERATELY HARD	61-120
HARD	121-180
VERY HARD	>180

**Figure 28:
Hardness
Table**

One method of evaluating hardness is to test the water for the amount of calcium carbonate (CaCO3) it contains. The surface water of all of the public access lakes in Adams County have water that is moderately hard to very hard, whether they are impoundments (man-made lakes) or natural lakes. In 2005 and 2006, random samples were also taken of wells around Patrick Lake to measure the hardness of the water coming into the lake through groundwater. Hardness in the groundwater averaged 276 milligrams/liter (very hard). This is considerably more than the surface water average of 109 milligrams/liter (moderately hard). The hardness in both surface and groundwater is likely due to the underlying bedrock in Adams County, which is mostly sandstone with pockets of dolomite and shale.



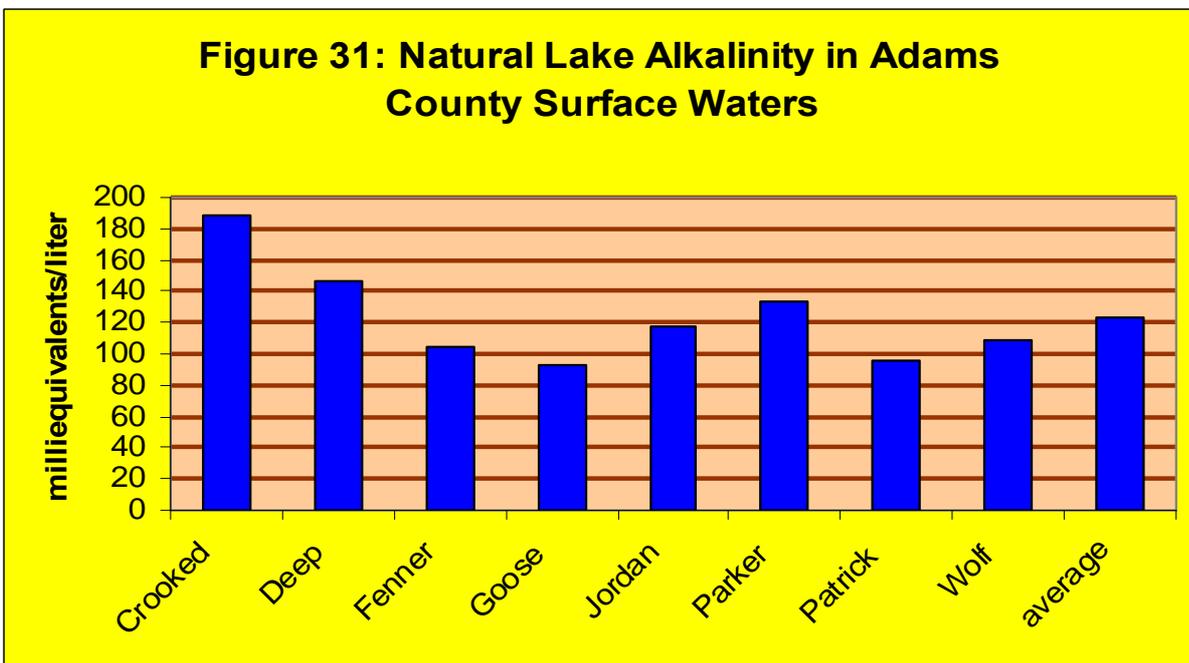
Patrick Lake’s surface water hardness of 109 milligrams/liter was considerably below the overall hardness average for natural lakes in Adams County of 135.3 milligrams/liter of Calcium Carbonate, although slightly higher than the 1983 figure of 102.4 milligrams/liter. Hard water lakes tend to produce more fish and aquatic plants than soft water lakes because they are often located in watersheds with soils that load phosphorus into the lake water.

Alkalinity is important in a lake to buffer the effects of acidification from the atmosphere. “Acid rain” has long been a problem with lakes that had low alkalinity level and high potential sources of acid deposition.

Acid Rain Sensitivity	ueq/l CaCO ₃
High	0-39
Moderate	49-199
Low	200-499
Not Sensitive	>500

Figure 30: Acid Rain Sensitivity

Patrick Lake watersheds well water testing results averaged of 182 milliequivalents/liter. This is higher than the surface water alkalinity average of 95 milliequivalents/liter and higher than the alkalinity average for natural lakes in Adams County of 123.8 milliequivalents/liter. In 1993, surface water alkalinity tested at 92.3 milliequivalents/liter, close to the current figure. Patrick Lake’s potential sensitivity to acid rain remains moderate, but luckily for Adams County, the acid deposition rate is very low, probably due to the little industrialization in the county.



Alkalinity also affects the pH level of lake water. The acidity level of a lake’s water regulates the solubility of many minerals. A pH level of 7 is neutral. The pH level in Wisconsin lakes ranges from 4.5 in acid bog lakes to 8.4 in hard water, marl lakes.

Some of the minerals that become available under low pH, especially the metals aluminum, zinc and mercury, can inhibit fish reproduction and/or survival. Even what seems like a small variance in pH can have large effects because the pH scale is set up so that every 1.0 unit change increases acidity tenfold, i.e., water with a pH of 7 is 10 times more acid than water with pH of 8. Mercury and aluminum are not only toxic to many kinds of wildlife; they can also be toxic to humans, especially those that eat tainted fish.

The testing occurring from 2004-2006 also included regular monitoring of the pH at several depths in Patrick Lake. As is common in the lakes in Adams County, Patrick Lake has pH levels starting at just about neutral (7.15) at 15 feet depth and increasing in alkalinity as the depth gets less, until the surface water pH averages 7.98. A lake's pH level is important for the release of potentially harmful substances and also affects plant growth, fish reproduction and survival. Most plants grow best at pH levels between 5.5 and 8.

More importantly for many lakes, fish reproduction and survival are very sensitive to pH levels. The chart below indicates the effect of pH levels under 6.5 on fish (Figure 32):

Figure 32: Effects of pH Levels on Fish

Water pH	Effects
6.5	walleye spawning inhibited
5.8	lake trout spawning inhibited
5.5	smallmouth bass disappear
5.2	walleye & lake trout disappear
5	spawning inhibited in most fish
4.7	Northern pike, sucker, bullhead, pumpkinseed, sunfish & rock bass disappear
4.5	perch spawning inhibited
3.5	perch disappear
3	toxic to all fish

No pH levels taken in Patrick Lake between 2004-2006 fell below the pH level that inhibits walleye reproduction. A lake with a neutral or slightly alkaline pH like Patrick Lake is a good lake for fish and plant survival. Natural rainfall in Wisconsin averages a pH of 5.6. This means that if the rain falls on a lake without sufficient alkalinity to buffer that acid water coming in by rainfall, the lake's fish cannot reproduce. That is not a problem at Patrick Lake. Patrick Lake has a good pH level for fish reproduction and survival.

Figure 33: pH v. Depth

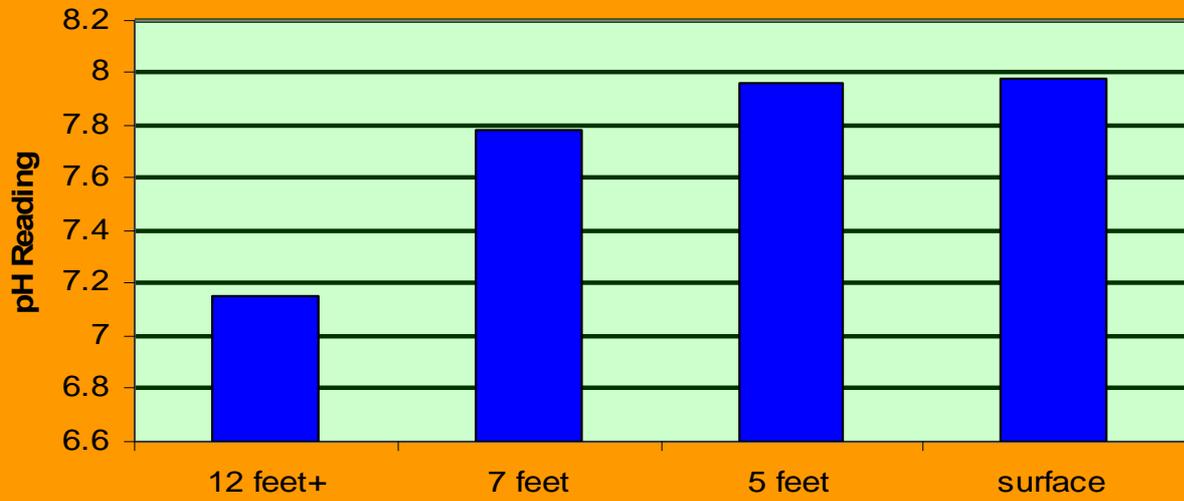


Figure 34a: Abundant fish in Patrick Lake—Bluegill (*Lepomis macrochirus*)



Figure 34b: Abundant Fish in Patrick Lake—Pumpkinseed (*Legomis gibbosus*)

Other Water Quality Testing Results

CHLORIDE: Chloride does not affect plant and algae growth and is not known to be harmful to humans. It isn't common in most Wisconsin soils and rocks, so is usually found only in very low levels in Wisconsin lakes. However, the presence of a significant amount of chloride over a period of time indicates there may be negative human impacts on the water quality present from septic system failure, the presence of fertilizer and/or waste, deposition of road-salt, and other nutrients. An increased chloride level is thus an indication that too many nutrients are entering the lake, although the level has to be evaluated compared to the natural background data for chloride. The average chloride level found in Patrick Lake during the testing period 6.67 milligrams/liter, over twice the natural level of chloride of 3 milligrams/liter in this area of Wisconsin. This elevated level warrants monitoring and investigation to determine the source of the elevated chloride levels.

NITROGEN: Nitrogen is necessary for plant and algae growth. A lake receives nitrogen in various forms, including nitrate, nitrite, organic, and ammonium. In Wisconsin, the amount of nitrogen in a lake's water often corresponds to the local land use. Although some nitrogen will enter a lake through rainfall from the atmosphere, that coming from land use tends to be in higher concentrations in larger amounts, coming from fertilizers, animal and human wastes, decomposing organic matter, and surface runoff. For example, the growth level of the exotic aquatic plant, Eurasian Watermilfoil (*Myriophyllum spicatum*) has been correlated with fertilization of lake sediment by nitrogen-rich spring runoff.

Nitrogen levels can affect other aspects of water quality. The sum of water testing results for nitrate, nitrite and ammonium levels of over .3 milligrams/liter in the spring can be used to project the likelihood of an algal bloom in the summer (assuming sufficient phosphorus is also present). Patrick Lake combination spring levels from 2004 to 2006 averaged 0/09 milligrams/liter, far below the .3 milligrams/liter predictive level for nitrogen-related algal blooms. These elevations suggest that any algal blooms on Patrick Lake may be are probably not nitrogen-related.

CALCIUM and MAGNESIUM: Calcium is required by all higher plants and some microscopic lifeforms. Magnesium is needed by chlorophyllic plants and by algae, fungi and bacteria. Both calcium and magnesium are important contributors to the hardness of a lake's waters. Magnesium elevated about 125 milligrams/liter may have a laxative effect on some humans. Otherwise, no health hazards to humans and wildlife are known from calcium and magnesium. The average Calcium level in Patrick Lake's water during the testing period was 24.04 milligrams/liter. The average Magnesium level was 13.75 milligrams/liter. Both of these are low-level readings.

SODIUM AND POTASSIUM: These elements occur naturally only in low levels in Wisconsin waters and soils. Their presence may indicate human-caused pollution. Sodium is found with chloride in many road salts and fertilizers and is also found in human and animal waste. Potassium is found in many fertilizers and also found in animal waste. The level of these two is generally not useful as a specific pollution indicator, but increasing levels or one or both of these elements can indicate possible contamination from damaging pollutants. High levels of sodium have also been found to influence the development of a large population of cyanobacteria, some of which can be toxic to animals and humans. Some health professionals have suggested that sodium levels over 20 milligrams/liter may be harmful to heart and kidney patients if ingested. Both sodium and potassium levels in Patrick Lake are very low: the average sodium level was 0.85 milligrams/liter; the average potassium reading 0.18 milligrams/liter.

SULFATE: In low-oxygen waters (hypoxic), sulfate can combine with hydrogen and becomes the gas hydrogen sulfate, which smells like rotten eggs and is toxic to most aquatic organisms. Sulfate levels can also affect the metal ions in the lake, especially iron and mercury, by binding them up, thus removing them from the water column. To prevent the formation of hydrogen sulfate, levels of 10 milligrams/liter are best. A health advisory kicks in at 30 milligrams/liter. Patrick Lake sulfate levels averaged 12.41 milligrams/liter during the testing period, above the level for hydrogen sulfate formation, but below the health advisory level.

TURBIDITY: Turbidity reflects water clarity. The term refers to suspended solids in the water column—solids that may include clay, silt, sand, plankton, waste, sewage and other pollutants. Turbid water may mask the presence of bacteria or other pollutants because the water looks murky or muddy. In general, turbidity readings of less than 5 NTU are best. Very turbid waters may not only smell, but also tend to be aesthetically displeasing, thus curtailing recreational uses of the water. Turbidity levels for Patrick Lake's waters were: 2.6 NTU in 2004, 2.22 NTU in 2005 and 2.04 NTU in 2006—all below the level of concern.



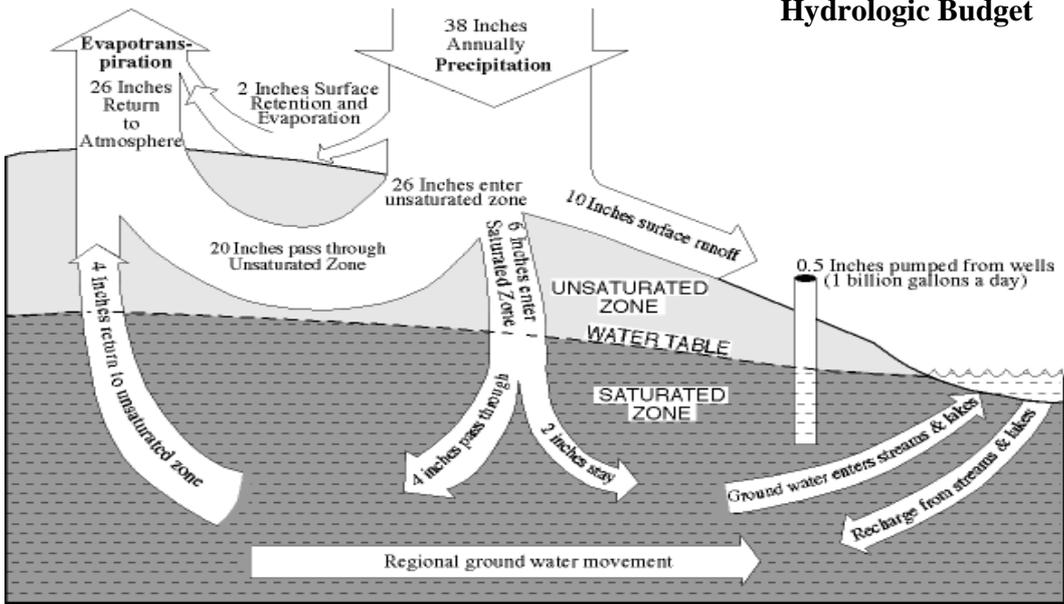
**Figure 35:
Examples of Very
Turbid Water**



A “hydrologic budget” is an accounting of the inflow to, outflow from and storage in a hydrological unit (such as a lake). “Residence time” is the average length of time particular water stays within a lake before leaving it. This can range from several days to years, depending on the type of lake, amount of rainfall, and other factors. “Flushing rate” is the time it takes a lake’s volume to be replaced. “Annual runoff volume”, as used in WiLMS, is the total water yield from the drainage area reaching the lake. The “drainage area” is the amount of area (in acres) contributing surface water runoff and nutrients to the lake. The “areal water load” is the total annual flow volume reaching the lake divided by the surface area of the lake. “Hydraulic loading” is the total annual volume of all water sources (including precipitation, non-point sources & point sources) loading into the lake.

Using the data gathered from historical testing and that done by the Adams County LWCD from 2004-2006, the WiLMS model calculated the tributary drainage area for Patrick Lake as 1509 acres. The average unit runoff for Adams County in the Patrick Lake area is 9.4 inches. WiLMS determined the expected annual runoff volume as 1182.1 acre-feet/year. Anticipated annual hydraulic loading is 1182.1 acre-feet/year. Areal water load is 23.6 feet/year. Residence time is 0.26 year. Lake flushing rate is 3.81 1/year.

Figure 37: Example of Hydrologic Budget



TROPHIC STATE

The trophic state of a lake is one measure of water quality, basically defining the lake’s biological production status (see Figure 38). **Eutrophic lakes** are very productive, with high nutrient levels, frequent algal blooms and/or abundant aquatic plant growth. **Oligotrophic lakes** are those low in nutrients with limited plant growth and small populations of fish. **Mesotrophic lakes** are those in between, i.e., those which have increased production over oligotrophic lakes, but less than eutrophic lakes; those with more biomass than oligotrophic lakes, but less than eutrophic lakes; often with a more varied fishery than either the eutrophic or oligotrophic lakes. In comparing water quality testing results with the prediction from the computer modeling of this modeling with the actual figures outlined above, the actual Trophic State of Patrick Lake is what was predicted from the modeling. Modeling results predicted that the overall TSI for Patrick Lake would be **42**. This score places Patrick Lake’s overall TSI at below average for natural lakes in Adams County (43.88)—which is good, since with TSI, the lower the score, the better.

Figure 38: Trophic Status Table

Score	<u>TSI Level Description</u>
30-40	Oligotrophic: clear, deep water; possible oxygen depletion in lower depths; few aquatic plants or algal blooms; low in nutrients; large game fish usual fishery
40-50	Mesotrophic: moderately clear water; mixed fishery, esp. panfish; moderate aquatic plant growth and occasional algal blooms; may have low oxygen levels near bottom in summer
50-60	Mildly Eutrophic: decreased water clarity; anoxic near bottom; may have heavy algal bloom and plant growth; high in nutrients; shallow eutrophic lakes may have winterkill of fish; rough fish common
60-70	Eutrophic: dominated by blue-green algae; algae scums common; prolific aquatic plant growth; high nutrient levels; rough fish common; susceptible to oxygen depletion and winter fishkill
70-80	Hypereutrophic: heavy algal blooms through most of summer; dense aquatic plant growth; poor water clarity; high nutrient levels

Patrick Lake
= 42

→

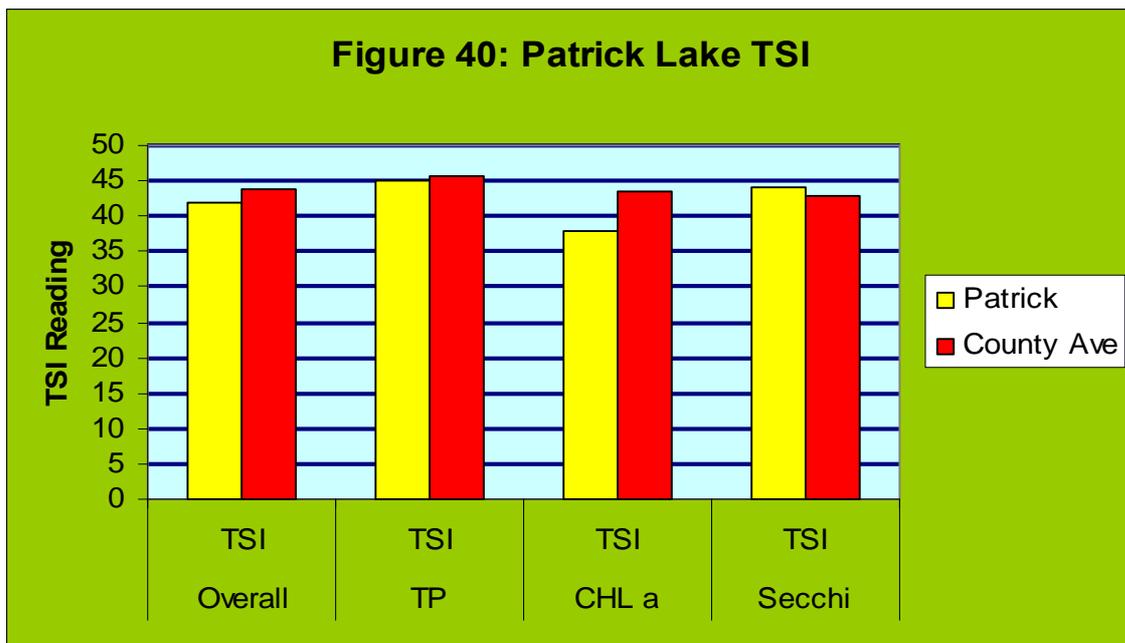
Phosphorus concentration, chlorophyll-a concentration and water clarity data are collected and combined to determine a trophic state. As discussed earlier, the average 2004-2006 growing season epilimnetic total phosphorus for Patrick Lake was 17.3

micrograms/liter. The average growing season chlorophyll-a concentration was 4.98 micrograms/liter. Growing season water clarity averaged a depth of 10.2 feet. Figure 40 shows where each of these measurements from Patrick Lake fall in trophic level.

Figure 39: Patrick Lake Trophic Status Overview

Trophic State	Quality Index	Phosphorus (ug/l)	Chlorophyll a (mg/l)	Secchi Disk (ft)
Oligotrophic	Excellent	<1	<1	>19
	Very Good	1 to 10	1 to 5	8 to 19
Mesotrophic	Good	10 to 30	5 to 10	6 to 8
	Fair	30 to 50	10 to 15	5 to 6
Eutrophic	Poor	50 to 150	15 to 30	3 to 4
Patrick Lake		17.3	2.8	10.2

These figures show that Patrick Lake has fair to good levels overall for the three parameters often used to describe water quality: Secchi disk depths; average TP for the growing season; and chlorophyll a levels. It is normal for all of these values to fluctuate during a growing season. However, they can be affected by human use of the lake, by summer temperature variations, by algae growth & turbidity, and by rain or wind events.



IN-LAKE HABITAT

Aquatic Plants

A healthy aquatic plant community plays a vital role within the lake community. This is due to the role plants play in improving water quality, providing valuable habitat resources for fish and wildlife, resisting invasions of non-native species and checking excessive growth of the most tolerant species.

In 2005, a qualitative aquatic plant survey was done on Patrick Lake by staff from WDNR and Adams County Land & Water Conservation Department. As noted earlier, abbreviated aquatic plant surveys were done in 1983 and 1993. An aquatic plant survey was also done in 2004 by a private consulting firm, using a different method than the one done in 2005.

The 1983 survey found 15 native aquatic species, including 14 plants and one macrophytic (plant-like) alga, *Chara* spp. Of the plant species found, 2 were emergent species, 4 were floating-leaf plants, and 8 were submergent. In the 1993 survey, at least 9 aquatic plant species were found, including 2 emergent species, 3 floating-leaf species, and 4 submergent species. Among the emergent species was *Potamogeton crispus* (curly-leaf pondweed), an invasive exotic aquatic plant species. The 2004 aquatic plant survey, done in September 2004, found 15 aquatic plant species, including 3 floating-leaf plant species and 12 submergent species. The invasive *Myriophyllum spicatum* (Eurasian Watermilfoil) was found in high frequency. No emergent species were found, perhaps due to the lateness of the survey.

The 2005 aquatic plant survey found that the Patrick Lake aquatic plant community colonized approximately three-quarters of the entire lake area to a maximum rooting depth of 13 feet. Within the important shallow water littoral zone, 100% of the sites were vegetated. The 0-1.5ft depth zone supported the most abundant aquatic plant growth. The aquatic plant community is characterized by high quality, good species diversity, an average sensitivity to disturbance and a condition closer than average to an undisturbed condition.

The Aquatic Macrophyte Community Index (AMCI) for Patrick Lake was 58, indicating that the quality of the plant community in Patrick Lake is high, in the top quartile of lakes in Wisconsin and the North Central Hardwoods Region. Simpson's Diversity Index (0.876) indicates that the aquatic plant community had a good diversity of plant species.

The Average Coefficient of Conservatism and the Floristic Quality Index indicate that Patrick Lake has an average sensitivity to disturbance and is closer to an undisturbed condition than the average lake in the state or region.

The aquatic plant community is characterized by very good species diversity for both the North Central Hardwood Forest Region and all Wisconsin lakes. The aquatic plant community in Patrick Lake is in the category of those closer to disturbance and more tolerant of disturbance than the average lake in the North Central Hardwood Region and Wisconsin Lakes overall. Disturbances include invasions of exotic species, boat traffic, shoreline development, harvesting and past herbicide treatments.

Najas guadalupensis was the most frequently occurring species in Patrick Lake in 2005. *Chara* spp., *Nymphaea odorata*, *Potamogeton illinoensis*, and *Potamogeton richardsonii* were also commonly occurring species. *Najas guadalupensis* was the species with the highest mean density in Patrick Lake. *Najas guadalupensis* had a high “mean density where present”, indicating that where *Najas. guadalupensis* occurred, it exhibited a growth form of above average density in Patrick Lake. *Chara* spp. and *Nymphaea odorata* also had high “densities where present”, so also exhibited an aggregated growth form or a growth form of above average density.

Combining the relative frequency and relative density of a species into a Dominance Value illustrates how dominant that species is within the aquatic plant community. Based on the Dominance Value, *Najas guadalupensis* was the overall dominant aquatic plant species in Patrick Lake. *Chara* spp. was sub-dominant overall. *Najas guadalupensis* was the dominant species overall and was dominant in the 1.5-10 foot depth zones. *Najas guadalupensis* occurred at its highest frequency and density in the 1.5-10 foot depth zone. *Nymphaea odorata* was the dominant species in the 0-1.5 foot depth zone, occurring at its highest frequency and density in this depth zone. *Potamogeton praelongus* was the dominant species in the 10-20 foot depth zone, occurring at its highest frequency and density in this depth zone.

Of the 17 aquatic species found in Patrick Lake in 2005, 15 were native aquatic plants. 2 species were macrophytic-algae (*Chara* and *Nitella*). In the native plant category, 3 were emergent plants, 3 were floating-leaf rooted plants, and 9 were submergent species. The exotic invasive found in 2004, *Myriophyllum spicatum* (Eurasian Watermilfoil), wasn't found in 2005, most likely because chemical treatment for it had occurred in May 2005. The dominant and common plant species were found throughout the lake except one. *Potamogeton richardsonii* was found only in the south half of the lake. Filamentous algae were found at 34.04% of the sample sites.

Figure 41. Patrick Lake Aquatic Species--2005

<u>Emergent Species</u>	
1) <i>Carex</i> spp.	sedge
2) <i>Scirpus validus</i> Vahl.	softstem bulrush
3) <i>Typha</i> spp.	cattail
<u>Floating-leaf Species</u>	
4) <i>Brasenia schreberi</i> J. F. Gmelin.	watershield
5) <i>Nuphar variegata</i> Durand.	bull-head pond lily
6) <i>Nymphaea odorata</i> Aiton.	white water lily
<u>Submergent Species</u>	
7) <i>Chara</i> sp.	muskgrass
8) <i>Myriophyllum spicatum</i> L.	Eurasian water milfoil
9) <i>Najas flexilis</i> (Willd.) Rostkov & Schmidt.	slender naiad
10) <i>Najas guadalupensis</i> (Spreng.) Magnus.	common water-nymph
11) <i>Nitella</i> sp.	nitella
12) <i>Potamogeton amplifolius</i> Tuckerman.	large-leaf pondweed
13) <i>Potamogeton gramineus</i> L.	variable-leaf pondweed
14) <i>Potamogeton illinoensis</i> Morong.	Illinois pondweed
15) <i>Potamogeton natans</i> L.	floating-leaf pondweed
16) <i>Potamogeton praelongus</i> Wulf.	white-stem pondweed
17) <i>Potamogeton richardsonii</i> (Ar. Benn.) Rydb.	clasping-leaf pondweed

Since Eurasian Watermilfoil has had a high frequency of occurrence in the past, the Patrick Lake District will need to closely monitor its possible recurrence. Its tenacity and ability to spread to large areas fairly quickly make it an ongoing danger to the diversity, habitat value and equality of Patrick Lake’s aquatic plant community. Also, Curly-Leaf Pondweed, another aquatic invasive plant, has been found previously in Patrick Lake. Monitoring for its recurrence should also occur.

The Average Coefficient of Conservatism and a Floristic Quality Index calculation were performed on the field results. Technically, the Average Coefficient of Conservatism measures the community’s sensitivity to disturbance, while the Floristic Quality Index measures the community’s closeness to an undisturbed condition. Indirectly, they measure past and/or current disturbance to the particular community.

Previously, a value was assigned to all plants known in Wisconsin to categorize their probability of occurring in an undisturbed habitat. This value is called the plant's Coefficient of Conservatism. A score of 0 indicates a native or alien opportunistic invasive plant. Plants with a value of 1 to 3 are widespread native plants. Values of 4 to 6 describe native plants found most commonly in early successional ecosystem. Plants scoring 6 to 8 are native plants found in stable climax conditions. Finally, plants with a value of 9 or 10 are native plants found in areas of high quality and are often rare, endangered or threatened. In other words, the lower the numerical value a plant has, the more likely it is to be found in disturbed areas.

The Average Coefficient of Conservatism in Patrick Lake in 2006 was 5.86. This makes it below average for Wisconsin Lakes (average 6.0), but higher than the average for lakes in the North Central Hardwood Region (average 5.6). The Floristic Quality Index of the aquatic plant community in Patrick Lake of 21.92 is above average for Wisconsin Lakes (average 22.2) and the North Central Hardwood Region (average 20.9). This suggests that the plant community in Patrick Lake is closer to an undisturbed condition than the average lake in Wisconsin overall for Floristic Quality, but closer to disturbance under its Average Coefficient of Conservatism. The major disturbances in Patrick Lake are likely the past broad-spectrum treatments of aquatic vegetation, the introduction of non-native aquatic plant species and the subsequent selective chemical treatments, shoreline development and fluctuating water levels

Since 100% of the lake bottom is vegetated, all the sediments in Patrick Lake hold sufficient nutrients to maintain aquatic plant growth. Due to the increasingly shallow depth of the lake, sunlight also encourages plant growth at all depths in the lake.

Patrick Lake has some protection from natural shoreline cover (wooded, shrub, native herbaceous growth), but disturbed shoreline covered at least one-fifth of the shore. Cultivated lawn was abundant and hard structures were commonly occurring at the disturbed shoreline sites.

Shorelines with cultivated lawn can impact the plant community through increased run-off of lawn fertilizers, pesticides and pet wastes into the lake. Hard structures and mowed lawn also speed run-off to the lake without filtering these pollutants. Expanding and protecting the buffer of natural vegetation along the shore will help prevent shoreline erosion and reduce additional nutrient/chemical run-off that can add to algae growth and sedimentation of the lake bottom.

To measure the impact of shoreline disturbance, the aquatic plant transects at sites with 100% natural shoreline were compared to aquatic plant transect sites at shoreline that contained any amount disturbance. The comparison of various parameters indicate

that disturbance on the shore has negatively impacted the aquatic plant community at those sites.

The quality of the aquatic plant community (as measured by the AMCI) is higher at the natural shoreline communities. The natural shoreline communities supported better diversity in the plant community which will provide a more diverse habitat for more diverse wildlife and fish communities. The percent cover of submergent plant species is higher at natural shoreline sites and the maximum rooting depth is greater, providing a wider band of habitat. This is seen in the higher Simpson’s Diversity Index and the greater Species Richness both overall and in all depth zones at natural shoreline sites (see figure 42).

Figure 42: Aquatic Macrophyte Community Index: Natural vs. Disturbed Shoreline Sites, 2005

Category	Natural	Disturbed
Maximum Rooting Depth	7	3
% Littoral Zone Vegetated	10	10
% Submergent Species	10	9
# of Species	8	8
% Exotic Species	6	6
Simpson's Diversity Index	8	7
% Sensitive Species	10	10
Totals	59	53

* The highest value for this index is 70.

Several parameters point to disturbance as the likely factor for the difference in the plant communities.

- 1) The most sensitive species in Patrick Lake (*Potamogeton praelongus*) (Nichols 2000) occurred at a higher frequency, grew at a higher density and had a higher dominance at the sites near natural shoreline. Conversely, the most tolerant species in Patrick Lake (*Typha latifolia*) was found only at disturbed shore sites.
- 2) The Average Coefficient of Conservatism was higher at the natural shoreline communities. The natural shoreline sites are less tolerant to disturbance than the average lake in the state and the disturbed shoreline sites are more tolerant to disturbance than the average lake in the state, this is likely due to selection by past disturbance.

3) The Floristic Quality Index is also higher at the natural shoreline sites. The natural shoreline sites are closer to an undisturbed condition than the average lake in the state and the disturbed shoreline sites are farther from an undisturbed condition than the average lake in the state.

Figure 43: Comparison of the Aquatic Plant Community at Natural Shoreline Sites and Disturbed Shoreline Sites.

Parameter		Natural Shoreline	Disturbed Shoreline
Simpson's Diversity Index		0.875	0.871
Species Richness (mean number of species per site)	Overall	3.17	2.89
	0-1.5ft Depth Zone	3.44	3.0
	1.5-5ft Depth Zone	3.22	3.0
	5-10ft Depth Zone	3.11	2.67
	10-20ft Depth Zone	2.0	0
Amount of Habitat	Maximum Rooting Depth	13 feet	7.5 feet
	% Cover of Submergent Species	96%	94%
Most Sensitive Species: <i>Potamogeton praelongus</i>	Overall Dominance	0.13	0.10
	Frequency	21%	17%
	Mean Density	0.45	0.28
Most Tolerant Species: <i>Typha latifolia</i>	Frequency	0	6%
Average Coefficient of Conservatism		6.23	5.91
Floristic Quality Index		23.31	21.33

The assessments conducted in 1978 and 1983 were qualitative and the study conducted in 2005 was quantitative, so that direct comparisons of changes cannot be made, but some general information can be drawn from a mutual review. *Najas* spp. was still the most abundant species. *Potamogeton richardsonii* was still common, but *Potamogeton nodosus* was not found in 2005. *Chara* spp. was still present. In 2005, *Brasenia schreberi* still only occurred in one area of the lake, the northeast corner, but *Nymphaea odorata* is now found throughout the lake and not in just one area. Ten species that were found in 2005 were not mentioned in the 1978 survey.

Many differences between the 2002/04 and 2005 surveys can be attributed to the difference in timing during the growing season since aquatic plants reach their full growth in Mid-June to July. After the 2002, 2003 and 2005 treatments for Eurasian watermilfoil, the only species that showed significant changes (Cason and Roost 2004) were increases in *Elodea canadensis*, *Potamogeton crispus*, *Potamogeton illinoensis*, *Potamogeton zosteriformi*, as well as a significant decrease in *Myriophyllum spicatum*. The decrease in *Myriophyllum spicatum* was expected since the treatments were conducted to control this species. The increases in the other species are likely due to these species spreading and colonizing areas previously colonized by *Myriophyllum spicatum*. *Potamogetons* and *Elodea* are not impacted by the chemical used for *Myriophyllum spicatum*. There have been significant but temporary increases of *Elodea* on other lakes in the area after watermilfoil treatments.

Figure 44: Change in Aquatic Plant Species in Patrick Lake, 1978-2005.

Scientific Name	1978*	1983	July 2005
<u>Emergent Species</u>			
1) <i>Carex</i> spp.			Present
2) <i>Scirpus validus</i>	Common	Scattered	Scattered
3) <i>Typha angustifolia</i>		Scarce	Scarce
<u>Floating-leaf Species</u>			
4) <i>Brasenia schreberi</i>	Present	Present	Present
5) <i>Nuphar variegata</i>			Present
6) <i>Nymphaea odorata</i>	Present	Common	Abundant
7) <i>Polygonum amphibium</i>	Present		
<u>Submergent Species</u>			
8) <i>Chara</i> sp.	Present	Common	Sub-Dominant
9) <i>Elodea canadensis</i>	Common	Scarce	
10) <i>Myriophyllum</i> spp.	Common	Common	
11) <i>Najas guadalupensis</i>	Dominant	Abundant	Dominant
12) <i>Nitella</i> sp.		Scattered	Scattered
13) <i>Potamogeton amplifolius</i>		Scattered	Scattered
14) <i>Potamogeton gramineus</i>			Scattered
15) <i>Potamogeton illinoensis</i>			Common
16) <i>Potamogeton natans (nodosus?)</i>	Common		Scarce
17) <i>Potamogeton pectinatus</i>		Scattered	
18) <i>Potamogeton praelongus</i>		Scarce	Abundant
19) <i>Potamogeton richardsonii</i>	Common		Common

Figure 45a: Distribution of Emergent Plants in Patrick Lake 2005



RE:2/07

 Emergent Plants Found



Figure 45b: Distribution of Floating-Leaf Plants in Patrick Lake 2005

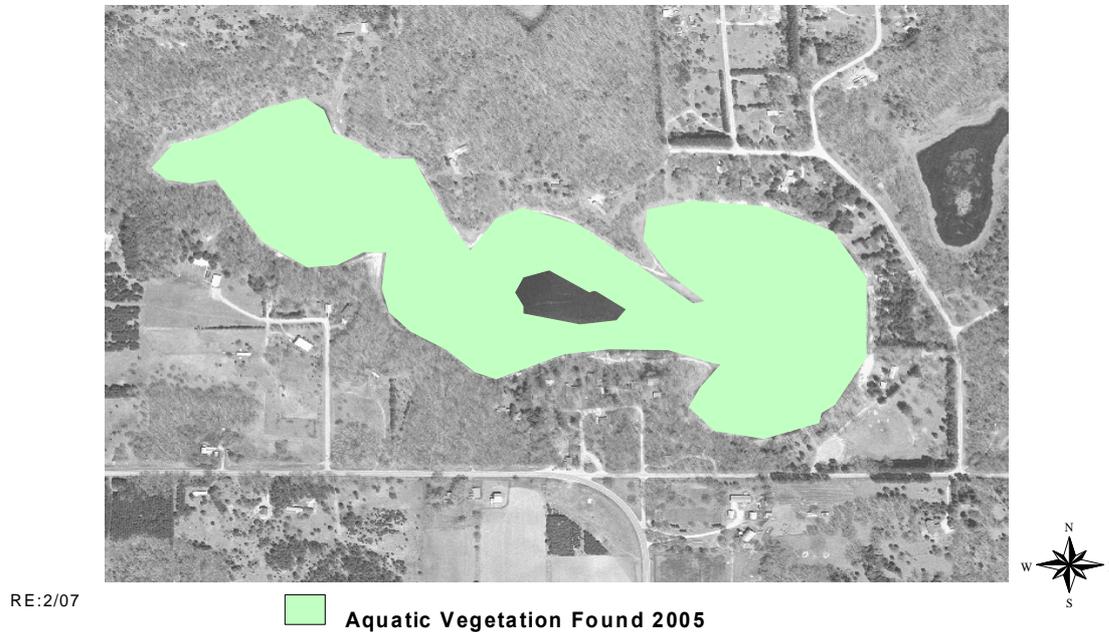


RE:2/07

 Floating-Leaf Plants Found



Figure 45c: Submergent Aquatic Plants in Patrick Lake 2005



Efforts at controlling aquatic plant growth have included both chemical treatments and some mechanical harvesting. Chemical treatment records go back to 1999. No harvesting records are available.

Figure 46

Herbicide Treatments 1958-2005

	Acres	Sodium Arsenite (lbs)	Hydrothol * (lbs)	Diquat (gal)	Cutrine (gal)	2, 4-D lbs.
1958	11.4	1100				
1959	11.5	1200				
1979	2.3		450			
1980	2			2	1	
1981	2.5			5	3	
1983	0.06					10
2005	17					1865
Totals		2300	450	7	4	1875

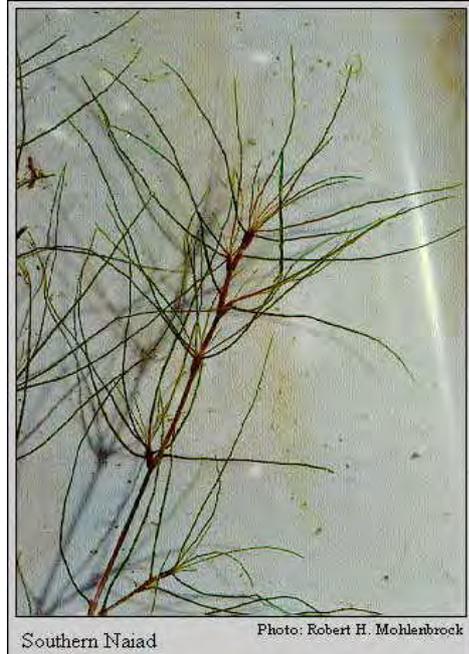
* Hydrothol is an endotohall product more damaging to young fish than Aquathol.



Chara spp.
(Muskgrass)

**Figure 47:
Some
Common
Native
Aquatic
Species in
Patrick
Lake**

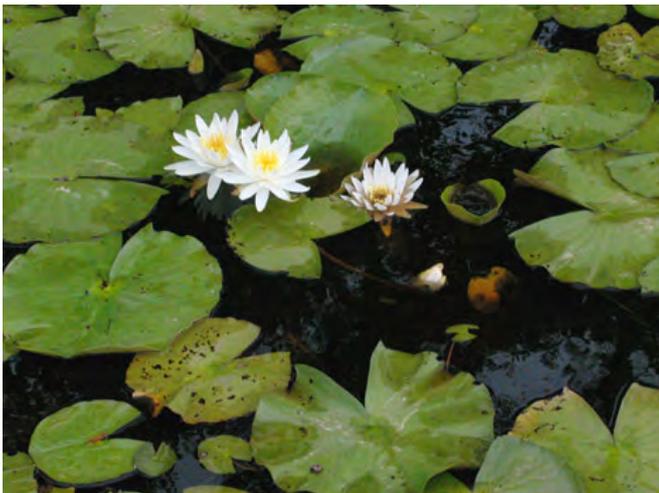
Najas guadeulupensis
(Water Nymph or Southern Naiad)



Southern Naiad

Photo: Robert H. Mohlenbrock

Potamogeton praelongus
(Flat-stemmed Pondweed)



Nymphaea odorata
(White Water Lily)



Copyright: Hörður Kristinnsson 2000

Aquatic Plant Management Recommendations from 2005 Report

- 1) All lake residents shall practice best management on their lake properties. Keep septic systems cleaned and in proper condition, use no lawn fertilizers, clean up pet wastes and do not compost near the water or allow yard wastes and clippings to enter the lake;
- 2) Residents should resume involvement in the Volunteer Lake Monitoring Program;
- 3) Adams County should designate sensitive areas within Patrick Lake.
 - a. Lake residents protect natural shoreline around Patrick Lake to provide habitat and protect water quality in the lake. Disturbed shoreline (cultivated lawn and hard structures) is common, covering 20% of the shore. Comparison of the plant communities at natural shoreline and disturbed shoreline indicate that disturbance is already impacting the aquatic plant community and the habitat;
- 4) All lake users shall protect the aquatic plant community in Patrick Lake;
- 5) Lake District should maintain exotic species signs at the boat landings;
- 6) Lake Association shall continue monitoring Eurasian watermilfoil.
 - a. Continue early-season treatments with a specific chemical on larger areas
 - b. Hand pull scattered plants and small colonies.

Aquatic Invasives

Two aquatic invasive exotic plants have been found in Patrick Lake over the years: Eurasian Watermilfoil and Curly-Leaf Pondweed. Of the two, *Myriophyllum spicatum* (EWM, Eurasian Watermilfoil) has been the biggest problem in management of the lake. So far, it appears that native plants moved into much of the areas left vacant by chemical treatment of the Eurasian Watermilfoil. If this situation continues, EWM may be kept under control in Patrick Lake. In 2008, several lake citizens will be trained to monitor the aquatic invasives and participate in the Clean Boats, Clean Waters boater education program. This should assist in monitoring any recurrence of these invasives and also help the lakeowners watch for others. Although boat traffic has decreased substantially as the lake lost water, it may pick up again after the heavy snow in the winter of 2007-2008 and 2008 spring rains. Increased boat traffic, combined with the disturbance due to the large fluctuation in water levels, may substantially disturb the lake and make it more vulnerable to invasive growth.



Potamogeton crispus
(Curly-Leaf Pondweed)

**Figure 48: Invasive Aquatic
Plants known to have occurred
in Patrick Lake**

Myriophyllum spicatum
(Eurasian Watermilfoil)



Critical Habitat

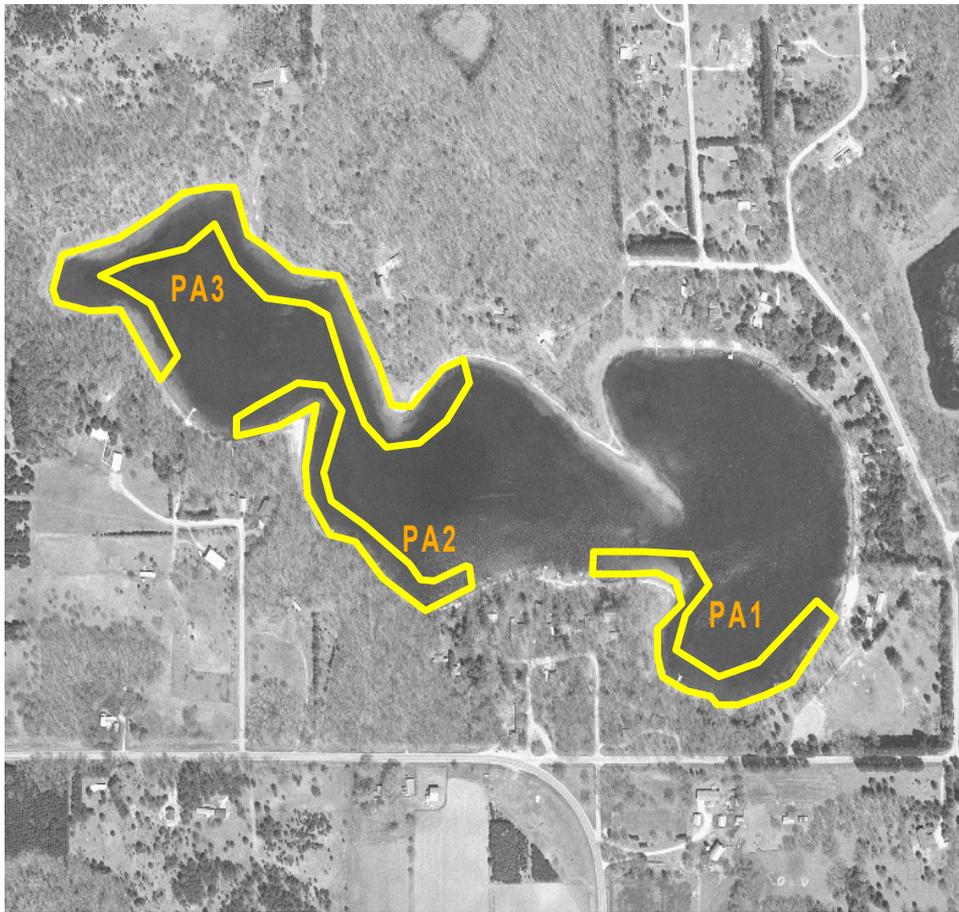
Designation of critical habitat areas within lakes provides a holistic approach for assessing the ecosystem and for protecting those areas in and near a lake that are important for preserving the qualities of the lake. Wisconsin Rule 107.05(3)(i)(I) defines a “critical habitat areas” as: “areas of aquatic vegetation identified by the department as offering critical or unique fish & wildlife habitat or offering water quality or erosion control benefits to the body of water. Thus, these sites are essential to support the wildlife and fish communities. They also provide mechanisms for protecting water quality within the lake, often containing high-quality plant beds. Finally, critical habitat areas often can provide the peace, serenity and beauty that draw many people to lakes.

Protection of critical habitat areas must include protecting the shore area plant community, often by buffers of native vegetation that absorb or filter nutrient & stormwater runoff, prevent shore erosion, maintain water temperature and provide important native habitat. Buffers can serve not only as habitats themselves, but may also provide corridors for species moving along the shore.

Besides protecting the landward shore areas, preserving the littoral (shallow) zone and its plant communities not only provides essential habitat for fish, wildlife, and the invertebrates that feed on them, but also provides further erosion protection and water quality protection.

Field work for a critical habitat area study was performed on May 31, 2006, on Patrick Lake, Adams County. The study team included: Scot Ironside, DNR Fish Biologist; Deborah Konkell, DNR Aquatic Plant Specialist; Patrick (Buzz) Sorge, DNR Lakes Manager, and Reesa Evans, Adams County Land & Water Conservation Department. Areas were identified visually, with GPS readings and digital photos providing additional information. Information was also sought from Jim Keir, DNR Wildlife Biologist, and Terry Kafka, DNR Water Regulation Specialist. Three areas on Patrick Lake were designated as “critical habitat areas”.

Figure 49: Map of Critical Habitat Areas on Patrick Lake



RE:6/06

Patrick Lake--Critical Habitat Areas



Critical Habitat Area PA1

This area extends along approximately 800 feet of the shoreline. 70% of the shore is native herbaceous vegetation; 23.3% of the shore is cultivated lawn; the remaining shore is hard structure. There are downed logs in the water that provide fish and wildlife cover. Filamentous algae were found in this area. There is a moderate level of human disturbance at this area.

This area provides spawning and nursery areas for many types of fish: northern pike; largemouth bass; and several species of panfish. All of these fish also feed and take cover in these areas. No exotic fish or wildlife were noted in this area, i.e, no carp, smelt or rusty crayfish were seen. Geese and songbirds are known in this area of Patrick Lake, as well as reptiles and amphibians.

Maximum rooting depth of aquatic vegetation in PA1 was 5.5 feet. No threatened or endangered species were found here. Bulrush, an emergent plant, is found in this area. Emergents provide important fish habitat and spawning areas, as well as food and cover for wildlife. Aquatic vegetation at this site included 2 species of floating-leaf rooted plants and 7 species of submergent aquatic plants. A diverse submergent community provides many benefits. Curly-Leaf Pondweed, an exotic invasive plant, was found in this area. Most of the aquatic vegetation in this area has multiple uses for fish and wildlife. Because this site provides all three structural types of vegetation, the community has a diversity of structure and species that supports even more diversity of fish and wildlife.



Figure 50: Photo Showing Area PA1

Critical Habitat Area PA2

This area extends along approximately 1000 feet of the shoreline. 25% of the shore is wooded; 10% has shrubs; 45% is native herbaceous cover. The remaining shore is cultivated lawn and hard structure. Large woody cover is common in the shallow water for habitat.

This area of large woody cover, emergent aquatic vegetation, submergent and floating vegetation provides spawning and nursery areas for many types of fish: northern pike; largemouth bass; and several species of panfish. All of these fish also feed and take cover in these areas. No exotic fish or wildlife were noted in this area, i.e, no carp, smelt or rusty crayfish were seen.

Seen during the field survey were geese and songbirds. Upland wildlife is also known in this area. Downed logs serving as habitat were also seen. Frogs and salamanders are known to use this area for shelter/cover, nesting and feeding. Turtles and snakes also use this area for cover or shelter in this area, as well as nested and fed in this area. Although human disturbance is present in PA2, the area still provides quality habitat for many types of wildlife.

Maximum rooting depth in CR2 was 13 feet. No threatened or endangered species were found in this area. One exotic invasive, *Potamogeton crispus* (Curly-Leaf Pondweed), was found in this area. *Myriophyllum spicatum* had been found previously here. Most of the area had filamentous algae, especially near the shores. The plant-like algae, *Chara* spp was abundant in this area. There is a shortage of emergent plants in this area, which is unfortunate, since emergents provide important fish habitat and spawning areas, as well as food and cover for wildlife. One floating-leaf rooted plant species was found. The remaining 6 aquatic plant species were all submergents.



Figure 51: Photo of Part of PA2

CRITICAL HABITAT AREA PA3

This area extends along approximately 1650 feet of the shoreline. Sediment includes marl, muck, peat, sand, silt and mixtures thereof. 6.7% of the shore is wooded; 5% has shrubs; 85% is native herbaceous cover—the remaining is cultivated lawn. Large woody cover is present in shallow water for fish and wildlife cover. Scenic beauty in part of the area is lessened due to the human development.

This area does provide spawning and nursery areas for many types of fish: northern pike; largemouth bass; and several panfish species. All of these fish also feed and take cover in these areas. No exotic fish or wildlife were noted in this area, i.e, no carp, smelt or rusty crayfish were seen.

Seen during the field survey were geese, ducks and songbirds. Frogs and salamanders are known to use this area for shelter/cover, nesting and feeding. Turtles and snakes also use this area for cover or shelter in this area, as well as nesting and feeding in this area. Muskrats and mink are known to use this area. Upland wildlife feed and nest here as well.

Maximum rooting depth in PA3 was 7 feet. No threatened or endangered species were found in this area. *Chara* spp and filamentous algae were present in area PA3. Only one emergent species found in this area. One floating-leaf rooted plant was present here. 5 species of submergent aquatic species were found here. *Potamogeton crispus* was common here. Another exotic invasive, *Myriophyllum spicatum* (Eurasian watermilfoil), was previously found in this area.

Many of these plants are used by wildlife and fish for multiple purposes. Because this site provides all three structural types of vegetation, the community has a diversity of structure and species that supports even more diversity of fish and wildlife.



Figure 52: Photo of Part of PA3

Critical Habitat Recommendations

- (1) Maintain current habitat for fish and wildlife.
- (2) Do not remove fallen trees along the shoreline nor logs in the water.
- (3) No alteration of littoral zone unless to improve spawning habitat.
- (4) Seasonal protection of spawning habitat.
- (5) Maintain snag/cavity trees for nesting.
- (6) Maintain wildlife corridor in some areas and increase corridor in more developed areas.
- (7) Establish shore buffers of native vegetation in areas now in cultivated lawn.
- (8) Maintain no-wake zone.
- (9) Protect emergent vegetation.
- (10) Removal of submergent vegetation only and only for navigation in narrow channels.
- (11) Seasonal control of Curly-Leaf Pondweed and Eurasian Watermilfoil if they reoccur.
- (12) No use of chemicals for control of native vegetation.
- (13) Minimize aquatic plant and shore plant removal by limiting removal to 30' wide access/viewing corridor. Leave as much vegetation as possible to protect water quality and habitat.
- (14) Use best management practices in undeveloped areas on shoreline properties.
- (15) No use of lawn products on shoreline properties.
- (16) No bank grading or grading of adjacent land.
- (17) No additional pier construction or other activity except by permit using a case-by-case evaluation.
- (18) No installation of pea gravel or sand blankets.
- (19) No bank restoration unless the erosion index scores moderate or high. Enforce 30' per 100' of shorefront for access corridor regulations.
- (20) If the erosion index does score moderate or high, bank restoration only using biologs or similar bioengineering, with no use of riprap or retaining walls.
- (21) Placement of swimming rafts or other recreational floating devices only by permit.
- (22) Maintain buffer of shoreline vegetation where there is currently a buffer.
- (23) Maintain aquatic vegetation buffer in undisturbed condition for wildlife habitat, fish use and water quality protection.
- (24) Post "exotics alert" sign at boat ramp.

FISHERY/WILDLIFE/ENDANGERED RESOURCES

WDNR records show that Patrick Lake had a long history of fish winterkills, back to 1936, until an aeration system was installed in 1974. A chemical eradication of fish in the lake in 1962 revealed only yellow perch, black bullheads and bluegills. For reason unknown, largemouth bass & northern pike that had been stocked previously had apparently not survived. After the 1962 kill, stocking started again in 1963, and later inventories show that the lake included northern pike, largemouth bass, crappie and bluegills. Whatever the previously problem was for non-survival, apparently it didn't continue after the 1962 chemical eradication. Since 1963, fish inventories have found that largemouth bass continued to survive in the lake, as well as pumpkinseed, black bullhead, perch and bluegills. Pike continue to survive, but are scarce.

Muskrat are also known to use Patrick Lake shores for cover, reproduction and feeding. Seen during the field survey were various types of waterfowl and songbirds. Frogs and salamanders are known, using the lake shores for shelter/cover, nesting and feeding. Turtles and snakes also use this area for cover or shelter in this area, as well as nested and fed in this area. Upland wildlife feed and nest here as well.



**Figure 53:
Photo of
Wetland Area
on Patrick Lake
shore**

RESOURCES

Bryan, B., B. Charry. 2006. Conserving Wildlife in Maine's Shoreland Habitats. Maine Audobon Society.

Carlson, R.E. 1977. A Trophic State Index for Lakes. *Limnology and Oceanography* 22:361-369.

Dennison, W., R. Orth, K. Moore, J. Stevenson, V. Carter, S. Kollar, P. Bergstrom, R. Batuik. 1993. Assessing Water Quality with Submersed Vegetation. *Bioscience* 43(2):86-94.

Engel, S. 1985. Aquatic Community Interactions of Submerged Macrophytes. Wisconsin Department of Natural Resources Bulletin #156.

Frankenberg, J. Land Use and Water Quality. Purdue Extension Publication ID-230.

James, T. 1992. A Guidebook for Lake Associations. The International Coalition for Land and Water Stewardship in the Red River Basin, Minnesota.

Kibler, D.F., ed. 1982. Urban Stormwater Hydrology. Water Resources Monograph 7. American Geophysical Union.

Krueger Ron. 1983. Lake Data Collection Survey of Patrick Lake in Adams County, WI, November 1982 through October 1983. Northern Lake Service Inc.

Krysel, C, E.M. Boyer, C. Parson, P. Welle. 2003. Lakeshore Property Values and Water Quality: Evidence from Property Sales in the Mississippi Headwaters Region. Report to the Legislative Commission on Minnesota Resources.

Lillie, R.A., J.W. Mason. 1983. Limnological Characteristics of Wisconsin Lakes. Department of Natural Resources Bulletin No. 138.

Mid-State Associates Inc. 1995. Patrick Lake Management Plan: A Study of Present Watershed Conditions and an Investigation of Baseline Water Quality & Biological Conditions. Baraboo.

Nichols, S. 1998. Floristic Quality Assessment of Wisconsin Lake Plant Communities with Example Applications. *Journal of Lake and Reservoir Management* 15(2):133-141.

Nichols, S., S. Weber, B. Shaw. 2000. A Proposed Aquatic Plant Community Biotic Index for Wisconsin Lakes. *Environmental Management* 26(5): 491-562.

Roost, B., C. Cason. 2005. Patrick Lake Aquatic Plant Survey: Results & Management Recommendations. Aquatic Biologists Inc.

Shaw, B., C. Mechanich, L. Klessing. Understanding Lake Data. UW-Extension Publication SR-02/2002-1M-525, 2000.

Terrell, C., P. Perfetti. 1989. Water Quality Indicators Guide: Surface Waters. United States Department of Agriculture Publication SCS-TP-161.

Wagner, C., J. Haack, R. Korth. Protecting Our Living Shores. 2003. Shoreland Stewardship Series #3 WDNR Publication WT-764-2003. UW-Extension, Wis. Lakes Partnership, WDNR, Wisconsin Association of Lake & River Alliance of Wisconsin.

Wisconsin Department of Natural Resources. 1985. Feasibility Study Results & Management Alternatives. Bureau of Water Resources Management.

PATRICK LAKE WATERSHED MANAGEMENT PLAN

PATRICK ADVISORY GROUP				
<u>Name</u>	<u>Address</u>	<u>City/State</u>	<u>Zip</u>	<u>Phone</u>
Facilitator: Reesa Evans	Adams County LWCD	P.O. Box 287, Friendship, WI	53934	608-339-4268
<u>County/State</u>				
Chris Murphy	County Conservationist			
	Adams County LWCD	P.O. Box 287, Friendship, WI	53934	608-339-4268
Patrick (Buzz Sorge)	WDNR--Lake Specialist	P.O. Box 4001, Eau Claire, WI	54702	715-839-3794
Deb Konkel	WDNR--Aquatic Plant	P.O. Box 4001, Eau Claire, WI	54702	715-839-2782
Scot Ironside	WDNR--Fishery	P.O. Box 100, Friendship, WI	53934	608-339-8087
<u>Watershed Citizens</u>				
Joseph Ems	426 S. Eagle Ave	Grand Marsh, WI	53936	608-3393184
Robert Fass	5917 S. Hill Drive	Madison, WI	53705	608-238-8218
Paul Goehrig	7650 Sprucewood Ave	Woodridge, IL	60517	630-985-0866
Curran McConville	387 Eagle Ct	Grand Marsh, WI	53936	
Kathy Myers	2515 4th Ave	Grand Marsh, WI	53936	608-339-7183
Jeanne & Paul Patterson	329 Memphis Ave	Madison, WI	53714	608-249-8667
Todd Stammen	339 Eagle Ave	Grand Marsh, WI	53936	608-339-9507
Andrew Wallendal	2401 5th Ave	Grand Marsh, WI	53936	608-339-3654
Steve Zoulek	377 Eagle Dr	Grand Marsh, WI	53936	608-339-0430
William Zoulek	W157 N7741 Remington Trail	Menomonee Falls, WI	53051	262-253-1757

TABLE OF CONTENTS

Pg. #

Modification of Lake Management Plan

Baseline Information

- Watershed Land Use
- Soils in the Watershed
- Lake Morphometry
- Lake Chemistry
- Aquatic Plants
- Fishery
- Shoreline Use
- Critical Habitat Areas
- Wildlife and Endangered/Threatened Resources
- Prior Studies/Evaluations

Priority Goals & Actions

- I. Water Quantity
- II. Water Quality
- III. Aquatic Species Management
- IV. Fishery & Wildlife Management
- V. Recreational Management
- VI. Watershed Management

PROCEDURE FOR MODIFYING LAKE MANAGEMENT PLAN

The Patrick Lake District will maintain an agenda item of “modifying lake management plan” on its meeting notices. Although suggested changes or additions can be presented at any time, they will only be acted upon at the annual meeting. It is anticipated that the Lake Advisory Group will continue to function as a research and advisory group for the Lake District. One member of the Lake District Board will be appointed to chair the Lake Advisory Group.

BASELINE INFORMATION

Patrick Lake is located in the Town of New Chester, in Adams County, Wisconsin. This natural seepage lake has 50 surface acres, with a maximum depth of about 17', when at its normal lake level. It is located near the top of the escarpment that runs through Adams County from northeast to southwest. Water from this lake eventually flows into the Fox River, then Lake Michigan. In the past few years, the lake level has been steadily dropping, to the point that most docks are no longer in the water.

There are no surface inlets or outlets. The lake is fed by springs, groundwater and surface runoff. A 1985 study indicated that groundwater flow was on a west to east gradient, with groundwater flowing out of the lake except at the northwestern end of the lake. Thus, according to the 1985 study, the lake is fed mostly by precipitation (52%) and surface runoff (32%), with only about 16% of the inflow from groundwater. Outflow from the lake was about evenly divided between groundwater (51%) and evaporation (49%).

A Lake District was formed in 1981. Several studies/plans were completed at the request of the lake district in 1983, 1985 and 1995.

Watershed Land Use

In 1985, surface watershed land use was estimated at 48% woodlands, 11% residential, and 5% agricultural, with the remaining 36% being lake surface area (water). However, a 2004 evaluation of the primary land uses in the surface watershed of Patrick Lake found that the most common land use was residential (56%). The most common use was woodlands (30.3%), followed by non-irrigated agriculture (2.1%) and water (1.6%). Development over these twenty years has likely changed the land

use impacts—science suggests that increased development is more likely to negatively impact water quality than agriculture or woodland use.

The ground watershed has a substantially different ratio of land uses. Primary use in the ground watershed is irrigated agriculture (45.41%), followed by woodlands (31.63%). Residential land accounts for 12.4% of the ground watershed. Minimal uses are water (9.7%) and non-irrigated agriculture (1.07%).

A county park is located on Patrick Lake with a sand beach and a public boat access. There are also softball playing fields in the park. The boat ramp currently gets little use, due to the low lake levels.

Soils in the Watershed

Soils in the ground watershed range are all sand or loamy sand, with slopes from totally flat to up to 20%. Dominant soil type is Sand (55.93%). The rest of the soil is Loamy Sand (38.7%). The remaining 5.37% is water.

Soils in the surface watershed are substantially the same: Sand (47.37%) and Loamy Sand (42.94%). There is a little muck (.35%). 9.74% of the surface watershed is water.

The sand and loamy sand soils tend to be somewhat excessively drained, with rapid permeability in the surface layer and rapid permeability in the subsurface layers. Land runoff is minimal because of the high infiltration rate of sand and loamy sand. Available water capacity ranges tends to be low, as is natural fertility. Organic matter content is also low, except in the muck soils. There are wide ranges of suitability for cropping, tree-production and engineering uses. Most of these soils have erosion, blowing and drought hazards as well. Depth to groundwater is mostly over 20', although there are some areas of perched water tables. Bedrock is mostly sandstone.

Lake Morphometry

Patrick Lake has three "lobes". Deepest water is found in the middle lobe, with the far east and far west lobes being no deeper than 10' at usual lake levels. There are broad gradual littoral zones. All of the lake bottom is populated by aquatic plants.

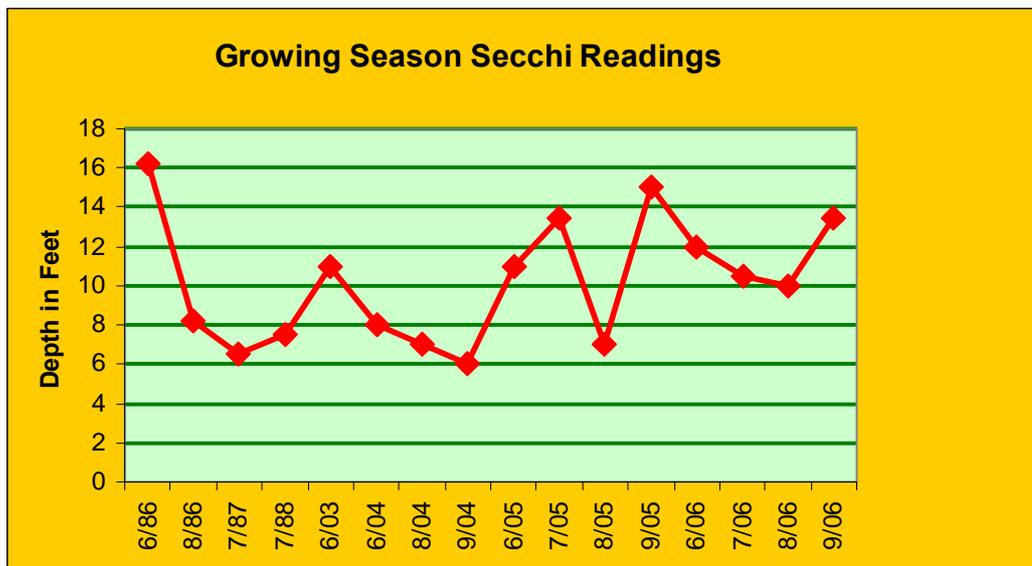
Sediment composition of the lake bottom includes sand, silt, muck and peat, or combinations thereof. The dominant sediment was pea (30% overall), especially at depths over 5'. Silt/peat mixtures dominated the 1.5'-5' depth zone (23% overall). Both sand (13% overall) and silt (15% overall) were common in the shallow depths.

Historically, maximum water depth has varied greatly, from 21' in the 1930's, down to 10' in the late 1970's, then up to 25' in 1983. A study of the lake done in 1982-1983 indicated that much of the original lake depth had been filled in with sediment and estimated that the original lake volume had been reduced by 2/3.

Lake Chemistry

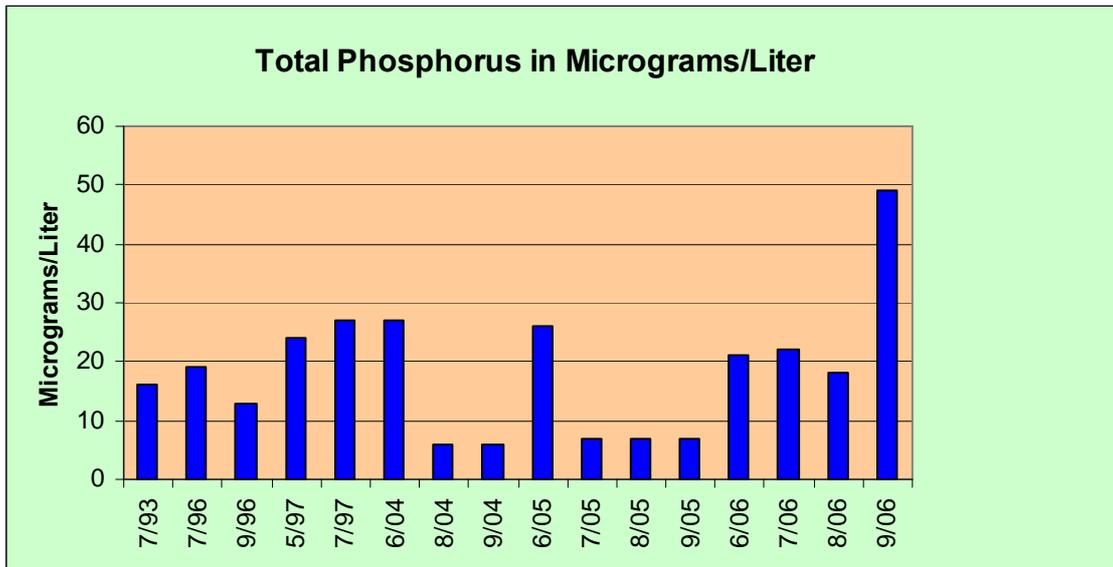
The 1985 report indicated that most of the phosphorus addition to the lake resulted from surface runoff and precipitation. Using various trophic models and water chemistry information available at the time, the lake was determined at that time to be a meso-eutrophic lake. As noted below, the lake has improved in trophic status to being an oligo-mesotrophic lake.

The most recent readings taken in Patrick Lake show that it is a moderately hard lake. The water has good transparency (as it did in 1985). Secchi disk readings taken 2003-2005 in the growing season have averaged 10.4'. This places Patrick Lake in "oligotrophic" lake status, with good to very good water clarity. "Oligotrophic" lakes are those with clear water and low productivity. They may have large game fish.

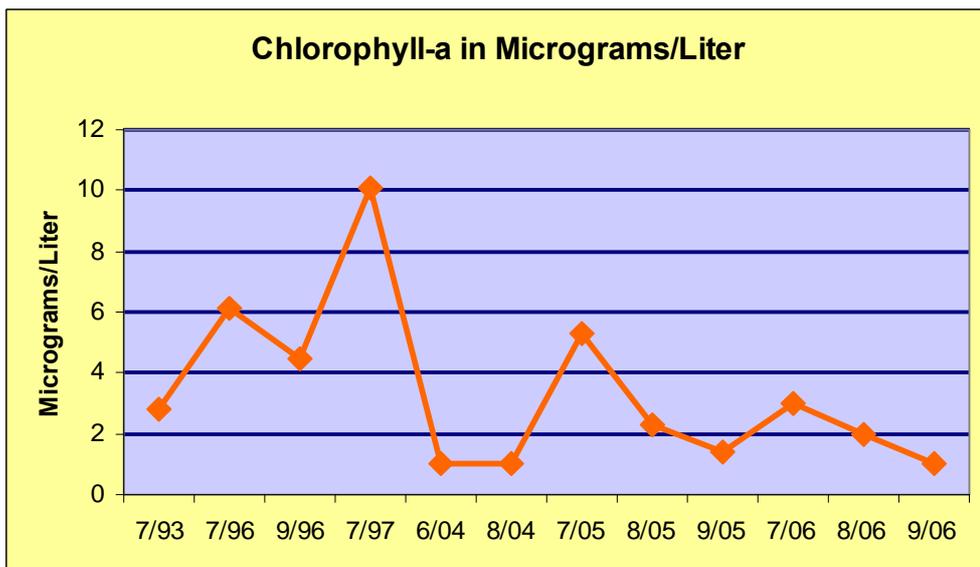


Another way of roughly measuring water quality is the total phosphorus readings. The Adams County Land & Water Conservation Department gathered historical phosphorus readings from the DNR and from the Self-Help Monitoring Records. It has also conducted several tests of its own in 2003 and 2005. Currently, the average total phosphorus reading (2003 to 2005) is 14.36 mg/l. Except for one spike in September 2006, total phosphorus readings for the growing season in the top of the water column has been below 30 micrograms/liter. This places Patrick Lake again in the "mesotrophic" class and is an above-average reading for a natural lake (average is 30 ug/l), indicative of good to very good water quality. "Mesotrophic" lakes tend to have accumulated organic matter and increased productive, with occasional algal blooms and good fishery. Even the deeper depths of Patrick Lake

tend to have total phosphorus readings below 30 ug/l (except again a spike in September 2006).



Chlorophyll a is the third result often used in evaluating water quality. This pigment has been found to be correlated with algal bloom frequency. Patrick Lake’s average chlorophyll a reading for 2003-2005 was 2.01 mg/l. An average reading of 1 to 5 mg/l places a lake in the “oligotrophic” class.



The waters of Patrick Lake tend to be fairly neutral, with pH readings running from 6.29 to 8.32 (7.0 is neutral). The alkalinity level (100 mg/l) provides Patrick Lake with sufficient alkalinity to protect its fishery from the effects of acid rain or other acidic deposits.

Readings for sodium, chloride, magnesium, sulfate and potassium in Patrick's waters have all been low, below any caution levels. Most of the turbidity results have been elevated over 1 NTU, suggesting that drinking water out of Patrick Lake may not be safe.

Aquatic Plants

Patrick Lake is a mesotrophic to oligotrophic lake with a long history of heavy aquatic plant growth and abundant, sometimes dense, algal growth. DNR records show complaints about aquatic plant and algae growth as far back as June 1978, when weed density was described as "heavy", with 100% of the lake vegetated.

Part of the 1985 study included an aquatic plant survey. That survey found 15 species of aquatic plants. The most common species were pondweeds (*Potamogetons*) and naiad (*Najas*). Floating-leaf plants were found in small proportions in a few areas of the lake.

An aquatic plant survey was conducted again in July 2005 by staff of the Wisconsin DNR and Adams County LWCD. That survey found 17 species of aquatic growth, with 100% of the sample sites vegetated. Southern Naiad (*Najas guadelupensis*) had the highest overall frequency, was the overall dominant species, and also had an above average density of growth. Other aquatic species showing common frequency and/or high density included White water lily (*Nymphaea odorata*), Illinois pondweed (*Potamogeton illinoensis*), and Claspingleaf pondweed (*Potamogeton richardsonii*). The plant-like algae, *Chara*, was sub-dominant. Plant maps for the three structure types found—emergent, rooted floating-leaf and submergent—are shown below.

Overall, 3 of the species found were emergent species, 3 were floating-leaf and 12 were submergent. The latter includes Eurasian watermilfoil (*Myriophyllum spicatum*). Filamentous algae was found at 36% of the sample sites.

Treatment histories show that the lake district has generally attempted to manage aquatic plant growth by chemical treatments, although it does have an old harvester that it has used infrequently. In 1958-1959, 2300 pounds of sodium arsenite was put into the lake. 450 pounds of hydrothol (an endothall product) was put in the lake in 1979. In 1980-1981, diquat (7 gallons) and cutrine (4 gallons) (containing copper) were used. In 1983 and 2005, 2-4 D was used for a total of 1875 pounds.

Some of these chemicals, including the arsenic and copper, now reside in the sediments of Patrick Lake.

The 2006 report suggests that the following: (1) that all lake residents practice best management practices on their lakefront property, including keeping septic systems cleaned & properly functioning, using no lawn fertilizers, cleaning up pet wastes, and no yard wastes into the lake; (2) that lake residents resume involvement in the Volunteer Lake Monitoring Program to track seasonal and year-to-year water quality changes; (3) that sensitive areas be designated in the lake to protect areas most important for habitat and water quality (this will be completed in 2006); (4) that lake residents install native plant buffers at the shoreline to provide habitat and protect water quality in the lake; (5) that all lake users protect the aquatic plant community; (6) that the lake district maintain exotic species signs at the boat landings to educate lake users; (7) that the lake district continue monitoring Eurasian watermilfoil, continuing early-season treatments for larger areas and hand-pulling scattered plants and small colonies.

Emergent Plants in Patrick Lake



RE:2/07

 Emergent Plants Found



Floating-Leaf Plants in Patrick Lake



RE:2/07

 Floating-Leaf Plants Found



Submergent Vegetation in Patrick Lake



RE:2/07

 Aquatic Vegetation Found 2005



Fishery

Patrick Lake has a diverse fishery, including largemouth bass, northern pike, and many panfish. Stocking records go back to the 1960s. There is a long history of fish kills dating back to 1936 and many reports of stunted panfish. In 1962, there was a

chemical kill of all fish in the lake. At that time, small yellow perch, black bullheads and bluegills were found. No bass or pike were found at that time, so they were stocked in 1963.

An aeration system installed in 1974 improved the oxygen levels to the point that winterkills have been greatly reduced.

Shoreline Use

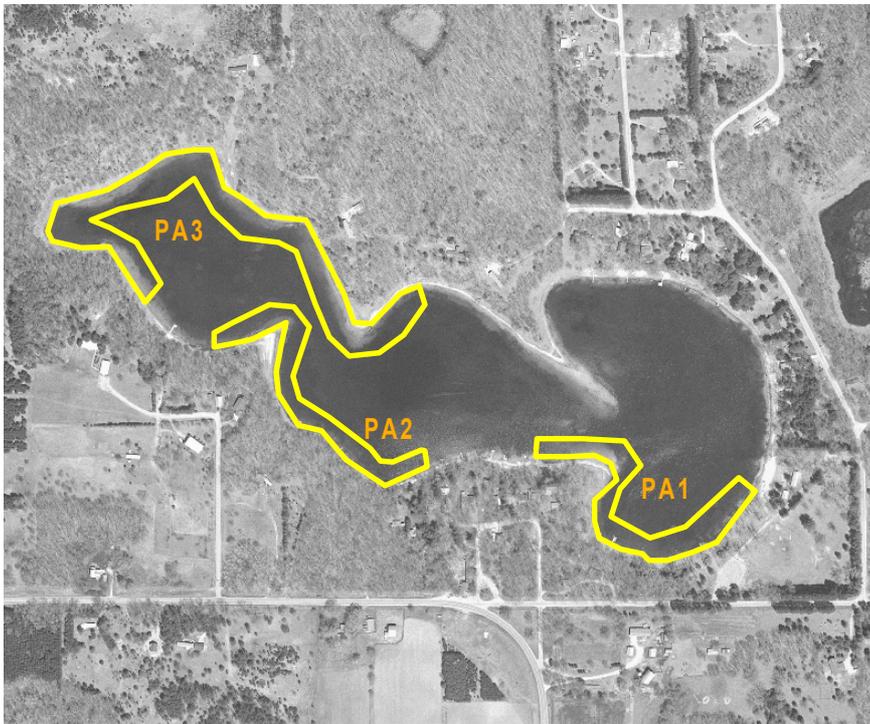
During the 2005 aquatic plant survey, a survey of the shoreline was also conducted. Herbaceous plants were found at all sample sites. Wooded plants were found at 27% of the sites and shrubs at 33% of the sites. Native plants thus covered about 80% of the shoreline. Overall, disturbed shore covered 20% of the shore. Traditional lawn was found at 40% of the sites, with 17% coverage. Hard structures were found at 27% of the sites, with 3% coverage. Disturbed shoreline has been found to contribute negatively to water quality.

Critical Habitat Areas

Under Wisconsin Rule 107.05(3)(i)(I), the Wisconsin DNR can evaluate a lake and declare particular areas of the lake as “critical habitat areas.” These are defined as “areas of aquatic vegetation offering critical or unique fish & wildlife habitat or offering water quality or erosion control benefits to the body of water.”

Critical habitat areas for Patrick Lake were determined in 2006 by staff from the WDNR and the Adams County Land & Water Conservation Department and are shown on the map on the next page.

PA1 extends along approximately 800 feet of the shoreline. Sediment includes muck and silt. 70% of the shore is native herbaceous vegetation; 23.3% of the shore is cultivated lawn; the remaining shore is hard structure. There are downed logs in the water that provide fish and wildlife cover. Filamentous algae were found in this area. There is a moderate level of human disturbance at this area. PA2 extends along approximately 1000 feet of the shoreline. Sediment includes peat, sand, silt and mixtures thereof. 25% of the shore is wooded; 10% has shrubs; 45% is native herbaceous cover. The remaining shore is cultivated lawn and hard structure. Large woody cover is common in the shallow water for habitat. PA3 extends along approximately 1650 feet of the shoreline. Sediment includes marl, muck, peat, sand, silt and mixtures thereof. 6.7% of the shore is wooded; 5% has shrubs; 85% is native herbaceous cover—the remaining is cultivated lawn. Large woody cover is present in shallow water for fish and wildlife cover. Scenic beauty in part of the area is lessened due to the human development.



RE:6/06

Patrick Lake--Critical Habitat Areas



Wildlife and Endangered/Threatened Resources/Cultural Resources

No threatened or endangered resources have been reported in the watersheds of Patrick Lake. No archeological sites are known, according to the Wisconsin Historical Society.

Prior Studies/Evaluations

A 1983 evaluation of the lake was conducted by a private organization. This study looked at groundwater flow & content, soil analysis, lake level, lake water chemistry, sediment composition and aquatic plants. Several recommendations were contained in the “Conclusions” section: (1) mechanical plant harvesting and chemical treatment for continued recreational use; (2) limitations on large or high speed boats and waterskiing-type activities; (3) reduction of nutrient input to the extent that it was economically feasible.

The 1985 study mentioned previously also made several recommendation for lake management: (1) minimizing nutrient loading & sedimentation to the lake via surface runoff, soil loss and groundwater; (2) installation of shore buffer zones a minimum of 20’ back from the water to control nutrient/sediment input from overland

flow of stormwater; (3) raking of fallen leaves to prevent them from entering the water & adding nutrients through decomposition; (4) management of stormwater runoff upslope; (5) minimization of impervious areas like driveways or patios; (6) reduction in use of lawn fertilizers; (7) voluntary management & maintenance of private wastewater disposal systems around the lake; (8) development of a regular water monitoring program, including involvement of lake residents in the WDNR Self-Help Monitoring Program; (9) limitations on motorized activities on the lake, especially those that add pollution and/or result in high wave action that increases erosion & water turbidity; (10) implementation of a selective mechanical plant harvesting plan with a larger & more efficient harvester; (11) use of chemicals to control aquatic plants only when there is no other alternative.

There was also a study conducted in 1995 by a private concern with recommendations for a lake management plan. These recommendations included: (1) minimize nutrient input into the lake; (2) leaving buffer strip along lakeshore & roads to catch nutrient & sediment loads before entering the lake; (3) collection of litter (including yard waste) in yards & along roads; (4) modifying agricultural practices in the watershed to reduce nutrient loading; (5) use of best management practices on lakefront lots such as grassed waterways & vegetative stabilization; (6) routine inspection of private waste systems; (7) evaluating land uses every 5 years & adjusting plans accordingly; (8) regular water monitoring & sampling, including water samples at two depths, several times per year; (9) implementation of an aquatic plant management plan using mechanical harvesting & herbicides; (10) use of chemical for plant control only when other practices are impossible or impractical; (11) practicing catch & release of bass & northern pike to encourage control of historically-stunted panfish & bring panfish population back into balance; (12) long-term monitoring of lake water levels; (13) implementation of recreational use controls such as limiting motor boating hours, establishing no-wake zones and limiting boat motor size or type.

PATRICK LAKE MANAGEMENT PLAN			
	Page 25		
<u>GOALS and ACTION ITEMS</u>	<u>WHO</u>	<u>WHEN</u>	<u>FINANCE</u>
AQUATIC PLANT MANAGEMENT			
Goal A: Revise aquatic plant management plan to improve aquatic ecosystem, including controlling current invasive species (EWM & CLP) and preventing introduction of other exotic using an integrated approach.			
1. Get involved in volunteer monitoring group monitor aquatic plant growth at least monthly during growth season to identify any areas of especially dense growth that will interfere with recreational activities or habitat & any aquatic invasives.	Patrick Lake District Adams LWCD	ongoing	time & county staff
2. With permit, machine harvest 30' wide channel around end of docks and from this channel to the middle of the lake to permit safe navigation and to improve aquatic habitat. No mechanical harvesting will be done in areas between the shoreland and ends of the boat docks.	Patrick Lake District WDNR	ongoing	district budget WDNR
3. Annually develop harvest map no later than December of the prior year to allow the harvesting map to be attached to a permit application.	Patrick Lake District Adams LWCD, WDNR	annually	time & county staff
4. Annually conduct mapping of Eurasian Watermilfoil plants. Conduct monthly hand-pulling events between May and August of isolated colonies or plants.	Patrick Lake District Adams LWCD, WDNR	ongoing	PLD county & state staff
5. Integrate these activities into an aquatic species management plan that uses various control methods, including hand-pulling, machine harvesting and chemical spot treatments.	Patrick Lake District Adams LWCD, WDNR	ongoing	PLD county staff
6. Annually send harvested plants for phosphorus testing to determine amount of phosphorus being removed by harvesting. Report information & tons harvested to WDNR Aquatic Plant Manager.	Patrick Lake District WDNR	ongoing	PLD state staff

PATRICK LAKE MANAGEMENT PLAN			
	Page 26		
<u>GOALS and ACTION ITEMS</u>	<u>WHO</u>	<u>WHEN</u>	<u>FINANCE</u>
AQUATIC PLANT MANAGEMENT			
7. Conduct updated aquatic plant survey by 2011 and every 4 to 5 years thereafter, comparing the results to prior surveys, including the one completed by Adams County LWCD in 2005.	PLD Adams LWCD, WDNR	2011 completed	county staff
8. Inventory lake for existence of native weevils that weaken EWM growth.	PLD Adams LWCD, WDNR	2012-2013	PLD county staff
9. Adams County LWCD will develop an informational packet for lake property owners & lake users about invasive species and preventing their spread, then provide the packet to the Arkdale Lake Association for distribution.	Adams County LWCD PLK	ongoing	county staff PLD
10. Establish & participate in Clean Boat, Clean Waters program.	Patrick Lake District Adams LWCD	ongoing	county staff PLD
11. Maintain educational exotic species signs at boat landing.	Patrick Lake District Adams County Parks WDNR	ongoing	WDNR PLD Parks
12. Investigate installation of watering hose or faucet at public ramp to wash off trailers/boats before & after entering Patrick Lake. Make sure trash barrel is installed for disposal of plants and animals before leaving launch area.	Patrick Lake District Adams County Parks	2012-2013	county staff PLD
13. Educate watershed land owners & lake users about the importance of critical habitat areas.	Patrick Lake District Adams LWCD, WDNR	ongoing	county staff PLD

PATRICK LAKE MANAGEMENT PLAN			
	Page 27		
<u>GOALS and ACTION ITEMS</u>	<u>WHO</u>	<u>WHEN</u>	<u>FINANCE</u>
FISHERY MANAGEMENT			
<u>Goal A: Maintain & improve fishery in Patrick Lake.</u>			
1. Work with WDNR fisheries biologist to improve fish habitat. See if updated fish survey can be done.	Patrick Lake District WDNR, Adams LWCD	ongoing	WDNR staff
2. Encourage installing and/or maintaining of shore buffers on lake to maintain or improve shallow water habitat.	Patrick Lake District Adams LWCD	2013-2015	landowners county staff
3. Create edge effect, if possible, for fish habitat by harvesting aquatic plant channels in the lake.	Patrick Lake District	ongoing	time & district budget
4. Maintain aeration system to preserve oxygen levels in lake. Maintaining aeration is especially crucial to fish survival given the current low lake levels. Aerate in the winter under ice. Monitor dissolved oxygen levels to determine if aeration in the warmer months is necessary.	Patrick Lake District WDNR Fisheries	annually	time & district budget
5. Educate on and encourage catch & release of predator fish.	Patrick Lake District local citizens	ongoing	time only
RECREATIONAL MANAGEMENT			
<u>Goal A: Maintain recreational opportunities while maintaining peace and solitude and preserving safety of lake users.</u>			
1. Work with Adams County for better enforcement of watercraft regulations.	Patrick Lake District	ongoing	time & county staff
2. Install sign informing users the lake is a slow, no-wake lake.	Patrick Lake District	ongoing	time

PATRICK LAKE MANAGEMENT PLAN			
	Page 28		
	<u>WHO</u>	<u>WHEN</u>	<u>FINANCE</u>
<u>GOALS and ACTION ITEMS</u>			
<u>RECREATIONAL MANAGEMENT</u>			
3. Request Adams County Parks Department and its governing committee in repairing the public boat ramp to increase safety of launching boats there and reduce amount of scouring erosion currently occurring due to poor condition of boat ramp.	Patrick Lake District Adams County Parks Parks Committee	2012	time
<u>Goal B: Incorporate the goals of the general public into the lake management plan.</u>			
1. Conduct survey of lake users & owners to determine if they would like to encourage particular types of wildlife, including songbirds & waterbirds; determine what they value most about Patrick Lake; determine what they believe are the main negatives and positives about Patrick Lake.	Patrick Lake District Adams County LWCD	2012-2013	time county staff
2. Obtain funding & install practices to encourage the desired wildlife, including buffers.	Patrick Lake District	2014	grant?
3. Incorporate results into the lake management plan.	Patrick Lake District	2013	time only
<u>WATER QUANTITY</u>			
<u>Goal A: Increase Water Level of Patrick Lake</u>			
1. Install lake level monitoring gauge to regularly track & record lake levels.	Patrick Lake District Adams County LWCD	2014	UWSP time
2. Obtain paleocore of lake sediment to determine lake's regular water level cycle.	PLD, WDNR, LWCD	2014-2015	grant
3. Create map locating springs that feed the lake & inspect each spring to determine if it is functioning properly & obtain funding to repair any that are not properly functioning.	Patrick Lake District WDNR Adams County LWCD	2013-2014	grant?

PATRICK LAKE MANAGEMENT PLAN		Page 23		
<u>GOALS and ACTION ITEMS</u>		<u>WHO</u>	<u>WHEN</u>	<u>FINANCE</u>
<u>WATER QUALITY</u>				
Goal A: Maintain & improve present water quality & prevent algal blooms.				
1. Establish and identify in-lake water quality goals with measurable targets for determining progress in protecting the lake, using the information presented in the Adams County Lake Classification Report.	Patrick Lake District Adams LWCD	2012-2013	time only	
2. Continue Citizen Lake Monitoring of lake water quality, comparing results to 2004-2006 water quality data collected by Adams County LWCD.	Adams LWCD, WDNR Patrick Lake District	ongoing	time WDNR Monitoring	
3. Protect water quality, undeveloped property and critical habitat areas by investigating purchase of permanent conservation easements and applying for WDNR funding to assist in such purchases. If funds are obtained, purchase easements/development rights to prevent degradation of shore & water quality.	Adams LWCD, WDNR Patrick Lake District	2014-2015	time county staff grant?	
4. Encourage cooperation with new state law requiring regular inspection and pumping of all septic systems.	Adams LWCD, WDNR Patrick Lake District Adams County P & Z	ongoing	time grant? county staff	
Goal B: Restore natural shore conditions in riparian areas & incorporate stormwater runoff protection to reduce erosion in and around Patrick Lake.				
1. Educate waterfront property owners about new county shoreland ordinance & runoff control.	Adams P & Z2012 Patrick Lake District	2012	time county staff	
2. Provide funding to landowners to assist in installation of shore protection, erosion control & stormwater runoff management.	WDNR, Adams LWCD Patrick Lake District	2013-2014	DATCP or WDNR grant	
PATRICK LAKE MANAGEMENT PLAN		Page 24		
<u>GOALS and ACTION ITEMS</u>		<u>WHO</u>	<u>WHEN</u>	<u>FINANCE</u>

<u>WATER QUALITY</u>			
Goal C: Educate community and public about lake management concerns.			
1. Establish community events to encourage & educate the community about lake conservation practices, as well as recruit volunteers for various lake projects.	Patrick Lake District Adams LWCD	ongoing	time county staff
2. Set up & maintain website for posting lake association information & educational information. Paper copies will be provided for those with no computer access.	Patrick Lake District	ongoing	time only
3. Place informational kiosks at all public access sites and at the park about actions citizens can take to improve/maintain water quality & other lake issues & maintain exotic species signs at public accesses.	Patrick Lake District Adams LWCD, WDNR	2012	time info from county & state
4. Implement education of lake users, lakefront owners & watershed community on identification & control of exotic species by publication & website information and involvement in Clean Boats, Clean Waters.	Adams LWCD, WDNR Patrick Lake District	ongoing	time county staff
5. Develop & distribute an informational packet regarding lake issues, water quality & best management practices to watershed citizens & businesses, including yard care, soil testing & funding.	Adams LWCD Patrick Lake District	2012-2013	time county staff
6. Educate and encourage property owners to comply with state law requiring no phosphorus fertilizer.	Patrick Lake District Lake Alliance Adams LWCD, WDNR	ongoing	time only landowners
7. Distribute information on hand-harvesting of aquatic plants of not more the 30' wide corridor (for each 100' of shoreline) for access & viewing on lakefront properties to encourage landowners to limit clearing nearshore water areas.	Patrick Lake District Adams LWCD, WDNR	ongoing	time info from county & state
8. Provide education regarding state law requiring regular inspection and pumping of all septic systems.	Adams LWCD Patrick Lake District	ongoing	time county info

